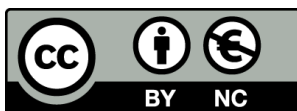


COGNITIVE CHALLENGES IN CAPTIVE
CHIMPANZEES: BEHAVIORAL AND WELFARE
IMPLICATIONS AND INFLUENCE OF
PERSONALITY

Maria Padrell Dalmau



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DOCTORAL THESIS

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2024



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WELFARE IMPLICATIONS AND INFLUENCE OF PERSONALITY**

Maria Padrell Dalmau

2024

DOCTORAL PROGRAMME IN PSYCHOLOGY, HEALTH AND QUALITY OF LIFE

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Presented to obtain the degree of PhD
at the University of Girona

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List of publications

This thesis is a compendium of the previously published research articles:

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Dr Miquel Lorente Espino, at Universitat de Girona, and Dr. Federica Amici, at University of Leipzig and Max Planck Institute for Evolutionary Anthropology

WE DECLARE:

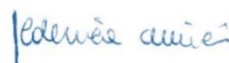
That the thesis titled *Cognitive challenges in captive chimpanzees: behavioral and welfare implications and influence of personality*, presented by Maria Padrell Dalmau to obtain a doctoral degree, has been completed under my supervision and meets the requirements to opt for an International Doctorate.

For all intents and purposes, I hereby sign this document.

Signature



Miquel Lorente



Federica Amici

Girona, 27 December 2023

Dr. David Riba, Dr. Yulán Úbeda, Dr. Miquel Llorente, Dr. Federica Amici, Ms. Maria Pau Córdoba, Mr. Albert Giberga, Mr. Antonio Broekman and Ms. Susana Almagro, as co-authors of the following articles:

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Padrell, M., Amici, F., Úbeda, Y., & Llorente, M. (2023). Assessing Eysenck's PEN model to describe personality in chimpanzees. *Behavioural Processes*, 210, Article 104909. <https://doi.org/10.1016/j.beproc.2023.104909>

Accept that Ms. Maria Padrell presents the cited articles as the principal author and as part of his/her doctoral thesis and that said articles cannot, therefore, form part of any other doctoral thesis. And for all intents and purposes, hereby signs this document.



David Riba



Yulán Úbeda



Miquel Llorente



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Maria Pau Córdoba



Albert Giberga



Antonio Broekman



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Girona, 27 December 2023



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MAX-PLANCK-GESELLSCHAFT

Institute of Biology, Faculty of Life Science
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Max Planck Institute for Evolutionary Anthropology

Leipzig, 15th November 2023

Confirmation of supervision

I hereby confirm that Ms. Maria Padrell Dalmau conducted a research stay from 16.09.2019 to 20.12.2019 at the Max Planck Institute for Evolutionary Anthropology (Department of Comparative Cultural Psychology) and Leipzig Zoo, under my co-supervision and in accordance with the doctoral regulations of the University of Girona. During her stay, she collected chimpanzee behavioural and personality data for her dissertation titled “Cognitive challenges in captive chimpanzees (*Pan troglodytes*): behavioral and welfare implications and influence of personality”. She received a research grant from the German Academic Exchange Service (Deutscher Akademischer Austauschdienst - DAAD) (Funding programme: Research Grants - Short-Term Grants, 2019, ID: 57442045).

Dr. Federica Amici

A handwritten signature in blue ink that reads "Federica Amici".

Note on personal pronouns usage

This doctoral thesis is a compendium of published research articles authored by a team of researchers. Therefore, to ensure alignment with the existing published literature and to acknowledge the collaborative nature of this work, the pronoun “we” rather than “I” is consistently employed throughout the thesis.

Table of contents

List of figures	1
List of tables	2
Abstract	3
Resum	6
Resumen	9
Chapter 1. General introduction and objectives	13
1.1. The welfare of captive animals	14
1.2. Chimpanzee behavior and welfare	18
1.2.1. Chimpanzees in captivity.....	18
1.2.2. Behavioral, cognitive and social complexity of chimpanzees.....	21
1.2.3. Assessment of chimpanzee welfare through behavioral observations	26
1.3. Personality in non-human primates.....	30
1.3.1. Animal personality: Foundations, applications and assessment.....	30
1.3.2. Applying human models to study non-human primates' personality.....	33
1.3.3. Eysenck's biological theory of personality	35
1.4. Cognitive challenges in non-human primates	39
1.4.1. Welfare implications.....	39
1.4.2. Personality and cognitive performance	44
1.5. Objectives:.....	49
1.5.1. General objectives and hypotheses.....	49
1.5.2. Specific objectives and thesis structure	50
Chapter 2. General methodology	52
2.1. Subjects and study sites.....	53
2.2. Brief description of the cognitive tasks and experimental procedures.....	56
2.2.1. Cognitive enrichment	56
2.2.2. Cognitive research	60

2.3. Behavioral observations	61
2.3.1. Cognitive enrichment	61
2.3.2. Longitudinal study at Fundació Mona.....	62
2.3.3. Data collection software	63
2.4. Personality questionnaires and ratings	64
2.5. Statistical analyses.....	66
2.5.1. Generalized Linear Mixed Models	66
2.5.2. Factor analyses	68
Chapter 3. Empirical studies	73
Article 1. Artificial termite-fishing tasks as enrichment for sanctuary-housed chimpanzees: behavioral effects and impact on welfare.....	73
Article 2. Cognitive enrichment in a social setting: assessing the use of a novel food maze in sanctuary-housed chimpanzees	105
Article 3. Personality, cognition and behavior in chimpanzees: a new approach based on Eysenck's model	125
Article 4. Assessing Eysenck’s PEN model to describe personality in chimpanzees.....	174
Chapter 4. General discussion, conclusions and future research directions.....	188
4.1. Discussion	190
4.1.1. Factors affecting participation and performance in the cognitive challenges	190
4.1.2. Behavioral and welfare implications of cognitive challenges	198
4.1.3. Applying Eysenck’s model to chimpanzees.....	206
4.2. Limitations and recommendations for future research directions.....	213
4.2.1. Cognitive enrichment studies	213
4.2.2. Cognitive research study	217
4.2.3. The use of Eysenck’s model to describe chimpanzee personality and establish links with cognitive performance	218

4.2.4. General limitations and future research directions	221
4.3. Conclusions	223
4.3.1. Factors affecting participation and performance in the cognitive challenges	223
4.3.2. Behavioral and welfare implications of cognitive challenges	225
4.3.3. Applying Eysenck’s model to chimpanzees	226
4.3.4. Overall conclusions	227
4.3.5. Recommendations for professional animal care managers	228
4.4. Final thought	231
References	232

List of figures

Figure 1. Chimpanzee outdoor enclosures at Fundació Mona.....	54
Figure 2. Chimpanzee outdoor enclosures at Leipzig Zoo	55
Figure 3. Chimpanzee indoor enclosures at Leipzig Zoo	55
Figure 4. Artificial termite-fishing tasks.....	58
Figure 5. Food mazes	59
Figure 6. Chimpanzee engaging in the experimental sessions involving puzzle boxes	61

List of tables

Table 1. Summary of the main findings of Articles 1, 2 and 3 about participation and success in the cognitive challenges presented	191
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Abstract

Cognitive challenges are frequently provided to captive non-human primates, either as enrichment activities or within an experimental framework. Nonetheless, little is known about the impact of these activities on animal behavior and welfare. Furthermore, the influence of individual characteristics such as sex, age or personality on subjects' interest and performance in cognitive activities is still poorly understood. This doctoral thesis aims to address these knowledge gaps by investigating the relationship between cognitive challenges, behavior, welfare and personality in captive chimpanzees (*Pan troglodytes*). In particular, the first two studies (Articles 1 and 2) assessed the association between cognitive challenges and welfare within the framework of enrichment activities, whereas in the following studies (Articles 3 and 4) we evaluated chimpanzee personality with a questionnaire based on Eysenck's Psychoticism-Extraversion-Neuroticism (PEN) model and investigated the link between personality traits and cognitive performance in a non-invasive research context.

The study sample consisted of 37 chimpanzees housed at two different institutions, Fundació Mona (Girona, Spain) and the Leipzig Zoo (Leipzig, Germany). Data on cognitive performance, behavior and welfare were collected in the subsample of 14 chimpanzees from Fundació Mona, whereas personality data encompassed all subjects. Cognitive enrichment activities assessed at Fundació Mona included an artificial termite-fishing task and a double-sided food maze filled with food rewards. The association between personality and cognitive performance was assessed through a set of puzzle boxes that required the chimpanzees to employ problem-solving skills to access food rewards.

Throughout the first three studies (Articles 1, 2 and 3), we found that most of the chimpanzees participated in the cognitive challenges (termite-fishing task, double-sided food maze and puzzle boxes), but with considerable variation across individuals. The high proportion of success in the puzzle boxes and the artificial termite-fishing task suggests that

these tasks presented an appropriate level of challenge. By contrast, only two individuals were able to master the food maze. Sex and age did not predict differences in participation in any of the cognitive tasks, except for the food maze, in which females were more likely to participate than males. Additionally, the two only individuals that were successful at retrieving food rewards from the food maze were females, in line with previous findings showing a female-bias in tool-use behavior in chimpanzees. Personality did not predict differences in participation in the puzzle boxes. In contrast, lower Extraversion and lower Dominance were linked to a higher probability of success in both sexes, and higher Neuropsychoticism predicted higher probability of success in females. We also observed that the probability of losing contact with the puzzle boxes (a measure of motivation) was higher in younger chimpanzees and in those rated higher on Neuropsychoticism.

Articles 1 and 2 also investigated the impact of cognitive enrichment activities on chimpanzee behavior and welfare. In line with our predictions, both tasks consistently promoted species-typical behaviors (e.g., tool use and foraging) while reducing undesirable behaviors (e.g., inactivity) across sessions. However, in contrast to our predictions, participation in these activities was not linked to a reduction in the occurrence of abnormal behaviors or the rate of self-directed behaviors. Although the rate of self-directed behaviors was not affected by the presence of cognitive enrichment tasks, these behaviors increased as function of participation in the food maze, possibly due to heightened emotional arousal. In general, participating in the enrichment activities did not have significant effects on chimpanzee social behavior. However, the occurrence of aggression-related behaviors increased as a function of participation in the food maze, possibly due to intragroup competition.

In Articles 3 and 4 we used a 12-item questionnaire including Eysenck's primary scales to assess chimpanzee personality. Our results highlighted the potential of this model, but also

its limitations. For example, we obtained good levels of inter-rater reliability both when assessing the subsample of chimpanzees from Fundació Mona (Article 3) and when evaluating a larger sample including the chimpanzees from the Leipzig Zoo (Article 4). Furthermore, in Article 3, several personality traits correlated with chimpanzee behavioral observations conducted over an 11-year period, providing some evidence for convergent validity. However, some traits correlated with more than one behavior, indicating limited discriminant validity. The factorial analyses in Article 4 yielded a three-factor personality structure closely resembling the one previously reported in chimpanzees assessed with the same questionnaire, including the traits Extraversion, Dominance/Fearless Dominance and Neuropsychoticism.

Concerning our main hypotheses, we concluded that: (1) chimpanzees show differences in interest and performance in cognitive tasks, both in enrichment and research contexts; (2) some of this variation is predicted by sex and personality; (3) cognitive enrichment activities increase animal welfare by providing animals with opportunities to engage in challenges, while promoting species-typical behaviors and reducing some undesirable behaviors; and (4) while Eysenck's model offers an alternative approach to assess chimpanzee personality, further research is required to validate its applicability in this species and other non-human primates.

Resum

Els reptes cognitius són sovint proporcionats a primats no humans en captivitat, ja sigui com activitats d'enriquiment o dins d'un marc experimental. No obstant això, es coneix poc sobre l'impacte d'aquestes activitats en el comportament i el benestar dels animals. A més, encara es té un coneixement limitat sobre la influència de les característiques individuals com el sexe, l'edat o la personalitat en l'interès i el rendiment dels subjectes en les activitats cognitives. Aquesta tesi doctoral té com a objectiu abordar aquestes mancances de coneixement investigant la relació entre els reptes cognitius, el comportament, el benestar i la personalitat en ximpanzés (*Pan troglodytes*) en captivitat. En particular, en els dos primers estudis (Articles 1 i 2) es va avaluar l'associació entre els reptes cognitius i el benestar en un context d'enriquiment, mentre que en els estudis següents (Articles 3 i 4) es va avaluar la personalitat dels ximpanzés amb un qüestionari basat en el model de Psicoticisme-Extraversió-Neuroticisme (PEN) d'Eysenck i es va investigar la relació entre els trets de personalitat i el rendiment cognitiu en un context experimental no invasiu.

La mostra d'estudi consistí en 37 ximpanzés allotjats en dues institucions diferents, la Fundació Mona (Girona, Espanya) i el Zoo de Leipzig (Leipzig, Alemanya). Les dades sobre el rendiment cognitiu, el comportament i el benestar es van recollir en la submostra de 14 ximpanzés de la Fundació Mona, mentre que les dades de personalitat van abastar tots els subjectes. Les activitats d'enriquiment cognitiu avaluades a la Fundació Mona incloïen una tasca que simulava la pesca de tèrmits i un laberint de doble cara que contenia recompenses alimentàries. L'associació entre la personalitat i el rendiment cognitiu es va avaluar mitjançant un conjunt de caixes trencaclosques que requerien que els ximpanzés utilitzessin habilitats de resolució de problemes per accedir a les recompenses alimentàries.

Al llarg dels tres primers estudis (Articles 1, 2 i 3), vam observar que la majoria dels ximpanzés participaven en els reptes cognitius (pesca de tèrmits, laberint alimentari de doble

cara i caixes trencaclosques), però amb una variació considerable entre els individus. L'alta proporció d'èxit en les caixes trencaclosques i en la tasca de pesca de tèrmitz suggereix que aquestes tasques presentaven un nivell adequat de desafiament. En canvi, només dos individus van ser capaços d'extreure correctament les recompenses del laberint alimentari. El sexe i l'edat no van predir diferències en la participació en cap de les tasques cognitives, excepte en el laberint alimentari, on les femelles mostraren més probabilitat de participar que els mascles. A més, els dos únics individus que aconseguiren extreure correctament recompenses del laberint alimentari eren femelles, en línia amb investigacions prèvies que mostren un biaix femení en l'ús d'eines en els ximpanzés. La personalitat no va predir diferències en la participació en les caixes trencaclosques. En canvi, valors més baixos d'Extraversió i de Dominància es van relacionar amb una major probabilitat d'èxit en ambdós sexes, i valors més alts de Neuropsicoticisme van predir una probabilitat més alta d'èxit en les femelles. També vam observar que la probabilitat de perdre el contacte amb les caixes trencaclosques (una mesura de la motivació) era més alta en ximpanzés més joves i en aquells que tenien una puntuació més alta en Neuropsicoticisme.

En els Articles 1 i 2 també es va investigar l'impacte de les activitats d'enriquiment cognitiu en el comportament i el benestar dels ximpanzés. En línia amb les nostres prediccions, ambdues tasques van promoure de manera consistent comportaments propis de l'espècie (per exemple, l'ús d'eines i la cerca d'aliments) mentre reduïen comportaments indesitjats (per exemple, la inactivitat) al llarg de les diverses sessions d'enriquiment. No obstant això, en contra de les nostres prediccions, la participació en aquestes activitats no es va relacionar amb una reducció de l'ocurrència de comportaments anormals o auto-dirigits. Tot i que l'ocurrència de comportaments auto-dirigits no es veié afectada per la presència de les tasques d'enriquiment cognitiu, aquests comportaments van augmentar durant la participació en el laberint alimentari, possiblement a causa de l'elevada estimulació. En general, participar en les activitats

d'enriquiment no va tenir efectes significatius en el comportament social dels ximpanzés. No obstant això, la participació en el laberint alimentari es relacionà amb un augment en l'ocurrència de comportaments relacionats amb l'agressió, possiblement a causa de la competència dins del grup.

En els Articles 3 i 4 es va utilitzar un qüestionari de 12 ítems que incloïa les escales primàries d'Eysenck per avaluar la personalitat dels ximpanzés. Els nostres resultats van destacar el potencial d'aquest model, però també les seves limitacions. Per exemple, es van obtenir bons nivells de fiabilitat entre observadors, tant en l'avaluació de la submostra de ximpanzés de la Fundació Mona (Article 3) com en l'avaluació d'una mostra més gran que incloïa els ximpanzés del Zoo de Leipzig (Article 4). A més, en l'Article 3, diversos trets de personalitat van correlacionar amb observacions de comportament dels ximpanzés realitzades al llarg d'un període d'11 anys, proporcionant evidència de validesa convergent. No obstant això, alguns trets van correlacionar-se amb més d'un comportament, indicant una validesa discriminant limitada. Les anàlisis factorials a l'Article 4 van donar lloc a una estructura de personalitat de tres factors molt similar a la prèviament reportada en ximpanzés avaluats amb el mateix qüestionari, incloent els trets d'Extraversió, Dominància/Dominància sense por i Neuropsicoticisme.

En relació amb les nostres hipòtesis principals, vam concloure que: (1) els ximpanzés mostren diferències en l'interès i el rendiment en tasques cognitives, tant en contextos d'enriquiment com de recerca; (2) una part d'aquesta variació està relacionada amb el sexe i la personalitat; (3) les activitats d'enriquiment cognitiu milloren el benestar dels animals proporcionant oportunitats per afrontar reptes, alhora que fomenten comportaments propis de l'espècie i redueixen alguns comportaments indesitjats; i (4) tot i que el model d'Eysenck ofereix una alternativa per avaluar la personalitat dels ximpanzés, és necessari continuar investigant per tal de validar-ne l'aplicabilitat en aquesta espècie i en altres primats no humans.

Resumen

Los desafíos cognitivos son proporcionados con frecuencia a primates no humanos en cautiverio, ya sea como actividades de enriquecimiento o dentro de un marco experimental. Sin embargo, se sabe poco sobre el impacto de estas actividades en el comportamiento y el bienestar animal. Además, todavía hay un conocimiento limitado sobre la influencia de características individuales como el sexo, la edad o la personalidad en el interés y el rendimiento de los sujetos en actividades cognitivas. Esta tesis doctoral tiene como objetivo abordar estas lagunas de conocimiento investigando la relación entre desafíos cognitivos, comportamiento, bienestar y personalidad en chimpancés (*Pan troglodytes*) en cautiverio. En particular, en los dos primeros estudios (Artículos 1 y 2) se evaluó la asociación entre desafíos cognitivos y bienestar en un contexto de enriquecimiento, mientras que en los estudios siguientes (Artículos 3 y 4) se evaluó la personalidad de los chimpancés mediante un cuestionario basado en el modelo de Psicoticismo-Extraversión-Neuroticismo (PEN) de Eysenck y se investigó la relación entre rasgos de personalidad y rendimiento cognitivo en un contexto experimental no invasivo.

La muestra de estudio consistió en 37 chimpancés alojados en dos instituciones diferentes, Fundació Mona (Girona, España) y el Zoo de Leipzig (Leipzig, Alemania). Los datos sobre rendimiento cognitivo, comportamiento y bienestar se recopilaron en la submuestra de 14 chimpancés de Fundació Mona, mientras que los datos de personalidad abarcaron a todos los sujetos. Las actividades de enriquecimiento cognitivo evaluadas en Fundació Mona incluyeron una tarea que simulaba la pesca de termitas y un laberinto de doble cara que contenía recompensas alimenticias. La asociación entre personalidad y rendimiento cognitivo se evaluó a través de una serie de cajas rompecabezas que requerían que los chimpancés emplearan habilidades de resolución de problemas para acceder a recompensas alimenticias.

A lo largo de los primeros tres estudios (Artículos 1, 2 y 3), se observó que la mayoría de los chimpancés participaron en los desafíos cognitivos (tarea de pesca de termitas, laberinto de alimentos y cajas rompecabezas), pero con considerable variación entre individuos. La alta proporción de éxito en las cajas rompecabezas y en la tarea de pesca de termitas sugiere que estas tareas presentaron un nivel apropiado de desafío. En cambio, solo dos individuos fueron capaces de extraer correctamente los alimentos del laberinto de alimentos. El sexo y la edad no predijeron diferencias en la participación en ninguna de las tareas cognitivas, excepto en el laberinto de alimentos, en el cual las hembras fueron más propensas a participar que los machos. Además, los dos únicos sujetos que obtuvieron recompensas de forma exitosa en el laberinto de alimentos eran hembras, en línea con hallazgos previos que muestran un sesgo femenino en el comportamiento de uso de herramientas en los chimpancés. La personalidad no predijo diferencias en la participación en las cajas rompecabezas. En cambio, valores más bajos de Extraversión y de Dominancia se asociaron con una mayor probabilidad de éxito en ambos sexos, y valores más altos de Neuropsicotismo predijeron una mayor probabilidad de éxito en las hembras. También observamos que la probabilidad de perder el contacto con las cajas rompecabezas (una medida de la motivación) era mayor en chimpancés más jóvenes y en aquellos con una puntuación más alta en Neuropsicotismo.

Los Artículos 3 y 4 también investigaron el impacto de las actividades de enriquecimiento cognitivo en el comportamiento y el bienestar de los chimpancés. De acuerdo con nuestras predicciones, ambas tareas promovieron consistentemente comportamientos típicos de la especie (por ejemplo, uso de herramientas y búsqueda de alimentos) al tiempo que redujeron comportamientos indeseables (por ejemplo, inactividad) a lo largo de las sesiones de enriquecimiento. Sin embargo, contrariamente a nuestras predicciones, la participación en estas actividades no se asoció con una reducción en la ocurrencia de comportamientos anormales o autodirigidos. Aunque la ocurrencia de comportamientos autodirigidos no se vio afectada por

la presencia de las tareas de enriquecimiento cognitivo, estos comportamientos aumentaron durante la participación en el laberinto de alimentos, posiblemente debido a una mayor excitación emocional. En general, participar en las actividades de enriquecimiento no tuvo efectos significativos en el comportamiento social de los chimpancés. Sin embargo, la ocurrencia de comportamientos relacionados con la agresión aumentó en función de la participación en el laberinto de alimentos, posiblemente debido a la competencia intragrupal.

En los Artículos 3 y 4 utilizamos un cuestionario de 12 ítems que incluía las escalas primarias de Eysenck para evaluar la personalidad de los chimpancés. Nuestros resultados resaltaron el potencial de este modelo, pero también sus limitaciones. Por ejemplo, obtuvimos buenos niveles de fiabilidad entre evaluadores, tanto al evaluar la submuestra de chimpancés de Fundació Mona (Artículo 3) como al evaluar una muestra más grande que incluía a los chimpancés del Zoo de Leipzig (Artículo 4). Además, en el Artículo 3, varios rasgos de personalidad correlacionaron con observaciones de comportamiento de los chimpancés realizadas a lo largo de un período de 11 años, proporcionando cierta evidencia de validez convergente. Sin embargo, algunos rasgos correlacionaron con más de un comportamiento, indicando una validez discriminante limitada. Los análisis factoriales en el Artículo 4 revelaron una estructura de personalidad de tres factores que se asemejaba estrechamente a la reportada previamente en chimpancés evaluados con el mismo cuestionario, incluyendo los rasgos de Extraversión, Dominancia/Dominancia sin miedo y Neuropsicoticismo.

En relación con nuestras hipótesis principales, concluimos que: (1) los chimpancés muestran diferencias en el interés y el desempeño en tareas cognitivas, tanto en contextos de enriquecimiento como de experimentación; (2) parte de esta variación está relacionada con el sexo y la personalidad; (3) las actividades de enriquecimiento cognitivo aumentan el bienestar animal, proporcionando oportunidades para que los animales se involucren en desafíos, así como promoviendo conductas típicas de la especie y reduciendo algunas conductas

indeseables; y (4) aunque el modelo de Eysenck ofrece un enfoque alternativo para evaluar la personalidad de los chimpancés, se requiere investigación adicional para validar su aplicabilidad en esta especie y en otros primates no humanos.

Chapter 1. General introduction and objectives



Photograph taken by author

1.1. The welfare of captive animals

Despite the ongoing discrepancies regarding whether animals should have moral status (i.e., being considered entities deserving of moral considerations; Janssens, 2021; Warren, 1997; Banwell, 2023; Padrell et al., 2021) evidence from multiple studies suggests that a wide range of taxa are sentient beings, capable of experiencing positive and negative affective states such as happiness, pleasure, pain, or fear (Duncan, 2006; Panksepp, 2011). Therefore, ensuring a good quality of life to those who live under human care is our ethical responsibility (Gruen, 2021). For this reason, legislations, guidelines and codes of ethics have been developed worldwide to improve the welfare of captive animals. Firstly, these publications have focused on farm animals (Directive 98/58/EC; Regulation 1/2005) and those used for scientific purposes (Directive 86/609/EEC; Directive 2010/63/EU), but more recently they have also included animals kept in zoological institutions (Directive 1999/22/EC; Mellor et al., 2015; World Association of Zoos and Aquariums [WAZA], 2023). In fact, over the past few decades, animal welfare has become a topic of major concern in zoos and other facilities potentially exhibiting animals (e.g., animal sanctuaries and wildlife rescue and rehabilitation centers¹), as shown by the increasing recent literature on the topic (Binding et al., 2020; Cole & Fraser, 2018; DiVincenti et al., 2023; Fultz, 2017; Kagan et al., 2015; Learmonth, 2019; Maple & Bloomsmith, 2018; Maple & Perdue, 2013; Perdue et al., 2020; Rose & Riley, 2019; Sherwen et al., 2018; Wolfensohn et al., 2018). This growing interest on animal welfare coincides with a progressive shift in public attitudes toward keeping animals in captivity (Doyle, 2017; Naylor & Parsons, 2019), which has led to a change in the concept and role of zoological institutions

¹ Animal sanctuaries and wildlife rescue and rehabilitation centers share the purpose of rescuing and rehabilitating animals that have been abused, injured or abandoned. The distinction between these two entities remains ambiguous, without clear legal or official definitions. However, the Global Federation of Animal Sanctuaries (GFAS), functioning as an accrediting organization, defines a sanctuary as a non-profit organization committed to providing lifetime care for animals without engaging in intentional captive breeding, commercial exploitation, or direct public interaction with them (Fultz, 2017). In contrast, wildlife rescue and rehabilitation centers typically focus on reintroducing animals back to their natural habitats.

(Roe et al., 2014; Sampaio et al., 2020; Ward et al., 2018). Specifically, modern zoos have progressively moved away from the mere purpose of entertainment to focus on conservation (Conde et al., 2011; Routman & Khalil, 2022; Tribe & Booth, 2003), education and public engagement (Godinez & Fernandez, 2019; Kleespies et al., 2022; Nygren & Ojalammi, 2018; Patrick et al., 2007), and on conducting non-invasive research (Rose & Riley, 2021) that ultimately improves animal welfare (Binding et al., 2020), increases species' knowledge (Garcia-Pelegrin et al., 2022), and creates opportunities for public engagement while promoting positive attitudes toward conservation (Craig & Vick, 2021; Hopper, 2017).

Defining and assessing animal welfare has proved to be a challenging endeavor. Historically, there have been different scientific approaches to the study of animal welfare, depending on the criteria used to define the concepts of well-being, welfare and quality of life (Fraser, 2009; McMillan & Yeates, 2020). The first and most traditional view focuses on basic health and proper functioning of animals, so that welfare was considered as the absence of disease and injury (Sainsbury, 1986) and measured through parameters such as growth rate and reproductive success (Broom, 1986), that is, «fitness» state. In contrast, the second approach gives relevance to the affective states of animals, prioritizing not only the absence of pain and suffering, but also the presence of pleasure (Balcombe, 2009; Boissy et al., 2007; Duncan & Petherick, 1991; Mellor & Beausoleil, 2015). Finally, the third approach emphasizes the importance for captive animals to develop species-typical behaviors, also known as ethological needs (Brambell, 1965; Kiley-Worthington, 1989) or natural behaviors (Bracke & Hopster, 2006). The notion of ethological needs implies that welfare in captive animals is poor if their environment does not allow for opportunities to express the behaviors they would exhibit in the wild (Hughes & Duncan, 1988). Nonetheless, some researchers have questioned the accuracy of using the behavior of wild-living counterparts as a baseline to assess animal welfare in captivity (Learmonth, 2019; Veasey et al., 1996; Wolfensohn et al., 2018).

In recent years, the concept of animal welfare has broadened to include considerations of their emotional states (Duncan, 2004; Hemsworth et al., 2015; Veasey, 2017). Whether and to what extent different animals experience emotions is a fundamental question for advancing our understanding of animal welfare. However, there is yet no consensus on the definition and application of the concept of emotion in non-human animals (Adolphs, Mlodinow, & Barret, 2019; de Vere & Kuczaj, 2016; Izard, 2010; Malezieux, Klein & Gogolla, 2023; Paul & Mendl, 2018). Researchers in the field of emotions commonly distinguish between feelings and emotions. Feelings are private and conscious states that are not observable, whereas emotions are measurable physiological or neural responses, often reflected in behavior (de Waal & Andrews, 2022). Thus, although emotions cannot be directly measured, they can be indirectly assessed, for example, through physiological and behavioral indicators (Hemsworth et al., 2015). For instance, great apes express alleged emotional states through various channels, including facial expressions, body cues or vocalizations (Heesen et al., 2024; Kret et al., 2020). These emotional expressions can be either involuntary, thus serving as immediate reflections of inner states, or intentional, acting as indicators of forthcoming actions (Kret et al, 2020).

Understanding emotions also involves considering their connections with motivation and reward (Rolls, 2007). Emotions are considered evolved aspects of brain processes that drive behavioral responses to different types of stimuli, which can be rewarding (pleasurable) or punishing (unpleasant) experiences (Boissy et al., 2007; Rolls, 2007). Regarding the experience of reward, evidence suggests that dopamine circuits in the brain play a crucial role in generating the desire and anticipation for rewards, while opioid circuits, interacting with dopamine circuits, contribute to the pleasurable feeling of enjoying rewards (Berridge & Robinson, 2003; Boissy et al. 2007). Furthermore, neuroscience has also shown that behaviors like exploration, foraging and affiliative interactions are particularly rewarding for individuals and trigger positive affective states (Mellor, 2015a, 2015b; Panksepp, 2005). In line with these

assumptions, welfare has been conceptualized as the state of an individual in relation to its attempts to cope with and adapt to the demands of the environment (Broom, 2001; Broom, 1986, 1991; Hill & Broom, 2009). That is, an animal achieves a positive welfare state when it has the ability and opportunity to appropriately respond to positive and negative internal and external stimuli and conditions (Arndt et al., 2022). However, to achieve an optimal level of welfare, animals do not only need to endure the challenges of their environment, but also to thrive (Maple & Bloomsmith, 2018; Maple & Perdue, 2013). To this end, the objective is not only to minimize their negative experiences but also to provide them with opportunities to engage in highly-motivated and highly-rewarding behaviors that trigger positive affective states, contributing to a life that is truly “worth living” (Mellor, 2015a; Mellor, 2016; Mellor & Beausoleil, 2015; Whitham & Wielebnowski, 2013). Examples of rewarding behaviors include activities that promote food acquisition and exploration of the environment (Mellor, 2016), but also provide challenges that cognitively stimulate animals and allow them to make choices (Clark, 2011; Whitham & Wielebnowski, 2013). In fact, a certain degree of choice and control over the environment is considered fundamental to achieve good welfare (Badihi, 2006; Dawkins, 2003; Morgan & Tromborg, 2007; Sambrook & Buchanan-Smith, 1997; Whitham & Wielebnowski, 2013).

Overall, welfare is therefore a complex concept that encompasses multiple aspects of animals’ life, from biological functioning to their subjective experiences. As a consequence, an optimal assessment of welfare should be interdisciplinary (Siegford, 2013), integrating behavioral, physiological and biological indicators (e.g., exploratory behaviors, hormonal measurements, immunological markers) to provide a holistic evaluation (Broom, 2014; Whitham & Wielebnowski, 2013). In both humans and other animals there is evidence that these types of measurements can provide insight on subjects’ emotional states (reviewed in Broom, 2014). Nonetheless, such approach is not always feasible in zoological institutions and

other captive environments for at least two reasons. First, caretakers and other staff usually lack the time or the professional training to effectively assess welfare (Brent, 2007). Second, these institutions have limited financial resources, especially wildlife rescue and rehabilitation centers and sanctuaries, which are typically non-profit organizations that mostly receive funding from private sources (Hirata et al., 2020).

1.2. Chimpanzee behavior and welfare

1.2.1. Chimpanzees in captivity

In the wild, chimpanzees (*Pan troglodytes*) are the most numerous and widely distributed among great ape species. Their home range covers over 2.6 million km², with a discontinuous distribution from southern Senegal and Guinea in the west and the western borders of the United Republic of Tanzania in the east (Humble et al., 2016). While chimpanzee taxonomy remains a topic of ongoing debate, current genetic data provides evidence for the recognition of four subspecies: the Western Chimpanzee (*P. troglodytes verus*); the Nigeria-Cameroon Chimpanzee (*P. t. ellioti*); the Central Chimpanzee (*P. t. troglodytes*); and the Eastern Chimpanzee (*P. t. schweinfurthii*). A detailed description of the distribution of the different subspecies is provided by Caldecott and Miles (2005).

The global population of wild chimpanzees is currently estimated to range between 345,000 and 470,000 individuals (Carlsen et al., 2022; Great Apes Survival Partnership [GRASP] & IUCN, 2018). Nonetheless, this species faces multiple threats, including poaching, bushmeat trade, infectious diseases and loss of habitat due to human activities. These factors have led to a significant population decline over the past 20-30 years, which is expected to persist in the near future (Humble et al., 2016). Consequently, chimpanzees meet the criteria for being considered as an endangered species (Oates, 2006).

Regarding the chimpanzees living under human care, there is currently no reliable estimate of the total captive chimpanzee population worldwide. In Europe, a significant proportion of great apes live in zoos affiliated with the European Association of Zoos and Aquaria (EAZA), where they are subjected to population management programmes (Ex situ Programmes, EEPs) designed to maintain genetic diversity of threatened species. At the end of 2021, the Chimpanzee EEP consisted of 782 individuals distributed among 94 institutions (EAZA, 2021). Furthermore, according to the European Studbook for the Chimpanzee (Carlsen & De Jongh, 2015), by the end of 2014 an additional 291 individuals were housed in 31 non-EAZA European facilities, such as unaccredited zoos, animal parks and sanctuaries. Thus, considering both EAZA and non-EAZA institutions, the latest figures estimate that approximately 1073 captive chimpanzees live across 125 European facilities.

In the US, there are approximately 1300 captive chimpanzees living in a variety of facilities, including zoological parks accredited by the Association of Zoos and Aquariums (AZA), sanctuaries accredited by the Global Federation of Animal Sanctuaries (GFAS), unaccredited animal parks, research laboratories and those that are kept as pets and performers for the entertainment industry (ChimpCARE, 2020). Although the US National Institutes of Health now prohibits biomedical research on chimpanzees, some of the animals that were used for this purpose are still kept in these facilities. Furthermore, although the possession and use of great apes is banned in many states, there is no federal legislation prohibiting the ownership of chimpanzees in the US (ChimpCARE, 2020).

According to the Great Ape Information Network (GAIN), an open-access nationwide database containing the detailed life history information of all apes who have lived or currently reside in Japan (Matsuzawa, 2016), the country is currently home to 291 chimpanzees distributed in 45 facilities (GAIN, 2015). Chimpanzee population management in Japan is subjected to a conservation program, the Japanese Species Management Program by the

Japanese Association of Zoos and Aquariums (JAZA). Similarly, all chimpanzees living in the Australasian region (Australia and New Zealand) are managed under the Australian Species Management Program by the Zoo and Aquarium Association (ZAA). By 2016, Australia held a captive chimpanzee population of 52 individuals distributed in 5 facilities (Fisken et al., 2018).

Recently, the Ape Alliance published a report (Ape Alliance, 2018) focusing on the captive chimpanzee population in China. The report identified 51 facilities housing a total of 187 chimpanzees. Nonetheless, it also raised concern about disparities between the number of chimpanzees officially declared by the Chinese government and the actual number observed on public displays in zoos, wildlife parks and shows throughout the country.

In Africa, the Pan African Sanctuary Alliance (PASA) unites a total of 23 primate centers across the continent that rescue and rehabilitate primates and other wildlife that are often victims of illegal wildlife trade (Farmer, 2002). This organization works with local and international NGOs, experts and volunteers with the objective of protecting African primates while supporting local communities (Ferrie et al., 2014). The 23 facilities are distributed over 13 African countries, which collectively care for approximately 1300 great apes, including 1158 chimpanzees (PASA, 2021). Only during 2021, PASA members rescued a total of 400 animals, comprising 182 primates. Furthermore, in 2021 PASA released 413 animals to the wild, including 73 primates (PASA, 2021). Nonetheless, reintroduction is a complex and expensive process and only a small fraction of the great apes at PASA sanctuaries can be returned to their natural habitat (Speiran et al., 2023). Animals who have spent several years in captivity may be too traumatized and unable to develop the necessary skills to survive in the wild (PASA, 2021). Thus, considering that most of these animals will spend the rest of their lives in captivity, it is crucial to provide them with the best care possible to ensure their optimal welfare.

Official information on chimpanzee population in other world regions is difficult to access. Finken and colleagues (2018) published a report providing data for the 2016 global great ape populations that are under conservation programs in accredited zoos around the world. The report details the number of chimpanzees in European, North American, Japanese, African and Australian zoological institutions. Nonetheless, this report does not include global estimates for chimpanzees outside these conservation programs. This excludes chimpanzees residing in regions such as South America or South East Asia, where there are facilities housing chimpanzees and other great apes, yet actual population figures are difficult to estimate.

1.2.2. Behavioral, cognitive and social complexity of chimpanzees

Non-human primates are among the most challenging animals to keep in optimal captive conditions due to their behavioral, cognitive and social complexity (Talbot et al., 2023). This is especially true for our closest living relatives, chimpanzees (Suntsova & Buzdin, 2020), because many aspects of their lives are particularly complex (Ross, 2020). In the wild, chimpanzees live in multi-male, multi-female groups characterized by high levels of fission-fusion dynamics, with females transferring across groups upon reaching sexual maturity (Arcadi, 2018; Symington, 1990). In contrast to other primate species, the members of a group do not always remain together, but rather split in small «parties» of variable size and composition that repeatedly meet (i.e., fusion) and part (i.e., fission) during the course of the day (Hanamura, 2015). Furthermore, chimpanzees have the ability to adapt to a variety of complex and multidimensional habitats, from tropical forests to savannahs (Hunt, 2020), which makes it very difficult to reproduce their environmental needs in captive settings (Ross, 2020). Some of these habitat types are highly variable in terms of climate fluctuations and resource availability, leading to high behavioral diversity in the communities that live in them (Kalan et al., 2020).

In the wild, chimpanzees interact in complex ways with their environment, exhibiting a wide range of behaviors and displaying advanced cognitive abilities (Gilby & Machanda, 2022). For example, they can use spatial memory to recall the location of large fruit trees across seasons (Janmaat et al., 2013) or to revisit previous nest sites of army ants upon which they pray (Schöning et al., 2007). Moreover, research conducted in captivity suggests that chimpanzees have long-term memories that may allow them to recall specific past events (Lewis et al., 2019). There is also evidence that chimpanzees have planning abilities that allow them to anticipate future events, for example by gathering objects for later use (Mulcahy & Call, 2006; Osvath, 2009). Similar to many other non-human primates, chimpanzees also have a complex understanding of the objects that surround them and of their properties. For instance, they can track the displacement of an invisible object that is hidden in a container which changes locations (Barth & Call, 2006) and, to some degree, they understand causal relationships (Cacchione & Rakoczy, 2017; Hanus & Call, 2011; Völter et al., 2016). Furthermore, like other non-human primates, chimpanzees share some numerical processing mechanisms with humans, such as the ability to represent numerical values (see Cantlon, 2012). Wild chimpanzees, for example, use these numerical abilities to decide whether to participate or not in conflicts with other groups (Wilson et al., 2001).

Chimpanzees are also renowned for their advanced problem-solving skills. In the wild, they are continuously exposed to complex ecological and social challenges that are better dealt with understanding and decision-making skills (Morimura, 2006). They show high cognitive flexibility, being able to innovate and adapt their behavior to changing conditions (Bandini & Harrison, 2020; Cantwell et al., 2022). Research in captivity has shown that chimpanzees are able to master complex tasks, such as the floating peanut task, which requires using water as a tool to access a peanut in a container (Ebel et al., 2019; Hanus et al., 2011). Chimpanzees are flexible tool-users, which means that they have the ability to use or manufacture an external

object to reach specific goals, finding innovative solutions in novel situations (Call, 2013; Hunt et al., 2013). Additionally, they can successfully manipulate tools in hierarchical and sequential manners (Hayashi & Takeshita, 2022; Martin-Ordas et al., 2012). In their natural habitat, tool-use behavior is typically associated with access to specific food resources, including termite-fishing (Boesch & Boesch, 1990; Goodall, 1986; Jones & Sabater Pi, 1969), nut-cracking (Boesch & Boesch, 1983; Inoue-Nakamura & Matsuzawa, 1997) and even hunting (Pruetz et al., 2020), but it has also been described in non-foraging contexts, during aggression, sexual displays and for hygiene purposes (Micheletti et al., 2022; Pal & Sinha, 2022). Furthermore, compelling evidence indicates a cultural component in chimpanzee tool-use, as different chimpanzee communities display distinct types of tools and techniques (Koops et al., 2015; Lycett et al., 2010; McGrew & McGrew, 1992). This suggests that social learning mechanisms are usually involved in the acquisition of tool-use behaviors (Hobaiter et al., 2014; Whiten et al., 2022).

Like most primates, chimpanzees also exhibit a broad range of social behaviors. They form strong and long-lasting social bonds (Mitani, 2009) and establish complex associations with their conspecifics (Bray et al., 2021; de Waal, 2007; Massen & Koski, 2014; Samuni et al., 2018; Silk, 2002; Surbeck et al., 2017). It has also been suggested that these strong social relationships between individuals facilitate group-level cooperation (Samuni et al., 2021). In fact, it is well known that chimpanzees can coordinate their actions and cooperate to solve problems. In the wild, they engage in complex cooperative behaviors such as cooperative hunting, meat sharing or the formation of coalitions (Boesch, 1994; Gilby & Machanda, 2022). In addition, numerous studies in captivity support that, when exposed to experimental tasks, chimpanzees also spontaneously tend to cooperate with their conspecifics (Hirata & Fuwa, 2007; Rosati et al., 2018; Schmelz et al., 2017; Suchak et al., 2016). Experimental cooperative tasks also revealed that chimpanzees use gestural and vocal communication to coordinate their

actions (Melis & Rossano, 2022; Voinov et al., 2020). Recent work has shown that chimpanzees have remarkable communicative skills, being able to combine calls to produce an extensive repertoire of structured vocal sequences (Bortolato et al., 2023; Girard-Buttoz et al., 2022). Thus, gestures and vocal communication play an important role in the lives of wild and captive chimpanzees (Call & Tomasello, 2007; Slocombe et al., 2022). For example, wild chimpanzees use vocalizations to increase social cohesion (Bouchard & Zuberbühler, 2022) or to facilitate cooperative hunting (Mine et al., 2022), and gestures to initiate play behavior (Fröhlich et al., 2016) or drawn others' attention towards specific targets (Wilke et al., 2022).

Like humans, chimpanzees have slow life histories, characterized by slow growth and late weaning, delayed maturity and long lifespan (Davison & Gurven, 2021). Therefore, infants form strong and long-lasting affective bonds with their mothers (Reddy & Sandel, 2020), who play a crucial role in their development of social and cognitive skills and provide them with important opportunities for social learning (Bründl et al., 2022; Hayashi & Matsuzawa, 2017; Hirata, 2009; Lonsdorf, 2006, 2013; Maestriperi, 2018). For example, captive mother-reared chimpanzees are more likely to engage in species-typical behaviors, such as grooming, nest building or copulation, as compared to hand-reared individuals (Clay et al., 2023). In wild chimpanzees, maternal care has been associated with higher reproductive success (Crockford et al., 2020), whereas maternal loss has been linked to reduced growth and survival (Nakamura et al., 2014; Samuni et al., 2020; Stanton et al., 2020). Similarly, studies with captive chimpanzees have shown that early maternal separation can have negative long-term effects on their social skills and welfare (Chernus, 2008; Kalcher-Sommersguter et al., 2015; Martin, 2023). Chimpanzees are also sensitive to others' emotional states (Koski & Sterck, 2010) and exhibit empathy-related behaviors (Clay, 2022; Brooker et al., 2024). Like humans, primates can establish emotional and non-emotional connections with others through behaviors like mimicry, behavioral contagion, and emotional contagion. Furthermore, current evidence

suggest that great apes show more sophisticated forms of empathic responses, such as targeted help and consolation (Brooker, Webb & Clay, 2022). For instance, they can show affiliative interactions towards recipients of aggression (i.e., consolation), thus reducing their levels of stress (Fraser et al., 2008; Webb et al., 2017). Research in captivity has also shown that chimpanzees engage in cognitively complex prosocial behaviors, such as spontaneous altruism (Melis et al., 2011; Warneken et al., 2007; Warneken & Tomasello, 2006). These altruism-like behaviors have also been documented in wild settings (Boesch et al., 2010). Furthermore, chimpanzee responses to injured and dead conspecifics resembles those shown by humans, as they show signs of emotional distress and their reaction to death appears to be mediated by social bonds with the deceased individual (Anderson, Gillies & Lock., 2010; de Marco et al., 2022; van Leeuwen et al., 2016). Finally, reassurance behaviors toward a bereaved mother following the loss of her infant have been observed in zoo-housed chimpanzees (Goldsborough et al., 2020).

Another expression of chimpanzee psychological complexity is their display of behavioral abnormalities that resemble symptoms of compromised mental health observed in humans. Increasing evidence suggests that, in great apes, early adverse experiences are associated with long-term alterations in coping style, emotional and behavioral regulation, brain morphology, and even in the expression of nervous system genes related to anxiety and mood disorders (Sánchez et al., 2001). Chimpanzees often develop behavioral abnormalities, including stereotypes, self-mutilation, excessive aggression, fear, or withdrawal, which can detrimentally impact their social skills and ability to integrate in a group (Bruene et al., 2006). Notably, chimpanzees that have been used in research, kept as pets, or involved in the entertainment industry may endure long-term consequences from these traumatic experiences. This can lead to the development of behavioral phenotypes resembling psychological disorders found in humans, such as depression, anxiety disorders, or post-traumatic stress disorder

(Bradshaw et al., 2008; Ferdowsian et al., 2011; Lopresti-Goodman et al., 2015; Sánchez et al., 2001; Úbeda et al., 2021).

Finally, it is well-known that chimpanzees and other non-human primates show high inter-individual differences in temperament or personality (Freeman & Gosling, 2010). In chimpanzees, in particular, personality has been studied for decades using personality questionnaires based on human models (King & Figueredo, 1997; Weiss et al., 2009; Weiss et al., 2011), which have proved that chimpanzee personality traits are similar or comparable to those describing human personality (Weiss, 2017b, 2018). Furthermore, individual differences in chimpanzee personality have been linked to crucial aspects of their life, including welfare (Robinson et al., 2017), longevity (Altschul et al., 2018), rank and reproductive success (Weiss et al., 2023), and cognitive performance (Altschul et al., 2017; Herrelko et al., 2012; Reamer et al., 2014).

Overall, it seems obvious that reproducing the environmental needs of non-human primates and providing them with an optimal level of welfare in a captive setting is extremely challenging, especially for a species that shows sophisticated behaviors and advanced cognitive, emotional and social skills, like chimpanzees. Therefore, research focused on the behavior and welfare of captive chimpanzees is crucial to better understand the needs of this species in a captive environment and to identify those aspects that most need improvement (Ross, 2020). Only by doing so, shall we be able to implement the necessary measures to guarantee chimpanzees a life “worth living”.

1.2.3. Assessment of chimpanzee welfare through behavioral observations

Behavioral observations constitute an accurate, cost-effective and non-invasive method to assess welfare in non-human primates (Lutz & Baker, 2023; Whitham et al., 2023). Negative behavioral indicators, such as atypical or abnormal behaviors, have been extensively studied

in captive chimpanzees (Baker & Easley, 1996; Bloomsmith et al., 2020; Jacobson et al., 2016), possibly because they are more evident and easier to identify than positive behavioral indicators (Clay et al., 2023). Abnormal behaviors in primates have been defined as behaviors that differ in kind or degree from the natural behaviors of the species in the wild (Erwin et al., 1979; Walsh et al., 1982). Traditionally, the presence of abnormal behaviors has been considered an indicator of poor welfare due to its association with animals living in physically and socially impoverished environments and experiencing inadequate management practices (Baker, 1997; Brent, 1992; Maki et al., 1993; Martin, 2023; Turner et al., 1969). However, several authors have questioned the relationship between abnormal behaviors and welfare in captive chimpanzees and in non-human primates in general. For instance, it has been showed that coprophagy, a frequent abnormal behavior in captive chimpanzees, might be socially-learned and should not be necessarily considered an indicator of poor welfare (Hopper et al., 2016).

Other researchers claim that, to some degree, abnormal behaviors may be endemic to captive populations and very difficult to eradicate despite efforts of improving their living environment (Birkett & Newton-Fisher, 2011). Furthermore, some abnormal behaviors can also develop in welfare-promoting environments and in the absence of any psychological distress, as a result of an animal's coping mechanisms (Lutz & Coleman, 2022). Indeed, whether animals develop abnormal behaviors depends not only on the environment in which they are living, but also on multiple factors, including sex, age, early rearing history, genetic predisposition and personality (Bloomsmith et al., 2020; Lutz & Coleman, 2022).

In addition to abnormal behaviors, self-directed behaviors (e.g., touching, rubbing or scratching one's body or face) have traditionally been proposed as indicators of poor welfare in non-human primates, because they have been linked to negative emotional states like increased tension or anxiety (Baker & Aureli, 1997; Maestripietri et al., 1992). In line with this, several studies have reported an increase in self-directed behaviors following changes in non-

human primates' environments (Bonnie et al., 2016; Lukas et al., 2003). Furthermore, self-directed behaviors appear to increase when primates are exposed to challenges or novel situations (Elder & Menzel, 2001; Itakura, 1993; Leavens et al., 2004; Leavens et al., 2001; Meyer & Hamel, 2014), but not necessarily in a negative context (Laméris et al., 2022; Neal & Caine, 2016).

In recent years, there has been a growing interest in establishing measures of good quality of life and considering positive behavioral indicators of welfare, moving beyond the traditional focus on negative markers (Mellor, 2016; Whitham & Wielebnowski, 2013; Wolfensohn et al., 2018). Understanding the natural repertoire of a species and how individuals live in the wild becomes crucial when using behavior as a measure of welfare (Lutz & Baker, 2023). One of the first attempts to describe the welfare needs of chimpanzees was developed by Pruetz and McGrew (2001) and is based on this natural-based approach. In their review, the authors provide recommendations for chimpanzee captive care, based on how chimpanzees live and behave in the wild. Following this natural-based approach, several studies have assessed welfare by comparing different features between captive and wild chimpanzees, including activity budgets (Inoue & Shimada, 2020; Yamanashi & Hayashi, 2011), social interactions and social structure (Inoue & Shimada, 2020), diet and foraging activity (Gerstner & Pruetz, 2022) or nesting behavior (Anderson et al., 2019). Similarly, the presence (or absence) of species-typical behaviors exhibited by wild-living counterparts has often been evaluated as a measure of welfare (Browning, 2019; Hughes & Duncan, 1988; Novak & Suomi, 1988). For example, in a recent survey assessing welfare in chimpanzees across various institutions in the United States, including zoos, sanctuaries, and research facilities, Clay and colleagues (2023) collected behavioral data on 1122 individuals from 35 different institutions. The study focused on the occurrence of four species-typical behaviors: tool use, nest-building, social grooming, and copulation. The findings revealed that tool-use was observed in 94.3% of

the sample, active grooming in 85.7%, copulation in 68.3%, and nest-building in 58.9%. However, the study highlighted that less than half of the chimpanzees (45.6%) exhibited all four behaviors, underscoring the need for additional measures to increase the opportunities for the expression of species-typical behaviors.

Some researchers have criticized the use of wild baselines to define how chimpanzees should live and behave in captivity (Cronin & Ross, 2020; Hosey, 2005; Neal Webb et al., 2019) because, similar to abnormal behaviors, the association between the presence (or absence) of species-typical behaviors and welfare in chimpanzees is not straightforward (see Clay, 2023). Nonetheless, despite the limitations of undesirable (e.g., abnormal, self-directed behaviors) and species-typical behaviors as measures of welfare, studies assessing these behaviors in chimpanzees from different captive environments and with diverse life histories have provided valuable information about their prevalence and their possible relationship with welfare (Bloomsmith et al., 2020; Bloomsmith et al., 2019; Clay et al., 2023; Jacobson et al., 2016). In other words, monitoring the behavior of captive chimpanzees is crucial to fully understand the species' needs in captivity and to successfully establish welfare standards (Ross, 2020). In line with this, Whitham and colleagues (2023) conducted a study in which they monitored behavioral data in chimpanzees from 16 different facilities in order to establish reference intervals for behavioral and physiological measures of welfare. These reference intervals are ranges of values for variables of interest (i.e., grooming, feeding, locomotion, etc.) calculated by collecting data on physically healthy animals with no welfare concerns. The authors suggest that these reference intervals can be used by animal caregivers to make decisions regarding husbandry practices and management. Similarly, taking into consideration the increasing literature on captive chimpanzees, Ross (2020) provides a recent review of the most important welfare considerations according to experts in the field of captive chimpanzee care and management, including recommendations for topics such as social housing, facilities,

diet, environmental enrichment or the relationship with humans. He concludes that more space, larger groups and more choices and control over the environment are some potential improvements that can help increase chimpanzee welfare in captivity (Ross, 2020).

1.3. Personality in non-human primates

1.3.1. Animal personality: Foundations, applications and assessment

In the field of animal science, personality refers to the existence of behavioral and physiological differences among individuals of the same species, which are consistent over time and across different contexts (Carere & Maestriperi, 2013; Réale et al., 2007). In an attempt to differentiate it from human personality, animal personalities have also been referred to as temperament, behavioral syndromes, coping styles or behavioral predisposition (Gosling, 2001; Gosling & John, 1999; Koolhaas et al., 1999; Reber et al., 2021; Sih et al., 2004; Wilson et al., 1994); but nowadays, the term personality is widely accepted. Animal personality is a relatively new area of research, although the first studies providing empirical evidence date back to the early 1900s (Lorenz, 1935; Pavlov, 1906, 1941). Mostly, seminal research in this area has been conducted with primates (Buirski et al., 1978; Crawford, 1938; Chamove, 1974; Chamove et al., 1972; Hebb, 1949; Nash & Chamove, 1981; Yerkes & Yerkes, 1936). This is not surprising, considering that their phylogenetic closeness with humans, as well as their complex social lives, intelligence and emotions, make non-human primates an ideal model for personality research (Figueredo et al., 2015; Michalski & Shackelford, 2010). However, it was not until the 1990s that research on animal personality, in general, and on primate personality, in particular, gained in popularity. Since then, numerous studies aimed to describe species-specific personality structures and/or provide insights into how to measure personality traits across a wide range of taxa, including invertebrates (Kralj-Fišer & Schuett, 2014), fish (Castanheira et al., 2013), reptiles (Waters et al., 2017), birds (van Oers & Naguib, 2013), and

mammals (Ciardelli et al., 2017; Highfill & Kuczaj, 2007; Menzies et al., 2013; Úbeda et al., 2019). In non-human primates, personality research has been conducted in large and diverse samples of subjects living in laboratories, zoos and in the wild (Freeman and Gosling 2010; Gartner and Weiss 2018). Additionally, there has been a growing interest in studying personality in animal sanctuaries (Chotard et al., 2023; King et al., 2005; Úbeda & Llorente, 2015).

Currently, animal personality has become a prolific and interdisciplinary area of research, with numerous contributions from the fields of ethology, psychology, genetics, neuroscience and endocrinology, among others (Carere & Maestripieri, 2013). From a theoretical point of view, the study of animal personality and its underlying mechanisms can provide insights about the nature and evolution of human personality (Gosling, 2001; Nettle & Penke, 2010; Weinstein et al., 2008). In fact, current evidence suggests that personality traits in non-human animals resemble those describing human personality (Gosling, 2001; Sih & Giudice, 2012) and that some of these traits share a common neurobiological basis (Carere et al., 2010; Koolhaas et al., 2010; Lages & McNaughton, 2022), especially in non-human primates (Fritz et al., 2020; Latzman et al., 2018; Latzman et al., 2015). From an applied perspective, understanding inter-individual differences in animals kept under human care may have important implications for animal welfare and management (Gartner & Weiss, 2018; Norman et al., 2021; Powell & Gartner, 2011). For example, individuals with different personalities may react differently to similar environments or experimental conditions (Carere & Maestripieri, 2013), or be more or less likely to suffer stress in a captive setting (Adams & Huntingford, 2005; Cussen & Mench, 2015). The assessment of personality could prove a particularly relevant tool in environments such as zoos and other captive settings, for the optimization of husbandry practices and environmental enrichment strategies customized to meet the requirements of each individual (Baker, 2012; Goswami et al., 2020; Quintavalle

Pastorino et al., 2019). Furthermore, knowledge about animal personality could improve the success of conservation and re-introduction programs, as it may aid in the selection of the most suitable individuals (e.g., those with bolder and more explorative traits) to be released into the wild (de Azevedo & Young, 2021).

Historically, two main theoretical and methodological approaches have been used to study animal personality: one is rooted in ethology and behavioral ecology and the other one is based on human comparative psychology. Individual variation in behavior (i.e., personality) can generate differences in terms of biological efficiency or fitness and therefore is subjected to selection pressure (Smith & Blumstein, 2008). Thus, behavioral ecologists seek to comprehend the evolutionary processes that have preserved these variations in individual behavior among populations (Réale et al., 2010). Conversely, comparative psychologists usually seek to identify the underlying dimensions or traits that reflect behavioral variation, with an emphasis on understanding the genetic and environmental influences and their implications for fitness (Gartner & Weiss, 2018). When assessing animal personality, behavioral ecologists have traditionally used a coding methodology, which usually implies measuring the animals' responses to the introduction of novel objects or other changes in their environments (Massen et al., 2013; Spencer-Booth & Hinde, 1969; Yerkes & Yerkes, 1936). Behavioral coding can also involve observing subjects' spontaneous behavior (Brandão et al., 2019; Koski, 2011). This methodology typically focuses on traits such as boldness, exploration tendency, aggressiveness, activity, or sociability (Koski, 2014). In contrast, comparative psychologists primarily rely on subjective trait ratings obtained through questionnaires containing a list of attributes or adjectives. These questionnaires are filled by raters who are familiar with the animals (Vazire et al., 2007). After collecting the data, researchers use data reduction techniques, such as exploratory factorial analysis, principal component analysis or

cluster analysis to identify underlying constructs or groups that represent higher-order personality traits (Fernández-Lázaro et al., 2019; Weiss & Adams, 2013).

Both methodologies, coding and rating, have been extensively used to assess personality in non-human primates (Błaszczuk, 2020; Freeman et al., 2011; Gosling et al., 2003a; Highfill et al., 2010), and they both have advantages and limitations. For example, behavioral coding would seem to be more objective, but studies in humans have shown that it does not always provide reliable estimates (Borkenau, 1992; Gosling et al., 1998), because behavioral observations tend to focus on single measures of specific behaviors in a particular context, while ratings provide a more global perspective, as they encompass the experience of the raters across time and situations (Gosling et al., 2003a). Behavioral measures, particularly those assessed in an experimental context, offer other advantages, as outlined in Weiss and Adams (2013). These advantages include high replicability within and across species, as the experimental procedures can be easily reproduced. Additionally, contrary to ratings, researchers do not necessary need extensive familiarity with the animals. Nonetheless, a significant drawback of behavioral measures is their tendency to assume a direct link between a specific behavior and a particular trait, with a consistent function across species, which may not always be the case. In contrast, ratings use several measures of multiple personality traits, providing a clearer understanding of trait meanings and allowing fair comparisons across species. (Weiss & Adams, 2013). Finally, questionnaires also provide some practical benefits, such as being less time-consuming for both the raters and the researchers, facilitating more efficient data collection (Freeman et al., 2011).

1.3.2. Applying human models to study non-human primates' personality

Researchers have long tried to demonstrate the biological basis of human personality by studying the psychological, neuroanatomical, hormonal and genetic mechanisms that

determine behavioral patterns (Eysenck, 1963; Khatibi & Khormaei, 2016; Sanchez-Roige et al., 2018; Sellers et al., 2007). If human personality indeed has a biological foundation, it is expected that at least some human traits would also be observed in our closest relatives. Thus, applying human personality models to non-human primates offers an opportunity to trace the evolutionary development of these traits and gain deeper insights into the underlying behavioral associations (King & Weiss, 2011). Following this approach, comparative psychologists have used several human models to assess personality in non-human primates, including the Five Factor Model or Big Five (Goldberg, 1990), Eysenck's Psychoticism-Extraversion-Neuroticism (PEN) model (Eysenck, 1967; Eysenck & Eysenck, 1964), or Cattell's 16 PF (Cattell & Mead, 2008). In order to achieve this, they have selected representative clusters of adjectives from the original human items, which describe behaviors that can be successfully identified in a species or taxonomic group, and they have disregarded those that are not relevant.

The ongoing debate over the optimal methodology for assessing non-human primates' personality (behavioral coding or trait rating), has witnessed substantial research supporting the use of human models, particularly when using a rating approach. Firstly, the close phylogenetic relationship between humans and non-human primates, especially great apes, provides a basis for better understanding and rating their personality characteristics (Weiss & Adams, 2013). Anthropomorphism —attributing human traits to animals— is a frequent criticism of employing human models (Weiss et al., 2011). Nonetheless, several studies in the wild and in captivity have demonstrated that great apes exhibit inherent personality structures specific to their species, and any similarities with human personality can be attributed to genetic and phylogenetic proximity rather than anthropomorphism (King et al., 2005; Weiss et al., 2012; Weiss et al., 2017). Another critical aspect when applying questionnaires is inter-rater reliability (i.e., consensus between raters). In primate personality research there is evidence

suggesting that the level of reliability obtained when applying human models to non-human primates is similar to that observed in human studies (see Weiss 2017). Finally, various researchers have questioned the validity of trait rating (Šlipogor et al., 2021; Uher & Asendorpf, 2008; Uher & Visalberghi, 2016), claiming that traits obtained through this method may not accurately describe actual behaviors. However, associations between traits obtained from questionnaires based on human models and observed behaviors have been reported in several primate species, including monkeys (Ebenau et al., 2020; Iwanicki & Lehmann, 2015) and great apes (Eckardt et al., 2015; Konečná et al., 2008; Murray, 2011; Pederson et al., 2005; Schaefer & Steklis, 2014; Vazire et al., 2007). This suggest that, to some extent, ratings can effectively predict behavior.

1.3.3. Eysenck's biological theory of personality

Hans Eysenck (1916-1997) was one of the first researchers who applied statistical reduction methods to condense the complexity of personality in a few basic dimensions, which he referred to as higher-order traits (Eysenck, 1941, 1947). In an attempt to describe the biological basis of these traits, Eysenck also developed his arousal theory of personality (Claridge, 1967) in which he provided experimental evidence of the relationship between personality traits and biological factors, such as genetics, brain structure and physiological processes.

Eysenck's first study was conducted on a large sample of soldiers (Eysenck, 1944), who were asked to rate themselves on a 39-item questionnaire describing personality characteristics. Later, he expanded this analysis to a much larger sample, including almost 10,000 subjects (Eysenck, 1947). From this early research, he identified two basic personality dimensions: Extraversion/Introversion and Neuroticism/Emotional Stability. Shortly after, he also described a third dimension (Eysenck, 1952), Psychoticism/Superego, but it was not until a few

years later that Eysenck fully developed his theory of personality in his notorious book *The biological basis of personality* (Eysenck, 1967), in which he presented the Psychoticism-Extraversion-Neuroticism (PEN) model.

Eysenck (1967) associated Extraversion with a general tendency to experience positive emotions. Extraverts are characterized by high sociability, activity and assertiveness, whereas introverts are more reserved, reflective and introspective (Eysenck, 1967). According to his arousal theory, Extraversion/Introversion is linked to differences in the reticular activating system (RAS), a subcortical region of the brain that plays a significant role in the regulation of the sleep-wake cycle and wakefulness. Eysenck suggested that extraverts have lower baseline levels of cortical arousal and a less sensitive RAS, which means that they require more external stimulation to reach high levels of arousal. By contrast, introverts have a higher level of baseline levels of cortical arousal and a more sensitive RAS, which makes them more reactive to external stimuli (Claridge, 1967; Eysenck & Furnham, 1993).

According to Eysenck's theory, Neuroticism is associated with a general tendency to experience negative emotions, including high levels of anxiety, irritability and sadness. In contrast individuals high in Emotional Stability exhibit traits of calmness, even-temperament, and resilience. In his arousal theory, Neuroticism/Emotional Stability is linked to the reactivity of the sympathetic nervous system, a region of the brain that plays a role in the response to stressful or potentially dangerous situations. Specifically, he claims that higher scores on this trait (i.e., more neurotic individuals) are related to strong physiological responses to stress (Claridge, 1967; Eysenck & Furnham, 1993).

The third major dimension incorporated in Eysenck's theory was Psychoticism, as described in his work *Psychoticism as dimension of personality* (Eysenck & Eysenck, 1976) and later revisions (Eysenck et al., 1985). According to Eysenck's description, people scoring high on this trait (i.e., more psychotic individuals) are cold, egocentric, hostile, suspicious,

impersonal and aggressive (Eysenck & Furnham, 1993). The opposite pole of this dimension has been called “superego”, following Freud’s personality theory. Eysenck suggested that this trait was related to certain hormonal and biochemical secretions, such as serotonin and dopamine metabolites, and to sex hormones (Eysenck & Furnham, 1993). In particular, he observed that increased testosterone levels were linked to higher scores on this trait (i.e., more psychotic individuals). While Extraversion and Neuroticism have been extensively validated, clinically and psychometrically, Psychoticism is the most heterogeneous and less clearly defined dimension (Bech, 2020). Furthermore, it has also proven to be the less heritable trait (Heath & Martin, 1990). Nonetheless, several studies have provided evidence of the biological basis of Psychoticism (Claridge & Birchall, 1973; Claridge & Chappa, 1973; Colzato et al., 2009; Krishnadas et al., 2014; Loehlin et al., 2005; Turakulov et al., 2004).

In human personality research, Eysenck’s model was eventually substituted by the Five Factor Model (FFM) or the Big Five (Goldberg, 1990), which is nowadays the dominant model used to assess human personality. This model describes five broad personality traits: Neuroticism, Extraversion, Agreeableness, Conscientiousness and Openness (to Experience). Critics of Eysenck’s model claim that the five dimensions proposed in the Five Factor Model better capture the complexity of human personality (Costa & McCrae, 1992, 1995a, 1995b). Possibly for the same reason, most personality studies in chimpanzees and other non-human primates have also used adjective ratings based on items from the human Five Factor Model (Freeman & Gosling, 2010; King & Figueredo, 1997; Weiss, 2017a; Weiss et al., 2009). By contrast, Eysenck’s model has been rarely used to assess primate personality, with only one study in macaques (Chamove et al., 1972) and one in chimpanzees (Úbeda & Llorente, 2015). Nonetheless, despite the limitations of Eysenck’s model to assess human personality, there might be important applications to the study of non-human primates, as discussed in the following lines.

The key findings of Eysenck regarding the biological basis of his model have been extensively validated over the years (Ergüneş, 2018; Hagemann et al., 2009; Khatibi & Khormaei, 2016; Mitchell & Kumari, 2016; Soliemanifar et al., 2018), and similar validation has been demonstrated for the dimensions of the Five Factor Model (Alkalay et al., 2022; DeYoung, 2014; DeYoung et al., 2010; Jang, Livesley & Vernon, 1996; Ormel et al., 2013; Zuckermann, 1993). These associations between personality traits and neurobiological and genetic factors contribute to a better understanding of non-human primate personality from an evolutionary perspective. Furthermore, Eysenck's model and the Five Factor Model share two common traits (Neuroticism and Extraversion), which exhibit high levels of similarity across models (McCrae & Costa, 1985). Additionally, Eysenck hypothesized that Agreeableness and Conscientiousness in the Five Factor Model are facets of the trait Psychoticism (Eysenck et al., 1985), an assumption which has been partially supported by other authors (Draycott & Kline, 1995; Goldberg & Rosolack, 1994; Heaven et al., 2013; Ruch et al., 2020; Saggino, 2000).

Regarding its applicability to non-human primates, it is worth noting that Extraversion and Neuroticism are traits easy to identify and interpret in primate species. For instance, Extraversion is linked to high levels of inter-rater reliability across different studies on primate personality, while reliability across raters is lower for Agreeableness and Conscientiousness (Freeman & Gosling, 2010). Although Neuroticism usually shows lower inter-rater reliability (Dutton, 2008; Freeman & Gosling, 2010), this trait has been described in a wide range of primate species (Gosling, 2001; Iwanicki & Lehmann, 2015; Morton et al., 2013b; Wilson et al., 2018). In fact, the behavioral indicators of Neuroticism, such as fearfulness and reactivity towards novel stimuli or conspecifics, have been extensively studied in non-human primates (Locurto, 2007; Suomi et al., 2011). Finally, some of the characteristics that define Eysenck's Psychoticism, such as aggressiveness and impulsivity, are commonly displayed also by non-human primates, especially in competitive contexts and in dominance-related interactions (de

Almeida et al., 2015; Fairbanks et al., 2004; Higley et al., 2011). Similarly, the association between higher scores in Psychoticism and dominant, violent and unempathetic behavior in humans has been well-documented (see Cravens-Brown, 2002). It is also worth highlighting that several authors have attempted to describe psychopathic personality construct in chimpanzees (Latzman et al., 2016; Lilienfeld et al., 1999). Lilienfeld and colleagues (1999) developed the Chimpanzee Psychopathy Measure (CMP), a 34-item questionnaire, derived from previous personality inventories used in non-human primates, supplemented with items relevant to human psychopathy (e.g., "boredom prone," "fails to learn from punishment"). The Chimpanzee Psychopathy Measure demonstrated acceptable inter-rater reliability and internal consistency, along with expected correlations with behavioral measures such as agonism, sexual activity, daring behaviors, and teasing. More recently, Latzman and colleagues (2016) applied scale measures based on the triarchic psychopathology model in humans. This model encompasses three distinct phenotypic constructs: boldness, meanness and disinhibition (Patrick et al., 2009). Their findings support the application of this triarchic model as a basis for defining psychopathy-relevant dimensions in chimpanzees. Furthermore, additional research employing this model suggests that psychopathic tendencies in chimpanzees and humans share a common neurobehavioral and genetic basis (Latzman et al., 2017).

1.4. Cognitive challenges in non-human primates

1.4.1. Welfare implications

Captive animals offer an ideal opportunity to conduct non-invasive experimental research to measure their cognitive abilities and provide insight into the evolution of our own cognitive skills. In fact, a comparative perspective is nowadays considered crucial for our understanding of human cognition (Call, 2017). Given their phylogenetic closeness to humans, therefore, it is not surprising that non-human primates and great apes, in particular, have been

the object of cognitive experiments for almost a century (reviewed by Clark, 2011). Studies assessing primate cognitive abilities have long been conducted in laboratories, followed by zoological institutions and, more recently, animal sanctuaries (McEwen et al., 2022; Ross & Leinwand, 2020; Schwartz & Beran, 2022). From a scientific perspective, non-laboratory settings offer some advantages, such as larger and more naturalistic environments, with animals housed in social groups and socio-ecological conditions that more closely resemble the ones they would experience in the wild (Cronin, 2017; Ross & Leinwand, 2020). Moreover, in zoos and primate sanctuaries cognitive research can also serve an educational purpose, by creating an opportunity to enhance the engagement of the general public with science and by potentially increasing visitors' knowledge and respect for a species (Egelkamp & Ross, 2019; Hopper, 2017).

Moreover, the introduction of problem-solving opportunities has the potential to enhance the welfare of captive great apes (Clark, 2011, 2017; Meehan & Mench, 2007). This hypothesis arises from the fact that, in the wild, great apes face complex problems related to their environment and therefore their need to be challenged is inherent to their nature (Morimura, 2006). For example, chimpanzees engage in problem-solving activities even when the reward is a non-preferred food item (Brooks et al., 2021) or no reward is involved (Clark & Smith, 2013). Similarly, in an experimental context, some chimpanzees may choose to work for food, even when the same food is available without effort (Menzel, 1991). This phenomenon, known as contrafreeloading (Jensen, 1963), has also been described in Japanese macaques (Ogura, 2011) and rhesus macaques (Reinhardt, 1994), as well as in non-primate species (McGowan et al., 2010; Smith et al., 2022; Vasconcellos, Adania & Ades, 2012). Furthermore, providing the animals with challenges offers them the opportunity to make choices and increase their control over the environment (Whitham & Wielebnowski, 2013). In line with these assumptions, cognitive challenges have been developed as enrichment activities

for captive animals, rather than simply as a means to measure the subjects' cognitive skills. This approach falls within the definition of cognitive enrichment, also called "goal-oriented" enrichment (Ross, 2020), which, according to Clark (2011, p.6): "1) engages evolved cognitive skills by providing opportunities to solve problems and control some aspect of the environment, and (2) is correlated to one or more validated measures of well-being".

Despite the growing concern for animal welfare in zoo-housed animals (Kagan et al., 2015), the impact of cognitive challenges on subjects has often been overlooked (Ross, 2010), leaving the question of how to effectively measure these effects unanswered. Recently, however, there has been an increasing interest in studying the welfare effects of cognitive testing in non-human primates housed at research facilities and zoos (Cronin, 2017; Herrelko et al., 2012; Ruby & Buchanan-Smith, 2015; Whitehouse et al., 2013; Yamanashi & Hayashi, 2011). Regarding cognitive enrichment, an increasing number of studies have assessed the impact of different types of activities on the welfare of great apes. These include puzzle strategies and tool-use-promoting tasks (Bloomstrand et al., 1986; Brent & Eichberg, 1991; Celli et al., 2003; Clark & Smith, 2013; Llorente & Campi, 2014; Morimura, 2003, 2006; Nash, 1982; Yamanashi et al., 2016; Zaragoza et al., 2011), and more recently computer-based tasks (Clark et al., 2019; Morimura et al., 2023; Perdue et al., 2012; Schmitt, 2018; Tarou et al., 2004). Tool-based enrichments are relatively common in chimpanzees, as they intend to simulate ant- or termite-fishing, a species-typical behavior frequently observed in the wild (Boesch & Boesch, 1990; Goodall, 1986; Jones & Sabater Pi, 1969). The ability to use tools requires complex cognitive skills such as information seeking and recombination (Call, 2013; Hunt et al., 2013). Thus, tool-use-promoting enrichments likely provide higher cognitive stimulation than simpler foraging devices or manipulative objects (Dutton et al., 2018).

A common and basic approach to assess the impact on welfare of a particular task or problem-solving activity is to use behavioral indicators, either positive or negative, that can be

monitored during task exposure and/or that can be compared with a baseline or control condition. For example, in contexts where a task is presented to the subjects, and they have the choice of whether to engage with it or not, participation or time spent interacting with the task are usually considered positive indicators of interest or motivation (Dutton et al., 2018; Lutz & Novak, 2005; Schapiro & Lambeth, 2007). Similarly, while success in solving a particular task may not be directly related to welfare, it can serve as an indicator of the suitability of the challenge for the species and of whether the level of difficulty is adequate to stimulate the animals without generating excessive frustration (Meehan & Mench, 2007). Nonetheless, studies assessing cognitive challenges in chimpanzees show great variation in participation and success across subjects. This variability may be attributed to multiple factors, including inter-individual differences in sex, age, cognitive skills and personality (Altschul et al., 2017; Celli et al., 2003; Clark & Smith, 2013; Herrelko et al., 2012; Hopper et al., 2014). Additionally, research on enrichment activities in non-human primates have shown that the level of interest and the effects of the enrichment may differ considerably across subjects (Coleman & Novak, 2017; Costa et al., 2018; Izzo et al., 2011).

Like any other enrichment, cognitive challenges are likely to be effective if they are biologically relevant (Brereton & Rose, 2023; Newberry, 1995). For example, they may increase behavioral diversity and promote species-typical behaviors that animals would exhibit in their natural habitats, while also reducing undesirable or stress-related behaviors (Lutz & Novak, 2005; Mason et al., 2007; Nash et al., 2021; Swaisgood & Shepherdson, 2005; Woerle, 2020; Young, 2003). Thus, to assess the welfare effects of a particular enrichment, researchers usually compare the frequency or the duration of these behaviors across enrichment and baseline conditions (Bracke & Hopster, 2006; Hill & Broom, 2009). Following this methodology, numerous studies have reported an increase in species-typical behaviors, such as extractive foraging and tool use, when using cognitive enrichment devices in captive

chimpanzees, and a decrease in abnormal behaviors and other negative indicators of welfare, such as inactivity and self-directed behaviors (Bloomstrand et al., 1986; Brent & Eichberg, 1991; Celli et al., 2003; Clark & Smith, 2013; Llorente & Campi, 2014; Morimura, 2003; Nash, 1982; Yamanashi et al., 2016; Zaragoza et al., 2011).

It is worth-noting, however, that the relationship between self-directed behaviors, welfare and cognitive challenges is complex and still not well understood. For instance, several studies have reported an increase in self-directed behaviors when non-human primates are exposed to novel or difficult tasks (Bonnie et al., 2016; Elder & Menzel, 2001; Itakura, 1993; Leavens et al., 2004; Leavens et al., 2001), especially when they provide incorrect responses (Leeds & Lukas, 2018; Wagner et al., 2016; Yamanashi & Matsuzawa, 2010). However, researchers evaluating self-directed behaviors in the context of cognitive enrichment, which is supposed to improve welfare, have reported contradictory results in chimpanzees. For instance, Yamanashi et al. (2016) found a decrease in self-directed behaviors when tool-based feeders were provided to captive chimpanzees, as compared to when the enrichment was absent. In contrast, Clark and Smith (2013) reported an increase in scratching in the presence of a cognitive enrichment device, whereas actively engaging with the device was linked to a decrease in scratching. Similarly, some authors have reported a link between the presence of enrichment activities and lower frequency of self-directed behaviors in other non-human primates (Brent & Belik, 1997; Costa et al., 2018), while others have found no significant link (Laméris et al., 2021). Therefore, this suggests that the effects of cognitive enrichment activities on primate self-directed behaviors is still poorly understood.

Cognitive challenges can be provided either to isolated subjects or in a social setting. On the one hand, separating animals from their social group avoids disturbances and provides more accurate information on the subject's performance. On the other hand, implementing cognitive challenges in a social setting increases ecological validity and reduces animal distress

due to human-induced separation, potentially improving welfare (Cronin, 2017; Drea, 2006). In this last case, assessing the impact of a particular task or device on social behaviors is crucial to fully understand the welfare effects at the group level. Nonetheless, studies addressing this issue have reported contradictory results, possibly due to differences in their methodology. For instance, several authors have observed increased aggression as a result of competition over access to the device or task, either in a testing context (Jacobson et al. 2019; Ruby and Buchanan-Smith 2015; Tarou et al. 2004) or when providing a cognitive enrichment (Maki et al., 1989; Sha et al., 2012). However, this may be avoided by providing multiple devices or by securing simultaneous access to various animals (Brent & Eichberg, 1991; Fagot & Bonté, 2010; Yamanashi et al., 2016). Similarly, cognitive challenges in socially-housed primates have been reported to enhance social play (Clark & Smith, 2013) and other prosocial behaviors (Ruby and Buchanan-Smith, 2015) and to increase group cohesion (Whitehouse et al. 2013), but also to reduce affiliative interactions (Brent & Eichberg, 1991; Sha et al., 2012) or not to affect them (Yamanashi et al., 2016).

1.4.2. Personality and cognitive performance

Interindividual variation in cognitive performance is widespread among species. Animals within the same species often show differences in how they learn, remember, and integrate information (Boogert et al., 2018). Likewise, research conducted in captive non-human primates has shown significant differences in cognitive abilities among individuals (Herrmann & Call, 2012; Herrmann et al., 2010; Vonk & Povinelli, 2011). This variation in cognitive performance may give rise to stable and heritable phenotypes that are linked to increased fitness, potentially evolving through natural selection (Boogert et al., 2018). Nonetheless, despite their potential adaptive value, differences in cognitive performance have

been traditionally overlooked or treated as non-adaptive variation in studies on animals (Wilson, 1998).

Cognitive performance in animals can be influenced by factors such as age, sex, rearing conditions and previous experience (Thornton & Lukas, 2012). Additionally, personality is considered an important potential source of individual variation in performance (Boogert et al., 2018). While the relationship between personality and cognition has long been acknowledged in humans (Ackerman & Heggestad, 1997), this association is still poorly understood in animals. The first studies exploring this topic in non-human animals were conducted in the early twentieth century by Pavlov, who suggested that personality types in dogs were linked to differences in associative learning (Pavlov, 1906, 1941). However, it was not until 100 years later that research on the association between personality and cognition in animals gained popularity, especially in the field of behavioral ecology (for a review, see Dougherty and Guillette, 2018).

By definition, personality implies behavioral variability, which constitutes the basis for natural selection (Dingemanse & Réale, 2005). Thus, given that differences in performance impact subjects' fitness and are thus subjected to selection, personality traits and cognitive abilities might have co-evolved (Carere & Locurto, 2011). In fact, some researchers have suggested a direct link between personality traits and differences in how individuals gather, process and handle information, thus resulting in "cognitive styles" (Carere & Locurto, 2011; Sih & Giudice, 2012). This "cognitive styles" hypothesis is based on the trade-off between speed and accuracy which mainly focuses on the link between exploratory behavior or boldness and performance. In line with this, several studies assessing different tasks in a wide range of taxa have shown that more exploratory individuals learn faster, whereas those being more shy or inhibited are more accurate in their responses and show higher flexibility (Coleman et al.,

2005; Fichtel et al., 2023; Finkemeier et al., 2022; Guenther et al., 2014; Herrmann et al., 2007; Jones et al., 2020; Matzel et al., 2003; Šlipogor et al., 2022).

In humans, the relationship between personality and cognition has been explored in several contexts, mostly using personality traits obtained from the Five Factor Model or from Eysenck's PEN model. For example, the dimension Openness from the Five Factor Model has been associated with general intelligence (Chamorro-Premuzic & Furnham, 2006, 2014) and Conscientiousness has been repeatedly linked to academic and job performance (Hurtz & Donovan, 2000; Mammadov, 2022; Nofle & Robins, 2007; von Stumm et al., 2011). Furthermore, individuals scoring high in both Conscientiousness and Agreeableness have been reported to show better performance at work, but only in jobs involving cooperative interactions with others (Witt et al., 2002).

Extraversion has also been related to performance and intelligence, but with inconsistencies across contexts. For example, it has been suggested that extraverts perform better in stimulating environments and in tasks that require short-term memory, whereas introverts are more successful at tasks that require higher concentration and have better long-term memory (Li et al., 2010; Matthews, 1999). In line with this, studies with Eysenck's model show that extraverts perform better in more demanding or stimulating tasks, because they provide the sufficient level of excitation in their cortex (Bentea & Anghelache, 2012; Cox-Fuenzalida et al., 2006; Shigehisa et al., 1973; Szymura & Nęcka, 1998).

Neuroticism, another trait described by both the Five Factor Model and Eysenck's model, has been negatively correlated with cognitive performance across multiple studies and contexts (Chamorro-Premuzic & Furnham, 2003; Debusscher et al., 2016; Dobson, 2000; Judge & Zapata, 2015; Reynolds et al., 2014), particularly in highly stimulating tasks (Szymura & Wodniecka, 2003). This could depend on the fact that neurotic individuals are more likely to suffer from anxiety when exposed to potentially stressful situations, such as a test-taking

context, and that this would negatively impact their memory and attention skills (Chamorro-Premuzic & Furnham, 2014). Finally, Psychoticism has been related to poor academic performance, but also to increased creativity, a feature that would be desirable in testing or problem-solving contexts (Acar & Runco, 2012; Eysenck, 1995). Similarly to Extraversion and Neuroticism, the effect of Psychoticism on performance depends on the type of task and the level of attention involved, with individuals scoring higher on this trait showing a worse performance when more attentional control is required (Corr, 2003; Szymura et al., 2007).

Following a comparative approach, recent studies have also explored the association between personality and cognitive performance in several non-human primate species by using personality traits obtained from a questionnaire-based methodology. These studies have employed different types of experimental tasks. As in humans, the traits Openness and Conscientiousness from the Five Factor Model are the traits most commonly linked to differences in performance measures (i.e., success, participation) in both monkeys (Altschul et al., 2016; Morton et al., 2013a) and apes (Herrelko et al., 2012; Hopper et al., 2014; Reamer et al., 2014). Current data suggest that the role of Neuroticism on non-human primate performance is still unclear. Some studies have failed to find a link between this trait and cognitive performance in several species, including marmosets (*Callithrix jacchus*; Marciano, 2019), capuchin monkeys (*Sapajus apella*; Morton et al., 2013a) and chimpanzees (Altschul et al., 2017). However, features that define Neuroticism, such as level of anxiety or emotional reactivity, have been reported to have both negative and positive effects on task performance in monkeys (*Papio ursinus*, Carter et al. 2014; *Callithrix jacchus*, Schubiger et al. 2015). Furthermore, in chimpanzees high Neuroticism has been associated with higher levels of vigilance and self-directed behaviors when animals engage in cognitive research (Herrelko et al., 2012).

Similarly to Neuroticism, the relationship between Extraversion and cognitive performance in non-human primates has only been explored in few species, and current data does not indicate a straightforward relationship. For example, in a study with touchscreen tasks, Altschul and colleagues (2017) found that, in general, extraverted chimpanzees exhibited higher levels of participation, faster response times, and increased accuracy, although this trend was not consistent across all tasks. In another study with rhesus macaques (*Macaca mulatta*), Altschul and colleagues (2016) reported that individuals scoring higher on Friendliness, a dimension described in this species that could be compared to human Extraversion, were more successful in a serial learning task.

Finally, although human personality does not include a dominance factor (Weiss, 2022), Dominance and other dominance-related traits, such as Confidence or Assertiveness, have been described in several primate species (Freeman & Gosling, 2010; Weiss, 2018). Nonetheless, there is little evidence for a relationship between Dominance or similar personality traits and cognitive performance in non-human primates. For example, Hopper and collaborators (2014) found that performance in a foraging apparatus was positively associated with Dominance in male chimpanzees, but not in females. In their study assessing performance in touchscreen tasks in chimpanzees, Altschul and colleagues (2017) found no effect of Dominance on participation or performance.

Overall, we can conclude that it is only recently that researchers have started to study the link between personality and cognitive performance in non-human primates, using a comparative perspective, although this is crucial to better understand the evolutionary origins, development and function of the link between personality and cognitive performance. Furthermore, given that questionnaires are an effective and quick method to describe primate personality, they could be a simple manner to incorporate personality variables when conducting cognitive research in these species, to obtain more valid results. Thus, considering

the scarce literature on the topic and the potential advantages of a comparative approach, future research should further explore the link between personality and cognition in non-human animals.

1.5. Objectives:

1.5.1. General objectives and hypotheses

The main objective of this thesis is to investigate the impact of cognitive challenges on the **behavior** and **welfare** of captive chimpanzees (*Pan troglodytes*), and to assess how individual differences, such as **personality**, may play a role in modulating the outcomes of these activities. These topics have been explored in two different but partially overlapping contexts: **cognitive enrichment** and **cognitive testing**. In particular, the relationship between cognitive challenges and welfare has been assessed in the context of enrichment and the link between personality and cognitive performance has been evaluated in a non-invasive research setting.

Given the behavioral and cognitive complexity of non-human primates, and more specifically great apes, we hypothesized that: (1) we would find individual variation in chimpanzees' interest and performance in cognitive challenges; (2) this variation would be linked to individual differences in sex, age and personality; and (3) exposing chimpanzees to tasks which require problem-solving abilities would enhance their level of welfare, by increasing the frequency of species-typical behaviors and reducing the frequency of undesirable behaviors. Finally, considering chimpanzee phylogenetic proximity to humans, we hypothesized that (4) Eysenck's model would be a suitable tool to assess personality in this species.

1.5.2. Specific objectives and thesis structure

This doctoral program has been mainly conducted at Fundació Mona (Girona, Spain), a center for rescuing and rehabilitating primates, which hosts a group of 14 chimpanzees (*Pan troglodytes*). The core of this thesis comprises four empirical studies (Articles 1-4). Firstly, we evaluated the behavioral and welfare effects of cognitive tasks specifically designed and implemented as environmental enrichment (Articles 1 and 2). Secondly, we reviewed previous non-invasive cognitive research conducted at Fundació Mona (Article 3). Additionally, to explore the link between personality and cognitive performance, we characterized chimpanzees according to a personality questionnaire based on Eysenck's model, a tool originally developed for humans that has been formerly used also in non-human primates (Articles 3 and 4). Finally, I carried out a research stay at the Max Planck Institute for Evolutionary Anthropology and at the Wolfgang Köhler Primate Research Centre (Leipzig, Germany), with the purpose of assessing the suitability of Eysenck's model in a larger sample of chimpanzees (Article 4). A general discussion in Chapter 4 summarizes and integrates the findings of all four studies, addresses their limitations and provides recommendations for future research directions.

The specific objectives of this thesis and their inclusion within the four studies are detailed below:

- Evaluate the effectiveness tool-based tasks as cognitive enrichment for captive chimpanzees (Articles 1 and 2).
 - Assess the effects of the presence and the use of an artificial termite-fishing task on the frequency of solitary and social behaviors (Article 1).
 - Assess the effects of using a novel tool-based cognitive enrichment on the frequency of solitary and social behaviors (Article 2).
 - Assess temporal variation in chimpanzees' participation in the cognitive enrichment activities and in their behavior, using both positive (i.e., species-

typical behaviors) and negative (i.e., abnormal and self-directed behaviors) behavioral indicators of welfare (Articles 1 and 2).

- Explore individual differences in chimpanzees' participation and performance in cognitive enrichment activities (Articles 1 and 2) and in cognitive tasks within a research context (Article 3).
 - Assess whether sex and age predict differences in participation and performance in both enrichment and research contexts (Articles 1, 2 and 3).
 - Evaluate whether chimpanzee personality (measured with Eysenck's model) predicts differences in participation and performance in cognitive tasks presented in a testing context (Article 3).
- Assess the suitability of a 12-item questionnaire based on Eysenck's model to describe chimpanzee personality (Articles 3 and 4).
 - Assess the correlation between personality traits based on Eysenck's model and chimpanzee spontaneous behavior (Article 3).
 - Extend previous research on this model by evaluating a larger and more diverse sample (Article 4).

Chapter 2. General methodology



Photograph taken by author

2.1. Subjects and study sites

The study sample of this thesis consists of a total of 37 chimpanzees (*Pan troglodytes*) housed at two different institutions. Nonetheless, most of the data was collected in a subsample of 14 chimpanzees and only one article (Article 4) included personality data from all 37 subjects. Further details regarding group compositions and housing conditions are described below. Additionally, biographical information on all chimpanzees is provided in Article 4 (Table 1).

Fundació Mona (Girona, Spain): 14 individuals, 9 males and 5 females, that ranged in age from 15 to 38 years (mean = 20.1 years, SD = 8.4 years) at the beginning of the study and were divided into two mixed-sex groups of 7 individuals each (Mutamba and Bilinga groups). They were housed at Fundació Mona, an institution dedicated to the rescue, rehabilitation and re-socialization of primates that were formerly used as pets or in the entertainment industry. Despite lacking official accreditation, Fundació Mona aligns with the essential principles of an animal sanctuary: it is a non-profit organization that does not engage in intentional captive breeding and commercial exploitation, and does not allow direct public contact with animals (Fultz, 2017; Ross & Leinwand, 2020). The chimpanzees spent their daytime hours in a 5640 m² outdoor enclosure, divided into two areas (2420 m² and 3220 m²), both covered by natural vegetation and containing wooden platforms, towers and ropes (Figure 1). The animals also had 140 m² of indoor facilities or bedrooms where they spent the nights and rainy/cold days.

Leipzig Zoo (Leipzig, Germany): 23 individuals, 8 males and 17 females, ranging in age from 3 to 53 years (mean = 28.3, SD = 13.7), living in two separate groups: a large group including 17 chimpanzees (6 males, 11 females) and a small group of 6 chimpanzees (1 male, 5 females). The large group also included two infants (<2 years) that, due to their young age, were excluded from our analyses. The chimpanzees were housed at the Wolfgang Köhler

Primate Research Center, also known as Pongoland, at the Leipzig Zoo (Germany), a large enclosure (30000 m²), which is home to several species of great apes and is provided with natural and artificial elements that mimic their natural habitat. The chimpanzee outdoor facilities (Figure 2) comprise two different areas, one for each group (4000 m² for the large chimpanzee group, and 1400 m² for the small chimpanzee group), as well as separate indoor facilities (533 m² and 340 m²) (Figure 3). Both facilities are covered with natural vegetation and include other elements such as rocks and streams. They also have trees, ropes and wooden platforms for climbing and shelter, and environmental enrichment devices, such as artificial termite mounds and food mazes.

Figure 1

Chimpanzee outdoor enclosures at Fundació Mona



(Photograph by Joan Brull)

Figure 2

Chimpanzee outdoor enclosures at Leipzig Zoo



(Photograph taken by author)

Figure 3

Chimpanzee indoor enclosures at Leipzig Zoo



(Photograph taken by author)

2.2. Brief description of the cognitive tasks and experimental procedures

2.2.1. Cognitive enrichment

The tasks proposed as cognitive enrichment were presented in a social context, in the outside enclosures of the two chimpanzee groups housed at Fundació Mona. They were designed to provide cognitive stimulation while also promoting a range of behaviors that belong to the species natural repertoire (e.g., tool use). A brief description of the two tasks used in this thesis (Articles 1 and 2) is provided below:

- Artificial termite-fishing tasks were structures constructed of cement and steel, simulating a termite mound, with holes in which removable PVC tubes could be inserted (Figure 4). The tubes were filled with preferred foods, such as honey or peanut butter. To successfully extract all the food from the tubes, the chimpanzees had to use branches or sticks that could be found in their enclosures.
- Food mazes were big rectangular structures (1m x 0.7m approx.) made of steel, with frontal transparent plastic panels (polycarbonate, 10mm thick) and wooden shelves with holes at the ends (Figure 5). The animals needed to move food items (dried fruits and nuts) through different levels using sticks.

At Fundació Mona the artificial termite-fishing tasks had been used as enrichment for several years, and therefore, the chimpanzees had previous experience with them. Nonetheless, before the study period, these devices had been largely inactive for approximately two years due to the necessity for maintenance and repair. Conversely, the food mazes were specifically designed for this thesis and therefore constituted a completely novel task for the chimpanzees. Each of the two chimpanzee groups had one enrichment device in their enclosure—one termite-fishing task and one food maze—. However, the food mazes were introduced later so that the termite-fishing tasks were assessed when no mazes were present in the enclosures. The termite-fishing tasks were evaluated between October and December 2018 (simultaneously in

the two groups), and the food mazes between April and June 2019 (Mutamba group) and between June and September 2019 (Bilinga group).

For both cognitive enrichment tasks, we collected data in two conditions: baseline (i.e., enrichment devices did not contain food) and enrichment (i.e., enrichment devices were filled with food). In the study assessing the artificial termite-fishing tasks, we conducted a total of 8 sessions (8 days) for each condition, and in the study evaluating novel food mazes, we conducted a total of 12 sessions (12 days) for each condition. This difference depended on the fact that chimpanzees needed more time to learn how to use a novel and more complex device like the food maze. In both studies, baseline and enrichment days were randomly distributed over a 2- to 3-month period. Furthermore, in the study assessing the food mazes, we established a one-week habituation period before starting data collection. Thus, the chimpanzees were exposed to the empty devices during several days before starting with the enrichment sessions. This procedure was not conducted with the artificial termite-fishing tasks, as they were not new to the animals.

Figure 4

Artificial termite-fishing tasks



(Photographs taken by author)

Figure 5
Food mazes



(Photographs taken by author)

2.2.2. Cognitive research

Data on chimpanzee cognitive performance was obtained from previous non-invasive research conducted at Fundació Mona. This former research is described in detail in the study by Riba (2016). In a nutshell, this project, conducted between October 2009 and April 2013, investigated problem-solving skills and social learning in chimpanzees by exposing the subjects to puzzle boxes of different levels of complexity. The devices contained components such as doors, wooden bars, slides and tubes, which needed to be manipulated in a particular manner to obtain food rewards. To perform the experiments, chimpanzees entered an enclosure adjacent to their usual facilities, where they remained separated from their social group while performing the tasks. To ensure their collaboration, they were called by a familiar keeper, who also stayed in close proximity during the whole experimental sessions. The puzzle boxes were placed outside the enclosure, but the chimpanzees could manipulate them through the bars (Figure 6). The time that the chimpanzees were exposed to and engaged with the tasks varied depending on task complexity. Overall, each subject participated in 9 experimental sessions of 8 trials each, for a total of 72 trials: 24 trials for the simple tasks, 24 for the intermediate tasks and 24 for the complex tasks (see details in Supplemental Information Table S2, Article 3). Experimental sessions were videotaped and later coded by a single experimenter (David Riba) for the original study. Nonetheless, all sessions were recoded to evaluate inter-observer reliability for participation, success and latency (agreement between observers > 90%), and to assess an additional variable: the occurrence of losing contact with the task. We therefore used participation as a measure of interest, success and latency to solve the task as measures of actual performance, and losing contact with the task as an indicator of lack of motivation (see detailed descriptions of the variables in Article 3).

Figure 6

Chimpanzee engaging in the experimental sessions involving puzzle boxes



(Photograph by Miquel Llorente)

2.3. Behavioral observations

2.3.1. Cognitive enrichment

In the two studies assessing cognitive enrichment, for both baseline and enrichment conditions, we used two sampling methodologies: instantaneous scan sampling (every 2 min) and untimed-event focal sampling (10 min per subject) (Bakeman & Quera, 2011). Scan sampling allowed us to record mid- to long-duration behaviors, including solitary behaviors (i.e., participation in the enrichment, tool use, feeding, abnormal behaviors, inactivity) and social behaviors (i.e., social proximity, affiliation-related behaviors and aggression-related behaviors). Except for participation, these behaviors were selected from a behavioral catalogue that had been developed at Fundació Mona for a longitudinal study (see details in section 2.3.2). Contrary to instantaneous scan sampling, untimed-event focal sampling was used to detect self-directed behaviors, which are short-duration behaviors that occur very rarely. In particular, in

our study we focused on rubs and scratches directed towards the face and body, as they have been consistently linked to associated with anxiety or arousal when chimpanzees are exposed to cognitive challenges (Clark & Smith, 2013; Leavens et al., 2001; Yamanashi & Matsuzawa, 2010). Although the behavioral catalogue used to assess both cognitive enrichment tasks was the same, the behaviors selected for the posterior analyses varied slightly, according to the specific objectives of each study. Descriptions of the behaviors included in each study can be found in Article 1 (Table 1) and Article 2 (Table 1).

2.3.2. Longitudinal study at Fundació Mona

Besides the behavioral observations conducted during the implementation of the two cognitive enrichment tasks, some articles of this thesis (Articles 1 and 3) also included additional behavioral data that had been collected at Fundació Mona as part of a longitudinal study (Crailsheim et al., 2020; Llorente et al., 2015). Specifically, this longitudinal study used the same methodology (2-min instantaneous scan sampling) and behavioral catalogue that we used for the behavioral observations conducted during the assessment of the two cognitive enrichment activities. Specifically, the behavioral catalogue of the longitudinal study included solitary activities (e.g., abnormal behaviors, locomotion, feeding, manipulation, inactivity, self-directed behaviors, and other solitary behavior), social interactions (e.g., grooming, dominance, submission, other agonistic behavior, social play, sexual behavior, proximity and other affiliative behavior), and interactions with humans (positive and negative). Detailed descriptions of these behaviors can be found in Supplemental Information Table S1, Article 3).

In Article 1 we used data from the longitudinal study to evaluate the long-term effects of the cognitive enrichment activity (i.e., the artificial termite-fishing task), by comparing the occurrence of both solitary and social behaviors before and after the introduction of the enrichment (i.e., pre- and post-treatment phases).

In Article 3, behavioral data from the longitudinal study was used to validate the personality traits obtained when assessing the chimpanzees with Eysenck's model. Particularly, we used behavioral data from an 11-year period and we performed Spearman correlations between personality traits and behaviors that matched the definitions of these traits.

2.3.3. Data collection software

Behavioral observations in the two studies assessing cognitive enrichment were collected using ZooMonitor, a software application developed by the Lincoln Park Zoo designed for monitoring the behavior of animals in zoological institutions, particularly behaviors relevant to welfare (Ross et al., 2016; Wark et al., 2019; <https://zoomonitor.org>). In recent years, software applications have become very popular in animal behavioral research, as they allow rapid real-time data collection which can be downloaded directly into electronic format, thus facilitating subsequent analyses (van der Marel et al., 2022). In this thesis, for example, we used tablet devices to collect data, which was then uploaded to a cloud server and finally exported into Excel (CSV files) to prepare data for the analyses.

Due to its multiple advantages, ZooMonitor has become the preferred data collection platform for many accredited zoos, aquariums, and sanctuaries (van der Marel et al., 2022). First, the ZooMonitor application is highly customizable, allowing users to add an unlimited number of behaviors to a project and organize them into different "behavior channels" (e.g., solitary behavior, social behavior, proximity), which can be used simultaneously. The duration of the session duration and length of intervals can also be customized to meet the project needs (Wark et al., 2019). ZooMonitor supports the common behavior sampling methods, including the ones selected in this thesis (scan sampling or interval recording, and untimed-focal event or "all occurrences"). These sampling methods are considered separate "channels" in ZooMonitor and can be used simultaneously when collecting data. Nonetheless, in this thesis,

we used separate ZooMonitor projects for each sampling methodology (one for instantaneous scan sampling and one for untimed-focal event sampling), because recording self-directed behaviors, which were collected with untimed-focal event sampling, required the observer to be fully focused on one subject.

Another interesting feature of ZooMonitor is that it supports the use of behavioral modifiers, which provide additional and more detailed information for a behavior. These modifiers can be used, for instance, to record the sender and receiver of social behaviors, thus allowing the analysis of social relationships (Wark et al., 2019). After defining the channels and behaviors of a project, ZooMonitor also allows users to define additional questions that are answered before each observation session and that provide contextual information, such as weather or visitor presence. In this thesis, we used this feature to register whether the observation session was conducted in the enrichment or baseline condition. Another main advantage of ZooMonitor is that it is a very user-friendly application, meaning that users do not require a long training period. This is especially relevant for this thesis, as behavioral data was collected by several researchers. The application also allows users to perform automated reliability tests to check inter-observer reliability, which is fundamental when there are two or more observers collecting data. In this thesis, for example, researchers could only start collecting data after completing a training period and successfully passing the inter-observer reliability test (agreement between observers $\geq 85\%$). Finally, it is also worth noting that ZooMonitor is an accessible software application, which, for non-accredited AZA institutions zoological institutions, requires a low-cost annual subscription of 50US\$.

2.4. Personality questionnaires and ratings

In both studies assessing chimpanzee personality (Articles 3 and 4), we used a questionnaire based on Eysenck's Psychoticism-Extraversion-Neuroticism (PEN) model of

personality (Eysenck, 1967; Eysenck & Eysenck, 1964). This questionnaire was developed in a previous study, which evaluated some of the chimpanzees at Fundació Mona (Úbeda & Llorente, 2015). In this thesis, we (1) extended the sample by assessing new individuals at the Fundació Mona and at the Leipzig Zoo (Article 4), and (2) we tested the validity of this tool by performing correlations between behavioral measures and personality traits as obtained with Eysenck's model (Article 3).

The questionnaire contained 12 items, which corresponded to primary scales that are integrated in the three higher-order factors described by Eysenck (Eysenck and Eysenck, 1964, 1991; Eysenck et al., 1985). To select the items from the original human factors, the authors considered their suitability and relevance to describe chimpanzee personality. Each item was associated with two adjectives representing the two opposite poles of the trait, which raters scored using a 7-point Likert scale. For instance, for the item "aggressiveness", raters had to provide a score from (1) "pacific" to (7) "aggressive". Additionally, a brief definition for each trait was also provided. The original questionnaire was developed in Spanish, but it was translated (and back translated) to English and to German, to allow raters to complete it in their native language. The English version of the questionnaire can be found in Supplemental Information Questionnaire S1, Article 3.

All chimpanzees were assessed between 2012 and 2019 by a minimum of 6 raters who were highly familiar with the subjects, as they had worked as researchers, volunteers or keepers for a long time period (4 months to 18 years). While some authors have observed gradual shifts in chimpanzee personality traits over time (Rawlings et al., 2020), research employing both subjective ratings and behavioral observations suggest that, similarly to humans, chimpanzee personality remains fundamentally stable within individuals (Dutton, 2008; Massen et al., 2013; Weiss et al., 2017). Following previous research on personality, we calculated the reliability or consensus across raters using two intraclass correlation coefficients (ICC) (Shrout

and Fleiss, 1979): ICC (3,1), which indicates the reliability of the scores for a single rater, and ICC (3, k), which indicates the reliability of scores based on the mean of the total number of raters.

2.5. Statistical analyses

2.5.1. Generalized Linear Mixed Models

Generalized linear mixed models (GLMMs; Stroup, 2016) comprise a class of statistical tools for experimental data analysis developed about a decade ago (Baayen, 2008; Barr, 2008), which, in recent years, have become widely used in psychology and behavioral sciences (Bono et al., 2021; Goldhammer et al., 2017; Moscatelli et al., 2012; Singmann & Kellen, 2019). GLMMs are an extension of generalized linear models (GLMs), which include both fixed and random effects (hence mixed models) into the linear predictor of a GLM. Thus, GLMMs include a response or dependent variable which is related to linear predictors (fixed effects) by a continuous function (e.g., logistic regression) and conditioned by additional factors that vary across the population sample (random effects). Both GLMs and GLMMs can be applied to response variables with different distributions, such as binary responses or counts. Moreover, the inclusion of random effects allows the modelling of non-independent data points, thus broadening the application of these models. For instance, GLMMs are particularly useful to analyze longitudinal data (i.e., repeated observations of the same variables over time) and grouped data, since group differences can be included as random effects. Furthermore, in an experimental design, GLMMs can include the experimental condition as a fixed effect while random effects can reflect the variability among subjects (He & Lee, 2022). We can therefore conclude that the possibilities and flexibility of GLMMs have contributed to their wide use among researchers.

In this thesis, GLMMs were used to (1) evaluate chimpanzee use of the cognitive enrichment devices over time and assess their link to subjects' behavior and welfare (Articles 1 and 2); and (2) investigate whether chimpanzee interest, motivation and performance in cognitive tasks were predicted by their personality traits (Article 3). All the analyses were conducted in R (R Core Team, versions 3.5.0 and 3.6.2). In Articles 1 and 2 we used the “glmmTMB” package (Brooks et al., 2017), which is particularly useful to fit count data that is zero-inflated (i.e., data containing more zeros than would be expected from the typical error distributions), which was the case for our behavioral data. In Article 3, we used the package “lme4” (version 1.1-17; Bates et al., 2015) and the functions “glmer” and “lmer”, depending on the distribution of the response variables. Specifically, we used “glmer” for variables with binomial distribution (participation, success and losing contact with the task) and “lmer” for variables with a normal distribution (latency).

After defining the variables, the first step to fit a model is finding a suitable distribution for the response variable and choose the link function accordingly. If overdispersion (i.e., presence of more variance in the data than predicted by a statistical model) was detected in our models, data was refitted with an alternative distribution, which may have required transforming the predictor and, in few cases, both the predictor and the response variable. Then, to assess the adequacy of a particular model (i.e., the full model), one method is to compare it with a model which is identical, except that all the predictors have been removed (i.e., the null model). Thus, in our analyses we compared full models containing all predictors to null models containing only control predictors, using a likelihood ratio test (function “anova”) (Dobson & Barnett, 2002). If full models significantly differed from null models ($p \leq 0.05$), we obtained the p values for each test predictor via single-term deletion using the R function drop1 (Barr et al., 2013). This function reveals which test predictors are significant based on AIC (Akaike information criterion) and LRT (likelihood ratio test) criteria. This stepwise procedure is

broadly used in our area of research, as it strongly limits the number of statistic tests and thus the risk of getting false positives.

In general, our models contained two-way interactions as test predictors, which allowed us to better explore variation in our response. For example, in Articles 1 and 2, when assessing the effects of the cognitive enrichment tasks, participation was included in interaction with session number, to investigate possible differences in the outcome of enrichment tasks across sessions. In Article 3, when assessing the link between personality and performance, personality traits were included in interaction with sex, to explore possible sex differences in the link between personality and performance. When testing the models, if the two-way interactions (which always included their main effects) were not significant, we downgraded them and reran the models including only main effects (without the interaction). Furthermore, for categorical significant predictors with more than two levels, we conducted post-hoc tests with the “emmeans” package and Tukey corrections, to compare the different levels (Lenth, 2020). Finally, to rule out collinearity between variables, we calculated variance inflation factors (Field, 2009), ensuring they were sufficiently low. In our analyses, maximum variance inflation factors across all models were between 1.34 and 2.7, thus indicating low to moderate correlation between variables, which is considered acceptable (Daoud, 2017).

2.5.2. Factor analyses

Factor analysis is a statistical technique which aims to identify the underlying structure of a set of variables. Particularly, this tool summarizes the correlational relationship between and among variables accurately and concisely, thus facilitating its interpretation and conceptualization (Goldberg & Digman, 1994). This involves encompassing the maximum amount of information from the original variables into a smaller number of derived variables, namely factors (Gorsuch, 1983). In other words, these underlying factors explain the variance

among the original variables. The amount of variance explained by a factor is expressed in an eigenvalue. Eigenvalues of 1 or above indicate that a factor accounts for more variance than a single variable and thus it should be retained in the analysis. The interpretation of a factor is then provided by the factor loadings, which are correlations of the original variables with the factors (Kline, 2014). Thus, factor loadings provide a quantitative measure of the degree to which a variable is related to a factor. Particularly, factor loadings closer to 1 reflect high significance of a variable within a factor, whereas those closer to 0 reveal lower weighting towards a factor (Gorsuch, 1983).

Since Cattell's first application of factor analysis to personality research (Cattell, 1945), this tool has been extensively used in the field (Chaplin, 2005; Kline, 1987; Lee & Ashton, 2007; Rothe, 2017; Russell, 2002), providing researchers with a deeper understanding of personality constructs and leading to the developments of personality theories (Luu & ElBassiouny, 2020). Personality questionnaires usually comprise large sets of items corresponding to adjectives or descriptors of personality features, which are assumed to cluster together revealing underlying constructs (factors) that correspond to personality traits. Thus, in this case each personality trait will be described by the amount of variance it accounts for (eigenvalue) and by the degree to which adjectives are related to it (loadings). In personality research, factor analyses can be used for different purposes: to conduct data reduction, to reveal the underlying factor structure (Exploratory Factor Analysis), to confirm a previous hypothesis (Confirmatory Factor Analyses) and to summarize the correlations between variables. Exploratory Factor Analysis provides a more general perspective, potentially assisting in identifying the underlying factor structure that best explains the data. Thus, it is widely used by personality psychologists (Luu & ElBassiouny, 2020).

The Principal Component Analysis (PCA) is the most commonly used method for extracting factors in personality research, as well as in other disciplines (Russell, 2002). It

involves decomposing the covariance (or correlation) matrix by identifying the variables which explain the higher amount of variance, as indicated by their respective eigenvalues (Hilbert & Bühner, 2020). Thus, the goal of this tool is capturing the greatest amount of variance with the smallest number of components (i.e., factors). Some authors prefer not to classify Principal Component Analysis as a type of factor analysis because these two statistical techniques differ in how they interpret the data (Kline, 1987). That is, factor analysis explicitly assumes the presence of an underlying factor structure within the data, whereas Principal Component Analysis provides a summary of the linear components of the original variables and their importance in terms of variance, without making prior assumptions (Hilbert & Bühner, 2020). This means that Principal Component Analysis uses the entire variance in the correlation matrix, including the error variance, while factor analysis excludes the error variance. Following human personality research, most studies in non-human primates have also used Principal Component Analysis to describe the personality structure of a particular species, including chimpanzees (*Pan troglodytes*; Weiss et al., 2009), bonobos (*Pan paniscus*, Weiss et al., 2015), mountain gorillas (*Gorilla beringei beringei*; Eckardt et al., 2015), langurs (*Semnopithecus entellus*; Konečná et al., 2008) capuchin monkeys (*Sapajus apella*; Morton et al., 2013b), marmosets (*Callithrix jacchus*; Šlipogor et al., 2022) and several macaque species (Adams et al., 2015; Robinson et al., 2018), to name a few.

An important issue in primate personality research is that, in general, researchers only have access to small sample sizes. To overcome this, there are types of exploratory factor analyses that have proved to be effective for small samples (<50 subjects), such as regularized exploratory factor analyses (REFA) and unweighted least squares factor analysis (ULS) (Jung, 2013; Jung & Lee, 2011; Jung et al., 2020). Regularized exploratory factor analyses, in particular, most likely constitutes the second more used alternative after Principal Component Analysis. This tool has been successfully applied to assess personality structure in chimpanzees

(*Pan troglodytes*; Úbeda and Llorente, 2015), bonobos (*Pan paniscus*; Garai et al., 2016), barbary macaques (*Macaca sylvanus*; Konečná et al., 2012), cotton-top tamarins (*Saguinus midas*; Masilkova et al., 2018) squirrel monkeys (*Saimiri sciureus* and *Saimiri boliviensis*; Wilson et al., 2018) and marmosets (*Callithrix jacchus*; Šlipogor et al., 2021). According to some authors, Regularized Exploratory Factor Analysis is generally recommended over unweighted least squares, unless a small number of factors is expected (Jung, 2013).

In Article 3 of this thesis, we compared personality traits obtained through questionnaires with behavioral measures and we assessed whether these traits could predict differences in cognitive performance. Personality data was obtained from a previous study conducted at Fundació Mona, in which Úbeda and Llorente (2015) used a questionnaire based on Eysenck's model and performed both principal component analyses and regularized exploratory factor analysis to determine the chimpanzee personality structure. The results of both methods were very similar, but due to the fact that they were performed using a small sample (N=11), we selected the structure described by the regularized exploratory factor analysis to calculate personality scores (i.e., a numerical value for each personality trait) used in Article 3.

In Article 4 we used the same questionnaire described by Úbeda and Llorente (2015) to test the suitability of Eysenck's model in a larger sample of chimpanzees (N=37), including individuals from Fundació Mona and from the Leipzig Zoo. To determine the personality structure, we conducted a Principal Component Analysis and a Robust Unweighted Least Squares factor analysis using FACTOR 12.04.0 (Ferrando & Lorenzo-Seva, 2017; Lorenzo-Seva & Ferrando, 2013). FACTOR is an all-inclusive, free and user-friendly program that was mainly developed for psychometric applications, and particularly for item analysis and individual scoring functionalities (Ferrando & Lorenzo-Seva, 2017; Lorenzo-Seva & Ferrando, 2006). The strengths and limitations of this software are discussed in detail by Ferrando and

Lorenzo-Seva (2017). In a nutshell, FACTOR allows computing robust and accurate estimates, even in small-medium samples (Ferrando & Lorenzo-Seva, 2017).

Chapter 3. Empirical studies

Article 1. Artificial termite-fishing tasks as enrichment for sanctuary-housed chimpanzees: behavioral effects and impact on welfare

Padrell, M., Amici, F., Córdoba, M.P., Giberga, A., Broekman, A., Almagro, S., & Llorente, M. (2021). Artificial termite-fishing tasks as enrichment for sanctuary-housed chimpanzees: behavioral effects and impact on welfare. *Animals*, *11*(10), Article 2941. <https://doi.org/10.3390/ani11102941>



Photograph by Miquel Llorente

Article

Artificial Termite-Fishing Tasks as Enrichment for Sanctuary-Housed Chimpanzees: Behavioral Effects and Impact on Welfare

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Simple Summary: The welfare of captive animals is nowadays a topic of major concern. In order to express their natural behavioral repertoires, however, animals require complex environments and stimuli which are difficult to reproduce in captivity. To overcome this, environmental enrichment is considered one of the most successful tools to increase behavioral opportunities and enhance animal welfare. In this study, we explored whether providing an artificial termite-fishing task, and whether participation in this task, predicted changes in the solitary and social behavior of sanctuary-housed chimpanzees (*Pan troglodytes*). We compared chimpanzee behavior when the enrichment was presented to different periods without enrichment. We found that the presence of the enrichment predicted an increase in tool use and feeding behavior and a decrease in inactivity, especially for those chimpanzees with higher participation. However, we did not detect significant changes in abnormal or self-directed behaviors. Furthermore, we found no variation in affiliation- or aggression-related behaviors, but social proximity increased in chimpanzees that participated more. Our results support previous studies demonstrating that artificial termite-fishing promotes species-typical behaviors in captive chimpanzees with no major effects on social activities.

Abstract: Artificial termite-fishing tasks are a common enrichment for captive great apes, promoting species-typical behaviors. Nonetheless, whether these activities are linked to changes in other behaviors and whether these changes persist over time has seldom been investigated. We assessed whether the use of an artificial termite-fishing task was linked to changes in the solitary behavior and social dynamics in two groups of sanctuary-housed chimpanzees (*Pan troglodytes*). Specifically, we compared chimpanzee behavior during eight enrichment sessions distributed over a two-month period, with similar periods before and after the introduction of the enrichment. Data were collected from combined interval and continuous sampling methods and were analyzed using generalized linear mixed models. We found that participation increased across sessions and that both enrichment and participation predicted an increase in tool use and feeding and a decrease in inactivity, which were all maintained throughout the sessions. Furthermore, participation was positively associated with social proximity, revealing a gathering effect of the task. However, neither enrichment nor participation were linked to changes in abnormal, self-directed, affiliation-related or aggression-related behaviors. Overall, our results support the hypothesis that artificial termite-fishing is a suitable enrichment for captive chimpanzees, maintaining the subjects' interest and promoting species-typical behaviors, with no negative effects on social activities.

Keywords: chimpanzees; behavior; enrichment; tool use; welfare

1. Introduction

Concern for the welfare of captive animals has progressively increased over the past few decades. Although early studies mainly focused on farm animals [1,2], the welfare of zoo and sanctuary animals has, more recently, become a topic of major interest, as shown by the increasing number of scientific articles on the topic [3–8], as well as the development of specific guidelines and recommendations on how to assess and improve animal welfare [9]. Similarly, there has been a rise in awareness among zoological institutions, so that welfare is now considered a key factor in animal management [10].

Welfare has been conceptualized as the state of an individual in relation to its attempts to cope with its environment [11]. However, in order to achieve an optimal level of welfare, animals not only need to cope with their environment but also thrive in it [8,12]. In other words, they need to be provided with opportunities to experience positive welfare states to have a “life worth living” [13]. In particular, they must be able to express species-typical behaviors, also known as ethological needs [14,15], or natural behaviors [16] like they exhibit in the wild [17]. Nonetheless, adequate conditions for the expression of a species natural behavioral repertoire demand complex environments and stimuli [18–20]; unfortunately, captive settings often fail to fulfill these requirements. To overcome this, environmental enrichment is generally considered one of the most effective tools to increase behavioral opportunities and enhance welfare; thus, they are a key component of captive animal management [12]. The main goals of environmental enrichment include increasing behavioral diversity, promoting natural behavioral patterns and reducing the occurrence of abnormal behaviors [18]. Furthermore, environmental enrichment may increase positive affective states [21], generate highly motivated behaviors and modify the physiological response of animals [22].

In order to assess the impact of a particular enrichment strategy, researchers usually monitor their subjects’ behavior by comparing the frequency of species-typical behaviors and abnormal/stress-related behaviors in the presence (versus in the absence) of the enrichment [16,23]. To date, a wide range of environmental enrichment strategies has been implemented and evaluated in non-human primates, including enclosure design and size, food novelty, foraging devices, computer-based devices, sensory stimulation or exposure to conspecifics or humans (i.e., social enrichment) [24,25]. Because wild non-human primates usually spend more time foraging or feeding than captive primates, it is not surprising that enrichment activities for captive groups have mainly focused on increasing opportunities for foraging or feeding [26–28]. Extractive foraging devices requiring tool use, for instance, are popular enrichments among captive great apes, especially in chimpanzees [28–33]. In great apes, foraging devices often simulate ant- or termite-fishing, as observed in the wild [34,35]. These activities have been mainly used to study cognitive aspects of tool use, such as acquisition and learning [36–38], tool modification [39], flexibility [40] or laterality [41]. However, several authors have also assessed the impact of these enrichment activities on chimpanzee welfare. As expected, these studies found an increase in the frequency of tool use in the presence of the enrichment, as well as changes in other behaviors. For example, Celli and colleagues [29] found that besides predicting an increase in chimpanzee manipulation and tool use, ant-fishing tasks decreased inactivity by 52% and increased foraging time by 31% after 10 days of use. Moreover, foraging devices promoting tool use also decreased stress-related behaviors, such as abnormal and self-directed behaviors [28,32,42]. Self-directed behaviors (e.g., touching, scratching or rubbing one’s body or face), in particular, are displacement activities (i.e., species-typical behaviors exhibited out of context or in a higher frequency when animals are anxious [43]) and constitute one of the most commonly used indicators

of stress or arousal in non-human primates. In fact, several studies in great apes have reported an increase in these behaviors when animals face challenging situations [44–48].

Foraging devices and other enrichment activities might also affect the social dynamics within the group. If only one device is available, for instance, aggression might increase in the group [28]. In contrast, when foraging devices are designed for more than one animal and/or more devices are provided, aggressive behaviors may decrease because individuals are engaged in non-agonistic activities and do not need to compete for access to the enrichment [42]. Similarly, affiliative interactions may decrease in the presence of enrichment devices if individuals spend more time manipulating the foraging device and less in social activities [42]. However, other studies have found no differences in the frequency of affiliative or aggressive behavior when providing multiple tool-based feeders to chimpanzees [32].

The study of social networks is an interesting and novel approach to measuring the effects of environmental enrichment on social dynamics [49], especially in animals with complex social lives such as non-human primates [50,51]. Nevertheless, this tool has rarely been used for this purpose, except for a few studies which investigated changes in social interactions during cognitive testing [52,53]. In particular, Whitehouse and colleagues [52] found no differences in affiliative and aggressive interactions between conditions in a group of crested macaques (*Macaca nigra*) but did detect an increase in social proximity on testing days. In contrast, Jacobson and colleagues [53] found an increase in aggressive interactions during cognitive testing, although aggression was, overall, low.

Finally, besides monitoring changes in typical behavioral patterns in the presence of enrichment devices, other indicators might be used to assess whether enrichment activities are effective at the individual level. When subjects are free to choose whether to engage in enrichment activities, for example, participation (i.e., whether subjects interact with the device or time spent interacting with it) is usually assumed to be a positive indicator of interest or motivation [24,25,54]. However, when enrichment activities are provided in a social setting, other factors might affect subject participation. For example, higher-ranking individuals or those with more dominant personality traits might have priority to access enrichment devices [29,55]. Furthermore, female chimpanzees have been reported to use tool-based enrichments more often and more efficiently than males [32,42], a pattern which has also been observed in tool-use activities in wild chimpanzees [35,56–58], and which they seem to share with captive bonobos [59,60].

The main aim of this study was to assess whether the presence and use of an artificial termite-fishing task predicted changes in individual behavioral patterns and social dynamics of sanctuary-housed chimpanzees. First, we predicted that participation in enrichment activities would vary across individuals depending on their characteristics (e.g., sex, age) and decrease through time as chimpanzee interest and motivation declined (Prediction 1, Model 1). Second, we predicted that chimpanzee solitary (Models 2–6) and social behaviors (Models 7–9) would generally differ across study phases (Figure 1). That is, if the artificial ant-fishing task had a short-term effect on chimpanzee behavior, the frequency of solitary and social behaviors should differ between the baseline and enrichment conditions during the treatment phase. Furthermore, if enrichment activities had a long-term effect on chimpanzee behavior, the frequency of behaviors in the enrichment condition (treatment phase) and after the enrichment (post-treatment phase) should differ from before the introduction (pre-treatment phase). Third, we predicted that chimpanzee solitary (Models 2b–6b) and social behaviors (Models 7b–9b) would also specifically differ depending on individual participation in enrichment activities during the treatment phase, consistently throughout the study sessions. In Models 2–9/2b–9b, in particular, we expected that the presence of the enrichment/participation would predict changes both in chimpanzee solitary behavior (i.e., increasing species-typical behaviors like tool use and feeding, decreasing undesirable behaviors like inactivity and abnormal and self-directed behaviors; Predictions 2–6/2b–6b), and in their social behavior (i.e., increasing social proximity as more individuals could simultaneously interact with the

artificial termite mounds, decreasing affiliation-related behaviors as chimpanzees may spend more time interacting with the enrichment and less time in social activities and increasing aggression-related behaviors due to possible competition over the enrichment; Predictions 7–9/7b–9b). Finally, we used social network analyses to explore possible changes in chimpanzee association patterns in the presence of the enrichment (Model 10).

PHASE "A"	PHASE "B"		PHASE "C"
Pre-treatment	Treatment		Post-treatment
No Enrichment	Baseline	Enrichment	No Enrichment
August - September 2018	October - December 2018 2h40' per day Session 1: 80 min (10:30-14:00) Session 2: 80 min (15:00-17:30)		January - February 2019
Sampling method: Instantaneous scan sampling (20 min : 2 min) 470 scans x group	Sampling method: Instantaneous scan sampling (80 min : 2 min) 640 scans x condition x group Untimed-event focal sampling (10 min)		Sampling method: Instantaneous scan sampling (20 min : 2 min) 210 scans x group

Figure 1. Structure of the experimental design and procedures.

2. Materials and Methods

2.1. Subjects and Study Site

The study sample included 14 chimpanzees belonging to two mixed-sex groups of 7 individuals each (Mutamba and Bilinga groups). The Mutamba group was composed of 2 females and 5 males, with ages between 15 and 35 years (mean = 24.4 years, SD = ± 8.2 years), and the Bilinga group was composed of 3 females and 4 males, with ages between 17 and 36 years (mean = 29.1 years, SD = ± 6.7 years). All chimpanzees were housed at the Fundació Mona, a center dedicated to the rescue, rehabilitation and re-socialization of non-human primates. Supplementary Materials Table S1 contains information on demographic characteristics and background. The study chimpanzees spent their daytime hours in a 5640 m² outdoor enclosure, divided into two areas (2420 m² and 3220 m²), both covered with natural vegetation and containing wooden platforms, towers and ropes. Two observation huts (one for each enclosure) around the perimeter allowed behavioral observations of both groups. The animals also had 140 m² of indoor facilities where they were housed overnight, but access was usually restricted during the daytime.

2.2. Experimental Procedure

We followed an ABC design (Figure 1), comparing the effects of the treatment phase (B) with a pre-test (A) and a post-test phase (C) (Models 2–9, see below). The treatment phase was structured in two alternated conditions: baseline (control days with no enrichment activity) and enrichment (days where treatment was incorporated). Eight baseline and eight enrichment days were randomly distributed for each group in a two-month period (from 22 October to 21 December 2018), excluding weekends (as visitors are more numerous than on weekdays). That is, the enrichment was available, on average, 1–2 times per week. Moreover, to avoid order effects, we also compared the effects of participation in the enrichment during the treatment phase (including baseline and enrichment days; Models 2b–9b, see below).

We used two artificial termite mounds as enrichment activity during the treatment phase. Both were made of cement and steel, with holes containing removable polyvinyl chloride tubes (length: 15–20 cm, diameter: 2.5 cm), which were attached inside the mound (Figure 2). Each group of chimpanzees had one termite mound in the enclosure. Mounds were installed approximately 10 years ago, and therefore all animals had previous experience with the task. However, they had been mostly out of use for more than 2 years before the study was conducted. That is, they remained in the enclosure, but they were seldom filled with food during this two-year period. The size of the mound and the number of holes (and therefore the tubes to be inserted) were different for each group. The mound in the Mutamba group measured approximately 2 m × 1 m width, 0.8 m height and had 9 holes, whereas the one in the Bilinga group was smaller (1 m × 1 m width and 0.8 m height) and had 5 holes (Figure 3). The tubes were filled with 10 g of honey or peanut butter mixed with 2–3 g of muesli. These quantities were removed from the total amount of food they received during the day in order to maintain a similar daily caloric intake. The use of honey or peanut butter was alternated between sessions, and both groups received the same number of sessions with each type of food. To extract the food, chimpanzees had to use sticks or branches obtained from the vegetation naturally growing in the external enclosures. No additional tools or materials were provided. The mounds were clearly visible from the observation huts around the perimeter, but the distance from the fence prevented visitors from disturbing the chimpanzees interacting with the mounds.



Figure 2. Details of the PVC tubes attached inside of the termite mound (Mutamba group). Credit: M. Llorente.



Figure 3. Termite mounds used during the treatment phase with the Mutamba (right) and Bilinga (left) chimpanzee groups. Credit: M. Llorente.

The termite mounds were filled in the morning, before the chimpanzees went into the outdoor enclosures, and were available throughout the daytime (from 10:30 h to 18:00 h approximately). In the baseline and enrichment days, no additional enrichment devices were provided. However, during the two-month period (i.e., non-baseline and non-enrichment days), other enrichments could be provided approximately once per week following the center’s usual routines (e.g., bottles filled with juice, fabrics with different textures, hoses filled with food). These activities have been used for a long time in the center, and they were therefore not novel for the animals. Similarly, during the pre-treatment and post-treatment phases, the termite mounds were not filled, but other enrichments could be provided as part of the center’s regular routines.

2.3. Behavioral Observations

2.3.1. Treatment Phase: Baseline and Enrichment Conditions

On both baseline and enrichment days, we collected data for a total of 2 h 40 min per day, divided into two 80-min sessions (one in the morning between 10:30 and 14:00, and one in the afternoon between 15:00 and 17:30). We collected data in the morning because it was when chimpanzees left the indoor facilities and were first exposed to the task. However, given that the chimpanzees did not extract all the food from the termite mound right away, we also observed whether they would use the device later in the day. No observations were conducted around midday, as this was chimpanzee feeding time and usually corresponded with very low activity.

We collected data in two ways: instantaneous scan sampling and untimed-event focal sampling [61]. First, instantaneous scan sampling with 2-minute intervals allowed us to collect data from the entire group at the same time, identifying behaviors of mid to long duration. In particular, we recorded (1) participation in the enrichment, (2) tool use, (3) feeding, (4) abnormal behaviors, (5) self-directed behaviors, (6) social proximity, (7) affiliation-related behaviors and (8) aggression-related behaviors. Details on the ethogram used for this sampling method can be found in Table 1. Some of the behaviors described above (see Table 1) were not mutually exclusive, and therefore, in each scan sampling interval, the chimpanzees could exhibit two or more behaviors at the same time. The total observation time for scan sampling was 85.33 h, equally distributed between conditions and groups, resulting in a total of 640 scans per condition and group. Secondly, we used untimed-event focal sampling [61] to collect additional data on self-directed behaviors. Specifically, we used this methodology to record rubs and scratches, which are behaviors that occur very rarely or last only a short time. Furthermore, rubs and scratches have been

repeatedly associated with anxiety or arousal when chimpanzees face novel or challenging tasks [44,46–48], whereas the relationship between other self-directed behaviors (e.g., self-grooming) and stress is more controversial [62]. Each subject was observed for 10 minutes in the morning and 10 minutes in the afternoon. Based on the definitions and classifications provided by other authors [47,48,63], self-directed behaviors registered with untimed-event focal sampling included scratches and rubs directed towards the face and body (see detailed definition in Table 1). Following previous studies [64,65], the incidence of self-directed behaviors was quantified as the number of bouts. A bout ended when (1) the movement of the limb stopped for three or more seconds without losing contact with the body, (2) the contact between the limb and the body ceased or (3) the body target changed. Focal observations were conducted in a pseudo-randomized order to observe each chimpanzee at least once in the morning and once in the afternoon on each day.

Table 1. Ethogram used during behavioral monitoring of chimpanzees.

Behavioral Category	Definition
1. Participation *	The Chimpanzee is Actively Interacting or in Contact with The Artificial Termite Mound.
2. Tool use *	To use a Mobile Element, External to the Body, to Perform a Directed Action. Includes Tool Modification and Transportation.
3. Feeding *	Searching, Locating, Handling, and Ingesting or Transporting Food. Includes Fluid Intake.
4. Inactivity	No Action or Activity, Sitting or Lying Down. Includes Self-Observation, Yawning, and Sleeping.
5. Abnormal Behaviors	Maladjusted Stereotypical Behaviors such as Rocking, Pacing, Self-Harm, Coprophagy (Eating Feces), Regurgitation, and Reingestion, Trichotillomania (Hair-Pulling), Trichotillophagia (Hair-Pulling Eating Hair), Ear-Poking, Eye-Poking. Instantaneous Scan Sampling (All Phases): Behaviors Directed towards the Subject, such as Body Inspection, Self-Grooming, Masturbation and Scratching or Rubbing One's Body with the Hands or Fingers.
6. Self-Directed Behaviors	Untimed-Event Focal Sampling (Treatment Phase): Includes the Following Behaviors: (1) Scratches: Continuous Movement of the Hand over the Skin Involving the Ends of the Digits or Nails; (2) Rubs: Continuous Movement of the Hand over The Skin not Involving the Ends of the Digits Performed Either with the Palmar, Dorsal or Lateral Side of the Hand. This Category also Includes Self-Touches such as Nose-Wiping [48] or Face Stroking [46].
7. Social Proximity *	The Chimpanzee is at Less Than One-Arm Length from One or More Subjects while Performing any Solitary Activity, but with no Social Interaction between Subjects. Includes the Following Behaviors: (1) Grooming: Body-Cleansing Behavior (Grooming) from one Individual to Another (includes Mutual Grooming), Performed with the Upper Extremities or with the Mouth; (2) Social Play: Playful Behavior between Two or More Individuals Associated with Behavioral Indicators of Play (e.g., Play-Face, Laugh, Friendly Head Bobbing, Soft Knocking on the Ground, and Playful Chasing); (3) Sexual Behavior: Sexual Interaction, or search for Sexual Interaction, between Two Individuals Including Behaviors such as Copulation, Attempted Copulation, Genital Presentation, and Other Behaviors Directed Towards the Genitals of Another Individual; (4) Other Behaviors Identified as Affiliative, but do not fit the Criteria of Grooming, Social Play or Sexual Activity (Embrace, Feed Together and Follow).
8. Affiliation-related Behaviors	Includes the Following Behaviors: (1) Agonistic Dominance: Threat-Related Behaviors such as Direct Aggression, Charging Display, Displacement and Resource Appropriation (e.g., Steal Food or Objects). Can be Accompanied by Vocalizations; (2) Agonistic Submission: Avoiding, Bared-Teeth, Displays, Food Submission (e.g., Leave/Drop Food and Move Away when Others try to Steal It), Hand-To-Mouth, Finger-To-Mouth. Can be Accompanied by Vocalizations such as Pant-Grunts. Includes Running Away from Others in Conflict Situations; (3) Other Behaviors Identified as Agonistic, but do not Fit the Criteria of Agonistic Dominance or Agonistic Submission. (Appeasing, Consolation, Reconciliation and Requesting Support).
9. Aggression-related Behaviors	The Chimpanzee or the Behavior cannot be Identified, or the Chimpanzee is not in the Outdoor Enclosure (e.g., he is in the Sleeping Areas or in the Outdoor Cages).
Not Visible/Not Present	

* Participation, feeding and tool use were not mutually exclusive. Social proximity and all solitary behaviors (behaviors 1–6) were also not mutually exclusive (i.e., individuals could be in social proximity while simultaneously engaging in one of the solitary behaviors). Note: All behaviors were collected using 2-minute interval instantaneous scan sampling, except for self-directed behaviors, which were collected using untimed-event focal sampling.

2.3.2. Pre- and Post-Treatment Phases

To further investigate the effects of termite mounds on chimpanzee well-being, we used behavioral data from before and after the introduction of the enrichment (i.e., pre- and post-treatment phases). These data were collected as part of a longitudinal study conducted at Fundació Mona [66,67], using the same ethogram and similar data collection methodology (2-min instantaneous scan sampling, 20-min sessions) that was employed during the baseline and enrichment conditions in the treatment phase. The only difference between the pre- and post-treatment phases and the treatment phase was that self-directed behaviors were only registered using the scan sampling methodology and that no focal sampling was conducted for the detection of rubs and scratches. For both pre- and post-treatment phases, we selected a similar period of time to the treatment phase (2

months) and the same number of data-collection days per group (8 days). Observations were also distributed across all days while chimpanzees were in the outdoor facilities. Nonetheless, observation time per day was variable, as observer availability was uneven during pre- and post-treatment phases. Thus, in the pre-treatment phase (August–September 2018), we were able to use a total of 470 scans per group (15.7 h of observations), whereas, in the post-treatment phase (January–February 2019), only 210 scans per group (7 h of observations) were available.

2.3.3. Rank Calculation

In order to assess the subjects' rank, we used behavioral data from a longitudinal study conducted between January 2017 and December 2019 on the same groups. In this study, instantaneous scan sampling (intervals every 2 min in 20 min sessions) was used to collect dyadic agonistic interactions with a clear winner-loser outcome, including unidirectional dominant behaviors (e.g., aggression, agonistic display, displacement) and unidirectional submissive behaviors (e.g., avoid, bared-teeth, flee). Due to observer availability, observations were not equally distributed throughout the 3-year period. In particular, total observation time for the Mutamba group was 524 h (15720 scans) and 454.57 h (13640 scans) for the Bilinga group.

2.3.4. Inter-Observer Reliability

All behavioral observations were conducted by several observers, who only collected data after completing a training period and successfully passing the inter-observer reliability test (agreement between observers $\geq 85\%$). All data were collected using ZooMonitor [68], an application that facilitates the recording and analysis of animal behavior [69].

2.4. Data Analyses

Rank was calculated with the “EloRating” package [70] in R (R Core Team, Vienna, Austria, version 3.5.0), taking into account all dyadic agonistic interactions with a clear winner-loser outcome (135 interactions in the Mutamba group, and 23 in the Bilinga group). In each group, we assigned a value between 0 and 1 to every chimpanzee, with 1 corresponding to the highest-ranking subject and 0 to the lowest ranking one. Additionally, to assess rank stability, we calculated the Elo-rating repeatability score using the package “aniDom” [71]. In the Bilinga group, the repeatability score was high ($r = 0.820$), but given the small number of dyadic interactions in this group, and the fact that the repeatability score in the Mutamba group was very low ($r = 0.279$), we decided not to include rank in our models.

To investigate chimpanzee enrichment use through time, compare behavior across phases and conditions and assess the effect of participation on chimpanzee behavior, we utilized four sets of generalized linear mixed models (GLMM) [72] using the “glmmTMB” package [73] in R (R Core Team, version 3.5.0). In the first set of models, Model 1 assessed whether participation in the enrichment condition of the testing phase (i.e., the proportion of scans an individual interacted with the enrichment device in an enrichment session) varied across sessions and whether individual characteristics like sex and age predicted participation. In this model, we entered one line per individual and session (only including enrichment sessions), with session number, sex, age and time of the day (morning/afternoon) as test predictors. We further included group as a control variable and subject identity as a random effect, using a beta distribution.

In the second set of models (Models 2–9), we compared chimpanzee behaviors across phases/conditions (pre-treatment, treatment (baseline), treatment (enrichment), and post-treatment) by using phase/condition as the main predictor. In particular, these models assessed whether phase/condition predicted the occurrence of tool use (Model 2), feeding (Model 3), inactivity (Model 4), abnormal behaviors (Model 5), self-directed behaviors,

(Model 6), social proximity (Model 7), affiliation-related behaviors (Model 8) and aggression-related behaviors (Model 9). In these models, we entered one line per individual and sampling scan and created binary columns (0/1) for each behavior after excluding the scans in which subjects were not visible. Therefore, the dependent variables (behaviors) were modeled with a binomial distribution. As control predictors, we entered sex, age, group, time of day (morning/afternoon) and scan number, whereas subject identity was included as a random effect.

In the third set of models (Models 2b–9b), we only used a subset of the data (i.e., baseline and enrichment conditions of the treatment phase) to assess the link between participation (i.e., the proportion of scans in each session in which an individual interacted with the enrichment device) and chimpanzee behavior. As in Models 2–9, we modeled each behavior but used participation in interaction with session number (and their main effects) as the main predictor. In particular, Models 2b–9b assessed whether participation predicted the occurrence of tool use (Model 2b), feeding (Model 3b), inactivity (Model 4b), abnormal behaviors (Model 5b), self-directed behaviors (rubs and scratches; Model 6b), social proximity (Model 7b), affiliation-related behaviors (Model 8b), aggression-related behaviors (Model 9b) and whether this effect varied across sessions. In these models, we included one line per subject and session. All the dependent variables collected with the scan sampling method (Models 2b–5b and 7b–9b) were calculated as the number of scans in which the subject performed the behavior (i.e., tool use, feeding, abnormal behaviors, social proximity, affiliation-related behaviors and aggression-related behaviors, respectively), divided by the total number of scans in which the subject was visible. Being proportions, these variables were modeled with a beta distribution. In Model 6b, instead, self-directed behaviors were collected with focal sampling, and the dependent variable was thus calculated as the total number of bouts performed in the time the subject was visible (i.e., rate of self-directed behaviors). Therefore, the dependent variable was modeled as a count (with a negative binomial distribution), adding observation time as an offset in the model. In all models (Models 2b–9b), we modeled sex, age, group and time of day (morning/afternoon) as control predictors and subject identity as a random effect. If we detected overdispersion in any of the models above (i.e., Models 2b, 5b and 9b), we transformed the predictor (participation) into a binomial predictor. If the model was still overdispersed (i.e., Models 5b and 9b), we further transformed the response into a binomial variable. We detected no overdispersion in the models presented below.

In all models, we z-transformed age to facilitate model convergence. To compare full models containing all predictors with null models containing only control predictors, random factors and offset terms, we used a likelihood ratio test (function “anova”) [74]. Full models were considered significantly different from null models when $p \leq 0.05$. In the second set of models (Models 2–9), when the main categorical predictor phase had a significant effect, we used Tukey’s multiple pairwise comparisons ($p < 0.05$) to conduct post-hoc tests with the “emmeans” package [75]. In order to test our predictions, we specifically compared behaviors (i) between the baseline and the enrichment conditions of the treatment phase (i.e., short-term effect of the enrichment), (ii) between the pre-treatment phase and both the enrichment condition of the treatment phase and the post-treatment phase (i.e., long-term effect of the enrichment). In the third set of models (Models 2b–9b), if the 2-way interaction between the main predictors (participation and session number) was not significant, we removed the interaction for subsequent model iterations only, including the main effects. To rule out collinearity, we calculated variance inflation factors (VIF) [76], which were very good in all models (maximum VIF across models = 2.66).

Finally, we used social network analyses (SNA) (package “asnipe”) to assess whether the presence of the enrichment could affect the social dynamics in the groups. We focused on social proximity because we expected changes in subject associations for both participants and non-participants, depending on the presence of the enrichment. Thus, for each group and condition of the treatment phase (i.e., baseline and enrichment), we calculated the centrality degree of chimpanzees for social proximity (values between 0 and 1). Then,

to assess whether the centrality degree varied in the presence of enrichment, we ran a GLMM (Model 10) using the “glmmTMB” package [73]. In this model, we entered one line per individual and per condition. As test predictors, we included the interaction of condition and group (and their main effects), adding subject identity as a random effect. We detected no converge or collinearity issues in this model (VIF = 2.26).

3. Results

Participation in the enrichment activity varied widely across individuals (mean = 5.65%, SD = 5.97, range = 0.00–18.25%), with 4 out of the 14 chimpanzees in our sample never being observed while interacting with the termite mounds. Supplementary Materials Tables S2 and S3 contain individual and mean values of the incidence of each behavior in the baseline and enrichment conditions of the treatment phase. Results from Models 1–10 and Models 2b–9b are presented in Supplementary Materials Tables S4–S6, respectively. Table 2 contains a summary of predictions and results for all models.

Participation. In Model 1, the full model significantly differed from the null model. Participation in the enrichment increased across sessions (Figure 4) and was higher in the morning than in the afternoon, but sex and age had no significant effect.

Table 2. Summary of predictions and results for all models.

Models & Predictions		Supported?		
1. Participation in E...	Decreases Across Sessions	No *		
	is Predicted by:	No		
	Sex	No		
	Age	Yes		
	Time (am/pm)	Yes		
E Presence/Participation Predicts a/an...	E Presence (Models 2–9)			Participation (Models 2b–9b)
	Short-Term	Long-Term		
	Baseline ≠ E	Pre ≠ E	Pre ≠ Post	
2/2b Increase in Tool Use	Yes	Yes	Yes	Yes
3/3b Increase in Feeding	Yes	Yes	Yes	Yes
4/4b Decrease in Inactivity	Yes	Yes	Yes	Yes
5/5b Decrease in Abnormal Behaviors	Yes	No	No **	No
6 Decrease in Self-Directed Behaviors	Yes	No **	No **	–
6b Decrease in Rubs and Scratches	–	–	–	No
7/7b Increase in Social Proximity	No	Yes	Yes	Yes
8/8b Decrease in Affiliation-related Behaviors	No	No **	No **	No
9/9b Increase in Aggression-related Behaviors	No	Yes	No	No
10. E Presence Predicts Changes in Proximity Social Networks	No			

* Model 1 predicted an increase in participation across sessions. ** Significant differences between phases, but in the opposite direction of the one predicted. E stands for Enrichment.

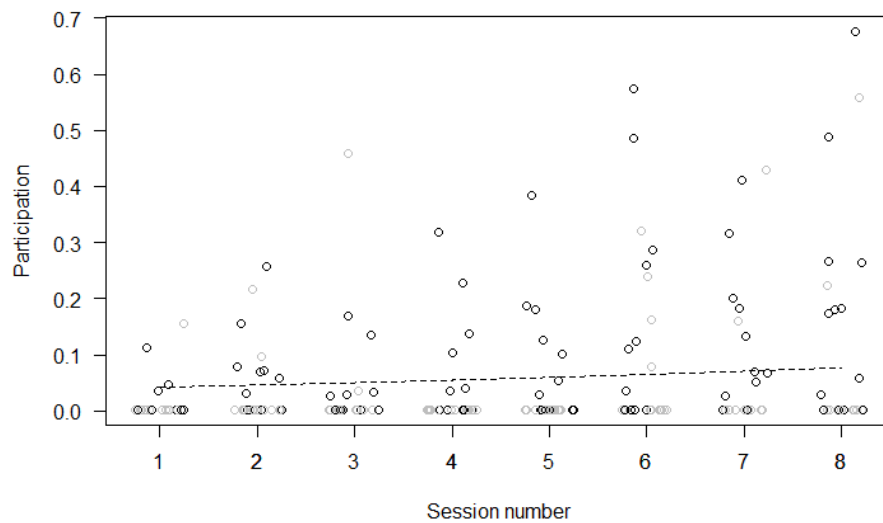


Figure 4. Participation in the enrichment task (i.e., proportion of scans that an individual interacted with the enrichment device in an enrichment session) as a function of time (i.e., enrichment session number) during the treatment phase. Circles represent individual responses in each enrichment session, in the morning (in black) and in the afternoon (in grey). The dashed black line represents the fitted model, which is like Model 1 but unconditional on all the other predictors that were standardized. Data were jittered horizontally to avoid overplotting.

Comparison of behaviors across conditions and phases (Models 2–9). In Model 2 (tool use), the full null model comparison was significant. Post-hoc comparisons indicated that tool use was more likely to occur in the presence of the enrichment (i.e., enrichment condition) than in the baseline condition. No occurrence of tool use was observed during the pre-treatment phase; thus, the frequency of this behavior was higher in the enrichment condition and post-treatment phase. Finally, tool use was more frequent in the enrichment condition than in the post-enrichment phase. In Model 3 (feeding), the full null model comparison was significant, and the post-hoc comparisons indicated that feeding was more likely to occur in the enrichment condition than in the baseline condition, pre-treatment phase and post-treatment phase. Feeding was also more likely in the post-treatment than in the pre-treatment phase. In Model 4 (inactivity), the full null model comparison was significant, and post-hoc comparisons showed that chimpanzees were more likely to be active during the enrichment condition than during the baseline condition, pre-treatment phase and post-treatment phase. Furthermore, they were also more active during the post-treatment phase than during the pre-treatment phase. In Model 5 (abnormal behaviors), the full-null model comparison was significant and post-hoc comparisons indicated that abnormal behaviors were less likely in the enrichment condition than in the baseline condition. No differences were found between the enrichment condition and either the pre- or post-enrichment phases. However, abnormal behaviors were less likely in the pre-treatment than the post-treatment phase. In Model 6 (self-directed behaviors), the full null model comparison was significant, and post-hoc comparisons revealed that self-directed behaviors were less likely in the enrichment condition than in the baseline condition. However, they also increased during the enrichment condition and the post-treatment phase, as compared to the pre-treatment phase, whereas no differences were found between the enrichment condition and the post-treatment phase. In Model 7 (social proximity), the full null model comparison was significant, and post-hoc comparisons showed no differences between the enrichment and baseline conditions. However, social proximity was more likely during the pre-treatment phase than in the enrichment condition or

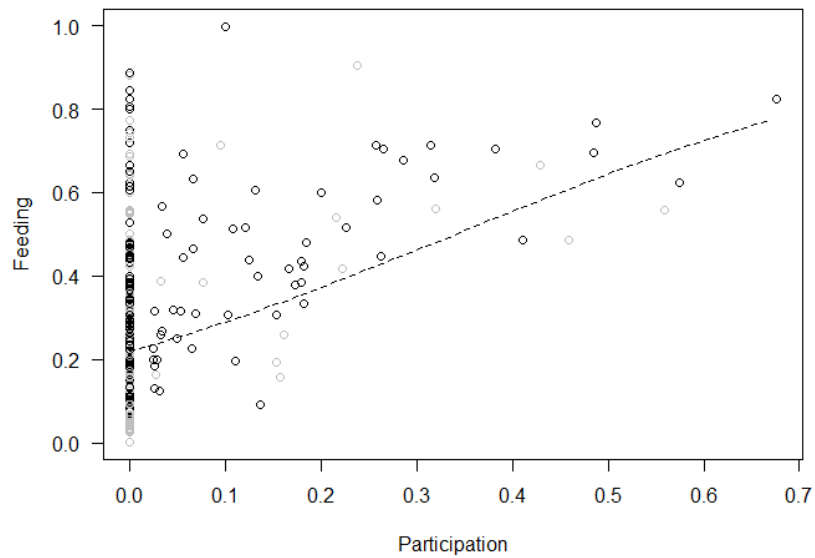


Figure 6. Feeding (i.e., proportion of scans that an individual was feeding, out of the total number of scans in which the subject was visible) as a function of participation (i.e., proportion of scans an individual interacted with the enrichment device in an enrichment session) during the treatment phase. Circles represent individual responses in each enrichment session in the morning (in black) and afternoon (in grey). The dashed line represents the fitted model, which is like Model 3b but unconditional on all the other predictors that were standardized.

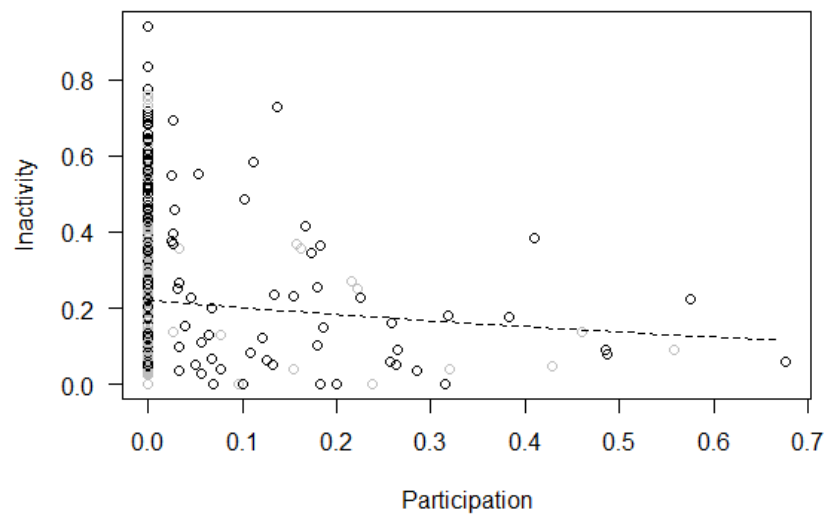


Figure 7. Inactivity (i.e., proportion of scans that an individual was inactive, out of the total number of scans in which the subject was visible) as a function of participation (i.e., proportion of scans an individual interacted with the enrichment device in an enrichment session) during the treatment phase. Circles represent individual responses in each enrichment session in the morning (in black) and afternoon (in grey). The dashed line represents the fitted model, which is like Model 4b but unconditional on all the other predictors that were standardized.

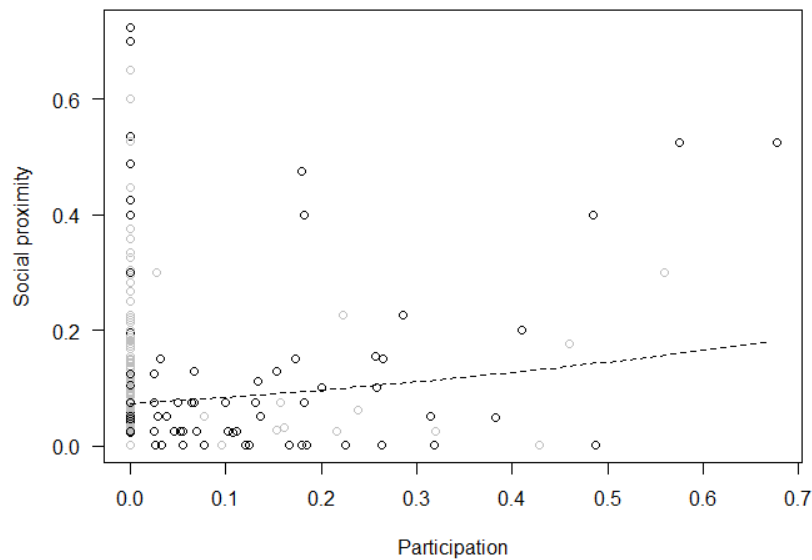


Figure 8. Social proximity (i.e., proportion of scans an individual was in social proximity, out of the total number of scans in which the subject was visible) as a function of participation (i.e., proportion of scans an individual interacted with the enrichment device in an enrichment session) during the treatment phase. Circles represent individual responses in each enrichment session in the morning (in black) and afternoon (in grey). The dashed line represents the fitted model, which is like Model 7b but unconditional on all the other predictors that were standardized.

SNA. In Model 10 (centrality degree for social proximity), the full null model comparison was not significant, revealing no significant differences in proximity patterns between conditions. Sociograms for the baseline and enrichment conditions of the treatment phase are displayed in Supplementary Materials Figure S1.

4. Discussion

This study assessed the impact of an artificial termite-fishing task on the behavioral patterns and social dynamics of two groups of sanctuary-housed chimpanzees. Specifically, we aimed to address: (1) whether participation in the enrichment was linked to individual differences like sex or age, and whether it would decrease across sessions (Model 1, Prediction 1), (2) if chimpanzee behavior changed across phases and conditions (pre-treatment, baseline, enrichment and post-treatment; Models 2–9, Predictions 2–9) and (3) if chimpanzee behavior changed as a function of participation during the treatment phase (Models 2b–9b, Predictions 2b–9b). Additionally, we used social network analyses to explore possible changes in chimpanzee association patterns in the presence of the enrichment (Model 10).

In contrast to our predictions, participation in the enrichment task increased across sessions and strongly varied across subjects, but with no significant effect of sex or age. As expected, the occurrence of solitary and social behaviors partly differed across phases and conditions. Specifically, tool use and feeding increased, and inactivity decreased in the presence of the enrichment, as compared to the baseline condition, the pre- and post-enrichment phases. Additional analyses revealed that changes in these behaviors were directly linked to higher participation in enrichment activities and that they were maintained across sessions. Thus, as expected, chimpanzees that used the termite mounds more often were also more likely to use tools, feed and be active, as compared to chimpanzees who did not participate in the task. We also found that participation, but not enrichment presence, was positively associated with social proximity. In contrast to our predictions, however, neither enrichment presence nor participation had a significant effect on the probability of abnormal, self-directed, affiliation-related or aggression-related

behaviors. Finally, social network analyses showed that the enrichment presence did not significantly affect proximity association patterns.

As opposed to similar research conducted in captivity and in the wild, which report a higher probability of tool use activities by female chimpanzees [32,35,42,56–58], we found no sex differences in our termite mound experiments. However, this might depend on the small number of females in our study sample. Furthermore, although young chimpanzees in other studies spent more time in artificial termite-fishing tasks than adults [31], we did not observe age differences in task participation in this study, possibly because all the chimpanzees in our sample were adults and their age range was relatively small (i.e., 15 to 36 years). Regardless of sex or age, individual differences in enrichment use and their effects on animal behavior and welfare have been commonly reported in non-human primates [44,77]. Temperament or personality, for instance, may explain the variance in subjects' interest towards enrichment [78,79]. For example, higher scores in trait openness have been linked to higher participation and performance in foraging puzzles, training activities and computerized activities in chimpanzees and other non-human primates [55,80–83]. Other factors that may influence subject performance include past experiences [84], rearing conditions [85] and genetics [86]. A combination of these variables could explain, for example, why four chimpanzees of our sample never interacted with the termite mounds. Therefore, future studies with larger sample sizes should include these factors when assessing the effect of enrichment on behavior and welfare.

Previous studies show that primates easily lose interest in food-based enrichments and puzzles after relatively short exposure times [87–89]. In our study, however, participation did not decrease over time but actually increased across sessions. Even though animal task engagement does not necessarily provide evidence of a positive effect of the task on their welfare, it surely constitutes a basic indicator of enrichment success [25]. Therefore, the fact that participation increased across sessions indicates that chimpanzees found the termite mounds rewarding, but also that they likely required time to habituate to the task and become efficient at extracting the food. This was an unexpected outcome, considering that all chimpanzees in our sample had been exposed to this enrichment before and had the opportunity to practice the necessary skills to obtain the food from the termite mounds. One possible explanation for the increase in participation through time is that the termite mounds had not been used for a long time and were thus perceived positively as a novel stimulus, so that chimpanzee interest and efficiency would increase through sessions. Furthermore, providing the enrichment only once or twice a week (low doses), in contrast to other studies in which enrichments are continuously available (high doses), might have contributed to maintaining chimpanzee interest during the whole study period. On a side note, the chimpanzees in our study used the termite mounds more frequently in the morning than in the afternoon, likely because the food rewards in the tubes were limited, and their number decreased throughout the day.

Artificial termite-fishing tasks have already been shown to promote species-typical behaviors such as tool use and foraging in chimpanzees [28,29,31] and other great apes [90] while decreasing inactivity [29]. In our study, we observed the same increase in these behaviors when the enrichment was present (compared to the baseline condition) and in individuals who participated more in the enrichment (compared to those participating less). These results suggest a clear positive short-term effect of the enrichment on the occurrence of species-typical behaviors, especially for subjects participating in the enrichment activities. Furthermore, tool use and feeding increased, and inactivity decreased both in the post-enrichment phase and in the enrichment condition (compared to the pre-enrichment phase), suggesting a possible long-term effect of enrichment on these behaviors.

As opposed to other food-based enrichments requiring tools, we did not find a significant reduction in stress-related behaviors (abnormal or self-directed) when the enrichment was provided or if individuals participated in the enrichment [28,32,42]. Abnormal

behaviors were less frequent when the enrichment was present as compared to the baseline condition but not to the pre-enrichment phase, suggesting a limited effect of the enrichment on these behaviors. In fact, they actually increased in the post-enrichment phase as compared to the pre-enrichment phase, which might suggest a negative long-term effect of enrichment activities on the occurrence of abnormal behaviors. One possible explanation for these results is that chimpanzees at Fundació Mona have a very low incidence of abnormal behaviors [67]. For example, in the baseline and enrichment conditions, the proportion of abnormal behaviors only represented less than 2.5% of their activity budget (see Supplementary Materials Table S2), which is lower than what has been reported in other captive chimpanzees (2.9 to 7.6%) [91]. It is also worth noting that a lack of change, or even an increase in abnormal and stereotypic behaviors, during or after exposure to enrichment devices is not uncommon in non-human primates [24,92–94]. This raises the question of whether a particular enrichment is truly beneficial if it is not directly linked to a decrease in these undesirable behaviors. In fact, some authors recommend that prior to the onset of an environmental enrichment intervention, a complete evaluation be carried out through a functional behavior assessment (FBA) [95] to identify the events contributing to the origin and maintenance of clinically relevant behavior [96,97]. Despite its potential benefits, FBA is still seldom used in applied animal welfare science with non-human primates. In addition, several authors have questioned the relationship between abnormal behavior and welfare in captive chimpanzees, arguing that the occurrence of abnormal behaviors is endemic to captive populations [91] and depends on historical variables (e.g., rearing conditions) [85]. Chimpanzees that have suffered past traumatic experiences and have spent years in impoverished environments can still engage in stereotypical or abnormal behaviors that are particularly difficult to eradicate, even years after rescue [98]. Thus, eliminating or reducing these deep-rooted behaviors may require a different approach, such as behavioral management [99,100], the application of psychological models of diagnosis and treatment [101,102] and/or pharmacological intervention [103,104].

Similar to abnormal behaviors, self-directed behaviors were less frequent when the enrichment was present than in the baseline condition, but they increased in the enrichment condition and post-enrichment phase as compared to the pre-enrichment phase, thus revealing that the presence of the enrichment had no clear effects on these behaviors. In addition, further analyses showed that higher participation was not linked to changes in the rates of rubs and scratches, which suggests that chimpanzees were not experiencing more anxiety or stress while interacting with the task. Several studies have reported an increase in self-directed behaviors when primates face novel or challenging situations [45,47,48,64]. However, all chimpanzees in our sample had previous experience with the task; despite being non-functional for two years, the termite mounds had been in the outdoor enclosures for a long time. Therefore, the component of novelty was absent in our study. Additionally, and in contrast to most studies assessing cognitive tasks in non-human primates [48,52,53,64,81], the chimpanzees were not isolated in a different location (e.g., an adjacent room) or separated from their group to perform the task. Thus, remaining in the same familiar social context likely decreased their anxiety.

Regarding the effects of enrichment on the social dynamics of the group, our results did not support our predictions. In particular, neither affiliation- nor aggression-related behaviors showed significant differences depending on enrichment presence or individual participation. These findings are consistent with those of Yamanashi and colleagues [32], who provided captive chimpanzees with tool feeders and found no differences in the frequency of affiliative or aggressive interactions when the enrichment was (or was not) available. The absence of change in the incidence of affiliation-related behaviors can be seen as a positive outcome, suggesting that the chimpanzees did not spend more time interacting with the termite mound at the expense of positive social interactions. Furthermore, the fact that several individuals could use the termite mound at the same time may explain why aggression-related behaviors did not increase, as chimpanzees did not have to compete to access the enrichment [28,42]. In fact, in line with our predictions, we did

find that participation was positively associated with social proximity, confirming that the enrichment was used simultaneously by several chimpanzees and suggesting that the artificial termite mounds somehow functioned as a “gathering point” in our study groups. Unexpectedly, however, we found no differences in the frequency of social proximity between enrichment and baseline conditions. In addition, the sociograms comparing the centrality degree for social proximity in the baseline and enrichment conditions showed some variation in subject association patterns (see Figure S1), but these differences were not statistically significant. Moreover, social proximity was higher in the pre- and post-enrichment phases than in the enrichment condition. Therefore, overall, the chimpanzees spent less time in close proximity during the treatment phase, regardless of whether the enrichment was provided or not, and only those who participated more spent more time in proximity.

Recent literature claims that caregivers should aim to provide animals with opportunities to express their natural behavioral repertoire so that they experience positive welfare states [8,12,105]. In our study, although the artificial termite mounds did not significantly reduce abnormal or self-directed behaviors, they did allow chimpanzees to express species-typical behaviors such as tool use, which is rare in our groups in the absence of an enrichment that specifically promotes this behavior. Moreover, given that the behavioral effects of enrichment use were maintained across sessions, these results indicate that the artificial termite-fishing task constituted an effective enrichment, at least for the two months of the treatment period. Furthermore, the fact that participation and tool use increased across sessions suggests that, although the termite mounds were not a novel enrichment, the chimpanzees needed time to re-habituate to them and successfully retrieve food after years of not being exposed to the task. This reveals that, contrary to our expectations, the number of sessions may have been too limited to properly evaluate the effectiveness of the enrichment. By monitoring behavioral changes when using the termite mound for longer periods, it may be possible to understand how long this enrichment task may positively impact chimpanzee welfare before they lose interest, and thus optimize frequency and length of enrichment sessions as appropriate. Another limitation of our study was that because of the few agonistic interactions and low-rank stability of our chimpanzee group, we could not explore the effect of rank as we initially intended. Aggression and power conflicts were very rare in our study samples, as the chimpanzees at Fundació Mona have significant chronic social impairment caused by past traumatic experiences [66,67], and also because competition for resources is limited in small captive groups housed in large outdoor enclosures. Nevertheless, although we were unable to explore the role of rank on participation, studies on larger groups with stable hierarchies should consider this variable when studying enrichment activities in a social environment.

5. Conclusions

Our findings are largely in line with previous studies showing that artificial termite-fishing tasks are a successful enrichment for captive chimpanzees, promoting species-typical behaviors such as feeding and tool use and decreasing inactivity, despite not reducing abnormal or self-directed behaviors. The fact that the frequency of rubs and scratches did not increase for those individuals with higher participation suggests that the use of the termite mounds was not a source of stress. Finally, affiliation- and aggression-related behaviors were mostly not affected by the presence of the enrichment, although termite mounds appeared to work as a “gathering point”, with social proximity increasing for those who participated more often. Overall, our results show that artificial termite-fishing tasks can be an effective enrichment for sanctuary-housed chimpanzees, maintaining the subjects’ level of interest and having positive effects on their solitary behaviors without negatively affecting their social interactions.

Supplementary Materials: The following are available online at www.mdpi.com/2076-2615/11/10/2941/s1, Figure S1: Sociograms comparing social proximity (one-arm length) across control and enriched conditions in each chimpanzee group, Table S1: Sociograms comparing social proximity (one-arm length) across control and enriched conditions in each chimpanzee group, Table S2 and S3: Incidence of behaviors in the base-line (S1) and enrichment (S2) conditions of the treatment phase, Table S4. Estimates, standard errors (SE), confidence intervals and p-values for Models 1-10. Reference category for phase/condition is baseline condition, for sex is female, for time is morning and for group is Bilinga, Table S5. Estimates, standard errors (SE) and p-values for post-hoc comparisons in Models 2-9. In all models, estimates are in logit-scale Table S6. Estimates, standard errors (SE), confidence intervals and p-values for Models 2b-9b. Reference category for sex is female, for time is morning and for group is Bilinga.

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Institutional Review Board Statement: The project was evaluated in 2019 by Universitat de Girona Ethics Committee (Comitè d'Ètica i Bioseguretat de la Recerca de la Universitat de Girona). It was approved by the Committee because the methodology that we used to evaluate animal behavior was purely observational and implied non-invasive procedures. (Ethic Committee Name: Comitè d'Ètica i Bioseguretat de la Recerca de la Universitat de Girona, Approval Code: CEBU 0020-2019, Approval Date: 16 December 2019).

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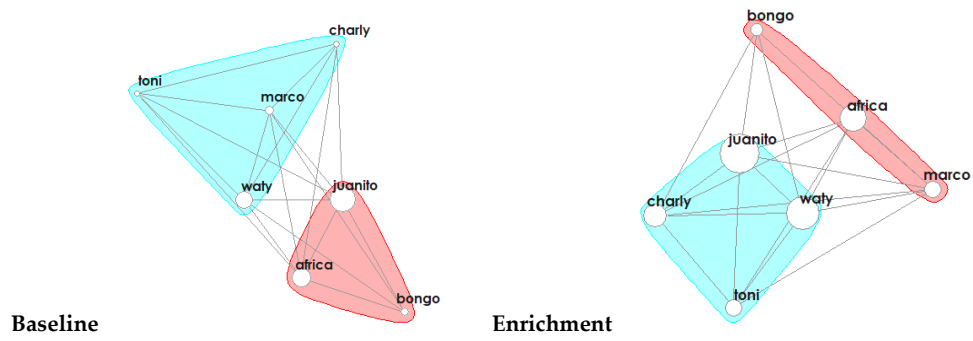
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Supplementary Materials

(a) Mutamba group



(b) Bilinga group

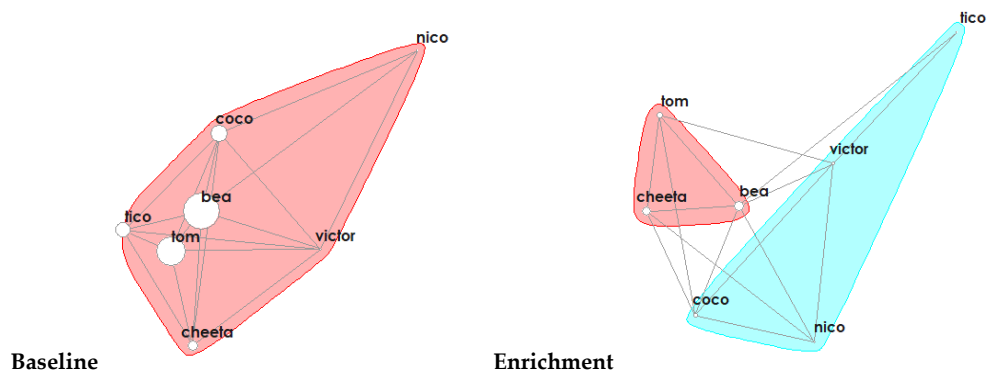


Figure S1. Sociograms comparing social proximity (one-arm length) across control and enriched conditions in each chimpanzee group. Nodes are sized according to subjects' centrality degree (strength) and edges represent dyadic associations. Colors indicate different communities in which subjects are more strongly associated (higher incidence of social proximity). N=7 in both groups.

Table S1. Biographical information on the chimpanzees from the study sample.

Subject	Sex	Group	Year of birth	Origin	Former use	Rescue year (at Mona)
Africa	F	Mutamba	1999	wild	Pet	2009
Bea	F	Bilinga	1985	wild	Entertainment	2012
Bongo	M	Mutamba	2000	captive	Entertainment	2002
Charly	M	Mutamba	1989	captive	Entertainment	2001
Cheeta	F	Bilinga	1990	wild	Entertainment	2015
Coco	F	Bilinga	1994	wild	Pet/Entertainment	2012
Juanito	M	Mutamba	2003	captive	Pet/Entertainment	2005
Marco	M	Mutamba	1984	captive	Entertainment	2001
Nico	M	Bilinga	2001	captive	Pet/Entertainment	2004
Tico	M	Bilinga	1987	wild	Entertainment	2005
Tom	M	Bilinga	1985	Wild	Entertainment	2011
Toni	M	Mutamba	1983	wild	Entertainment	2001
Victor	M	Bilinga	1982	captive	Entertainment	2006
Waty	F	Mutamba	1997	captive	Pet/Entertainment	2001

Tables S2 and S3: Incidence of behaviors in the baseline (S1) and enrichment (S2) conditions of the treatment phase. Behaviors collected with scan sampling method (i.e., participation, tool use, feeding, inactivity, abnormal behaviors, social proximity, agonistic behaviors and affiliative behaviors) represent the percentage of scans in which the behavior was observed), whereas behaviors collected with all-occurrence focal sampling (i.e., self-directed behaviors: rubs and scratches) correspond to rates (i.e., number of self-directed behaviors/ observation time in minutes)

Table S2. Baseline condition during Phase «B» Treatment

Subject	Scan sampling						Focal sampling	
	Tool use	Feeding	Inactivity	Abnormal behaviors	Social proximity	Agonistic interactions	Affiliative interactions	Self-directed behaviors
Africa	0.21	17.72	46.84	0.00	12.28	0.21	15.40	0.47
Bea	0.00	8.61	52.40	0.25	21.47	0.25	15.95	0.85
Bongo	0.00	18.05	39.00	0.62	4.81	2.08	8.92	0.79
Charly	0.78	26.87	17.57	0.52	2.87	0.78	23.00	0.66
Cheeta	0.00	28.90	36.42	1.93	5.89	0.00	3.28	0.74
Coco	0.00	41.29	16.95	4.30	10.29	0.00	8.35	0.98
Juanito	0.00	23.33	20.84	0.25	16.20	0.25	34.99	0.25
Marco	0.00	39.53	14.35	0.24	4.87	0.00	18.35	0.72
Nico	0.00	30.77	28.00	0.62	0.56	0.62	2.77	0.81
Tico	0.00	10.13	28.86	8.15	8.49	0.00	0.00	1.40
Tom	0.00	13.43	31.71	1.62	14.78	0.93	7.87	0.60
Toni	0.00	10.05	32.54	0.00	3.70	1.44	12.44	1.00
Victor	0.00	28.97	33.41	11.68	3.37	0.47	3.27	1.12
Waty	0.00	19.35	13.10	0.00	9.95	0.00	55.36	1.50
Mean	0.07	22.64	29.43	2.16	8.54	0.50	15.00	0.85

Table S3. Enrichment condition during Phase «B» Treatment

Subject	Scan sampling						Focal sampling		
	Participation	Tool use	Feeding	Inactivity	Abnormal behaviors	Social proximity	Agonistic interactions	Affiliative interactions	Self-directed behaviors
Africa	18.25	17.53	29.16	35.60	0.00	14.45	0.00	13.42	0.48
Bea	0.00	0.00	9.78	44.84	0.00	6.26	0.82	12.77	0.95
Bongo	2.10	0.00	20.19	38.48	0.00	5.93	3.24	11.62	0.64
Charly	8.53	8.53	25.59	17.27	2.13	10.76	0.21	30.06	0.38
Cheeta	4.01	4.01	43.69	29.06	0.00	4.58	0.00	5.01	0.80
Coco	9.05	9.05	58.37	7.01	1.36	2.676	0.00	6.56	0.75
Juanito	10.49	10.08	38.27	8.85	0.21	18.94	1.03	37.04	0.17
Marco	13.08	13.08	45.36	10.13	0.00	8.73	0.21	15.40	0.62
Nico	1.59	1.589	36.51	20.11	0.00	1.66	1.85	2.12	1.04
Tico	0.00	0.45	20.98	16.52	6.70	0.48	0.67	0.00	1.01
Tom	0.0	0.00	17.27	20.62	0.00	3.48	1.80	6.96	0.46
Toni	0.00	3.32	4.06	28.04	0.00	8.06	0.00	28.04	0.57
Victor	10.82	9.05	44.81	18.54	2.65	2.35	1.33	2.43	0.73
Waty	1.17	0.24	15.49	15.50	0.00	16.09	0.00	53.99	0.84
Mean	5.65	5.49	29.25	22.18	0.93	7.46	0.80	16.10	0.67

Table S4. Estimates, standard errors (SE), confidence intervals and *p*-values for Models 1-10. Reference category for phase/condition is baseline condition, for sex is female, for time is morning and for group is Bilinga.

Models	Estimate	SE	CI (2.5%)	CI (97.5%)	<i>p</i>
Model 1: Participation (GLMM: $\chi^2 = 22.54$, $df = 5$, $p < 0.001$)					
Intercept	-3.000	0.253			
Session number	0.091	0.031	0.030	0.153	<0.05
Sex (male)	-0.162	0.209	-0.570	0.247	0.438
Age	-0.024	0.105	-0.230	0.183	0.823
Time (afternoon)	-0.562	0.138	-0.833	-0.291	<0.001
Group (Mutamba)	0.303	0.211	0.110	0.717	0.150
Model 2: Tool use (GLMM: $\chi^2 = 703.42$, $df = 3$, $p < 0.001$)					
Intercept	-9.883	0.999			
Phase Pre-treatment	-17.06	2884	-5.669	5634.744	0.995
Phase Treatment (Enrichment)	4.612	0.504	3.624	5.600	<0.001
Phase Post-treatment	2.491	0.636	1.244	3.738	<0.001
Sex (male)	0.272	0.971	-1.632	2.175	0.780
Age	-0.297	0.470	-1.218	0.625	0.528
Time (afternoon)	-1.091	0.122	-1.330	-0.851	<0.001
Group (Mutamba)	1.167	0.942	-0.680	3.013	0.216
Scan number	0.004	0.000	0.003	0.004	<0.001
Model 3: Feeding (GLMM: $\chi^2 = 579.91$, $df = 3$, $p < 0.001$)					
Intercept	-0.958	0.310			
Phase Pre-treatment	-0.796	0.055	-0.903	-0.689	<0.001
Phase Treatment (Enrichment)	0.418	0.044	0.332	0.504	<0.001
Phase Post-treatment	-0.278	0.070	-0.414	-0.141	<0.001
Sex (male)	0.053	0.357	-0.649	0.756	0.882
Age	-0.192	0.180	-0.544	0.160	0.286
Time (afternoon)	-0.734	0.040	-0.812	-0.656	<0.001
Group (Mutamba)	-0.124	0.357	-0.824	0.575	0.728
Scan number	-0.000	0.000	-0.000	0.000	0.129
Model 4: Inactivity (GLMM: $\chi^2 = 1609.8$, $df = 3$, $p < 0.001$)					
Intercept	-0.254	0.241			
Phase Pre-treatment	1.206	0.043	1.121	1.290	<0.001
Phase Treatment (Enrichment)	-0.397	0.043	-0.482	-0.312	<0.001
Phase Post-treatment	-0.094	0.060	0.212	0.025	0.121
Sex (male)	-0.195	0.277	-0.738	0.347	0.480
Age	0.053	0.139	-0.220	0.325	0.704
Time (afternoon)	-0.446	0.035	-0.514	-0.378	<0.001
Group (Mutamba)	-0.158	0.276	-0.698	0.383	0.568
Scan number	-0.001	0.000	-0.001	-0.001	<0.001
Model 5: Abnormal behaviors (GLMM: $\chi^2 = 53.08$, $df = 3$, $p < 0.001$)					

Intercept	-6.253	0.749			
Phase Pre-treatment	-1.129	0.219	-1.559	-0.700	<0.001
Phase Treatment (Enrichment)	-0.950	0.163	-1.269	-0.631	<0.001
Phase Post-treatment	-0.209	0.302	-0.801	0.383	0.489
Sex (male)	1.399	0.905	-0.374	3.173	0.122
Age	0.265	0.432	-0.582	1.112	0.540
Time (afternoon)	1.380	0.153	1.080	1.679	<0.001
Group (Mutamba)	-2.780	0.914	-4.571	-0.989	<0.001
Scan number	0.002	0.000	0.001	0.003	<0.001
Model 6: Self-directed behaviors (GLMM: $\chi^2 = 266.57$, $df = 3$, $p < 0.001$)					
Intercept	-2.585	0.426			
Phase Pre-treatment	-1.395	0.095	-1.582	-1.208	<0.001
Phase Treatment (Enrichment)	-0.244	0.064	-0.369	-0.119	<0.001
Phase Post-treatment	-0.362	0.110	-0.576	-0.147	<0.001
Sex (male)	0.227	0.491	-0.736	1.190	0.645
Age	-0.082	0.248	-0.568	0.405	0.743
Time (afternoon)	0.105	0.058	-0.009	0.219	0.072
Group (Mutamba)	-0.833	0.492	-1.798	0.132	0.091
Scan number	0.001	0.058	0.001	0.002	<0.001
Model 7: Social proximity (GLMM: $\chi^2 = 1127.6$, $df = 3$, $p < 0.001$)					
Intercept	-2.770	0.330			
Phase Pre-treatment	1.610	0.063	1.486	1.73406	<0.001
Phase Treatment (Enrichment)	-0.154	0.070	-0.292	-0.016	<0.05
Phase Post-treatment	0.332	0.100	0.137	0.528	<0.001
Sex (male)	-0.887	0.377	-1.627	-0.148	<0.05
Age	-0.020	0.191	-0.395	0.354	0.915
Time (afternoon)	0.375	0.049	0.280	0.471	<0.001
Group (Mutamba)	0.415	0.379	-0.327	1.158	0.273
Scan number	0.001	0.000	0.001	0.001	<0.001
Model 8: Affiliative interactions (GLMM: $\chi^2 = 100.42$, $df = 3$, $p < 0.001$)					
Intercept	-3.346	0.489			
Phase Pre-treatment	-0.474	0.074	-0.618	-0.330	<0.001
Phase Treatment (Enrichment)	0.071	0.057	-0.040	0.182	0.209
Phase Post-treatment	0.353	0.086	0.186	0.521	<0.001
Sex (male)	-1.155	0.570	-2.272	-0.038	<0.05
Age	-0.001	0.285	-0.559	0.557	1.000
Time (afternoon)	1.255	0.050	1.157	1.354	<0.001
Group (Mutamba)	1.830	0.570	0.712	2.947	<0.05
Scan number	0.001	0.000	0.000	0.001	<0.001
Model 9: Agonistic interactions (GLMM: $\chi^2 = 9.765$, $df = 3$, $p < 0.05$)					
Intercept	-6.891	0.555			

Phase Pre-treatment	-0.224	0.312	-0.835	0.386	0.471
Phase Treatment (Enrichment)	0.543	0.241	0.071	1.016	<0.05
Phase Post-treatment	0.278	0.342	-0.392	0.949	0.416
Sex (male)	1.717	0.526	0.686	2.747	<0.05
Age	-0.334	0.231	-0.788	-0.079	0.149
Time (afternoon)	0.983	0.202	0.587	1.379	<0.001
Group (Mutamba)	-0.543	0.487	-1.500	0.412	0.265
Scan number	-0.001	0.001	-0.002	0.000	0.051
Model 10: SNA Proximity (GLMM: $\chi^2 = 2.38$, $df = 3$, $p = 0.498$)					
Intercept	0.492	0.112			
Condition	0.052	0.102	-0.148	0.252	0.608
Group (Mutamba)	0.068	0.159	-0.243	0.379	0.668
Condition: Group (Mutamba)	0.079	0.144	-0.204	0.362	0.582

Table S5. Estimates, standard errors (SE) and *p*-values for post-hoc comparisons in Models 2-9. In all models, estimates are in logit-scale.

Models	Estimate ± SE	<i>P</i>
Model 2: Tool use		
Enrichment condition > Baseline condition	-4.13 ± 0.48, -8.74 ± 0.69	< 0.001
Enrichment condition > Pre-treatment phase	-25.80 ± 2883.63	1.000
Pre-treatment phase < Post-treatment phase		1.000
Model 3: Feeding		
Enrichment condition > Baseline condition	-0.99 ± 0.17, -1.41 ± 0.17	< 0.001
Enrichment condition > Pre-treatment phase	-2.20 ± 0.18	< 0.001
Pre-treatment phase < Post-treatment phase		< 0.001
Model 4: Inactivity		
Enrichment condition < Baseline condition	-1.28 ± 0.14, -0.88 ± 0.14	< 0.001
Enrichment condition < Pre-treatment phase	0.32 ± 0.14	< 0.001
Pre-treatment phase > Post-treatment phase		< 0.001
Model 5: Abnormal behaviors		
Enrichment condition < Baseline condition	-6.69 ± 0.49, -5.74 ± 0.47	< 0.001
Enrichment condition = Pre-treatment phase	-6.87 ± 0.50	0.880
Pre-treatment phase < Post-treatment phase		< 0.05
Model 6: Self-directed behaviors		
Enrichment condition < Baseline condition	-2.76 ± 0.24, -2.51 ± 0.24	< 0.001
Enrichment condition > Pre-treatment phase	-3.91 ± 0.25	< 0.001
Pre-treatment phase < Post-treatment phase		< 0.001
Model 7: Social proximity		
Enrichment condition = Baseline condition	-2.74 ± 0.19, -2.59 ± 0.19	0.125
Enrichment condition < Pre-treatment phase	-0.98 ± 0.18	< 0.001
Pre-treatment phase > Post-treatment phase		< 0.001
Model 8: Affiliative interactions		
Enrichment condition = Baseline condition	-2.11 ± 0.28, -2.18±0.28	0.591
Enrichment condition > Pre-treatment phase	-2.65±0.28	< 0.001
Pre-treatment phase < Post-treatment phase		< 0.001
Model 9: Agonistic interactions		
Enrichment condition = Baseline condition	-5.60± 0.29, -6.14 ± 0.32	0.109
Enrichment condition > Pre-treatment phase	-6.37 ± 0.35	< 0.05
Pre-treatment phase = Post-treatment phase		0.501

Table S6. Estimates, standard errors (SE), confidence intervals and *p*-values for Models 2b-9b. Reference category for sex is female, for time is morning and for group is Bilinga.

Models	Estimate	SE	CI (2.5%)	CI (97.5%)	<i>p</i>
Model 2b: Tool use (GLMM: $\chi^2 = 196.36$, $df = 3$, $p < 0.001$)					
Intercept	-4.301	0.185			
Participation (binomial)	1.330	0.252	0.836	1.823	<0.001
Session number	-0.004	0.023	-0.048	0.041	0.874
Sex (male)	0.030	0.141	-0.246	0.307	0.829
Age	0.003	0.071	-0.142	0.137	0.971
Time (afternoon)	0.075	0.092	-0.107	0.256	0.419
Group (Mutamba)	0.073	0.142	-0.206	0.352	0.607
Participation(binomial)*	0.172	0.042	0.089	0.255	<0.001
Session number					
Model 3b: Feeding (GLMM: $\chi^2 = 38.31$, $df = 3$, $p < 0.001$)					
Intercept	-0.438	0.284			
Participation	3.731	0.609	2.538	4.924	<0.001
Session number	-0.048	0.021	-0.089	-0.006	<0.05
Sex (male)	0.097	0.309	-0.509	0.703	0.753
Age	-0.180	0.155	-0.483	0.124	0.246
Time (afternoon)	0.989	0.097	-1.180	-0.799	<0.001
Group (Mutamba)	-0.367	0.310	-0.975	0.240	0.236
Model 4b: Inactivity (GLMM: $\chi^2 = 12.14$, $df = 3$, $p < 0.05$)					
Intercept	-0.494	0.308			
Participation	-1.154	0.577	-2.285	-0.024	<0.05
Session number	-0.047	0.020	-0.086	-0.008	<0.05
Sex (male)	-0.329	0.344	-1.002	0.3446	0.339
Age	0.081	0.172	-0.256	0.417	0.639
Time (afternoon)	-0.578	0.091	-0.755	-0.400	<0.001
Group (Mutamba)	-0.105	0.344	-0.778	0.568	0.760
Model 5b: Abnormal behaviors (GLMM: $\chi^2 = 2.49$, $df = 3$, $p = 0.477$)					
Intercept	-3.741	0.910			
Participation (binomial)	1.461	1.155	-0.803	3.725	0.206
Session number	-0.013	0.081	-0.172	0.145	0.870
Sex (male)	1.466	0.952	-0.400	3.332	0.124
Age	0.295	0.436	-0.560	1.149	0.499
Time (afternoon)	1.287	0.390	0.521	2.052	<0.001
Group (Mutamba)	-1.690	0.916	-3.485	0.106	0.065
Participation(binomial)	-0.326	0.235	-0.787	0.136	0.167
*Session number					
Model 6b: Self-directed behaviors (rubs and scratches) (GLMM: $\chi^2 = 30.74$, $df = 3$, $p < 0.001$)					
Intercept	0.191	0.193			

Participation	0.318	0.491	-0.644	1.280	0.517
Session number	-0.102	0.019	-0.139	-0.066	<0.001
Sex (male)	-0.183	0.201	-0.577	0.212	0.364
Age	0.120	0.101	-0.078	0.317	0.235
Time (afternoon)	0.381	0.084	0.216	0.545	<0.001
Group (Mutamba)	0.349	0.201	-0.743	0.046	0.083
Model 7b: Social proximity (GLMM: $\chi^2 = 9.96$, $df = 3$, $p < 0.05$)					
Intercept	-2.736	0.187			
Participation	1.540	0.532	0.497	2.583	<0.05
Session number	0.023	0.021	-0.018	0.064	0.271
Sex (male)	-0.375	0.163	-0.694	-0.056	<0.05
Age	-0.012	0.082	-0.173	0.148	0.880
Time (afternoon)	0.237	0.095	0.050	0.424	<0.05
Group (Mutamba)	0.427	0.163	0.107	0.747	<0.05
Model 8b: Affiliative interactions (GLMM: $\chi^2 = 0.95$, $df = 3$, $p = 0.814$)					
Intercept	-2.295	0.223			
Participation	1.007	2.148	-5.216	3.202	0.639
Session number	0.004	0.023	-0.041	0.049	0.853
Sex (male)	-0.429	0.206	-0.832	-0.026	<0.05
Age	0.036	0.104	-0.167	0.239	0.730
Time (afternoon)	0.592	0.106	0.385	0.780	<0.001
Group (Mutamba)	1.033	0.209	0.624	1.442	<0.001
Participation*Session number	0.069	0.326	-0.569	0.707	0.832
Model 9b: Agonistic interactions (GLMM: $\chi^2 = 6.37$, $df = 3$, $p = 0.095$)					
Intercept	-3.729	0.815			
Participation (binomial)	-0.758	1.521	3.739	2.223	0.618
Session number	-0.201	0.084	-0.365	-0.037	<0.05
Sex (male)	2.094	0.749	0.627	3.561	<0.05
Age	-0.231	0.294	-0.808	0.346	0.433
Time (afternoon)	1.147	0.398	0.367	1.926	<0.05
Group (Mutamba)	-0.359	0.639	-1.612	0.894	0.575
Participation(binomial)*Session number	0.134	0.277	-0.409	0.676	0.630

**Article 2. Cognitive enrichment in a social setting: assessing the use of a novel food maze
in sanctuary-housed chimpanzees**

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Photograph by Miquel Llorente



Cognitive enrichment in a social setting: assessing the use of a novel food maze in sanctuary-housed chimpanzees

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Abstract

Foraging devices are effective enrichment tools for non-human primates, as they provide both cognitive and manipulative stimulation that may enhance these animals' welfare. We assessed the behavioral effects of a novel tool-based enrichment on 14 chimpanzees (*Pan troglodytes*) housed at Fundació Mona (Girona, Spain). The device consisted of a vertical maze filled with food rewards, which chimpanzees could extract by using tools. We conducted behavioral observations in two conditions over an approximately 2.5-month period: when the food maze was loaded (12 enrichment days), and when it was empty (12 baseline days). Data were collected using 2-min scan sampling and untimed-event focal sampling during two daily sessions of 80 min each. We expected that the chimpanzees' interest in the enrichment would decrease over time, but that its use would be linked to an increase in the occurrence of species-typical behaviors, a reduction in negative indicators of welfare, and changes in social behaviors. We found that participation widely varied among subjects, being higher in females and decreasing through time. Furthermore, participation was linked to an increase in tool use and a decrease in inactivity, but also to an increase in aggression-related behaviors. In contrast, participation had no effect on the occurrence of abnormal behaviors, social proximity or affiliation-related behaviors. Finally, we detected an increase in self-directed behaviors only when subjects actively interacted with the device. We conclude that, in future studies, these types of devices should be evaluated for longer periods of time and more attention should be paid to individuals' preferences and abilities.

Keywords Behavior · Chimpanzees · Cognitive enrichment · Tool use · Welfare

Introduction

Behavioral diversity and species-typical behaviors, also referred to as “ethological needs,” are key concepts related to animal welfare (Browning 2019; Hughes and Duncan 1988; Miller et al. 2020). However, captive settings often lack sufficient complexity to allow the expression of a species-typical behavioral repertoire (Mallapur 2008; Newberry 1995; Young 2003). For this reason, environmental enrichment has become a key component of the management of captive animals (Maple and Perdue 2013), as it is considered an important means of improving animal welfare by providing opportunities for physical, affective and cognitive stimulation (Fernández and Martin 2021; Hoy et al. 2010; Mellor 2015). The extensive variety of enrichment strategies used in non-human primates includes sensory stimulation (Carter et al. 2021; Vaglio et al. 2021), social housing (Chipangura et al. 2020), motor or manipulative engagement (Costa et al. 2018), and more recently, cognitive stimulation (Coleman and Novak 2017; Dutton et al. 2018; Lutz and Novak 2005),

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which also includes the use of digital electronic devices (Clark 2017; Clark et al. 2019; Gray et al. 2018; Grunauer and Walguarnery 2018; Kim-McCormack et al. 2016). In fact, cognitive enrichment has become increasingly popular in zoos, sanctuaries and even farms, where problem-solving opportunities can enhance animal welfare (Clark 2017; Meehan and Mench 2007). Cognitive enrichment can be defined as an enrichment which “(1) engages evolved cognitive skills by providing opportunities to solve problems and control some aspect of the environment, and (2) is correlated to one or more validated measures of well-being” (Clark 2011, p. 6).

Cognitively stimulating environments may be particularly important for captive non-human primates, and more specifically for great apes due to their behavioral, affective and cognitive complexity (Clark 2011). In the wild, great apes continuously face complex ecological and social problems that require complex perception, understanding and decision-making skills (Morimura 2006), so that psychological challenges are likely inherent in their nature. This could explain why chimpanzees, for example, reportedly engage in problem-solving activities even when no reward is involved (Clark and Smith 2013). Furthermore, great apes often explore novel objects (Paquette and Prescott 1988), possess highly developed manipulative skills (Paquette and Prescott 1988; Torigoe 1985), and use and create tools in captive environments (Motes-Rodrigo and Tennie 2021). Therefore, the introduction of novel devices or tasks promoting such behaviors may be a particularly successful enrichment strategy for these species.

Furthermore, non-human primates spend considerable amounts of time foraging for and eating food in the wild, e.g., in chimpanzees, up to 18.8–60% of their time (Boesch and Boesch-Achermann 2000; Doran 1997; Inoue and Shimada 2020; Pruetz and McGrew 2001; Yamanashi and Hayashi 2011). However, captive animals are usually provided with food directly, in ways that require minimal effort. Thus, captive chimpanzees typically spend less time foraging than their wild counterparts (Inoue and Shimada 2020; Yamanashi and Hayashi 2011), and this may be linked to reduced behavioral expression and competence, and heightened negative emotional states (Špinka and Wemelsfelder 2011). For these reasons, enrichment activities were employed in several studies with the focus on increasing opportunities for foraging (Baker 1997; Bloomsmith et al. 1988; Maki et al. 1989; Reinhardt 1993), and included food hidden inside boxes, pipes, tubes or balls (Brooks et al. 2021; Gronqvist et al. 2013; Nash et al. 2021) that could only be extracted by manipulating the objects in a specific manner (e.g., poking, shaking, rotating). The sophistication of a device can be altered to vary the complexity of the problem-solving skills required, but it should provide both manipulative and cognitive stimulation to non-human

primates (Dutton et al. 2018), who usually show an interest in food-associated enrichments and motivation to solve puzzles for food rewards (Cheyne 2009; de Rosa et al. 2003; Shohat et al. 2019), even when highly valued foods are not used (Brooks et al. 2021). Furthermore, as foraging devices make food more difficult to obtain, primates spend more time on these activities and less time inactive or engaged in abnormal behaviors (Brent and Eichberg 1991). Similarly, these types of enrichment can increase the general activity of the group over longer periods, even if only a few individuals actively manipulate the devices (Csatádi et al. 2008; Jones and Pillay 2004). Most food-based enrichments for great apes involve toys or objects like boxes, pipes, tubes or balls (Bloomsmith et al. 1990, 1991; Brent and Stone 1998; Lambeth and Bloomsmith 1994; Pruetz and Bloomsmith 1992), i.e., relatively unsophisticated devices, partly because of time constraints (e.g., time to design or manufacture the devices) and limited finances (Hall et al. 2021).

Several studies have employed foraging devices that require tool use in captive great apes, particularly chimpanzees (Celli et al. 2004, 2003; Clark and Smith 2013; Llorente and Campi 2014; Maki et al. 1989; Morimura 2003; Nash 1982; Padrell et al. 2021; Yamanashi et al. 2016; Zaragoza et al. 2011). These devices often simulate behaviors such as termite-fishing, ant-dipping or ant-fishing, which are commonly observed in the wild (Boesch and Boesch 1990; Goodall 1986; Jones and Sabater Pi 1969). In general, these activities enhance chimpanzee welfare by increasing species-typical behaviors and decreasing abnormal behaviors and other negative indicators of welfare. Moreover, these tool-use tasks can provide data on learning (Hirata and Celli 2003; Hirata and Morimura 2000; Paquette 1992), tool modification (Hopper et al. 2015), cognitive flexibility (Hopkins et al. 2014), physical reasoning (Brooks et al. 2021) and problem solving (Seed et al. 2009), or other characteristics such as manual laterality (McGrew and Marchant 1992; Sanz et al. 2016) and dexterity (Bardo et al. 2017; Osuna-Mascaró et al. 2021). It seems likely that enrichment devices that promote tool use will provide more cognitive stimulation than those that do not require tools. In fact, tool use, and more specifically flexible tool use (i.e., the ability to adapt to new situations through innovative solutions), is considered a complex activity that involves motivational, cognitive (i.e., information seeking and recombination) and sensorimotor aspects (i.e., manipulative propensity and specific manipulative skills) (Call 2013; Hunt et al. 2013).

Enrichment activities provided in a social setting might affect social dynamics within the group (Clark 2017), for example, by influencing affiliative or agonistic interactions. However, the few studies that have examined this have reported contradictory results, possibly due to methodological differences. For example, competition for access to the enrichment device may lead to aggression

(Maki et al. 1989; Sha et al. 2012), although this is less likely if various subjects can simultaneously access the device (Brent and Eichberg 1991; Yamanashi et al. 2016). Similarly, affiliative interactions may also be positively or negatively affected by an enrichment (Brent and Eichberg 1991; Clark and Smith 2013; Sha et al. 2012), or not affected at all (Yamanashi et al. 2016).

Other aspects that should be considered when implementing a new enrichment procedure include subjects' participation (i.e., engagement with the device, or proportion of time interacting with it) (Dutton et al. 2018; Lutz and Novak 2005; Schapiro and Lambeth 2007), as particularly in a social setting this might be affected by factors such as rank, personality, sex or age (Celli et al. 2003; Hopper et al. 2014). For instance, dominant chimpanzees may monopolize enrichment devices (Bloomstrand et al. 1986; Celli et al. 2003; Honess and Marin 2006; Paquette and Prescott 1988), which could negatively affect the acquisition of new tool-use behaviors by low-ranking individuals (Paquette 1992). Another important aspect is the level of difficulty of the task, which must be sufficiently stimulating to motivate the animals, yet solvable enough to avoid frustration (Meehan and Mench 2007). Currently there is no consensus on how to evaluate the level of cognitive stimulation and therefore the effectiveness of a particular cognitive enrichment (Clark 2017). Moreover, non-human primates can quickly become habituated to novel devices or tasks (Clark 2011; Vick et al. 2000), leading to the reduced effectiveness of enrichment activities over time (Tarou and Bashaw 2007). However, the effects of the enrichment may widely vary across subjects (Coleman and Novak 2017; Costa et al. 2018; Izzo et al. 2011). For example, Clark and Smith (2013) found that two out of six chimpanzees barely touched an enrichment device, whereas the others frequently interacted with it. Such variation highlights the importance of a more individual approach when evaluating the outcomes of a particular enrichment. This might include assessing subjects' emotional states when interacting with an enrichment device, by measuring the occurrence of self-directed behaviors (e.g., scratching, touching or rubbing their body or face), which are reliable indicators of negative emotional states (i.e., stress or anxiety) in non-human primates (Baker and Aureli 1997; Maestripietri et al. 1992). Several studies have shown increases in self-directed behaviors in great apes faced with novel or more difficult tasks (Elder and Menzel 2001; Itakura 1993; Leavens et al. 2004, 2001; Meyer and Hamel 2014) or in response to errors (Leeds and Lukas 2018; Wagner et al. 2016; Yamanashi and Matsuzawa 2010). Furthermore, reported increases in self-directed behaviors in response to changes in non-human primates' environments (Bonnie et al. 2016; Lukas

et al. 2003) suggest that the simple presence of enrichment devices may also lead to such increases.

We evaluated the effects of a novel cognitive enrichment that requires tool use on solitary and social behaviors in two groups of sanctuary-housed chimpanzees. We hypothesized that the enrichment device would overall have a positive effect on the chimpanzees' welfare by promoting species-typical behaviors and reducing negative ones, while also affecting social interactions. In particular, we predicted that the chimpanzees' interest in the device (i.e., participation) would decrease across enrichment sessions (prediction 1), but that greater participation would be linked to an increase in tool use (prediction 2) and a reduction in negative indicators of welfare, such as abnormal behaviors (prediction 3) and inactivity (prediction 4). Moreover, we predicted that participation would increase social proximity (as the device could be used by more than one chimpanzee at a time; prediction 5), decrease affiliative behaviors (as chimpanzees would spend more time interacting with the enrichment and less time in grooming, social play or sexual behavior; prediction 6), and increase aggression-related behaviors (due to possible competition for the enrichment device; prediction 7). Finally, considering that our subjects had no previous experience with the enrichment device and the complexity of the task, we expected an increase in the occurrence of self-directed behaviors during engagement with the device, but not when simply in its presence (prediction 8).

Materials and methods

Subjects and study site

The study subjects were 14 adult chimpanzees (*Pan troglodytes*) living in two mixed-sex groups, each comprising seven individuals (Mutamba and Bilinga). The Mutamba group was composed of two females and five males, aged between 15 and 35 years (mean \pm SD = 24.4 \pm 8.2 years), and the Bilinga group was composed of three females and four males, aged between 17 and 36 years (mean \pm SD = 29.1 \pm 6.7 years). Both groups were housed at Fundació Mona, a center in Girona, Spain, dedicated to the rescue and rehabilitation of non-human primates that had been used as pets or in the entertainment industry. The chimpanzees spent their daytime hours in a 5640-m² outdoor enclosure, divided into two areas (2420 m² and 3220 m²), both containing natural vegetation and wooden platforms, towers, and ropes. Two observation huts around the perimeter allowed behavioral observation of both groups. The chimpanzees also had 140 m² of indoor facilities where they spent the nights, but access to these was usually restricted during the daytime.

Task description and experimental procedure

The enrichment device was a double-sided maze consisting of a rectangular steel structure (approximately 1×0.5 m) with frontal transparent plastic panels and wooden shelves with holes at the ends (Fig. 1a). The maze could be filled with preferred food items (dried fruits and nuts), which the chimpanzees had to extract by using sticks or branches obtained from the natural vegetation in the outside enclosures (see Online Resource 1). No additional tools or materials were provided, but to facilitate learning and maintain the chimpanzees' motivation, we randomly distributed food rewards on all the shelves of the device (rather than only on the upper shelf). Before filling the maze, the rewards were weighed and approximately the same quantity of food was removed from the chimpanzees' midday snack to ensure a consistent daily caloric intake. Unlike similar food puzzles described in other studies, the device was double-sided, with two identical, independent mazes within the same structure, separated by an opaque middle panel (see Online Resource 1). Therefore, two chimpanzees could interact with the device at the same time, one on each side of the device (see Fig. 1b).

Each group of chimpanzees had one maze in the enclosure. The mazes were designed for this study, and were unfamiliar to the chimpanzees. Data collection started 1 week after the mazes were first installed in the enclosures, so that the chimpanzees could habituate to them. Then, for each group, we conducted behavioral observations on 24 randomly distributed days over a 2- to 3-month period (Mutamba group, 18 April–19 June 2019; Bilinga group, 17 June–12 September 2019): 12 enrichment days (with the loaded food maze), and 12 baseline days (with the empty maze). The mazes were filled in the morning, before the chimpanzees went into the outdoor enclosures, and were available to the chimpanzees throughout the daytime (approximately from 10.30 a.m to 6.00 p.m). No additional enrichment devices were provided on baseline and enrichment days, but during the rest of the study period other enrichments were sometimes provided in line with the

usual routines of the center (e.g., bottles of juice, baited fabrics, hoses filled with food).

Behavioral observations

On baseline and enrichment days we collected behavioral data for a total of 2 h 40 min/day, divided into two 80-min sessions, one in the morning during the period from 10.30 a.m to 2.00 p.m, and one in the afternoon during the period from 3.00 p.m to 6.00 p.m. We expected the chimpanzees to use the maze more frequently in the morning, when it became available. Given the novelty and complexity of the task, however, we also expected that some rewards would not be extracted right away, and so we also collected data in the afternoon. No observations were conducted around mid-day, as this was the chimpanzees' feeding time and usually corresponded to very low activity levels in the group.

We collected data using instantaneous scan sampling (every 2 min) and untimed-event focal sampling (10 min per subject) (Bakeman and Quera 2011). Scan sampling allowed us to record mid- to long-duration behaviors including (1) engagement with the enrichment, (2) tool use, (3) abnormal behaviors, (4) inactivity, (5) social proximity, (6) affiliation-related behaviors, (7) aggression-related behaviors. Descriptions of the behaviors can be found in Table 1. As some behaviors were not mutually exclusive, in each scan sample interval a chimpanzee could exhibit more than one behavior at the same time (see details in Table 1). Total scan sampling observation time was 128 h, equally distributed between conditions and groups, i.e., 960 scans per condition and group. The untimed-event focal sampling focused on rare or short-duration behaviors (e.g., self-directed behaviors). Based on the definitions in the literature (Leavens et al. 2001; Schino et al. 1996; Yamanashi and Matsuzawa 2010), self-directed behaviors included rubbing and scratching directed towards the face and body (see detailed definition in Table 1), as these have been consistently linked to stress or anxiety, but we excluded self-grooming because it may not always be a good proxy for stress (Meyer and Hamel 2014). Following previous studies (Hopkins et al. 2006;

Fig. 1 Frontal view of the double-sided food maze used in this study (a). Chimpanzees using tools to extract the food rewards from the maze (b). Photo credits: Miquel Llorente



Table 1 Behavioral catalogue

Behavioral category	Definition
1. Participation	The chimpanzee is actively interacting with or in contact with the food maze while exploring it with the hands, feet or mouth
2. Tool use ^a	The chimpanzee uses a mobile element, external to the body (the tool), to perform a goal-oriented action on another element that modifies its physical properties. It includes tool modification and tool transportation
3. Abnormal behaviors	The chimpanzee displays maladjusted stereotypical behaviors such as rocking, pacing, self-harm, coprophagy (eating feces), regurgitation, re-ingestion, trichotillomania (hair-pulling), trichotillophagia (hair-pulling and eating hair), ear-poking, eye-poking
4. Inactivity	The chimpanzee does not perform any action or activity other than sitting or lying down. It includes self-inspection, yawning, and sleeping
5. Social proximity ^b	The chimpanzee is at less than one-arm's length from one or more subjects while performing a solitary activity, with no social interaction between subjects
6. Affiliation-related behaviors	The chimpanzee exhibits one of the following behaviors: (1) grooming—body-cleansing of one individual by another (includes mutual grooming), performed using the fingers or the mouth; (2) social play—playful behavior between two or more individuals associated with behavioral indicators of play (e.g., play face, laughter, friendly head bobbing, softly knocking on the ground, playful chasing); (3) sexual behavior—sexual interaction, or search for sexual interaction, between two individuals, including behaviors such as copulation, attempted copulation, genital presentation and other behaviors directed towards the genitals of another individual; (4) other behaviors identified as affiliative, but not fitting the criteria of grooming, social play or sexual activity (e.g., embracing, co-feeding, following)
7. Aggression-related behaviors	The chimpanzee exhibits one of the following behaviors: (1) agonistic dominance—threat-related behaviors such as direct aggression, charging display, displacement and resource appropriation (e.g., stealing food or objects) (the behavior may be accompanied by vocalizations); (2) agonistic submission—avoidance, teeth baring, display, food submission (e.g., leaving/dropping food and moving away when others try to steal it), hand-to-mouth, finger-to-mouth (the behavior may be accompanied by vocalizations such as panting/grunting, and includes running away from others in conflict situations); (3) other behaviors occurring in agonistic contexts, but not fitting the criteria of agonistic dominance or agonistic submission (e.g., appeasement, consolation, reconciliation, and requesting support)
8. Self-directed behaviors	The chimpanzee displays one of the following behaviors: (1) scratching—continuous movement of the hand over the skin involving the ends of the digits or nails; (2) rubbing—continuous movement of the hand over the skin not involving the ends of the digits, performed either with the palmar, dorsal or lateral side of the hand [this category also includes self-touching such as nose wiping (Yamanashi and Matsuzawa 2010) or face stroking (Itakura 1993)]
Not visible/not present	The chimpanzee or the behavior cannot be identified, or the chimpanzee is not in the outdoor enclosure (e.g., he/she is in the sleeping area or in an outdoor cage)

Note: data on all behaviors were collected using 2-min instantaneous scan sampling, except for those on self-directed behaviors, which were collected using untimed-event focal sampling

^aTool use could occur simultaneously with participation

^bSocial proximity and solitary behaviors (behaviors 1–4) were also not mutually exclusive (i.e., individuals could be in social proximity while simultaneously engaging in one of these behaviors)

Wagner et al. 2016), the incidence of self-directed behaviors was measured as the number of bouts. A bout ended when (1) it stopped for 3 s or more, (2) limb to body contact ceased, or (3) the body target changed. Focal observations were conducted in a pseudo-randomized order, the aim of which was to observe each chimpanzee for at least 10 min in the morning and in the afternoon on each day. If no data were collected because a chimpanzee was not present in the outdoor enclosures during an observation session, we conducted an additional 10-min observation in a later session. Due to observer absence, for one chimpanzee group we conducted focal observations on only 10 of the 12 baseline days; therefore, we randomly selected 10 data collection days for each condition and group for the

analysis of self-directed behaviors. Therefore, each chimpanzee was observed for a total of 3.3 h (200 min) in each condition (baseline and enrichment).

To further investigate the effect of the food maze on self-directed behaviors, we videotaped every enrichment session and later coded the data for self-directed behaviors when chimpanzees interacted with the task. For consistency in observation time for baseline and enrichment sessions (with no task interaction), we coded data for approximately 20 min/day per subject when they were interacting with the enrichment (i.e., 10 min in the morning and 10 min in the afternoon). If the duration of subject participation was less than 10 min, we repeated the observation when the chimpanzee resumed participation, and so on until we reached a total

observation time of 10 min. To maximize the amount of data on self-directed behaviors while manipulating the enrichment, we videotaped for an additional 30 min per session, and used the video recordings of all 12 enrichment sessions. However, it was not possible to reach 3.3 h of total observation time per subject as in the baseline and enrichment conditions (with no task interaction), as most chimpanzees interacted with the food maze for less time over the whole study period.

Inter-observer reliability

Observations were conducted by several researchers, who had completed a period of training and had to pass an inter-observer reliability test (agreement between observers $\geq 85\%$) before collecting data. All the data were collected using ZooMonitor (Ross et al. 2016), an application which facilitates the recording and analysis of animal behavior (Wark et al. 2019).

Data analysis

To investigate chimpanzee use of the enrichment device over time and assess the effect of participation on behavior, we ran eight different generalized linear mixed models (GLMM) (Baayen 2008) using the `glmmTMB` package (Brooks et al. 2017) in R. Model 1 assessed whether participation during enrichment (i.e., the number of scans involving interaction with the device in an enrichment session out of all the scans for that individual) varied across time, and whether individual characteristics—such as sex and age—predicted participation. In this model, we entered one line per individual and session (only including enrichment sessions), with session number, sex, age and time of the day (morning vs. afternoon) as test predictors. We further included group as the control and subject identity as a random effect, using a beta distribution.

We then assessed whether participation (operationalized as in model 1) predicted the occurrence of Tool use (model 2), Abnormal behaviors (model 3), Inactivity (model 4), Social proximity (model 5), Affiliation-related (model 6) and Aggression-related behaviors (model 7), and whether the effects varied across sessions (models 2–7). In all these models we included one line per subject and session. The dependent variables (i.e., the behaviors given above) were operationalized as the number of scans in which the subject performed the behavior divided by the total number of scans in which the subject was visible. Being proportions, these variables were modeled with a beta distribution. Then, we entered as test predictors the two-way interactions between participation and session number, and their main effects. If we detected overdispersion (models 3 and 7), we re-ran the models after transforming response and participation into

binomial variables using a binomial distribution. No overdispersion was detected in the models presented below. Finally, model 8 assessed whether Self-directed behaviors were affected by the enrichment. In this model, we also included one line per subject and session, and we operationalized the dependent variable (i.e., self-directed behaviors) as the total number of bouts performed in the time the subject was visible. This variable was a count and, to avoid overdispersion, it was modeled with a negative binomial distribution, adding observation time as an offset in the model. In model 8, the test predictors were the two-way interactions (and their main effects) between session number and the categorical predictor Condition (i.e., whether the observation was conducted during the Baseline, when the enrichment was not present; during the Enrichment No Interaction, when the enrichment was present but the subject was not interacting with it; or during the Enrichment Interaction, when the enrichment was present and the subject was manipulating it). In models 2–8, we entered sex, age, group and time of the day (morning, evening) as control predictors, with subject identity included as a random effect.

In all of the models, age was *z*-transformed to facilitate model convergence. To compare full models containing all predictors with null models containing only controls and random factors, we used a likelihood ratio test (function `anova`) (Dobson 2002) and a significance level of 0.05. If the full model significantly differed from the null model, we obtained the *p*-values for each test predictor via single-term deletion using the R function `drop1` (Barr et al. 2013). If the two-way interactions (which always included their main effects) were not significant, we downgraded them and re-ran the models including only main effects. In the case of significant categorical predictors with more than two levels (model 8), we used Tukey tests in the `emmeans` package (Lenth 2020) to compare the different levels. To rule out collinearity, we calculated variance inflation factors (Field 2009), which were very low for all of the models (maximum variance inflation factors across all models = 1.34).

Results

Participation in the enrichment varied widely across individuals (mean \pm SD = $8.92 \pm 15.27\%$ scans, range = 0.22–53.52%), with all the chimpanzees interacting with the device, but some only very briefly (< 1% of scans). One female (Africa; Mutamba group) was particularly interested in the maze, and spent more than 50% of scans engaged with it in the enrichment condition. Two other females (Coco, Bilinga group; Waty, Mutamba group), also spent a high proportion of scans interacting with the device (around 30% and 15%, respectively). Only two of these three females (Africa and Coco) mastered the task, reliably retrieving the

rewards from the maze. The other chimpanzees interacted with the maze, usually with tools, but they did not succeed in moving the rewards across the different shelves of the maze. Tables S1 and S2 show individual and mean values of participation and the incidence of other behaviors in the baseline and enrichment conditions. Tables 2 and 3 show a summary of the predictions and results for models 1–8.

Participation (model 1)

For model 1, the full model significantly differed from the null model (GLMM, $\chi^2 = 44.41$, $df = 4$, $p < 0.001$). Participation decreased across sessions ($p < 0.05$) (Fig. 2), and was higher in the morning than in the afternoon ($p < 0.001$). Females participated significantly more than males ($p < 0.05$), but age did not significantly predict participation.

Solitary and social behaviors (models 2–9)

For model 2 (tool use), the full–null model comparison was significant (GLMM, $\chi^2 = 87.05$, $df = 3$, $p < 0.001$), revealing that participation in the enrichment increased tool use ($p < 0.001$), with no differences across sessions (Fig. 3). For model 3 (abnormal behaviors), the full–null model comparison was not significant (GLMM, $\chi^2 = 2.56$, $df = 3$, $p = 0.464$), whereas for model 4 (inactivity), the full model significantly differed from the null model (GLMM, $\chi^2 = 35.93$, $df = 3$, $p < 0.001$), revealing that participation in the enrichment was linked to a decrease in inactivity ($p < 0.001$), with no differences across sessions (Fig. 4). For model 5 (social proximity), the full–null model comparison was significant (GLMM, $\chi^2 = 7.99$, $df = 3$, $p < 0.05$), but participation had no effect on social proximity ($p = 0.278$), which decreased

across sessions ($p = 0.010$). For model 6 (affiliation-related behaviors), the full–null model comparison was not significant (GLMM, $\chi^2 = 2.01$, $df = 3$, $p = 0.569$), whereas for model 7 (aggression-related behaviors) the full model significantly differed from the null model (GLMM, $\chi^2 = 11.72$, $df = 3$, $p < 0.05$), showing that only individuals participating in the enrichment increased aggression-related behaviors across sessions ($p < 0.05$) (Fig. 5).

Self-directed behaviors (model 8)

For model 8, the full–null model comparison was significant (GLMM, $\chi^2 = 80.23$, $df = 5$, $p < 0.001$), revealing a significant increase in self-directed behaviors when chimpanzees interacted with the enrichment as compared to when they did not (i.e., in the baseline condition and in the enrichment condition without task interaction, both $p < 0.001$).

Discussion

The aim of this study was to assess the effects of a novel tool-based cognitive feeding enrichment on solitary and social behaviors of sanctuary-housed chimpanzees. We found that engagement with the enrichment decreased across sessions, strongly varied across subjects and was higher in females. As expected, participation was linked to an increase in tool use, a decrease in inactivity, and an increase in agonistic behaviors. However, in contrast to our predictions, participation had no effect on abnormal behaviors, social proximity or affiliative behaviors. Finally, we detected increased self-directed behaviors when subjects interacted

Table 2 Summary of predictions and results for models 1–8

Predictions	Supported?	Model
1. Participation in the enrichment—		1
Remains constant across sessions	No	
Is affected by sex	Yes	
Is affected by age	No	
Is affected by: time (morning/afternoon)	Yes	
Participation in the enrichment predicts a consistent—		
2. Increase in tool use	Yes	2
3. Decrease in abnormal behaviors	No	3
4. Decrease in inactivity	Yes	4
5. Increase in social proximity	No	5
6. Decrease in affiliation-related behaviors	No	6
7. Increase in aggression-related behaviors	Yes ^a	7
8. Interaction with the enrichment predicts an increase in the rate of self-directed behaviors compared to the baseline and enrichment conditions	Yes	8

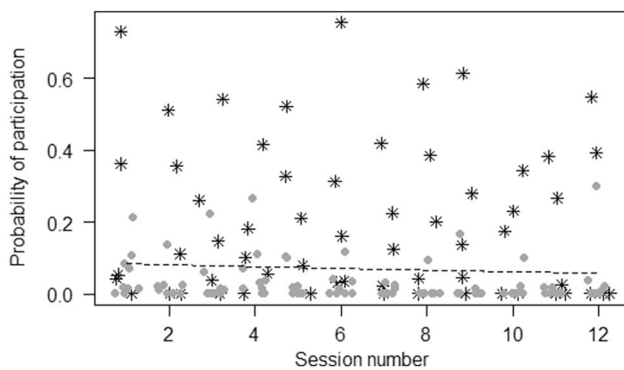
^aIn model 7, participation predicted an increase in aggression-related behaviors over time (i.e., across sessions)

Table 3 Estimates, SE, confidence intervals (CI), likelihood ratio tests (LRT), *df* and *p*-values for all variables in models 1–8 (the reference category is given in parentheses)

Models	Estimate	SE	CI (2.5%)	CI (97.5%)	LRT	<i>df</i>	<i>p</i>
Model 1: Participation							
Intercept	– 1.60	0.32	–	–	–	–	–
Session number	– 0.04	0.02	– 0.07	– 0.01	5.395	1	0.020
Sex (male)	– 1.05	0.35	– 1.74	– 0.36	6.873	1	0.006
Age	– 0.24	0.18	– 0.59	0.10	1.758	1	0.185
Time (afternoon)	– 0.67	0.12	– 0.90	– 0.44	32.251	1	<0.001
Group (Mutamba) ^a	0.50	0.35	– 0.19	1.19	1.898	1	0.168
Model 2: Tool use							
Intercept	– 2.81	0.18	–	–	–	–	–
Participation	1.05	0.10	0.85	1.25	84.129	1	<0.001
Session number	– 0.01	0.01	– 0.03	0.01	1.060	1	0.303
Sex (male) ^a	– 0.41	0.17	– 0.73	– 0.08	4.994	1	0.025
Age ^a	– 0.07	0.08	– 0.24	0.09	0.732	1	0.392
Time (afternoon) ^a	– 0.14	0.08	– 0.29	0.02	2.969	1	0.085
Group (Mutamba) ^a	– 0.05	0.17	– 0.38	0.28	0.089	1	0.765
Model 3: Abnormal behaviors							
Intercept	– 2.75	0.87	–	–	–	–	–
Participation	– 0.77	0.78	– 2.31	0.76	–	–	–
Session number	– 0.03	0.04	– 0.12	0.05	–	–	–
Sex (male) ^a	– 0.05	0.95	– 1.92	1.82	0.003	1	0.958
Age ^a	0.15	0.50	– 0.83	1.13	0.090	1	0.764
Time (afternoon) ^a	0.52	0.29	– 0.05	1.08	3.286	1	0.072
Group (Mutamba) ^a	– 0.14	0.97	– 2.05	1.77	0.0215	1	0.883
Participation × session number	0.03	0.11	– 0.19	0.25	0.0697	1	0.792
Model 4: Inactivity							
Intercept	0.13	0.28	–	–	–	–	–
Participation	– 1.98	0.35	– 2.67	– 1.29	34.092	1	<0.001
Session number	0.01	0.01	– 0.01	0.04	1.140	1	0.286
Sex (male) ^a	– 0.21	0.31	– 0.82	0.40	0.439	1	0.508
Age ^a	0.11	0.16	– 0.19	0.42	0.521	1	0.471
Time (afternoon) ^a	– 0.44	0.08	– 0.61	– 0.28	27.179	1	<0.001
Group (Mutamba) ^a	– 0.50	0.31	– 1.11	0.11	2.364	1	0.124
Model 5: Social proximity							
Intercept	– 1.53	0.19	–	–	–	–	–
Participation	– 0.34	0.32	– 0.97	0.28	1.176	1	0.278
Session number	– 0.03	0.01	– 0.05	– 0.01	6.569	1	0.010
Sex (male) ^a	– 0.62	0.19	– 1.00	– 0.24	7.780	1	0.005
Age ^a	0.01	0.10	– 0.17	0.20	0.024	1	0.878
Time (afternoon) ^a	– 0.48	0.08	– 0.64	– 0.32	33.761	1	<0.001
Group (Mutamba) ^a	– 0.06	0.19	– 0.43	0.32	0.091	1	0.763
Model 6: Affiliation-related behaviors							
Intercept	– 2.31	0.18	–	–	–	–	–
Participation	– 0.47	0.61	– 1.67	0.72	–	–	–
Session number	0.00	0.01	– 0.02	0.03	–	–	–
Sex (male) ^a	– 0.48	0.16	– 0.79	– 0.17	6.967	1	0.008
Age ^a	0.04	0.08	– 0.11	0.20	0.319	1	0.572
Time (afternoon) ^a	0.24	0.08	0.08	0.41	8.347	1	0.004
Group (Mutamba) ^a	0.39	0.16	0.08	0.70	4.970	1	0.026
Participation × session number	0.01	0.08	– 0.15	0.17	0.008	1	0.928
Model 7: Aggression-related behaviors							
Intercept	– 4.33	0.77	–	–	–	–	–

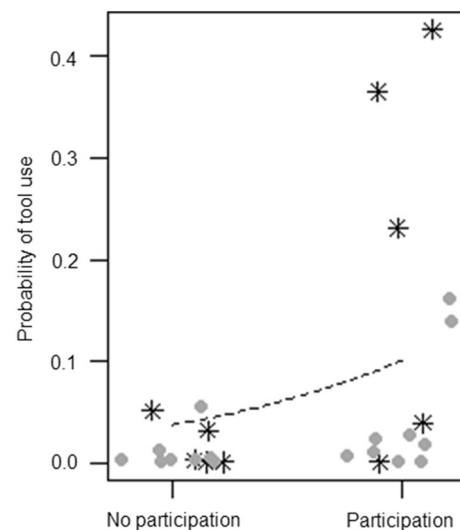
Table 3 (continued)

Models	Estimate	SE	CI (2.5%)	CI (97.5%)	LRT	df	p
Participation	-1.93	0.87	-3.64	-0.22	-	-	-
Session number	-0.14	0.05	-0.24	-0.05	-	-	-
Sex (male) ^a	2.22	0.67	0.90	3.54	9.534	1	0.002
Age ^a	-0.37	0.25	-0.87	0.13	1.922	1	0.166
Time (afternoon) ^a	0.69	0.30	0.10	1.28	5.369	1	0.020
Group (Mutamba) ^a	1.07	0.56	-0.03	2.17	3.576	1	0.059
Participation × session number	0.29	0.12	0.06	0.52	5.890	1	0.015
Model 8: Self-directed behaviors							
Intercept	0.56	0.17	-	-	-	-	-
Condition (Baseline)	-0.70	0.10	-0.89	-0.51	75.138	1	<0.001
Condition (Enrichment no interaction)	-0.85	0.10	-1.04	-0.65			
Session number	-0.02	0.01	-0.04	0.00	2.460	1	0.117
Sex (male) ^a	0.20	0.16	-0.12	0.53	1.462	1	0.227
Age ^a	0.08	0.08	-0.08	0.24	1.031	1	0.310
Time (afternoon) ^a	-0.20	0.07	-0.33	-0.06	7.678	1	0.006
Group (Mutamba) ^a	-0.42	0.16	-0.74	-0.10	5.359	1	0.021

^aControl variables**Fig. 2** Jitter plot showing probability of participating in the enrichment activity as a function of session number. Asterisks represent female chimpanzees and circles male chimpanzees in each session. The dashed line represents the fitted model, which is like model 1 but unconditional on all the other predictors that were standardized

with the enrichment device, as compared to when they did not in either baseline or enrichment sessions.

Among our subjects, three females (Africa, Coco and Waty) were the most frequent users of the enrichment, spending between 15 and 50% of the scans interacting with the food maze. The other chimpanzees participated much less, with some hardly interacting with the device at all. Wide inter-individual variation in participation has been reported in other studies that presented cognitive devices to great apes (Clark et al. 2019; Clark and Smith 2013; Tarou et al. 2004) and monkeys (Jacobson et al. 2019; Polgár et al. 2017). It is noteworthy that only Africa and Coco, two of the three more frequent users of the food maze, were able to master the task when the food rewards were in the upper

**Fig. 3** Jitter plot showing probability of using tools as a function of whether individuals participated in the enrichment activity. Asterisks represent female chimpanzees and circles male chimpanzees in the two conditions. The dashed line represents the fitted model, which is like model 2 but unconditional on all the other predictors that were standardized

levels of the maze, by moving them across all of the vertical levels. When chimpanzees used a puzzle board containing food rewards in a study by Brent and Eichberg (1991), females also used the device more often than males. Similarly, Yamanishi et al. (2016) found that female chimpanzees mastered new tool-using behaviors faster than males. Therefore, our results are consistent with previous studies supporting sex differences in captive chimpanzees' tool use

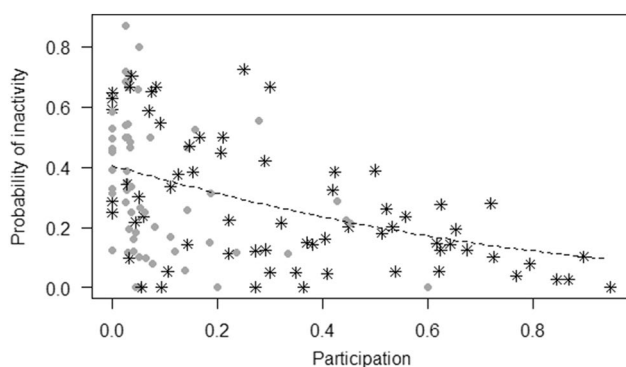


Fig. 4 Jitter plot showing probability of being inactive as a function of participation in the enrichment activity. Asterisks represent female chimpanzees and circles male chimpanzees in each session. The dashed line represents the fitted model, which is like model 4 but unconditional on all the other predictors that were standardized

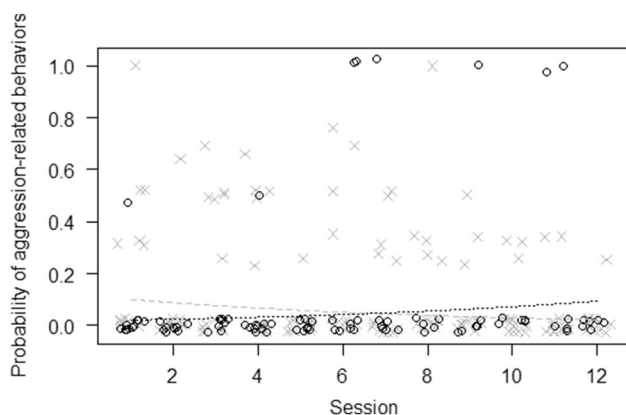


Fig. 5 Jitter plot showing probability of showing aggression-related behaviors as a function of session number and separately for individuals who participated and for those who did not participate in the enrichment activities. Circles represent chimpanzees that participated in the enrichment activity in each session and crosses those that did not participate. The dashed line represents the fitted model, which is like model 7 but unconditional on all the other predictors that were standardized

and proficiency, a pattern that has been repeatedly observed in the wild (Boesch and Boesch 1981, 1990; Lonsdorf 2005; Lonsdorf et al. 2004; McGrew 1979; Pruetz et al. 2015), and in both captive (Boose et al. 2013; Gruber et al. 2010) and wild bonobos (Samuni et al. 2022). Considering our small sample size, however, our findings regarding sex differences should be interpreted with caution.

In line with our predictions, participation decreased across sessions, as observed in other studies in which non-human primates lost interest in puzzle-feeders within several hours of their exposure to them (Bloomstrand et al. 1986; Csatádi et al. 2008). Indeed, non-human primates can quickly become habituated to various novel enrichment

devices or tasks (Paquette 1992; Vick et al. 2000). Nonetheless, the level of difficulty should be taken into account when assessing subjects' interest in the enrichment, as complex puzzle feeders might promote subjects' long-term engagement (Clark 2011; Taylor et al. 1994). As only two of our chimpanzees were able to extract the rewards from the maze, the task was clearly not that easy. The decrease in participation over time was likely due to almost all of the chimpanzees approaching and trying to solve the maze at first, but then giving up after several failed attempts (especially for rewards on the upper levels of the maze). Thus, failure to master the task might have led to frustration and loss of motivation (Toates 1986). Our chimpanzees had previous experience with other tool-based enrichments, such as artificial termite mounds, from which they successfully retrieved food rewards (Padrell et al. 2021). These tasks also involved searching for and modifying tools from the environment, but dipping to extract food appears to be less complex than guiding food rewards through a maze, which requires fine motoric skills, precise hand movements, and probably higher cognitive abilities such as planning or an understanding of an object's physical properties (Völter and Call 2014). Furthermore, wild primates can take years to fully master tool-based activities like ant-dipping or nut-cracking (Boesch and Boesch-Achermann 2000; Matsuzawa et al. 2001; Ottoni and Izar 2008). Thus, the chimpanzees in our study, with no prior experience of this type of device, might have needed more time and practice to master the maze.

Overall, our results reveal the importance of considering individual differences when implementing enrichment activities (Coleman and Novak 2017). Variables like sex, age, cognitive skills and personality may strongly affect how subjects respond to a particular cognitive challenge (Altschul et al. 2017; Herrelko et al. 2012; Hopper et al. 2014) and contribute to large differences in participation and success in extracting food from enrichment devices. Additionally, although we used highly preferred food rewards, variability in the subjects' food preferences or food motivation might also have affected participation. Other factors that should be taken into consideration include past experiences and rearing conditions (e.g., Brent et al. 1995; Gluck et al. 1973; Morimura and Mori 2010; Novak and Sackett 2006; Simpson et al. 2019). Unfortunately, however, reliable and precise information about the past life of a rescued chimpanzee is usually unavailable. Finally, it should also be noted that, due to the limited number of agonistic interactions and low rank stability in our chimpanzee groups, we did not include rank in our analyses; future studies on larger groups with stable hierarchies should consider the possible effects of rank on enrichment-related activities.

As expected, and as previously reported in other studies involving puzzle feeders, participation was related to an increase in tool use and a reduction of inactivity, while

promoting feeding (Brent and Eichberg 1991; Csáádi et al. 2008; Gilloux et al. 1992; Roberts et al. 1999). However, in contrast to our predictions and the results of some other studies that used puzzle feeders, enrichment was not linked to a reduction in abnormal behaviors in our chimpanzees (see Brent and Eichberg 1991; Maki et al. 1989; Yamanashi et al. 2016). In fact, in our sample, abnormal behaviors were already infrequent (fewer than 1% of the scans in the baseline condition; see Table S1), compared to the 2.9–7.6% of time spent in abnormal behaviors reported for captive chimpanzees in other studies (Bradshaw et al. 2008). Furthermore, abnormal behavior may to some degree be endemic in captive populations (Birkett and Newton-Fisher 2011), and very difficult to eradicate in subjects that have experienced trauma in the past (Lopresti-Goodman et al. 2012), which is the case for some of our chimpanzees.

Considering its novelty, we expected the chimpanzees to gather around the device to explore it and possibly to observe others performing the task. Additionally, the device contained two simultaneously available but independent mazes, usable by two chimpanzees at the same time without mutual interference. However, contrary to our predictions, we found no increase in social proximity for those who participated more, as the maze was usually monopolized by a single chimpanzee in each group (typically one of the females who learned to retrieve the rewards). We further predicted that chimpanzees who participated more would show a decrease in affiliative behaviors due to spending more time at the maze and therefore investing less time in social interactions. In contrast to previous studies (e.g., Brent and Eichberg 1991), however, interacting with the enrichment did not disrupt the occurrence of usual social activities. Thus, our results are in line with those reported by Yamanashi et al. (2016) and Padrell et al. (2021), who also found no changes in the occurrence of affiliative behaviors resulting from tool-based enrichments. Nonetheless, we did find a positive association between participation and agonistic behaviors, which increased across sessions. Although the food maze could be used by more than one chimpanzee at a time, it appeared to promote competition and thus increased aggression (Jacobson et al. 2019; Maki et al. 1989), as expected when tasks are presented in a social setting (Tarou et al. 2004). This may be especially important in our group, considering that all the chimpanzees who failed to master the task were males, who are often aggressive towards females. Furthermore, it has been reported that wild female chimpanzees also tend to be aggressive in the context of feeding competition (Muller and Mitani 2005). One alternative to our method would have been to install single-maze devices (rather than double-sided mazes), in different areas of the enclosure (out of full view of other group members), to decrease direct competition. It should also be noted that, in our behavioral catalogue, agonistic behaviors included both aggressive and submissive

behaviors, which are not necessarily indicators of poor welfare. Therefore, although aggression is not desirable in captive primates, the increase in aggression observed in our study may not have been a particularly negative outcome.

Interacting with the enrichment device was linked to an increase in self-rubbing and scratching, as compared to when no enrichment was present (baseline) or when it was present but the subject did not interact with it. These results reflect the complex relationship between enrichment and self-directed behaviors. Although enrichment is supposed to reduce stress-related behaviors, cognitive challenges are expected to trigger them, as a result of emotional arousal (Baker and Aureli 1997; Maestripieri et al. 1992). Thus, in our study, the increase in self-directed behaviors may not be an indicator of stress or anxiety, but rather an expression of arousal in a challenging context. Other studies involving tool-based tasks in social settings have also reported complex results regarding self-directed behaviors. For instance, Yamanashi et al. (2016) found a decrease in self-directed behaviors when tool-based feeders were provided compared to when the enrichment was absent. By contrast, Clark and Smith (2013) found that in the presence of a cognitive device chimpanzees scratched themselves more, whereas using the device was associated with a decrease in scratching. Furthermore, a novel cognitive task presented to zoo-housed chimpanzees by Herrelko et al. (2012) caused no increase in self-directed behaviors (i.e., rubbing and scratching) during training, as compared to a baseline condition. However, in contrast to Herrelko et al. (2012), the chimpanzees in our study were observed in their usual enclosures, with the other group members continuously present. This might have increased competition for food, frustration, and agonistic behaviors (as we found). If the individuals had been observed with exclusive access to the device and no disturbance by other chimpanzees, their anxiety levels might have been lower. Nonetheless, providing these types of activities in a social context better simulates the natural conditions of chimpanzees, including intragroup competition, and thus increases ecological validity (Cronin 2017).

Environmental enrichment usually involves introducing novel stimuli with the ultimate goal of improving captive animal welfare (Azevedo et al. 2007; Sheperdson 2003; Young 2003). In this respect, the food maze in this study had a positive impact on chimpanzees' behavior by (1) promoting tool use, which is a species-typical behavior that rarely occurs in captivity in the absence of specific enrichments; and (2) decreasing inactivity, which is usually considered a positive outcome of environmental enrichment for captive great apes (Baker 1997; Brent 1992; Brent and Eichberg 1991; Celli et al. 2003; Csáádi et al. 2008; Gilloux et al. 1992). Arousal levels, assessed through self-directed behaviors, were not affected by the presence of the enrichment device, but did increase for individuals interacting

with it. Finally, one of our aims was to promote activity that stimulated the chimpanzees cognitively by creating learning opportunities that simulate the natural environment (Young et al. 2020), in which animals face challenging situations (e.g., finding food) that often require complex behavioral and cognitive skills such as exploration or problem solving (Shettleworth 2010). The food maze indeed presented a challenge, but as most of the chimpanzees failed to master the task during the study period, longer exposure might lead to better assessment of the impact of this and other similar enrichments on chimpanzee behavior.

Supplementary Information The online version contains supplementary material available at <https://doi.org/10.1007/s10329-022-00996-0>.

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Author contributions Conceptualization, MP, FA and ML; data curation, MP and MPC; formal analysis, MP and FA; funding acquisition, MP and ML; investigation, MP and MPC; methodology, MP and ML; supervision, FA and ML; writing—original draft, MP; writing—review and editing, FA and ML. All the authors read and approved the final version of the manuscript.

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Data availability The data presented in this study are provided as Supplementary files (Supplementary files 2 and 3).

Declarations

Conflict of interest The authors declare no conflict of interest. The funders had no role in the design of the study; in the collection, analyses, or interpretation of the data; in the writing of the manuscript; or in the decision to publish the results.

Ethical approval This project was evaluated in 2019 by the Universitat de Girona Ethics Committee (Comitè d’Ètica i Bioseguretat de la Recerca de la Universitat de Girona) (CEBU 0020-2019, approval date 16 December 2019).

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Supplementary Information

Tables S1 and S2: Incidence of behaviors in the baseline (S1) and enrichment (S2) conditions. Behaviors collected with scan sampling method (i.e., participation, tool use, inactivity, abnormal behaviors, social proximity, aggression-related and affiliation-related behaviors) represent the percentage of scans in which the behavior was observed), whereas behaviors collected with all-occurrence focal sampling (i.e., self-directed behaviors: rubs and scratches) correspond to rates (i.e., number of self-directed behaviors/ observation time in minutes).

Table S1. Baseline condition

Subject	Scan sampling						Focal sampling
	Tool use	Inactivity	Abnormal behaviors	Social proximity	Aggression-related behaviors	Affiliation-related behaviors	Self-directed behaviors
Africa	0.24	64.03	0.72	17.38	0.24	4.92	0.49
Bea	0.00	72.25	0.27	23.44	0.00	9.12	0.61
Bongo	0.00	43.69	0.00	3.63	3.38	2.46	0.57
Charly	0.00	10.09	3.29	2.27	1.88	15.02	0.56
Cheeta	0.00	65.81	0.00	20.16	0.00	4.88	0.73
Coco	5.61	38.14	3.37	9.83	0.00	12.34	0.45
Juanito	0.17	41.01	0.34	19.11	0.84	15.63	0.24
Marco	0.15	33.80	0.00	4.80	1.23	6.02	0.50
Nico	0.85	45.96	0.00	1.80	2.55	7.66	1.46
Tico	1.86	54.97	3.06	3.94	0.00	0.00	0.92
Tom	0.54	55.09	0.27	6.74	0.54	8.85	0.75
Toni	0.23	51.04	0.00	0.16	0.69	6.24	0.43
Victor	3.36	56.32	2.42	9.48	0.13	2.28	0.56
Waty	1.87	26.67	0.00	12.50	0.53	37.07	0.33
Mean±SD	1.06±1.64	47.06±16.62	0.98±1.38	9.66±7.67	0.86±1.06	9.46±9.19	0.62±0.30

Table S2. Enrichment condition

Subject	Scan sampling					Focal sampling		
	Participation	Tool use	Inactivity	Abnormal behaviors	Social proximity	Aggression-related behaviors	Affiliation-related behaviors	Self-directed behaviors
Africa	53.52	46.35	25.09	0.25	8.81	0.12	4.70	0.70
Bea	1.09	0.00	64.89	0.00	16.23	0.14	11.89	0.49
Bongo	0.79	0.47	34.34	0.16	3.19	2.69	2.53	0.48
Charly	8.04	5.49	17.25	2.75	2.15	0.59	14.31	0.45
Cheeta	1.72	0.92	54.02	0.11	13.41	0.00	6.55	0.65
Coco	31.26	30.96	21.85	1.52	7.16	0.00	7.74	0.89
Juanito	2.95	0.49	33.61	0.33	8.43	0.16	10.16	0.24
Marco	3.25	1.27	28.57	0.14	5.89	0.14	9.34	0.66
Nico	3.71	3.02	54.76	0.00	6.48	0.70	2.32	0.60
Tico	0.22	0.33	65.21	1.09	4.02	0.00	0.22	0.97
Tom	1.44	0.39	58.09	0.26	9.65	0.78	6.53	0.81
Toni	0.95	0.00	36.67	0.00	2.00	0.00	6.90	0.65
Victor	0.52	5.21	55.34	6.25	9.53	0.13	2.86	0.67
Waty	15.44	14.52	21.20	0.46	7.08	0.23	26.04	0.22
Mean±SD	8.92±15.37	7.82±13.96	40.78±17.23	0.95±1.71	7.43±4.08	0.41±0.71	8.01±6.52	0.61±0.22

Article 3. Personality, cognition and behavior in chimpanzees: a new approach based on Eysenck's model

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Personality, cognition and behavior in chimpanzees: a new approach based on Eysenck's model

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ABSTRACT

Personality has been linked to individual variation in interest and performance in cognitive tasks. Nevertheless, this relationship is still poorly understood and has rarely been considered in animal cognition research. Here, we investigated the association between personality and interest, motivation and task performance in 13 sanctuary chimpanzees (*Pan troglodytes*) housed at Fundació Mona (Spain). Personality was assessed with a 12-item questionnaire based on Eysenck's Psychoticism-Extraversion-Neuroticism model completed by familiar keepers and researchers. Additionally, personality ratings were compared to behavioral observations conducted over an 11-year period. Experimental tasks consisted in several puzzle boxes that needed to be manipulated in order to obtain a food reward. Dependent variables included participation (as an indicator of interest), success and latency (as measures of performance), and losing contact with the task (as an indicator of motivation). As predicted, we obtained significant correlations between Eysenck's personality traits and observed behaviors, although some expected associations were absent. We then analyzed data using Generalized Linear Mixed Models, running a model for each dependent variable. In both sexes, lower Extraversion and lower Dominance were linked to a higher probability of success, but this effect was stronger in females. Furthermore, higher Neuropsychoticism predicted higher probability of success in females, but not in males. The probability of losing contact with the task was higher in young chimpanzees, and in those rated lower on Extraversion and higher on Dominance. Additionally, chimpanzees rated higher on Neuropsychoticism were also more likely to stop interacting with the task, but again this was more evident in females. Participation and latency were not linked to any personality trait. Our findings show that the PEN may be a good model to describe chimpanzee personality, and stress the importance of considering personality when interpreting the results of cognitive research in non-human primates.

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INTRODUCTION

Research on animal personality has been defined as behavioral inter-individual differences consistent over time and across contexts (*Réale et al., 2007*), and is a field of growing interest, both from a theoretical and an applied perspective. To date, there is evidence that personality traits in non-human animals are similar to those describing human personality (*Gosling, 2001; Sih et al., 2004*), and that these traits share common neurophysiological substrates (*Carere, Caramaschi & Fawcett, 2010; Koolhaas et al., 2010; Latzman et al., 2015*). From an evolutionary point of view, behavioral variation across individuals can generate differences in terms of fitness, and is therefore subject to natural selection (*Réale et al., 2010; Smith & Blumstein, 2008*). The study of animal personality can therefore help us to better understand why subjects may respond differently when they face similar conditions (*Carere & Maestripieri, 2013*), thus becoming an important contribution to the fields of animal behavior and cognition (*Carere & Locurto, 2011; Griffin, Guillette & Healy, 2015; Guillette, Naguib & Griffin, 2017*). In fact, associations between personality and performance in cognitive contexts have been documented in a wide range of taxa, including fish (*Kareklas, Elwood & Holland, 2017; White et al., 2017*), birds (*Amy, Van Oers & Naguib, 2012; Medina-García, Jawor & Wright, 2017*), ungulates (*Nawroth, Prentice & McElligott, 2017*) and canids (*Svartberg, 2002*).

Personality has been broadly studied in non-human primates (*Freeman & Gosling, 2010; Weiss, King & Murray, 2011*), since our closest living relatives constitute an excellent model for comparative research, thus providing insight on the evolutionary origins of human personality (*Figueredo et al., 2015; Michalski & Shackelford, 2010*). Firstly, most non-human primates exhibit complex social structures and behaviors, which likely favored the emergence of individual differences (*Adams et al., 2015; Mitani et al., 2012*). Secondly, their phylogenetic closeness to humans allows us to better understand and rate their personality traits using questionnaires (*Weiss & Adams, 2013*). Since one of the most relevant attempts to describe chimpanzee personality using a human model with a hierarchical structure (*King & Figueredo, 1997*), several studies in captivity and in the wild have shown that chimpanzees have specific personality dimensions or traits that are common to their species (*King, Weiss & Farmer, 2005; Weiss et al., 2012; Weiss et al., 2017*), and that questionnaires adapted from human models are reliable measures of their personality (*Freeman et al., 2013; Úbeda & Llorente, 2015; Weiss & Adams, 2013; Weiss et al., 2009; Weiss et al., 2017*). Moreover, several studies have reported correlations between trait rating and observed behavior, both in monkeys (*Ebenau et al., 2019; Iwanicki & Lehmann, 2015*) and in great apes (*Eckardt et al., 2015; Murray, 2011; Schaefer & Steklis, 2014; Vazire et al., 2007; Pederson, King & Landau, 2005; Konečná et al., 2008*), thus confirming that personality ratings can successfully predict individual behavior. Nonetheless, the use of a rating methodology is not without limitations. On the one hand, some authors have identified a bias between personality ratings and behavioral coding (*Uher & Asendorpf, 2008; Highfill et al., 2010; Uher & Visalberghi, 2016*). On the other hand, most studies finding a correlation between both methods only obtained partial convergent validity, and very limited discriminant validity (see *Šlipogor et al., 2020*). In other words, not all the expected traits associate with

specific behaviors; some traits may correlate with several behaviors or some behaviors with more than one trait (*Capitanio, 2004*).

The vast majority of studies assessing personality in non-human primates have used the Hominoid Personality Questionnaire or HPQ (*Weiss et al., 2009*), which is based on the human Five Factor Model (*Goldberg, 1990*). The HPQ constitutes a complex personality model consisting of 54 adjectives to rate, which describes five personality traits homologous to the human traits in the Five Factor Model (FFM): Neuroticism, Extraversion, Agreeableness, Conscientiousness, and Openness (to Experience). In addition, the HPQ further contains the trait Dominance, which was described for the first time in chimpanzees (*King & Figueredo, 1997*). More recently, other authors have applied other top-down human models to study chimpanzee personality, such as Eysenck's Psychoticism-Extraversion-Neuroticism model (*Úbeda & Llorente, 2015*) or Cattell's 16 PF (*Ortín et al., 2019*). The Eysenck's psychobiological theory (*Eysenck & Eysenck, 1964; Eysenck & Eysenck, 1975*) is focused on the underlying biological mechanisms of personality dimensions. On this matter, higher-order traits (Psychoticism, Extraversion and Neuroticism; PEN model) are based on genetic (*Eaves et al., 1989*) and neurobiological factors (e.g., extraverts present low arousal levels at the ascending reticular activation system; *Eysenck, 1967; Eysenck, 1997*). Both the FFM and the PEN model have been empirically validated and can be easily integrated. In fact, they share two common dimensions or traits (Neuroticism and Extraversion); and the third trait described by Eysenck, Psychoticism, has been negatively related to Agreeableness and Conscientiousness in the FFM (*Goldberg & Rosolack, 1994; Zuckerman et al., 1993*). According to *Eysenck (1991)*, however, Conscientiousness, Agreeableness and Openness in the FFM were not major components of personality, but rather represented compounds of what he considered the three higher-order traits. Nonetheless, some authors have found moderate correlations between Openness and Eysenck's Extraversion (*Vorkapić, 2012*). Additionally, *Goldberg & Rosolack (1994)* found a link between Goldberg's clusters and the PEN model. In particular, they showed that in Openness' clusters such as intellectuality, depth and foresight, the presumed PEN factor is E- (lower Extraversion); while for the clusters intelligence, nonconformity, sophistication or curiosity, the presumed PEN factor is E+ (high Extraversion).

In their assessment of the PEN model to describe chimpanzees' personality, *Úbeda & Llorente (2015)* adapted a 12-item questionnaire rated on a 7-point Likert scale. The authors identified three dimensions: Extraversion, Neuropsychoticism and Dominance. The adjectives that loaded onto Extraversion were very similar to those reported for humans in that same dimension, thus facilitating the interpretation of this trait. Conversely, they identified a compound dimension including adjectives that in humans loaded onto both Neuroticism and Psychoticism, and was therefore labeled Neuropsychoticism. Finally, the authors identified a third factor, which was denominated Dominance, because the adjectives that loaded onto this trait were among those reported in previous studies for Dominance in chimpanzees (*King & Figueredo, 1997*). This dimension is not directly comparable with any human trait, but it has been repeatedly described in chimpanzees (*Freeman & Gosling,*

2010; King & Figueredo, 1997) and other non-human primates (Adams et al., 2015; Weiss et al., 2011).

In addition to defining personality traits for each species, studies in non-human primates have allowed researchers to evaluate the influence of personality on critical aspects of animals' life, such as health (Robinson et al., 2018), welfare (Robinson et al., 2017) and longevity (Altschul et al., 2018; Weiss et al., 2013). Moreover, several studies have explored the link between personality and cognitive performance in non-human primates, using a variety of experimental tasks and performance measures. The trait Openness for instance, has been linked to training success in both capuchin monkeys (*Sapajus apella*: Morton, Lee & Buchanan-Smith, 2013) and chimpanzees (*Pan troglodytes*: Reamer et al., 2014). Similarly, Wergård et al. (2016) reported that the personality trait Activity was positively associated with training success in long-tailed macaques (*Macaca fascicularis*). In more cognitively demanding situations, some studies have also reported a positive association between Openness and chimpanzees' participation and performance in computerized activities (Altschul et al., 2017; Herrelko, Vick & Buchanan-Smith, 2012) and foraging puzzles (Hopper et al., 2014). Furthermore, Altschul, Terrace & Weiss (2016) reported that rhesus macaques (*Macaca mulatta*) scoring higher in Openness and Friendliness performed better in serial learning tasks. Additionally, when presented with foraging puzzles, male chimpanzees rated higher on Dominance spent more time interacting with the puzzles (Hopper et al., 2014). Conversely, Altschul et al. (2017) concluded that Dominance did not have a major impact on chimpanzees' participation and performance in the computer-based tasks that they tested. Nevertheless, they found that chimpanzees with high Conscientiousness consistently participated more, performed better and were less likely to drop, although this could depend on their preexisting experience with the task (Altschul et al., 2017).

In humans, Conscientiousness has been repeatedly associated with academic achievement (Noftle & Robins, 2007; Von Stumm, Hell & Chamorro-Premuzic, 2011) and job performance (Hurtz & Donovan, 2000; Mount, Barrick & Strauss, 1999; Rick & Mount, 1991). Conscientious individuals tend to be more goal-oriented and plan more, and they are better able to delay gratification (Roberts et al., 2009). Furthermore, according to several studies, Conscientiousness in the FFM negatively correlates with Psychoticism in the PEN model (Eysenck, 1992), which would explain the negative impact of Psychoticism on academic performance (Flores-Mendoza et al., 2013; Heaven, Ciarrochi & Vialle, 2007; Poropat, 2011). However, Psychoticism has also been consistently linked to creativity (Abraham et al., 2005; Acar & Runco, 2012; Eysenck, 1995). Regarding other personality dimensions present both in the FFM and in the PEN model, like Extraversion or Neuroticism, studies in human and non-human primates are inconsistent, although there are some exceptions worth noting in humans. For example, several authors have demonstrated a link between higher Neuroticism and poorer performance in cognitive tests, either in academic (Chamorro-Premuzic & Furnham, 2003) or non-academic contexts (Dobson, 2000; Reynolds, McClelland & Furnham, 2014). This has been mainly attributed to the fact that highly neurotic individuals are more likely to experience anxiety when exposed to uncertain or stressful situations. To our knowledge, studies in non-human primates have

not detected any significant impact of Neuroticism on cognitive performance. However, [Hopper et al. \(2014\)](#) found that while performing cognitive tasks, chimpanzees with higher Neuroticism exhibited more self-directed behaviors, which are a common indicator of anxiety in both catarrhine ([Maestriperi et al., 1992](#)) and platyrrhine primates ([Manson & Perry, 2000](#)). Finally, in humans, higher Extraversion has been linked to lower academic achievement, presumably because introverts have a focused, goal-oriented attention, and therefore are less easily distracted ([Entwistle & Entwistle, 1970](#)), whereas extraverts have selective, stimulus-oriented attention and prefer to focus on social activities ([Sánchez, Rejano & Rodríguez, 2001](#); [Fishman, Ng & Bellugi, 2011](#)). It has also been suggested that extraverts and introverts may show different performance depending on the context ([Cox-Fuenzalida et al., 2006](#)). That is to say, extraverts naturally possess low levels of cortical arousal and therefore they perform better in stimulating environments, while introverts are characterized by high levels of cortical arousal and tend to be less efficient when facing an exciting stimulus, but are more successful at task of longer duration ([Eysenck, 1983](#); [Eysenck & Eysenck, 1985](#); [Li et al., 2010](#)).

In view of the scant literature exploring the relationship between personality and performance in non-human primates, and of the controversial results reported so far, the main aims of this study were to (i) assess the correspondence between the personality traits from the PEN model (previously adapted by [Úbeda & Llorente \(2015\)](#)) and chimpanzees' spontaneous behavior, and (ii) evaluate whether individual differences in chimpanzees' personality are linked to their interest, motivation and performance in cognitive tasks. Firstly, we expected to find significant correlations between personality traits and behaviors that match the definitions of the traits (e.g., Extraversion positively correlating with social behaviors and with affiliative interactions, such as grooming and social play; Dominance with agonistic dominance; and Neuropsychoticism with agonistic behaviors and with behaviors related to anxiety, such as self-directed behaviors or abnormal behaviors). Secondly, considering that Eysenck's personality traits have been previously linked to cognitive performance in humans, we expected to detect similar associations in chimpanzees. In particular, we predicted that, chimpanzees with higher scores on Extraversion would be more interested in participating in the experimental sessions, as we would expect extraverted individuals to be more curious towards a novel stimulus. However, introverts' focused attention and lower distractibility are highly desirable attributes to be successful in complex tasks such as the ones presented in this study. Therefore we predicted that higher Extraversion would be related to lower success. Additionally, we expected that chimpanzees rated higher on Neuropsychoticism would also be less successful at solving the tasks, as well as more likely to lose motivation, because they would be less patient and more prone to feel anxious during the experimental sessions. Finally, we predicted that Dominance would not play a determinant role in chimpanzees' performance, as previously shown by [Altschul et al. \(2017\)](#) and [Hopper et al. \(2014\)](#) when assessing complex cognitive tasks in this species. Moreover, considering that previous studies have shown distinct associations between personality traits and performance in male and female chimpanzees ([Hopper et al., 2014](#)), we also decided to explore sex differences.

MATERIALS & METHODS

Subjects and study site

The study sample consisted of 14 chimpanzees (*Pan troglodytes*), 9 males and 5 females, that ranged in age from 6 to 27 years (mean age \pm SD = 17.71 \pm 7.46 years) at the beginning of the study period. They were housed at Fundació Mona (Girona, Spain), a center dedicated to the rescue, rehabilitation and re-socialization of primates that have been previously used as pets or for entertainment. The chimpanzees lived in two separate groups, which have been mostly stable over the years. Under good weather conditions, the chimpanzees spend daytime hours in a 5,640 m² outdoor enclosure, divided into two areas (2,420 m² and 3,220 m²), one for each group. The enclosure is covered by natural grasses and other Mediterranean herbaceous vegetation subject to seasonal changes, and contains artificial elements such as wooden platforms, towers and ropes. Besides the exterior enclosures, the chimpanzees also have access to 140 m² indoor facilities in which they spend the nights and rainy/cold days. Additionally, there are two 25 m² exterior cages containing physical enrichment elements, such as ropes and hammocks, which are used to host newly arrived individuals before their integration in a social group. As explained below, the chimpanzees were isolated in this area during the experimental sessions.

Personality ratings

Personality was assessed using a questionnaire based on the Psychoticism-Extraversion-Neuroticism (PEN) model of personality (Eysenck, 1967). This tool was used for the first time in chimpanzees in a previous study at Fundació Mona (Úbeda & Llorente, 2015). Therefore, 10 of the 14 individuals of our sample had been previously assessed in 2012 using this questionnaire. As described in Úbeda & Llorente (2015), the PEN questionnaire consisted of 12 adjectives rated on a 7-point Likert scale. A brief definition for each trait was also included at the end of the document. An English translation of the original Spanish version of the questionnaire can be found in Questionnaire S1. To determine personality traits, Úbeda & Llorente (2015) conducted two different factorial analyses, the Principal Component Analysis (PCA) and the Regularized Exploratory Factor Analysis (REFA). Both methodologies determined the same personality dimensions or traits: Extraversion, Neuropsychoticism and Dominance. The trait Neuropsychoticism was a compound factor which included aspects of both Neuroticism and Psychoticism as described in PEN model for humans (Eysenck & Eysenck, 1964).

The four chimpanzees which were not included in the original study were assessed in March 2018 with the same questionnaire, filled by 15 raters (26.67% men and 73.33% women). All raters were highly familiar with the subjects, as they all worked as researchers, volunteers or keepers and knew the animals for a minimum of 4 months. When raters did not answer a question, missing data on the ratings was substituted by a neutral score of 4 (Costa & McCrae, 2008; Weiss et al., 2009). Following the methodology of previous studies (Úbeda & Llorente, 2015; Weiss et al., 2009), inter-rater reliability was assessed by calculating two intraclass correlation coefficients (ICC) (Shrout & Fleiss, 1979) using IBM® SPSS® Statistics 22: ICC (3,1), which indicates the reliability of the scores for a single rater, and ICC (3, k), which indicates the reliabilities of scores based on the mean

Table 1 Factor loadings obtained for the Eysenck's PEN model based on a Regularized Exploratory Factor Analysis (REFA) (adapted from *Úbeda & Llorente, 2015*).

	Extraversion	Neuropsychoticism	Dominance
Spontaneous	.79	.02	.08
Active	.80	.07	.11
Sad	-.76	.23	.03
Social	.71	-.10	.12
Creative	.37	.06	-.10
Aggressive	.08	.82	.12
Anxious	-.06	.69	-.08
Impulsive	.43	.65	-.03
Cruel	-.22	.56	-.04
Bad tempered	-.46	.61	.13
Dominant	.23	.07	.97
Fearful	-.46	.11	-.38

of the total number of raters. As described by *Weiss et al. (2009)*, individual scores on each personality trait for all the 14 chimpanzees were obtained by summing unit-weighted scores of all the adjectives that had salient loadings (>0.50). We used the factor loadings derived from REFA analysis, as this methodology is specifically designed for small samples (*Jung & Lee, 2011*) (see [Table 1](#)).

Correlations between personality ratings and behavior

In line with previous studies (*Pederson, King & Landau, 2005*), to further validate the results obtained with the Eysenck questionnaire, we used Spearman correlations to link the personality ratings with behavioral observations conducted at Fundació Mona for a longitudinal study. We used data collected over a total period of 133 months, from April 2006 to September 2017. Over this 11-year observation period, there were several changes in the group composition to integrate new chimpanzees, transfer animals between groups for welfare reasons or due to the natural death of individuals. While acknowledging the effect of this and other temporal factors (e.g., age, changes in well-being, etc.) on the development of chimpanzees' personality and on their behavior, by definition personality should be stable across time and contexts. Moreover, there is evidence that, despite gradual changes over time, specific personality traits remain fundamentally stable and can therefore be detected at different developmental stages (*Weiss et al., 2017*).

Behavioral data were collected using the scan sampling method with 2-minute intervals. Behaviors observed included solitary activities (i.e., abnormal, locomotion, feeding, manipulation, inactivity, self-directed, and other solitary), social interactions (i.e., grooming, agonistic dominance, agonistic submission, other agonistic, social play, sexual behavior, other affiliative, and social proximity), and interactions with humans (positive and negative). Details on the behavioral catalogue are described in [Table S1](#). Additionally, to facilitate interpretation of the correlations between personality ratings and observational data, we created categories which clustered several behaviors. In particular, we defined total agonistic interactions as the combination of agonistic dominance, agonistic submission

and other agonistic behaviors; and total affiliative interactions included grooming, social play, sexual behavior and other affiliative behaviors.

We conducted observation sessions of 20 min from two observation towers in the outdoor enclosures. The sessions were randomly distributed during daytime hours, from 10:00 h to 18:30 h. Observations were conducted by different observers, who were only allowed to collect data after completing a training period and successfully passing the inter-observer reliability test (agreement between observers $\geq 85\%$). We included a total of 274204 scans (mean number of scans per individual \pm SD = $19,586 \pm 8348.21$), resulting in 194,238 recorded behaviors, excluding the categories “not visible” and “not present” (15.55% and 13.59% respectively). We also excluded two additional categories from the analysis (“other social” and “other human interactions”) because they had very low frequencies (less than 0.02% of the scans). Due to the fact that not all chimpanzees were present from the beginning of the data collection period, data was normalized by calculating the relative frequencies of behaviors with respect to the total number of observed behaviors per individual.

Experimental tasks and procedure

Cognitive tasks and experimental design are detailed in [Riba \(2016\)](#). In brief, the tasks consisted of 11 puzzle boxes made of methacrylate which included different components such as doors, wooden bars, slides and tubes (see [Fig. S1](#)). These elements needed to be manipulated in a particular manner for the chimpanzee to complete the task and obtain the food reward in the box (see details in [Table 2](#)). Tasks were classified based on their level of complexity (4 simple, 4 intermediate and 3 complex tasks), measured by means of the number of motor actions necessary to solve them. Thus, simple tasks were described as tasks which could be solved by performing a single motor action, intermediate tasks corresponded to those which required two motor actions, and complex tasks required the chimpanzees to perform three or more motor actions. The chimpanzees were assessed during a total period of 3 years and 7 months, between October 2009 and April 2013. One chimpanzee (Cheetah) had not yet arrived at the sanctuary at that time, and therefore she did not participate in the testing sessions.

The first 5 months corresponded to a pilot phase of the study in which all subjects were exposed to three random tasks in three different sessions. To do so, the chimpanzees were isolated by one familiar keeper in an area called the exterior cages (see description above), where all subsequent experimental sessions were conducted. These habituation sessions lasted 10 min and the chimpanzees could see the puzzle boxes, which were placed within sight outside the cages, but they were not allowed to interact with them. The objectives of the pilot phase were to (1) habituate the subjects to the study area and to the cart which would support the puzzle boxes, (2) train the keepers who were going to participate and/or be present during the experimental sessions, and (3) check for intrinsic aspects of the tasks and the procedure, such as the position of the device on the cart or the type of fixation. After this pilot phase, the animals were presented first with simple tasks (2010–2011), followed by intermediate tasks (2011–2012), and finally complex tasks (2012–2013). Tasks never overlapped in time, and each of them was presented separately within a period of

Table 2 Overview of the experimental tasks classified by the level of complexity and description of the actions required to complete each task.

Complexity level	Task	Actions required
Simple	Open Box	(1) Pull/push the front door of the box
	Moveable Tube	(1) Pull/rotate a vertical moveable tube
	Windows Task	(1) Slide a horizontal wooden bar inserted in a tube
	Tube Cube	(1) Slide/rotate a horizontal tube inserted in the box
	Artificial Fruit	(1) Push/pull a wooden bar (2) Slide a lid on the top
Intermediate	Food Box	(1) Slide the frontal door (2) Insert a tool
	Push Box	(1) Slide a horizontal wooden bar (2) Push/pull the frontal door and insert a tool
	Tower Task	(1) Slide a horizontal wooden bar (2) Rotate/pull a vertical tube.
	Complex Food Box	(1) Slide 2 horizontal wooden bars (right side) (2) Slide 1 vertical wooden bar (3) Slide 2 horizontal wooden bars (left side) (4) Open a door on the top
Complex	Complex Moveable Tube	(1) Slide 3 small wooden bars (2) Slide a large horizontal bar (3) Rotate/pull a tube (4) Slide the front door
	Complex Artificial Fruit	(1) Push/pull a wooden bar (right side) (2) Pull/push a wooden bar (central position)
		(3) Pull/push a wooden bar (left side) (4) Slide a lid on the top (5) Rotate a plastic tube

two to three months. The experimental sessions were randomly distributed throughout this period, according to the keepers' availability and other management needs.

The original purpose of the study by [Riba \(2016\)](#) was to investigate the occurrence of social learning. Therefore, before being tested, subjects received three different types of information on how to solve the puzzle boxes: (1) Control (no information), (2) No social information (the subject only saw the end state of the task, without seeing any of the actions necessary to solve it), and (3) Social information (the subject saw both the actions of the demonstrator and the end state of the task). Each subject received all three conditions in each set of complexity level, but subjects were exposed to a different task within each complexity level. Thus, task, level of complexity and type of information were counterbalanced across subjects, resulting in a total of nine possible combinations. This means that not all subjects performed all the tasks, but they all performed 3 simple, 3 intermediate and 3 complex tasks (one Control, one with No social information and one with Social information for each complexity level; see [Table S2](#)). Additionally, to evaluate the effect of causal information, every task consisted in two versions of the puzzle box, one transparent and one opaque. Therefore, for each task, subjects were exposed to both the

transparent and the opaque version of the apparatus, within the same session. The order in which the two versions were presented was counterbalanced between subjects.

The experimental session began when the subject was called by a keeper to participate in the experiment and entered the exterior cages. After this, the door to the indoor facilities was closed and the subject remained isolated from the group. Before starting the testing phase, there was a 10-minute habituation phase, in which the keeper stayed in close proximity to the cages and the chimpanzees could already see the experimenter and the apparatus from afar (in its initial state). During this phase, the experimenter conducted *ad libitum* observations, particularly looking for behavioral signs of anxiety or discomfort (e.g., abnormal or stereotypical behaviors, agonistic displays). When these behaviors were detected and the chimpanzee did not approach the apparatus in the first 5 min, the session was terminated. Conversely, if no signs of distress were observed during the habituation phase, the experimenter placed the apparatus in front of the subject, specifically in front the barred sliding door of the exterior cages, through which the animals could see it but not touch it (Figs. 1A and 1B). This allowed the subjects to familiarize with the puzzle boxes before starting the testing phase. Exposure time varied according to task complexity (i.e., 1 min for simple tasks, 2 min for intermediate tasks and 3 min for complex tasks). Additionally, in the No social information condition, the apparatus was removed from the individual's view after the first exposure, so that the human experimenter could manipulate it. Then, it was presented once again to the subject in its final state (solved), with the sliding door remaining closed, thus preventing the chimpanzee to reach the apparatus. Exposure time to this final state also varied according to task complexity (6 min for simple tasks, 12 min for intermediate tasks and 20 min for complex tasks). The time elapsed between the two types of exposure (initial state and final state of the apparatus) was between 2 and 5 min, depending on the task complexity. Afterwards, the apparatus was moved out of the chimpanzees' view, so that the experimenter could return it to its initial state (not solved). Immediately after that, it was placed again in front of the animal, before starting the testing phase. Finally, in the Social information condition, the experimenter performed the task in front of the individual for several times (6 demonstrations for simple tasks, 12 demonstrations for intermediate tasks and 20 demonstrations for complex tasks) with the apparatus facing the animal (Fig. 1C).

In all conditions, the testing phase began when the sliding door was displaced (Fig. 1D), thus allowing subjects the first contact with the task. The chimpanzees were presented with one puzzle box per session and they had 8 attempts to solve it (4 for the transparent version and 4 for the opaque version). The time allowed for the solution of the task was 2 min for the simple tasks, 4 min for the intermediate tasks and 6 min for the complex tasks. After this time had elapsed, the trial ended and the apparatus was moved out of the individual's reach, so that the experimenter could return it to its initial state. Immediately after that, it was presented to the subject again, thus initiating a new trial. In total, each subject participated in 9 experimental sessions of 8 trials each, thus making a total of 72 trials: 24 trials for the simple tasks, 24 for the intermediate tasks and 24 for the complex tasks (see details in Table S2). For two chimpanzees (Juanito and Tom) a few trials in the complex tasks (9 and 8, respectively) had to be discarded due to demonstration failures and camera



Figure 1 Exterior cages in which the experimental sessions were conducted. (A) Detail of the sliding door. (B) Exposure phase: the door was closed, so that the chimpanzee could see but not touch the apparatus. (C) Social information condition: a keeper performed the task in front of the individual. (D) Testing phase: the sliding door had been displaced and the subject could interact with the task through the bars.

Full-size  DOI: [10.7717/peerj.9707/fig-1](https://doi.org/10.7717/peerj.9707/fig-1)

failure. Besides the experimenter, one familiar keeper was always present throughout the habituation and the testing phases, to provide animals with a safe trusted environment during the tasks. All sessions were videotaped for subsequent analyses with a digital camera placed in a frontal or a semi-lateral position at a distance of 60–80 cm from the subject. Video coding of all sessions was conducted by a single experimenter (David Riba).

Performance measures

We used participation as a measure of interest, success and latency to solve the task as measures of performance, and losing contact with the task as an indicator of lack of motivation. When chimpanzees (1) refused to enter the experimental area, (2) did not approach the apparatus or (3) did not establish contact with it, we assigned them a score of 0 for participation. On the other hand, if they interacted with the apparatus, even if it was for a very short time, we assigned them a score of 1. An attempt was considered successful if the subject completed the task and retrieved the reward from the box within the given time. Latency was described as the time (in seconds) between the first contact with the apparatus and the moment the task was solved. Finally, we considered that a subject lost contact with the task if it stopped manipulating the apparatus or its components for more than 15 s and/or walked away at least 1 meter. We only considered the first-time that subjects lost contact. Thus, for each trial, a subject was assigned a score of 0 if it remained engaged with the task the whole time and a score of 1 if it stopped manipulating it at least once.

Data analysis

To investigate whether interest, motivation and performance were affected by personality, we used Generalized Linear Mixed Models (GLMM) (Baayen, 2008). For response variables with binomial distribution (participation, success and losing contact with the task), we used the function “glmer” from the package “lme4” (version 1.1-17; Bates et al., 2015) in R (R Core Team, version 3.5.0), whereas for latency, which had a normal distribution, we used the “lmer” function.

We ran 4 different models, one for each response measure as dependent variable: participation (Model 1), success (Model 2), latency (Model 3) and losing contact with the task (Model 4). In all models, age and personality traits (Extraversion, Neuropsychoticism and Dominance) in interaction with sex were included as test predictors, whereas we entered task complexity (simple, intermediate or complex), information provided to the subject (Control, No social information or Social information), trial number (1–4), box color (opaque or transparent) and box order (first opaque or first transparent) as control predictors. We included subject’s identity as random effect, fitting random slopes as needed.

In all models, continuous predictors were z -transformed to facilitate model convergence and standardize interpretation of model coefficients. To compare full models containing all predictors with null models containing only control predictors, we used a likelihood ratio test (function “anova”) (Dobson, 2002). If full models significantly differed from null models ($p \leq 0.05$), we conducted likelihood ratio tests to obtain the p values for each predictor via single-term deletion, using the R function drop1 (Barr et al., 2013). If the 2-way interactions were not significant, we downgraded them and re-ran the model including the 2 test predictors as main effects. To rule out collinearity, we calculated variance inflation factors (VIF) (Field, 2009), which were very good in all models (maximum VIF across models = 2.39). Finally, we assessed dispersion for the non-gaussian models and we found that, none of them was over-dispersed (dispersion parameters < 1), except for Model 4. Therefore, in order to avoid over-dispersion, we ran a simplified version of the model, removing the control predictors “task complexity” and “information type”, as well as the random slopes. No convergence issues were detected in the models.

Ethics statement

All applicable international, national, and/or institutional guidelines for the care and use of animals were followed. All procedures involving animals were in accordance with the ethical standards of the institution at which the studies were conducted (Fundació Mona; Ethical Approval Number: EAFM201801) and with the Spanish Government RD 53/2013. This project also received the ethical approval from the Ethics Committee of the Universitat de Girona (Project Code: CEBRU0020-2019).

Table 3 Intraclass correlation coefficients (ICCs) for the 12 items of the questionnaire. ICC (3, 1) indicates the reliability of the scores for a single rater, and ICC (3, k) indicates the reliabilities of scores based on the mean of the total number of raters.

	ICC (3, 1)	ICC (3, k)
Social	.42	.81
Active	.49	.85
Dominant	.44	.82
Spontaneous	.38	.79
Anxious	.38	.78
Badtempered	.37	.78
Fearful	.29	.71
Sad	.37	.78
Agresssive	.50	.86
Impulsive	.40	.80
Cruel	.28	.70
Creative	.19	.59
Mean	.38	.77
SD	.09	.07

RESULTS

Personality ratings

Considering the 14 chimpanzees whose personality was assessed between 2012 and 2018, the ICCs for the single (3, 1) and average (3, k) ratings were high, indicating that raters tended to agree in their judgments about the personality items (Table 3). ICC (3, 1) ranged from 0.19 (*creative*) to 0.50 (*aggressive*), with a mean reliability of 0.38. On the other hand, ICC (3, k) ranged from 0.59 (*creative*) to 0.86 (*aggressive*), with a mean reliability of 0.77. After being transformed into T-scores (mean \pm SD = 50 \pm 10), the values of the personality traits ranged from 22.02 to 63.44 (Extraversion), from 35.17 to 64.84 (Neuropsychoticism), and from 37.90 to 63.52 (Dominance).

Correlations between personality ratings and behavior

We obtained significant correlations between personality traits and behaviors which matched their descriptions (Table 4 and Table S3). In particular, Extraversion was positively correlated with social behaviors (i.e., grooming, social play, and the combined category total affiliative interactions); Neuropsychoticism was positively associated with total agonistic interactions (which included both dominant and submissive behaviors); and Dominance positively correlated with agonistic dominance, but also with total agonistic interactions. We also found unexpected correlations, such as higher Extraversion being linked to agonistic dominance and Neuropsychoticism being negatively associated with foraging. Moreover, contrary to our predictions, Neuropsychoticism was not related to behavioral indicators of anxiety, such as self-directed behaviors or abnormal behaviors. Finally, regarding the associations between traits, no significant correlations were found, but the positive correlation between Dominance and Neuropsychoticism was close to significance (Table 5).

Table 4 Behaviors and clusters of behaviors that correlated (Spearman correlation) with Eysenck's personality traits.

		Agonistic dominance	Grooming	Social play	Foraging	Agonistic interactions ^a	Affiliative interactions ^b
Extraversion	<i>r</i>	.614	.705	.692	.147	.529	.730
	<i>p</i>	.020	.005	.006	.615	.052	.003
	95% CI	[.079, .929]	[.147, .957]	[.250, .928]	[−.385, .668]	[−.019, .862]	[.355, .888]
Neuropsychoticism	<i>r</i>	.211	.099	−.115	−.640	.562	.064
	<i>p</i>	.469	.737	0.697	.014	.037	.828
	95% CI	[−.323, .697]	[−.408, .557]	[−.653, .596]	[−.945, −.172]	[.137, .806]	[−.493, .554]
Dominance	<i>r</i>	.557	.547	−.084	−.055	.594	.378
	<i>p</i>	.039	.043	.776	.852	.025	.182
	95% CI	[.028, .892]	[−.014, .900]	[−.623, .454]	[−.563, .476]	[.118, .871]	[−.236, .811]

Notes.

N = 14. Significant results are marked in bold ($p < 0.05$; 95% CI do not overlap 0).

^aAgonistic interactions included agonistic dominance, agonistic submission and other agonistic behaviors.

^bAffiliative interactions included grooming, social play, sexual behavior and other affiliative behaviors.

Table 5 Spearman correlations between chimpanzees' scores on Eysenck's personality dimensions.

		Extraversion	Neuropsychoticism
Extraversion	<i>r</i>		
	<i>p</i>	–	–
	95% CI		
Neuropsychoticism	<i>r</i>	.073	
	<i>p</i>	.805	–
	95% CI	[−.385, .470]	
Dominance	<i>r</i>	.429	.525
	<i>p</i>	.126	.054
	95% CI	[−.220, .886]	[−.115, .865]

Notes.

N = 14. Significant results are marked in bold ($p < 0.05$; 95% CI do not overlap 0).

Association between personality traits and interest, motivation and performance

The results obtained in the cognitive tasks are summarized in [Table S4](#). Participation and success were high (mean participation \pm SD = 0.81 ± 0.22 , range = 0.35–1.00; mean success \pm SD = 0.91 ± 0.13 , range = 0.57–1.00) and the chimpanzees lost contact with the task very rarely (mean value of losing contact with the task \pm SD = $5.21 \pm 8.36\%$, range = 0.00–21.00). Mean latency across all tasks \pm SD = 30.55 ± 15.57 s and, as expected, it differed significantly across complexity levels ($\chi^2 = 18.00$, $df = 2$, $p < 0.001$). Results of the 4 models evaluating the relationship between personality and participation, success, latency and losing contact with the task are presented in [Table 6](#).

Participation. In Model 1, the full model significantly differed from the null model (GLMM: $\chi^2 = 26.98$, $df = 8$, $p < 0.001$), but none of the test predictors had a significant effect. After downgrading the non-significant 2-way interactions and including personality

traits and sex as main effects, the full-null model comparison was not significant, thus revealing that none of the test predictors predicted participation.

Success. In Model 2, the comparison between full and null models was significant (GLMM: $\chi^2 = 15.84$, $df = 8$, $p = 0.045$). All personality traits in interaction with sex predicted chimpanzees' success (Extraversion*sex: $p = 0.012$; Neuropsychoticism*sex: $p = 0.003$; Dominance*sex: $p < 0.001$), but the test predictor age was not significant. In particular, lower Extraversion slightly increased the probability of being successful in males, while highly increasing it in females (see Table 6; Fig. 2). Similarly, lower Dominance predicted a higher probability of success in both sexes, but this effect was stronger in females (see Table 6; Fig. 3). Finally, higher Neuropsychoticism predicted a higher probability of female success, but a slightly lower probability of success in males (see Table 6; Fig. 4).

Latency. In Model 3, the comparison between the full and null model was not significant (GLMM: $\chi^2 = 2.37$, $df = 8$, $p = 0.967$), even after downgrading the 2-way interactions and re-running the model including the personality traits and sex as main effects. Thus, personality traits, sex and age did not predict individuals' latency to complete the task.

Losing contact with the task. In Model 4, the full-null model comparison was significant (GLMM: $\chi^2 = 27.48$, $df = 8$, $p < 0.001$). Neuropsychoticism in interaction with sex and age were the only significant predictors of the probability of losing motivation and stopping manipulation of the task. After downgrading the non-significant 2-way interactions, we also found a significant effect of Extraversion ($p < 0.001$), Dominance ($p = 0.012$), age ($p = 0.019$), and the 2-way interaction of Neuropsychoticism and sex ($p = 0.002$). In particular, higher Neuropsychoticism highly increased the probability of losing contact with the task in females, and only slightly increased it in males (see Table 6; Fig. 5). In both sexes, higher Extraversion was linked to a lower probability of losing motivation and stopping manipulation of the task (see Table 6; Fig. 6), whereas higher Dominance was associated with a higher probability of losing contact with the task in both sexes (see Table 6; Fig. 7). Finally, younger individuals had a higher probability to lose motivation and stop interacting with the task, as compared to older ones (see Table 6; Fig. 8).

DISCUSSION

In this study, we first compared behavioral observations of 14 captive chimpanzees with ratings from a 12-item personality questionnaire based on Eysenck's PEN model (Úbeda & Llorente, 2015); and then we assessed the relationship between personality traits and interest, motivation and performance in cognitive tasks in a subsample of 13 individuals. Firstly, the traits obtained from the ratings significantly correlated with behavioral observations conducted over an 11-year period, but some expected correlations were absent. Secondly, our results showed that participation and latency were not associated with any personality trait from the PEN model. Partially in line with our predictions, the probability of success increased with lower Extraversion and lower Dominance, but this was more evident for females. Unexpectedly, success was also higher in females with higher Neuropsychoticism. The probability of losing motivation and stopping interaction with the task were higher in younger chimpanzees, and in those rated higher on Dominance

and lower on Extraversion. Finally, and in agreement with our predictions, individuals scoring higher in Neuropsychoticism were also more likely to lose motivation, especially in females.

Inter-rater reliabilities in the personality questionnaires were similar to those reported in previous studies (*Úbeda & Llorente, 2015; King & Figueredo, 1997; Weiss et al., 2009*), and indicated substantial agreement among raters. The correlations between personality traits and behaviors confirmed that there was some evidence for convergent validity. In particular, Extraversion positively correlated with total affiliative behaviors and with grooming and social play considered separately; and Dominance correlated with total agonistic interactions and with agonistic dominance independently. These associations were similar to those reported in previous studies on chimpanzees (*Pederson, King & Landau, 2005; Vazire et al., 2007*) and other great apes (*Eckardt et al., 2015; Kuhar et al., 2006; Schaefer & Steklis, 2014*). Moreover, Neuropsychoticism positively correlated with total agonistic interactions, confirming that chimpanzees with higher Neuropsychoticism are in fact more anxious, impulsive and aggressive, which is also consistent with Eysenck's definition of these traits (*Eysenck & Eysenck, 1964*). Neuropsychoticism was also negatively associated with foraging, which we interpreted as neuropsychotic chimpanzees being less prone to explore the enclosures to look for food, or perhaps dedicating more time to vigilance (*Digman, 1990*) or to aggressive interactions. Another possible explanation could be that neuropsychotic individuals have reduced levels of activity, as it has been found in bonobos that show more anxious behavior (i.e., higher rates of self-scratching) (*Staes et al., 2016*). Hence, a decrease in foraging would simply be a consequence of lower levels of general activity. Contrary to our predictions, however, Neuropsychoticism was not related to behavioral indicators of anxiety, such as self-directed behaviors or abnormal behaviors. However, it should be noted that our definition of self-directed behaviors included some behaviors, such as body inspection and self-grooming, which may not necessarily be indicators of anxiety or stress (*Meyer & Hamel, 2014*). Finally, we found some unexpected correlations, such as higher Extraversion being linked to agonistic dominance. Surprisingly, previous studies have reported an association between aggression and Extraversion in chimpanzees (*Freeman et al., 2013*) and in gorillas (*Kuhar et al., 2006*). Nonetheless, an important limitation of our study is that the category agonistic dominance encompassed a wide range of behaviors, from directed displays to resource displacement, but also aggression. Therefore, to further investigate the association between personality and aggression, a more detailed behavioral catalogue should be employed in the future, to better distinguish between aggressive and non-aggressive dominant behaviors.

It should also be noted that some behaviors or clusters of behaviors correlated with more than one trait (e.g., agonistic dominance correlating with both Dominance and Extraversion; and total agonistic interactions correlating with both Dominance and Neuropsychoticism), thus revealing limited discriminant validity for the PEN model.

Nevertheless, this was not entirely unexpected. Firstly, the positive correlation between the traits Dominance and Neuropsychoticism, which was close to significance, suggested that, at least in our study sample, these two traits were partially associated. Therefore, it was no surprise that, some behaviors were common for both traits. Furthermore, finding

Table 6 Results of Models 1–4. For each model and predictor, estimates, standard errors (SE), likelihood ratio tests (LRT), degrees of freedom (df), and *p*-values (*p*).

Models	Estimate	SE	LRT	df	<i>P</i>
Model 1: Participation					
Intercept	1.151	1.794	–	–	–
Dominance	–1.320	1.578	0.84	1	0.360
Extraversion	2.383	1.240	3.51	1	0.061
Neuropsychoticism	–1.025	1.582	0.55	1	0.458
Sex (male)	4.486	2.179	3.81	1	0.051
Age	1.477	1.486	1.18	1	0.278
Task complexity	–0.256	0.564	0.21	1	0.648
Information type	0.747	0.654	1.43	1	0.232
Trial number	–0.297	0.138	4.53	1	0.033
Box color	0.328	0.285	1.28	1	0.258
Box order	–0.470	0.396	1.36	1	0.244
Model 2: Success					
Intercept	6.934	2.282	–	–	–
Dominance	–13.120	2.906	–	–	–
Extraversion	–23.638	7.868	–	–	–
Neuropsychoticism	12.106	3.374	–	–	–
Sex (male)	–3.328	2.191	–	–	–
Dominance*Sex(male)	12.676	3.042	11.03	1	<0.001
Extraversion*Sex(male)	22.811	7.642	6.28	1	0.012
Neuropsychoticism*Sex(male)	–12.563	3.462	8.78	1	0.003
Age	–1.226	0.819	1.95	1	0.162
Task complexity	–0.290	0.606	0.19	1	0.660
Information type	0.977	0.252	12.17	1	<0.001
Trial number	0.805	0.191	20.51	1	<0.001
Box color	0.130	0.358	0.13	1	0.719
Box order	–0.205	0.412	0.24	1	0.623
Model 3: Latency					
Intercept	46.724	9.043	–	–	–
Dominance	–1.123	3.697	0.19	1	0.667
Extraversion	4.230	4.150	1.70	1	0.193
Neuropsychoticism	0.671	3.375	0.06	1	0.800
Sex (male)	7.176	5.838	2.36	1	0.125
Age	0.677	3.364	0.11	1	0.742
Task complexity	41.209	1.983	339.59	1	<0.001
Information type	–2.465	1.872	1.72	1	0.190
Trial number	–5.545	1.533	13.16	1	<0.001
Box color	0.819	3.134	0.08	1	0.781
Box order	1.682	3.298	0.18	1	0.669
Model 4: Lose contact with task					
Intercept	–11.514	1.867	–	–	–

(continued on next page)

Table 6 (continued)

Models	Estimate	SE	LRT	df	P
Dominance	1.033	0.451	6.35	1	0.012
Extraversion	-1.466	0.340	12.50	1	<0.001
Neuropsychoticism	7.433	1.337	–	–	–
Sex (male)	7.572	1.687	–	–	–
Dominance*Sex(male)	–	–	–	–	–
Extraversion*Sex(male)	–	–	–	–	–
Neuropsychoticism*Sex (male)	-6.901	1.434	10.02	1	0.002
Age	-0.930	0.337	5.52	1	0.019
Task complexity	–	–	–	–	–
Information type	–	–	–	–	–
Trial number	-0.451	0.176	6.91	1	0.009
Box color	0.168	0.345	0.24	1	0.626
Box order	0.123	0.354	0.12	1	0.727

Notes.

$N = 13$. Reference categories for categorical predictors are included in parentheses. Significant results are marked in bold. Personality traits, age and trial number were z-transformed prior to analyses. In all models, subject identity was included as random effect. In Model 4 complexity and information type were removed from the model to avoid overdispersion.

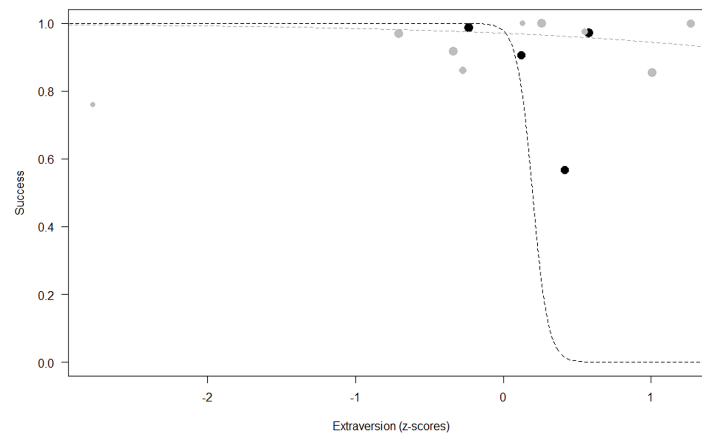


Figure 2 Probability of success as a function of Extraversion. The dots represent the individuals tested (females in black, males in grey), with their size being proportional to the number of trials in which they participated. The dashed lines depict the models, which have been back-transformed from the log-odds ratio scale (black for females, grey for males).

Full-size  DOI: [10.7717/peerj.9707/fig-2](https://doi.org/10.7717/peerj.9707/fig-2)

a straightforward correspondence between personality traits and behaviors is a challenging endeavor (Pederson, King & Landau, 2005; Konečná et al., 2008), as several traits likely play a role in defining how a subject behaves (Capitanio, 2004). In particular, given that the questionnaire used in this study was fairly short, and only three dimensions were considered, the convergence of several behaviors in one trait was expected. Hierarchical personality models, like Eysenck's or the FFM, describe higher order traits which include several specific traits; and these lower traits are characterized by several behavioral responses (Eysenck, 1990; DeYoung, 2006; DeYoung, 2010). Finally, it should be noted that we only had a small sample of chimpanzees, all coming from the same site (a primate rescue centre),

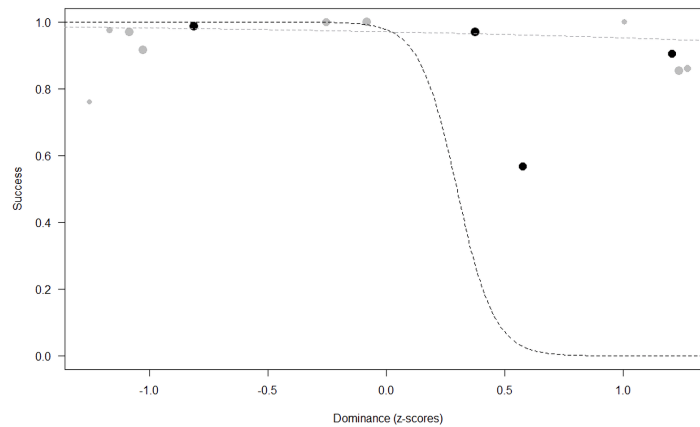


Figure 3 Probability of success as a function of Dominance. The dots represent the individuals tested (females in black, males in grey), with their size being proportional to the number of trials in which they participated. The dashed lines depict the models, which have been back-transformed from the log-odds ratio scale (black for females, grey for males).

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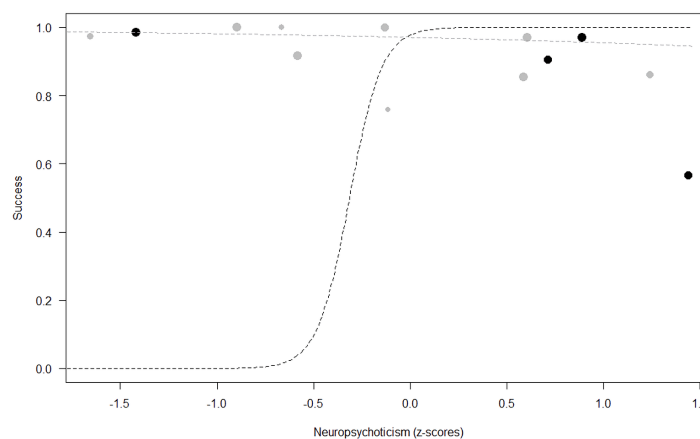


Figure 4 Probability of success as a function of Neuropsychoticism. The dots represent the individuals tested (females in black, males in grey), with their size being proportional to the number of trials in which they participated. The dashed lines depict the models, which have been back-transformed from the log-odds ratio scale (black for females, grey for males).

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with some of them having been exposed to traumatic past experiences which most likely shaped their personality (*Ortín et al., 2019*) and their behavior (*Crailsheim et al., 2020*).

Regarding our predictions for personality and performance in the puzzle boxes, only the models for success and losing contact with the task were significant. In view of the association between Extraversion in the PEN model and Openness in the FFM (*Vorkapić, 2012*); and taking into account that, by definition, extraverts are more explorative and curious, we expected individuals higher in Extraversion to be more interested in the tasks (i.e., to participate more). Additionally, considering the male-dominated hierarchy of chimpanzees both in the wild (*Kaburu & Newton-Fisher, 2015; Newton-Fisher, 2004*) and in

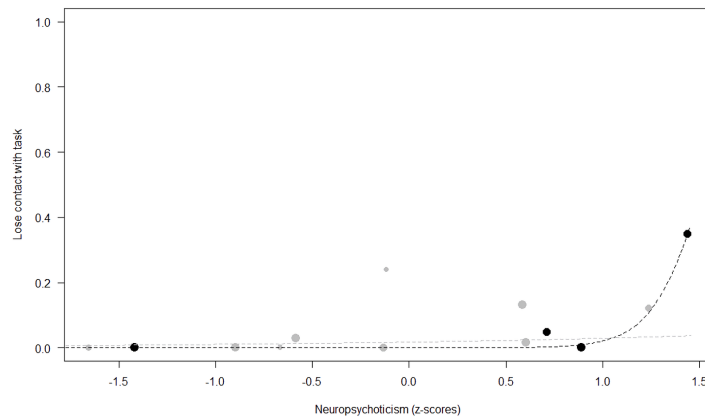


Figure 5 Probability of losing contact with the task as a function of Neuropsychoticism. The dots represent the individuals tested (females in black, males in grey), with their size being proportional to the number of trials in which they participated. The dashed lines depict the models, which have been back-transformed from the log-odds ratio scale (black for females, grey for males).

Full-size DOI: [10.7717/peerj.9707/fig-5](https://doi.org/10.7717/peerj.9707/fig-5)

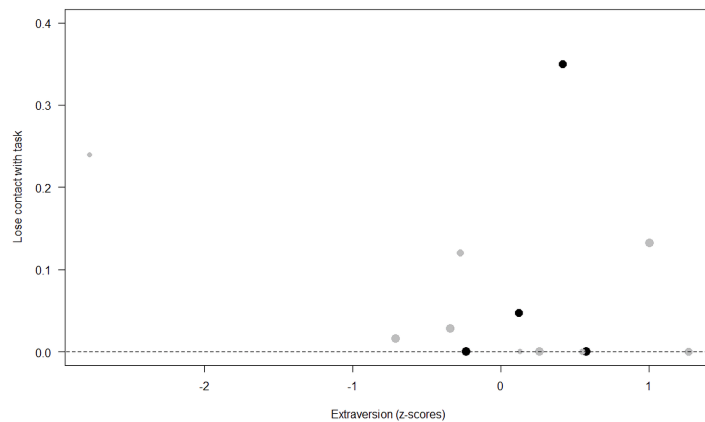


Figure 6 Probability of losing contact with the task as a function of Extraversion. The dots represent the individuals tested (females in black, males in grey), with their size being proportional to the number of trials in which they participated. The dashed lines depict the model, which has been back-transformed from the log-odds ratio scale.

Full-size DOI: [10.7717/peerj.9707/fig-6](https://doi.org/10.7717/peerj.9707/fig-6)

captivity (*De Waal, 1986; Noë, De Waal & Van Hooff, 1980*), it would not be surprising that dominant males would feel more confident in front of a novel stimulus. Previous studies in chimpanzees reported a positive association between Dominance and participation in cognitive testing, but with inconsistencies across tasks (*Altschul et al., 2017*). *Hopper et al. (2014)* found that males scoring higher in Dominance spent more time interacting with a foraging puzzle, which can also be considered an indicator of interest. However, neither Extraversion nor Dominance was related to participation in the puzzle boxes. A possible explanation might be that, in our questionnaire, none of the adjectives directly assessed curiosity or exploration. Among the adjectives that loaded onto Extraversion, we

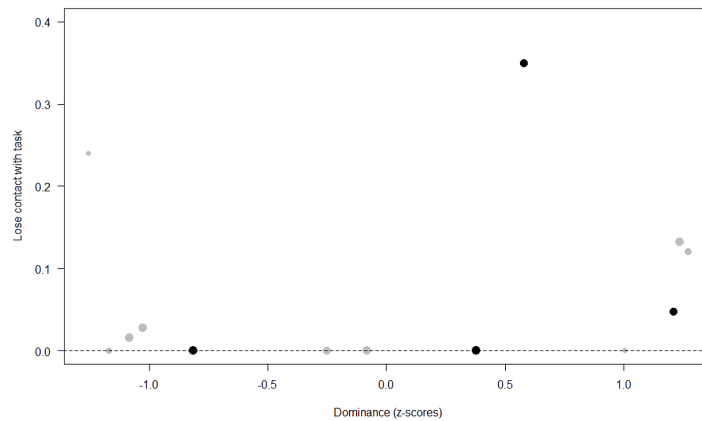


Figure 7 Probability of losing contact with the task as a function of Dominance. The dots represent the individuals tested (females in black, males in grey), with their size being proportional to the number of trials in which they participated. The dashed lines depict the model, which has been back-transformed from the log-odds ratio scale.

Full-size  DOI: [10.7717/peerj.9707/fig-7](https://doi.org/10.7717/peerj.9707/fig-7)

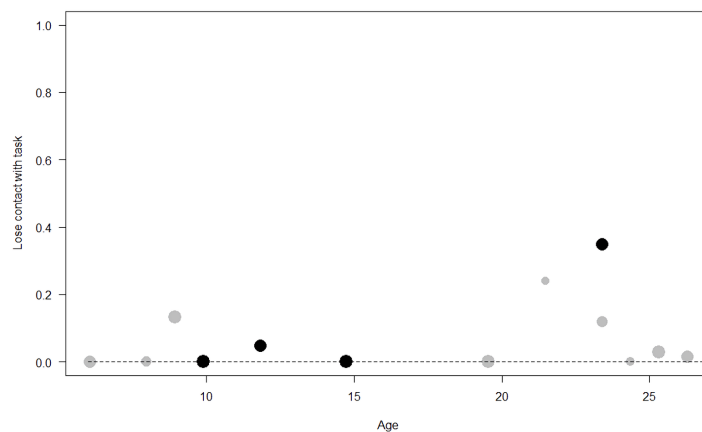


Figure 8 Probability of losing contact with the task as a function of age. The dots represent the individuals tested (females in black, males in grey), with their size being proportional to the number of trials in which they participated. The dashed lines depict the model, which has been back-transformed from the log-odds ratio scale.

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find “spontaneous” and “active”, which could somehow be related to exploration, but we also have “not sad” and “social”, which may not be particularly relevant in a testing context. Therefore, Extraversion in our model may be more descriptive of the social aspect of the trait. Finally, it should be pointed out that, in this study, chimpanzees were actively encouraged to participate in the experimental sessions by the keepers. Therefore, we could assume that extraverts would show a greater response to this social stimulus, or rather that the role of the keeper might have affected the results by greatly increasing overall participation, regardless of personality. In the future, it would be recommended to set up

an experimental design in which subjects can actively decide whether to engage in the task or not.

The probability to be successful was positively associated with lower Dominance and lower Extraversion in both sexes, although for both traits this relationship was more evident in females. This would contradict previous findings in chimpanzees indicating that dominant males were more successful in a foraging puzzle (Hopper *et al.*, 2014). However, our results are in line with an experiment using a touchscreen testing system (Leighty *et al.*, 2011), in which dominant mandrills (*Mandrillus sphinx*) required more sessions to be successful than subordinates. The authors suggested that dominant monkeys were more likely to focus their attention on social interactions than engaging in solitary activities, and were thus less successful. Similarly, Morton, Lee & Buchanan-Smith (2013) found a negative relationship between Assertiveness and performance in capuchin monkeys, which they also attributed to highly assertive individuals prioritizing social interactions over task engagement. In line with this, it has been stated that male chimpanzees would be primarily interested in social relationships and dominance hierarchy, as compared to females (Lonsdorf, 2005). However, in this study, we found no evidence that the link between Dominance and success was stronger in males. Nonetheless, sex differences in the effect of personality traits in success should be taken with caution, given that our sample only included a small number of females and that one female showed a particularly poor performance.

Our results on Extraversion confirmed our predictions, showing a negative effect of this trait on the probability of success. According to Eysenck's theory, introverts are more patient and have more goal-oriented attention. Furthermore, introverts' higher levels of cortical arousal allow them to sustain their attention even under less stimulating conditions (Eysenck, 1981). In our study, puzzle boxes required animals to persist in assembling the different components without getting any reward until they completely solved the task. Therefore, more introverted individuals might have been advantaged when solving these tasks. These results are in line with previous research on humans, showing a negative relationship between Extraversion and academic performance, possibly because extraverts are more social, easily distracted and impulsive (Chamorro-Premuzic & Furnham, 2003; Sánchez, Rejano & Rodríguez, 2001), but also more reward sensitive (Depue & Collins, 1999; Smillie, 2013). However, the effect of Extraversion in non-human primates is, to date, more controversial. Altschul *et al.* (2017), for instance, found that chimpanzees scoring higher in Extraversion were more accurate in a touchscreen cognitive task. Furthermore, studies on macaques (*Macaca mulatta* and *Macaca fascicularis*) showed a link between success in cognitive tasks and being "active" or "friendly" (Altschul, Terrace & Weiss, 2016; Wergård *et al.*, 2016), which are adjectives that load onto the trait Extraversion. In our study, however, subjects had to be isolated from the social group during the test, and this might have also contributed to the negative association we found between higher Extraversion and success. In particular, more introverted individuals might have been less disturbed by isolation, and might have been more likely to focus on solitary activities. Also, this may be especially true for the chimpanzees in our study, as they are rarely isolated from their

group and, with the exception of the experiments described in this study, they hardly ever participate in testing sessions.

In contrast with our predictions, Neuropsychoticism was linked to higher probability of success in females. Nonetheless, as expected, higher scores on this trait slightly increased the probability of success in males. Studies in non-human primates have failed to report any relationship between Neuroticism and cognitive performance ([Altschul et al., 2017](#); [Morton, Lee & Buchanan-Smith, 2013](#)). However, in an experiment on social learning in wild baboons (*Papio ursinus*), [Carter et al. \(2014\)](#) reported that more anxious individuals were more likely to improve their performance in a hidden-object task after watching a demonstrator. In contrast, [Schubiger et al. \(2015\)](#) found that male marmosets (*Callithrix jacchus*) showing higher emotional reactivity towards the experimenter (i.e., highly neurotic individuals) were less likely to participate in cognitive tasks, but this did not affect their performance. In humans, higher Neuroticism and higher Psychoticism have been repeatedly linked to poorer performance, both in academic ([Chamorro-Premuzic & Furnham, 2003](#); [Flores-Mendoza et al., 2013](#); [Poropat, 2011](#)) and non-academic contexts ([Dobson, 2000](#); [Reynolds, McClelland & Furnham, 2014](#)), and especially under stressful conditions ([Byrne, Silasi-Mansat & Worthy, 2015](#)). Nonetheless, [Eysenck \(1981\)](#) suggested that the relationship between Neuroticism and performance depends on the intelligence of the subject: higher Neuroticism is related to higher academic achievement in more intelligent individuals, who are better able to cope with anxiety, while the opposite pattern is observed for less intelligent subjects. Other researchers have suggested that neurotics are more creative problem-solvers, because they tend to think about different possibilities and scenarios when they face a new situation ([Perkins et al., 2015](#)). Similarly, the dimension Psychoticism in humans includes adjectives such as “imaginative” ([Goldberg & Rosolack, 1994](#)), and it has been linked to creativity ([Abraham et al., 2005](#); [Acar & Runco, 2012](#); [Eysenck, 1995](#)).

Unsurprisingly, Neuropsychoticism was positively associated with the probability of losing motivation in both sexes, but again this effect was stronger in females. In our study, the puzzle boxes required individuals to be persistent and constant, attributes that are quite opposite to the adjectives that load onto this factor, such as “anxious” and “impulsive” ([Úbeda & Llorente, 2015](#)). Therefore, individuals higher in Neuropsychoticism might have been more likely to become anxious and frustrated during the task, ultimately resulting in loss of motivation. Earlier research in chimpanzees has linked higher Neuroticism with the production of self-directed behaviors (a common indicator of anxiety) during cognitive tasks ([Herrelko, Vick & Buchanan-Smith, 2012](#)). These findings appear consistent with research in humans, in which Neuroticism has been associated with high levels of tension ([Zajenkowska, Zajenkowski & Jankowski, 2015](#)) and test anxiety ([Zeidner & Matthews, 2000](#)). On the other hand, Psychoticism in humans is not only related to impulsivity ([Chico et al., 2003](#); [Eysenck et al., 1985](#)), but also to low persistence and lack of cooperation ([Howarth, 1986](#)). Although the puzzle boxes did not require cooperative behavior, they did require collaboration with the experimenter and the keeper, who were always present during the experimental sessions and interacted with the puzzle boxes in some conditions. Therefore, being more collaborative might have favored motivation in our study. Likewise, this could also explain why, for both sexes, Extraversion was negatively

linked to the probability of losing contact with the task. Initially, more extraverted individuals might have been less predisposed to leave their group to participate in the testing sessions. However, once the chimpanzee was in the experimental area, he received the attention of the experimenter, and more importantly, of a familiar keeper. In contrast, Dominance was found to be positively associated with the probability of losing contact with the task, suggesting that dominant chimpanzees might have been less interested in the testing sessions and more eager to return to their group. Finally, our results showed that younger individuals were more likely to lose motivation and stop manipulating the tasks, perhaps because they were more active and attentive to their surroundings, and thus more susceptible to distraction (*Riopelle & Rogers, 1965*). Studies with larger samples of non-human primates have indeed reported controversial results regarding the effect of age on interest and motivation towards new stimuli (*Almeling et al., 2016; Bliss-Moreau & Baxter, 2019; Massen et al., 2013*). Our results may be also explained by the characteristics of our study sample, which included 4 juveniles and otherwise relatively young adults (all <28 years), but no older individuals. Therefore, a negative effect of aging described by some authors (*Almeling et al., 2016*) would have been, by all means, impossible to detect.

Overall, regardless of personality, participation and success were considerably high (above 80% and 90% respectively), and chimpanzees lost contact with the task in only 5% of the trials in which they participated. This suggests that our study subjects were highly interested in the puzzle boxes: they made considerable efforts to solve them, and were often successful. Besides participation, latency was also not related to any personality trait. These results, however, were not entirely unexpected. Firstly, in one of the few studies assessing this measure, *Hopper et al. (2014)* also failed to report any link between personality traits and latency to success. Moreover, in our study, latency was highly influenced by the fact that a limited time was given to the chimpanzees to solve the tasks, and this time increased with complexity. Thus, as we anticipated, subjects spent more time solving complex than intermediate tasks, and more time solving intermediate than simple tasks. In other words, task complexity was the most important factor predicting latency. In this study, the time given to subjects to solve the puzzle boxes was deemed to be sufficient and in accordance with their level of difficulty. Nonetheless, it is impossible to tell whether, given the opportunity, subjects would continue trying to solve the boxes and if so, for how long.

To our knowledge, this study is the first to link Eysenck's personality dimensions with cognition in non-human primates, providing some theoretical and practical advantages. Firstly, the PEN model (*Eysenck, 1967*) associates personality traits with the functioning and structure of cortical and limbic brain regions (*Mitchell & Kumari, 2016*), which facilitates the understanding of non-human primates personality from an evolutionary and neurobiological perspective. On the other hand, and in contrast with other rating models, the questionnaire we used is less time consuming for the raters, as it includes only 12 adjectives to evaluate. This is particularly useful, considering that most raters are animal keepers who usually lack the time to dedicate to research activities. Therefore, shorter questionnaires can be especially advantageous to evaluate personality in zoos and sanctuaries (*Hopper & Cronin, 2018*). Nonetheless, we are aware of the limits of the PEN model, which lacks traits like Openness or Conscientiousness (which are described in

the FFM), that might importantly affect performance in experimental contexts. In the future, more studies should use different personality questionnaires to better assess the link between personality and cognitive performance. Also, rather than comparing personality ratings with spontaneous behavior, as we did in the present study, assessing behavioral patterns in a testing context could provide a complementary approach to the study of personality (*Massen et al., 2013*).

We would also like to highlight that the purpose of this study was not to establish a link between personality and a specific cognitive ability (*Griffin, Guillette & Healy, 2015*), as the tasks here described were not designed for this purpose. Furthermore, comparisons with other species need to be taken with caution, as cognitive tasks are done with different procedures and personality is often assessed with different tools across species (see *Morton et al., 2013*). Finally, our results warn against generalizing cognitive abilities at the species level, particularly if testing a small sample of subjects, as they could substantially differ in their performance due to personality variation. Moreover, other sources of individual differences may also modulate subjects' performance, such as past experiences (*Bard et al., 2014*), rearing conditions (*Simpson et al., 2019*), affective state (*Bethell et al., 2012*), and genetic variables (*Hopkins et al., 2014*). Additionally, future studies may also consider assessing rank when studying primate cognition particularly if tasks are presented in a social context (*Wergård et al., 2016*). This was unfortunately not possible in the present study, due to changes in group composition and dominance hierarchies that occurred throughout the data collection period. Finally, one of the main limitations of this study was the low statistical power due to the small sample, as well as the fact that males and females were unevenly represented, with males greatly outnumbering females. Therefore, we need to be especially cautious when interpreting sex differences in our models. For example, the fact that personality traits more strongly affected performance in females could depend on the small number of females tested, with inter-individual differences having been magnified.

Last but not least, studying the relationship between personality and measures like interest or motivation can have important implications for animal welfare. Given that individuals with different personality profiles may benefit from different types of cognitive enrichment (*Carere & Locurto, 2011*), understanding individual differences in personality may be transferred to improving management and quality of life in animals under human control, thus having a positive impact on welfare and conservation (*Gartner & Weiss, 2018*). In line with this, besides personality, future cognitive research involving captive animals should also consider including welfare indicators that can be monitored during experimental testing. Furthermore, cognitive experiments in a social setting should be considered as an alternative to subjects' isolation, which would increase validity of findings and improve animal welfare (*Cronin, 2017*).

CONCLUSIONS

In line with our predictions, chimpanzees' behavior correlated with some of the personality dimensions described by Eysenck's PEN model, although construct validity was relatively low. Nonetheless, the PEN model offers some practical advantages compared to other

questionnaires, being simpler and less time consuming. Moreover, as predicted, personality traits were related to subjects' performance in an experimental context. In particular, success was negatively related to Extraversion and Dominance, with these associations being more evident in females. Furthermore, Neuropsychoticism was positively associated with success in females, but not in males. As expected, higher Neuropsychoticism was associated with loss of motivation and therefore higher probability of the chimpanzees stopping manipulating the puzzle boxes, especially in females. Additionally, younger chimpanzees, and those rated lower on Extraversion and higher on Dominance were also more likely to stop interacting with the task. Participation and latency were not related to any personality trait. These findings stress the importance of considering personality when assessing cognitive performance in non-human primates, as the outcomes of a particular test may not necessarily reflect the subject's ability to perform the task, but rather individual differences in personality.

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Competing Interests

The authors declare there are no competing interests.

Author Contributions

- Maria Padrell and Yulán Úbeda analyzed the data, prepared figures and/or tables, authored or reviewed drafts of the paper, collection of personality data, and approved the final draft.
- David Riba conceived and designed the experiments, performed the experiments, authored or reviewed drafts of the paper, and approved the final draft.
- Federica Amici analyzed the data, prepared figures and/or tables, authored or reviewed drafts of the paper, and approved the final draft.
- Miquel Llorente analyzed the data, authored or reviewed drafts of the paper, and approved the final draft.

Animal Ethics

The following information was supplied relating to ethical approvals (i.e., approving body and any reference numbers):

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Data Availability

The following information was supplied regarding data availability:

Raw data for performance measures, personality and behaviour are available in the [Supplemental Files](#).

Supplemental Information

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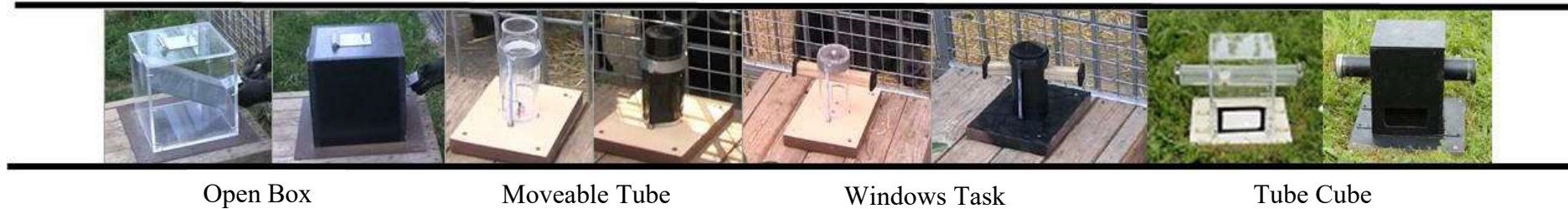
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Supplemental Information

Figure S1. Cognitive tasks used in this study categorized by complexity levels (simple, intermediate and complex) according to the number of elements that needed to be solved

SIMPLE TASKS



INTERMEDIATE TASKS



COMPLEX TASKS



Table S1. Behavioral catalogue used to monitor chimpanzees' behavior at Fundació Mona from 2006 to 2017 (adapted from Llorente et al., 2015)

Behavioral category	Name of behavior	Definition
Solitary	Abnormal behavior	Maladjusted stereotypical behaviors such as rocking, pacing, self-harm, coprophagy (eating feces), regurgitation, and reingestion, trichotillomania (hair-pulling), trichotillophagia (hair-pulling eating hair), ear-poking, eye-poking.
	Locomotion	
	Feeding	
	Manipulation	Inspecting elements of the environment or enrichment that are not food with the upper or lower extremities.
	Inactivity	
	Self-directed behavior	
	Other solitary	Individual behaviors that are not better defined by any other solitary behaviors (e.g. excretion).
Social	Grooming	Body-cleansing behavior from one individual to another (includes mutual grooming), performed with the upper extremities or with the mouth.
	Agonistic dominance	Threat-related behaviors such as direct aggression, charging display, displacement and resource appropriation (e.g. steal food or objects). Can be accompanied by vocalizations.
	Agonistic submission	Avoiding, food submission (e.g. leave/drop food and move away when others try to steal it), hand-to-mouth, finger-to-mouth. Can be accompanied by vocalizations such as pant-grunts. Includes running away from others in conflict situations.
	Other agonistic	Other behaviors identified as agonistic, but do not fit the criteria of Agonistic dominance or Agonistic submission (e.g. appeasing, consolation, reconciliation, and requesting support).
	Social play	Playful behavior between two or more individuals associated with behavioral indicators of play (e.g. play-face, laugh, friendly head bobbing, soft knocking on the ground, and playful chasing).
	Sexual behavior	Sexual interaction, or search for sexual interaction, between two individuals including behaviors such as: copulation, attempted copulation, genital presentation, and other behaviors directed towards the genitals of another individual.
	Other affiliative	Other behaviors identified as affiliative, but do not fit the criteria of Grooming, Social play or Sexual behavior (e.g. embrace, greetings).
	Social proximity	The chimpanzee is at less than one-arm length from one or more subjects, but there is no social interaction between them.
	Not Visible	The chimpanzee or the behavior cannot be identified.
	Not Present	The chimpanzee is not in the outdoor enclosure (e.g. he is in the sleeping areas or in the outdoor cages).
Other	Human Positive	Affiliative or neutral interaction between chimpanzees and humans (without physical contact). Includes staring at humans from a close distance (1.5m meters from the fence), following humans around the enclosure.
	Human Negative	Agonistic-type interaction or looking for agonistic-type interaction, with humans.

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Table S2. Possible combinations of experimental conditions (task complexity, social information and causal information), number of tasks, and trials performed by each subject in each condition

Task complexity	Social information	Tasks per subject	Causal information (apparatus version)	Trials per subject
SIMPLE	Control	1	Transparent	4
			Opaque	4
	No social information	1	Transparent	4
			Opaque	4
	Social information	1	Transparent	4
			Opaque	4
TOTAL SIMPLE		3		24
INTERMEDIATE	Control	1	Transparent	4
			Opaque	4
	No social information	1	Transparent	4
			Opaque	4
	Social information	1	Transparent	4
			Opaque	4
TOTAL INTERMEDIATE		3		24
COMPLEX	Control	1	Transparent	4
			Opaque	4
	No social information	1	Transparent	4
			Opaque	4
	Social information	1	Transparent	4
			Opaque	4
TOTAL COMPLEX		3		24

Table S3. Spearman correlations between Eysenck's personality traits and observed behaviors

	Abnormal behavior	Locomotion	Foraging	Manipulation	Inactivity	Self-directed behavior	Other solitary	Grooming	Agonistic dominance	Agonistic submission	Other agonistic	Social play	Sexual behavior	Other affiliative	Social proximity	Human positive	Human negative	
Extraversion	r	-.275	.284	.147	-.132	-.433	-.477	-.152	.705	.614	-.076	-.179	.692	.449	0.310	-.077	.367	.499
	p	.342	.326	.615	.653	.122	.085	.605	.005	.020	.797	.541	.006	.108	.281	.794	.197	.069
	95% CI	[-.786, .325]	[-.261, .761]	[-.385, .668]	[-.626, .429]	[-.881, .375]	[-.837, .163]	[-.649, .436]	[.147, .957]	[.079, .929]	[-.539, .425]	[-.730, .510]	[.250, .928]	[-.053, .830]	[-.268, .796]	[-.607, .468]	[-.182, .732]	[-.086, .900]
Neuropsychoticism	r	.007	-.336	-.640	-.271	-.015	.020	.152	.099	0.211	0.327	0.400	-.115	.449	0.143	0.508	-.165	.232
	p	.982	.240	.014	.349	.958	.946	.605	.737	0.469	0.254	0.157	.697	.108	0.626	0.064	.573	.425
	95% CI	[-.555, .654]	[-.675, .196]	[-.945, -.172]	[-.802, .521]	[-.549, .538]	[-.573, .626]	[-.501, .705]	[-.408, .557]	[-.323, .697]	[-.332, .765]	[-.193, .814]	[-.653, .596]	[-.123, .845]	[-.493, .787]	[-.181, .919]	[-.625, .381]	[-.303, .711]
Dominance	r	-.442	.218	-.055	-.469	-.393	-.429	-.011	.547	.557	.205	-.246	-.084	.486	-.160	.341	.042	.404
	p	.114	.455	.852	.091	.164	.126	.970	.043	.039	.483	.397	.776	.078	.584	.233	.887	.151
	95% CI	[-.770, .234]	[-.344, .729]	[-.563, .476]	[-.887, .170]	[-.791, .307]	[-.833, .145]	[-.527, .447]	[-.014, .900]	[.028, .892]	[-.366, .688]	[-.693, .334]	[-.623, .454]	[-.096, .873]	[-.642, .460]	[-.389, .791]	[-.674, .647]	[-.144, .831]

N=14. Significant results are marked in bold (p<0.05; 95% CI do not overlap 0).

Table S4. Individual results in the cognitive tasks

4A. Overall results (all tasks). For each subject, sex, age (in 2009), mean and standard deviation ($\bar{x} \pm SD$) of participation (0=subject refused to participate, 1=the subject engaged in the task), success (0=failed attempt, 1=successful attempt), latency (in seconds), and percentage of trials in which the subject lost contact with the task.

Subject	Sex	Age	Participation	Success	Latency	Lose contact with task
África	Female	10	0.94± 0.23	0.97± 0.17	43.06 ± 67.61	0.00
Bea	Female	24	0.83 ± 0.38	0.57 ± 0.50	13.15 ± 12.84	29.17
Bongo	Male	9	0.94± 0.23	0.85± 0.36	26.70 ± 42.08	12.50
Charly	Male	20	0.97 ± 0.17	1.00± 0.00	47.54 ± 61.63	0.00
Coco	Female	15	0.97± 0.17	0.99± 0.12	29.07 ± 40.97	0.00
Juanito	Male	6	1.00± 0.00	1.00± 0.00	46.46 ± 49.38	0.00
Marco	Male	25	0.44± 0.50	1.00± 0.00	10.56 ± 9.23	0.00
Nico	Male	8	0.56± 0.50	0.98± 0.16	11.28 ± 15.24	0.00
Tico	Mal	22	0.35± 0.48	0.76 ± 0.44	6.68 ± 4.18	8.33
Tom	Male	24	0.78± 0.42	0.86 ± 0.35	40.02 ± 46.12	9.38
Toni	Male	26	1.00± 0.00	0.92± 0.28	48.58 ± 68.53	2.78
Victor	Male	27	0.89± 0.32	0.97 ± 0.18	31.80 ± 48.07	1.39
Waty	Female	12	0.88 ± 0.33	0.90 ± 0.30	42.42 ± 61.31	4.17
$\bar{x} \pm SD$			0.81 ± 0.22	0.91± 0.13	30.55± 15.57	5.21± 8.36

4B. Results for simple tasks. For each subject, sex, age (in 2009), mean and standard deviation ($\bar{x} \pm SD$) of participation (0=subject refused to participate, 1=the subject engaged in the task), success (0=failed attempt, 1=successful attempt), latency (in seconds), and percentage of trials in which the subject lost contact with the task.

Subject	Sex	Age	Participation	Success	Latency	Lose contact with task
África	Female	10	1.00± 0.00	0.92± 0.28	7.45± 14.47	0.00
Bea	Female	24	0.67± 0.48	0.88± 0.34	7.14± 6.25	4.17
Bongo	Male	9	1.00± 0.00	0.96± 0.20	5.70± 5.41	0.00
Charly	Male	20	1.00± 0.00	1.00± 0.00	4.13± 2.66	0.00
Coco	Female	15	0.92± 0.28	1.00± 0.00	4.64± 3.20	0.00
Juanito	Male	6	1.00± 0.00	1.00± 0.00	15.08± 18.29	0.00
Marco	Male	25	1.00± 0.00	1.00± 0.00	7.13± 3.35	0.00
Nico	Male	8	1.00± 0.00	0.96± 0.20	8.09± 6.91	0.00
Tico	Mal	22	0.50± 0.51	1.00± 0.00	4.92± 2.15	0.00
Tom	Male	24	0.83± 0.38	0.90± 0.31	15.24± 26.70	4.17
Toni	Male	26	1.00± 0.00	0.92± 0.28	8.82± 8.06	4.17
Victor	Male	27	1.00± 0.00	1.00± 0.00	6.58± 6.95	0.00
Waty	Female	12	0.67± 0.48	0.75± 0.45	4.58± 4.44	4.17
$\bar{x} \pm SD$			0.89± 0.17	0.94± 0.07	7.65± 3.63	1.28± 2.00

4C. Results for intermediate tasks. For each subject, sex, age (in 2009), mean and standard deviation ($\bar{x} \pm SD$) of participation (0=subject refused to participate, 1=the subject engaged in the task), success (0=failed attempt, 1=successful attempt), latency (in seconds) and percentage of trials in which the subject lost contact with the task.

Subject	Sex	Age	Participation	Success	Latency	Lose contact with task
África	Female	10	1.00± 0.00	1.00 ± 0.00	15.54 ± 16.95	0.00
Bea	Female	24	1.00± 0.00	0.83± 0.38	17.35 ± 14.64	16.67
Bongo	Male	9	1.00± 0.00	0.92± 0.28	15.18 ± 14.57	8.33
Charly	Male	20	1.00± 0.00	1.00± 0.00	21.17 ± 15.04	0.00
Coco	Female	15	1.00± 0.00	1.00± 0.00	15.63 ± 12.35	0.00
Juanito	Male	6	1.00± 0.00	1.00± 0.00	49.46 ± 56.62	0.00
Marco	Male	25	0.33 ± 0.48	1.00± 0.00	20.88 ± 13.36	0.00
Nico	Male	8	0.67 ± 0.48	1.00± 0.00	15.88 ± 21.92	0.00
Tico	Mal	22	0.33 ± 0.00	0.88± 0.35	9.71 ± 5.19	4.17
Tom	Male	24	0.67 ± 0.48	0.69± 0.48	22.09 ± 42.80	20.83
Toni	Male	26	1.00 ± 0.00	1.00± 0.00	18.79 ± 15.40	0.00
Victor	Male	27	0.67 ± 0.48	1.00± 0.00	10.25 ± 5.14	0.00
Waty	Female	12	1.00 ± 0.00	0.92± 0.28	22.50 ± 42.21	8.33
$\bar{x} \pm SD$			0.82± 0.26	0.94± 0.10	19.57 ± 9.86	4.49 ± 7.11

4D. Results for complex tasks. For each subject, sex, age (in 2009), mean and standard deviation ($\bar{x} \pm SD$) of participation (0=subject refused to participate, 1=the subject engaged in the task), success (0=failed attempt, 1=successful attempt), latency (in seconds) and percentage of trials in which the subject lost contact with the task.

Subject	Sex	Age	Participation	Success	Latency	Lose contact with task
África	Female	10	0.83± 0.38	1.00± 0.00	115.25± 84.56	0.00
Bea	Female	24	0.83± 0.38	0.00± 0.00	-	66.67
Bongo	Male	9	0.83± 0.38	0.65± 0.49	83.23± 58.52	29.17
Charly	Male	20	0.92± 0.28	1.00± 0.00	123.00± 57.53	0.00
Coco	Female	15	1.00± 0.00	0.96± 0.20	66.48± 52.55	0.00
Juanito	Male	6	1.00± 0.00	1.00± 0.00	91.87± 32.68	0.00
Marco	Male	25	0.00± 0.00	-	-	0.00
Nico	Male	8	0.00± 0.00	-	-	0.00
Tico	Mal	22	0.21± 0.41	0.00± 0.00	-	20.83
Tom	Male	24	0.88± 0.34	1.00± 0.00	84.21± 35.24	0.00
Toni	Male	26	1.00± 0.00	0.83± 0.38	128.05± 78.17	4.17
Victor	Male	27	1.00± 0.00	0.92± 0.28	75.00± 60.03	4.17
Waty	Female	12	0.96± 0.20	1.00± 0.00	81.22± 71.45	0.00
$\bar{x} \pm SD$			0.73 ± 0.38	0.76 ± 0.39	94.26 ± 22.22	9.62 ± 19.50

Questionnaire S1. English version of the personality questionnaire completed by the raters

PERSONALITY QUESTIONNAIRE FOR CHIMPANZEES

INSTRUCTIONS:

- Please answer the questionnaire individually, without discussing it with other keepers, volunteers or researchers.
- Evaluate each personality trait by assigning a numerical value on a scale of 1 to 7, depending on whether the subject is better identified with one end of the scale or the other. Example for a subject considered “social”:

Antisocial 1 2 3 4 5 **6** 7 Social

1: Very antisocial 2: Antisocial 3: Slightly antisocial 4: Neutral 5: Slightly social
6: Social 7: Very social

- It is important to evaluate all the adjectives for all the subjects. Some traits might be difficult to assess, and some may be very similar. However, in order to obtain a complete personality profile of each individual, it is highly desirable that you evaluate all adjectives. Nevertheless, if you experience a great difficulty assessing a certain adjective, you can leave it blank.

-Each item should be evaluated by focusing on the two opposite adjectives. If necessary, at the end of the document you will find explanatory definitions for all the adjectives used (with their antonyms in brackets), in order to facilitate the assessment.

- Traits involving social aspects can refer to how subjects behave with humans or with their conspecifics (other chimpanzees), and assessment of these traits should include both. Nevertheless, if the subject behaves differently with humans than with other chimpanzees, the evaluation should focus on its relationships with conspecifics.

NAME OF THE CHIMPANZEE:

Social	1 2 3 4 5 6 7	Antisocial
Active	1 2 3 4 5 6 7	Passive
Dominant	1 2 3 4 5 6 7	Submissive
Spontaneous	1 2 3 4 5 6 7	Not spontaneous
Calm	1 2 3 4 5 6 7	Anxious
Good-tempered	1 2 3 4 5 6 7	Bad-tempered
Brave	1 2 3 4 5 6 7	Fearful
Cheerful	1 2 3 4 5 6 7	Sad
Pacific	1 2 3 4 5 6 7	Aggressive
Cautious	1 2 3 4 5 6 7	Impulsive
Empathic	1 2 3 4 5 6 7	Cruel
Not creative	1 2 3 4 5 6 7	Creative

ADJECTIVES' DEFINITIONS:

Social: The subject enjoys interacting with others (≠Antisocial)

Active: Energetic, engaging in physical activity (≠Passive)

Dominant: The subject exercises power over the other individuals (≠Submissive)

Spontaneous: The subject has an open, natural and uninhibited behaviour (≠Not spontaneous)

Calm: The subject does not show tension or anger (≠Anxious)

Good-tempered: Naturally friendly and pleasant (≠Bad-tempered)

Brave: Determined, daring (≠Fearful)

Cheerful: The subject expresses joy and happiness (≠Sad)

Pacific: The subject does not start conflicts, nor participates in them (≠Aggressive)

Cautious: Forehanded, thoughtful (≠Impulsive)

Empathic: The subject shows concern for the states and needs of others (≠Cruel)

Creative: The subject is able to produce new ideas, solve and find answers to new problems (≠Not creative).

Questionnaire S2. Original Spanish version of the personality questionnaire completed by the raters

CUESTIONARIO PARA EVALUAR LA PERSONALIDAD EN PRIMATES NO HUMANOS

INSTRUCCIONES:

- Responda al cuestionario de manera individual, sin comentarlo con sus compañeros.
- Evalúe los rasgos de personalidad marcando el valor que crea más adecuado en la puntuación de la escala de intensidad, dependiendo de si identifica más a un individuo en un extremo del eje o en el otro. Ejemplo para un individuo social:

Antisocial 1 2 3 4 5 **6** 7 Social

1: Muy antisocial 2: Antisocial 3: Poco antisocial 4: Neutro 5: Poco social
6: Social 7: Muy social

- Es importante evaluar todos los adjetivos para todos los sujetos de estudio. Entendemos que ciertos adjetivos pueden ser difíciles de valorar, además de muy parecidos. Sin embargo, es muy importante para obtener un buen perfil de personalidad de los sujetos intentar evaluar todos los adjetivos. Aun así, si encuentra demasiada dificultad para evaluar algún adjetivo, puede dejar el espacio en blanco.

- Los cuestionarios están diseñados para poder ser evaluados únicamente con los adjetivos bipolares propuestos. No obstante, en caso necesario, al final de este documento podrá encontrar unas definiciones aclaratorias de los adjetivos utilizados (con sus respectivos antónimos entre paréntesis) para que le faciliten la evaluación.

- Ciertos adjetivos de carácter social pueden hacer referencia a cómo se comportan los sujetos en su relación con los humanos o en relación con los conoespecíficos (otros chimpancés). La evaluación de estos adjetivos de carácter social deberá incluir ambos ámbitos. No obstante, ante determinados contextos un sujeto puede comportarse de manera opuesta (Ej. un sujeto se muestra de manera social con humanos y en un modo asocial con conoespecíficos), en dichas ocasiones aunque se persiga una valoración global, prevalecerá su relación con sus congéneres, frente a su relación con los humanos.

NOMBRE DEL CHIMPANCÉ:

Social (<i>Social</i>)	1 2 3 4 5 6 7	Antisocial (<i>Unsocial</i>)
Activo (<i>Active</i>)	1 2 3 4 5 6 7	Pasivo (<i>Passive</i>)
Dominante (<i>Dominant</i>)	1 2 3 4 5 6 7	Sumiso (<i>Submissive</i>)
Espontáneo (<i>Spontaneous</i>)	1 2 3 4 5 6 7	No espontáneo (<i>Not spontaneous</i>)
Tranquilo (<i>Calm</i>)	1 2 3 4 5 6 7	Ansioso (<i>Anxious</i>)
Con buen humor (<i>Good-tempered</i>)	1 2 3 4 5 6 7	Mal humorado (<i>Bad-tempered</i>)
Valiente (<i>Brave</i>)	1 2 3 4 5 6 7	Temeroso (<i>Fearful</i>)
Alegre (<i>Happy, cheerful</i>)	1 2 3 4 5 6 7	Triste (<i>Sad</i>)
Pacífico (<i>Not aggressive</i>)	1 2 3 4 5 6 7	Agresivo (<i>Aggressive</i>)
Cauto (<i>Not impulsive</i>)	1 2 3 4 5 6 7	Impulsivo (<i>Impulsive</i>)
Empático (<i>Empathic</i>)	1 2 3 4 5 6 7	Cruel (<i>Cruel</i>)
No creativo (<i>Not creative</i>)	1 2 3 4 5 6 7	Creativo (<i>Creative</i>)

DEFINICIONES ADJETIVOS:

Social: Le gusta relacionarse con otros (≠Antisocial)

Activo: Enérgico, que actúa con energía o desarrolla gran actividad (≠Pasivo)

Dominante: Que ejerce poder sobre el resto de individuos (≠Sumiso)

Espontáneo: Que manifiesta comportamientos voluntarios, de forma natural (≠No espontáneo)

Tranquilo: Sosegado, calmado (≠Ansioso)

Con buen humor: Animado, jovial (≠Malhumorado)

Valiente: Decidido, atrevido (≠Temeroso)

Alegre: Que manifiesta o expresa alegría, animado, contento (≠Triste)

Pacífico: Que no participa ni crea conflicto (≠Agresivo)

Cauto: Cauteloso, precavido (≠Impulsivo)

Empático: Que muestra preocupación por el estado y las necesidades de los demás (≠Cruel)

Creativo: Capaz de producir ideas nuevas, solucionar y buscar respuesta a nuevos problemas (≠No creativo)

Article 4. Assessing Eysenck's PEN model to describe personality in chimpanzees

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Photograph taken by author



Assessing Eysenck's PEN model to describe personality in chimpanzees

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ABSTRACT

Questionnaires based on human models can be used to reliably assess personality also in non-human primates. In this study, we used an adapted version of Eysenck's Psychoticism-Extraversion-Neuroticism (PEN) model that focuses on three higher-order personality traits. Extending previous work on a small group of chimpanzees (*Pan troglodytes*), we tested 37 chimpanzees housed at Fundació Mona (Girona, Spain) and the Leipzig Zoo (Germany). We assessed personality with a 12-item questionnaire, which raters scored using a 7-point Likert scale. To identify the personality traits, we conducted data reduction with Principal Components Analysis and Robust Unweighted Least Squares. The ICCs for the single (3, 1) and average (3, k) ratings indicated substantial agreement between raters. Parallel analyses identified two factors to retain, whereas the scree plot inspection and eigenvalues larger than one rule identified three factors. Factor 1 and 2 in our study were identical to the ones previously described for this species (labelled Extraversion and Neuropsychoticism, respectively) and we also obtained a third factor that could be related to Dominance (Fearless Dominance). Thus, our results confirm the potential of the PEN model to describe chimpanzee personality structure.

1. Introduction

In the last three decades, personality assessment in captive animals has become increasingly popular as a non-invasive tool to improve animal management and welfare, while also providing valuable data to the field of animal personality research (Gartner and Weiss, 2017, for a review see: Norman et al., 2021). Understanding inter-individual differences of animals kept in captivity allows us to predict how subjects may respond when they face certain situations. This may be especially useful in zoos and other captive settings, because it can lead to the optimization of husbandry practices and environmental enrichment strategies according to the needs of each individual (Baker, 2012; Goswami et al., 2020; Quintavalle Pastorino et al., 2019). For example, it can help to increase success and decrease risks when forming social groups or transferring individuals to other centres (Gartner and Weiss, 2017). Furthermore, personality can have an impact on subjects' interest and performance in cognitive experiments, which are usually

conducted in captive populations (Altschul et al., 2016; Altschul et al., 2017; Herrelko et al., 2012). This may have implications for animal management, but also for the study design. For example, highly neurotic individuals, which may be more likely to show excessive stress or anxiety during testing (Herrelko et al., 2012), may be excluded from the study or chosen to participate last, after seeing other group members performing the experiments.

Non-human primates, and more specifically great apes, are among the most studied animals in the field of animal personality (Freeman and Gosling, 2010; Norman et al., 2021; Weiss et al., 2011b). Historically, there have been two main methodological approaches to the study of animal personality: one based on behavioural ecology, which uses behavioural coding, and one based on human differential psychology, which uses a rating methodology (Weiss and Adams, 2013). Behavioural coding implies direct observations of subjects' spontaneous behaviour (Brandão et al., 2019; Koski, 2011) or their assessment during experimental situations (Massen et al., 2013). By contrast, the rating or

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questionnaire-based approach involves human raters who are familiar with the animals (e.g., keepers, researchers) scoring a list of adjectives or descriptions of behaviours, usually employing a Likert scale (Vazire and Gosling, 2004). Furthermore, some authors have combined the psychological and behavioural approaches by developing questionnaires based on observed behaviours (Stevenson-Hinde and Hinde, 2011; Stevenson-Hinde and Zunz, 1978; Uher, 2008; Uher and Asendorpf, 2008). This “bottom-up” approach contrast the “top-down” approach typically used in comparative psychology, in which questionnaire items are selected from human models.

Both methodologies, behavioural coding and trait rating, have been widely used to assess personality in non-human primates (Błaszczuk, 2020; Freeman et al., 2011; Gosling et al., 2003a; Highfill et al., 2010) and they both have strengths and limitations. For instance, although behavioural coding is assumed to be more objective, human studies have shown that it can also provide unreliable estimates (Borkenau, 1992; Gosling et al., 1998), as single measures of specific behaviours tend to have low cross-situational consistency. By contrast, ratings provide a more global perspective, as they encompass the experience of the raters across time and situations (Gosling et al., 2003a). Another popular criticism regarding the use of questionnaires, especially those based on human models, is the risk of anthropomorphism, which would imply that raters are falsely attributing human features to animals (Weiss et al., 2011b). Nonetheless, studies in the wild and in captivity have showed that great apes have intrinsic personality structures and that similarities with humans can be attributed to our genetic and phylogenetic closeness rather than to anthropomorphism (King et al., 2005; Weiss et al., 2012; Weiss et al., 2017). In fact, it has been extensively demonstrated that questionnaires based on human models provide a reliable approach (Freeman et al., 2013; Freeman and Gosling, 2010; Úbeda and Llorente, 2015; Weiss, 2017; Weiss and Adams, 2013; Weiss et al., 2009; Weiss et al., 2017), and that personality traits similar to those found in humans are expressed, with some modifications, across species (Weiss, 2018). Moreover, the use of questionnaires is especially effective for species that are phylogenetically close to humans, like great apes, as it is possible to more easily interpret their behaviour, rate their personality, and establish direct comparisons with human personality traits (Weiss and Adams, 2013). Some researchers have questioned the validity ratings (Šlipogor et al., 2021; Uher and Asendorpf, 2008; Uher and Visalberghi, 2016), implying that the traits obtained with this method are not descriptive of actual behaviours. However, several studies have found correlations between trait rating and behavioural observations both in monkeys (Ebenau et al., 2020; Iwanicki and Lehmann, 2015; Konečná et al., 2008) and in great apes (Eckardt et al., 2015; Pederson et al., 2005; Schaefer and Steklis, 2014; Vazire et al., 2007), thus revealing that, at least to some extent, traits obtained from questionnaires can estimate behaviour. Finally, it is also worth noting that, in general, questionnaires are easier to implement and less time-consuming than behavioural observations (Freeman et al., 2011).

A common top-down approach to describe non-human primate personality is based on the human Five Factor Model (Goldberg, 1990; McCrae and Costa Jr, 1999; McCrae and John, 1992), a hierarchical model constituted by five higher-order personality traits onto which several related lower-order traits cluster (Digman, 1990). This model has been successfully used to assess personality in chimpanzees (*Pan troglodytes*; King and Figueredo, 1997), bonobos (*Pan paniscus*; Weiss et al., 2015), gorillas (*Gorilla gorilla*; Eckardt et al., 2015; Schaefer and Steklis, 2014) and orangutans (*Pongo pygmaeus*, *P. abelii*; Weiss et al., 2006). The most popular adaptation of the Five Factor Model (FFM) for non-human primates is the Hominoid Personality Questionnaire (HPQ), developed by Weiss and colleagues (2009) and based on the previous attempt by King and Figueredo (1997) to describe chimpanzee personality. Using a larger sample of 146 chimpanzees and a revised version of the questionnaire containing 54 items, Weiss and colleagues (2009) obtained five personality traits homologous to the human traits in the FFM: Neuroticism, Extraversion, Agreeableness, Conscientiousness, and

Openness (to Experience), plus the trait Dominance, which was already described in the original study by King and Figueredo (1997).

Besides the FFM, other human models have also been adapted to evaluate personality in non-human primates, such as Eysenck's Psychoticism-Extraversion-Neuroticism (PEN) model (Chamove et al., 1972; Úbeda and Llorente, 2015) or Cattell's 16 Personality Factors (PF) model (Ortín et al., 2019). One of the main advantages of these models is that the adapted questionnaires are shorter (i.e., they contain fewer items to evaluate) than the HPQ, making them more appealing and less time-consuming for raters (Hopper and Cronin, 2018). Furthermore, despite being psychometrically inferior to longer questionnaires, in human personality research, shorter scales have proved to be reliable and valid alternatives (Burisch, 1984, 1997; Føllesdal and Soto, 2022; Gosling et al., 2003b; Gouveia et al., 2021; Nunes et al., 2018; Romero et al., 2012). Eysenck's model (Eysenck, 1967; Eysenck and Eysenck, 1964), in particular, follows a psychological approach to personality that focuses on three higher-order traits (Psychoticism, Extraversion and Neuroticism) based on genetic and neurophysiological factors (Eaves et al., 1989; Eysenck, 1967; Eysenck, 1997). The PEN model shares two common dimensions or traits with the FFM (Neuroticism and Extraversion), which have reported to be very similar across models (McCrae and Costa, 1985; Zuckerman et al., 1993) and which have been identified in a wide range of primate species (Freeman and Gosling, 2010). Moreover, according to Eysenck and colleagues (1985), Agreeableness and Conscientiousness in the FFM are facets of the trait Psychoticism, a hypothesis which has been partially supported by later studies (Draycott and Kline, 1995; Goldberg and Rosolack, 1994; Heaven et al., 2013; Ruch et al., 2020; Saggino, 2000). It is also worth noting that, some features of Eysenck's Psychoticism, such as aggressiveness and impulsivity are commonly displayed behaviours by non-human primates, especially in competitive contexts and dominance-related interactions (de Almeida et al., 2015; Fairbanks et al., 2004; Higley et al., 2011). We can therefore conclude that Eysenck's model holds great potential to describe non-human primates' personality.

The first attempt to describe chimpanzee personality using the PEN model was conducted by Úbeda and Llorente (2015) with a small sample of captive chimpanzees. They developed a 12-item questionnaire, in which the items corresponded to primary scales or traits that are integrated into the three higher-order factors described by Eysenck (Eysenck, 1967; Eysenck et al., 1992; Eysenck and Eysenck, 1964, 1991; Eysenck et al., 1985). For each factor (i.e., Extraversion, Neuroticism and Psychoticism), the authors selected four primary scales, ensuring that they were appropriate to characterize chimpanzee personality. After performing factorial analyses, the authors identified three dimensions: Extraversion, Neuropsychoticism and Dominance. The items that loaded onto Extraversion were very similar to those reported for humans in that same dimension, facilitating the interpretation of this trait. The trait Neuropsychoticism was identified as a combination of Neuroticism and Psychoticism, because it included items that in humans load on these two traits. Moreover, the authors identified a third factor, labelled Dominance, which had been already described in other studies evaluating adaptations of human personality models in chimpanzees (Freeman and Gosling, 2010; King and Figueredo, 1997) and other non-human primates (Adams et al., 2015; Weiss et al., 2011b). Finally, personality traits assessed with the PEN model correlated with observational data collected over a 11-year period, supporting convergent validity (Padrell et al., 2020). Nonetheless, these studies assessing Eysenck's model in chimpanzees were strongly limited by the small sample size and the fact that all the chimpanzees were from the same centre and shared a similar background (i.e., they were all former pets or used in the entertainment industry). In this study, we therefore aimed to extend the research by Úbeda and Llorente (2015) and assess Eysenck's PEN model on a larger and more diverse sample (N = 37) of captive chimpanzees from two different sites. We expected that, if the PEN model is a suitable approach to assess personality in chimpanzees, we would find a clear factor structure, with similar dimensions or

personality traits (i.e., Extraversion, Neuro psychoticism and Dominance) as compared to previous studies (Úbeda and Llorente, 2015), as well as substantial agreement between raters.

2. Material and methods

2.1. Subjects and study sites

The study sample consisted of 37 chimpanzees (*Pan troglodytes*), 16 males and 21 females, that ranged in age from 3.5 to 53 years at the time of personality assessment (mean age \pm SD = 25.76 \pm 12.37 years). They were housed at two different centres: 14 chimpanzees lived at Fundació Mona (Girona, Spain), a centre dedicated to the rescue and rehabilitation of primates that have been previously used as pets or for entertainment, and 23 lived at the Wolfgang Köhler Primate Research Centre (WKPRC), also known as Pongoland, at Leipzig Zoo (Germany). Table 1 contains information on the subjects' characteristics and background.

The 14 chimpanzees from Fundació Mona lived in two separate groups (mean age \pm SD = 21.64 \pm 8.85 years, range = 8–33 years), which have been mostly stable over the years: one group of 5 males and another group of 9 individuals (4 males and 5 females). In 2017, two of the females (África and Waty) from the larger group were moved to the only-males group. The chimpanzees spent most of the day in an outdoor enclosure, divided into two areas (2420 m² and 3220 m²), one for each group. This enclosure was covered by natural vegetation and it contained enrichment elements such as wooden platforms, towers, and ropes. There were also 140 m² of indoor facilities, divided into four rooms, to which the chimpanzees had access at nights and during bad weather conditions. The chimpanzees were fed four times a day and

water was provided ad libitum in both enclosures. Their diet consisted mainly of seasonal vegetables and fresh fruits, and it also included small portions of dried fruits and nuts, boiled rice and some protein-rich items (e.g., eggs, meat, tofu). Most of the food was distributed along the outdoor area, in order to encourage foraging behaviour. The 23 chimpanzees from the Leipzig Zoo also lived in two separate groups (mean age \pm SD = 28.26 \pm 13.67 years, range = 3–53 years): a large group including 17 chimpanzees (6 males, 11 females) and a small group of 6 chimpanzees (1 male, 5 females). Each group had two types of enclosures: large outdoor enclosures for summer and hot days (4000 m² and 1400 m²), and inside enclosures for the winter season (430 m² and 175 m²). Both facilities were covered with natural vegetation and included other elements such as rocks and streams. They also had trees, ropes and wooden platforms for climbing and shelter, and environmental enrichment devices, such as artificial termite mounds and food mazes. The chimpanzees were also fed four times a day (twice in the indoor enclosures and twice with food being scattered in the outdoor area) and they had access to water at all times. Their diet predominantly consisted of vegetables and fruits, along with small portions of seeds, grains, and sources of protein (e.g., eggs, meat). Pellets (dry food) were also occasionally provided as rewards directly by the keepers or hidden in enrichment devices.

2.2. Questionnaires

We assessed personality using a questionnaire based on the Psychoticism-Extraversion-Neuroticism (PEN) model of personality (Eysenck, 1967; Eysenck and Eysenck, 1964). This tool was used for the first time in a previous study, in which the authors evaluated the

Table 1
Biographical information on the chimpanzees from the study sample.

Study site	Subject	Sex	Age (at personality assessment)	Origin	Former use	Age of arrival at the centre (years)	Time spent at the centre (years)
Fundació Mona	África	F	12	Wild	Pet	10	2
	Bea	F	33	Wild	Entertainment	27	6
	Bongo	M	11	Captive	Entertainment	2	9
	Charly	M	22	Captive	Entertainment	12	10
	Cheeta	F	28	Wild	Entertainment	25	3
	Coco	F	24	Wild	Pet/Entertainment	18	6
	Juanito	M	8	Captive	Pet/Entertainment	2	6
	Marco	M	27	Captive	Entertainment	17	10
	Nico	M	10	Captive	Pet/Entertainment	3	7
	Tico	M	24	Wild	Entertainment	18	6
	Tom	M	33	Wild	Entertainment	26	7
	Toni	M	28	Wild	Entertainment	18	10
	Victor	M	29	Captive	Entertainment	24	5
	Waty	F	14	Captive	Pet/Entertainment	4	10
Leipzig Zoo	Alex	M	18	Captive	Zoo	1	17
	Azibo	M	4	Captive	Zoo	Since birth	4
	Bambari	F	19	Captive	Zoo	16	3
	Corrie	F	43	Captive	Zoo	25	18
	Daza	F	33	Wild	Zoo	27	6
	Dorien	F	39	Captive	Zoo	21	18
	Fraukje	F	43	Captive	Zoo	25	18
	Frederike	F	45	Wild	Zoo	39	6
	Frodo	M	26	Captive	Zoo	8	18
	Hope	F	29	Captive	Zoo	26	3
	Jeudi	F	53	Wild	Zoo	47	6
	Kisha	F	15	Captive	Zoo	9	6
	Lobo	M	15	Captive	Zoo	Since birth	15
	Lome	M	18	Captive	Zoo	Since birth	18
	Maja	F	33	Captive	Zoo	30	3
	Natascha	F	39	Captive	Zoo	21	18
	Ohini	M	3	Captive	Zoo	Since birth	3
	Riet	F	42	Captive	Zoo	24	18
	Robert	M	44	Captive	Zoo	26	18
Sandra	F	26	Captive	Zoo	8	18	
Swela	F	24	Captive	Zoo	10	14	
Tai	F	17	Captive	Zoo	Since birth	17	
Zira	F	22	Captive	Zoo	19	3	

chimpanzees housed at Fundació Mona at that time (Úbeda and Llorente, 2015). The authors developed a 12-item questionnaire, with items corresponding to primary scales that are integrated into the three higher-order factors described by Eysenck (Eysenck and Eysenck, 1964, 1991; Eysenck et al., 1985). Each scale consists of two adjectives representing the opposite pole of the trait. For example, the factor Extraversion was defined by the scales “active-inactive”, “social-unsocial” and “assertive-submissive”, among others. A complete list of the primary scales and how are integrated into the higher-order factors can be found in Eysenck and colleagues (1992). To develop the questionnaire, the authors selected four descriptive items (i.e., four primary scales) for each factor, considering their suitability and relevance for describing chimpanzee personality. In the questionnaires, each item was also associated with two adjectives representing the two opposite poles of the trait, which raters had to score using a 7-point Likert scale (i.e., they had to select a number between 1 and 7). For instance, for the item “aggressiveness”, raters had to provide a score from (1) “pacific” to (7) “aggressive”. Additionally, a brief definition for the lower pole (i.e., corresponding to the lower value, 1) of each trait was included at the end of the questionnaire, in order to assist the raters in the interpretation of the traits. The raters at Fundació Mona completed the questionnaires in their native language (Spanish or English). An English version of the questionnaire, including the instructions provided to the raters, can be found in [Supplementary Material 1](#).

To assess the chimpanzees at the Leipzig Zoo we used the same questionnaire previously employed at Fundació Mona, which was translated (and back translated) from English to German, so that the raters could complete it in their native language. Before conducting the statistical analyses, some of the ratings were reversed following the procedure of the previous study (Úbeda and Llorente, 2015). As in the former study, the reversed ratings corresponded to the following pair of adjectives: “social-antisocial”, “active-passive”, “dominant-submissive”, “spontaneous-not spontaneous”. For the pair “social-antisocial”, for example, low values in the questionnaire (1) corresponded to more social individuals, and high values (7) to more antisocial ones. However, before conducting the analyses, the ratings were reversed, so that higher scores on this pair of items corresponded to more social individuals. This facilitated the comparison between the two studies and the interpretation of the personality structure.

2.3. Raters and ratings

The chimpanzees at Fundació Mona were assessed in two previous studies: 10 subjects were assessed in 2012 (Úbeda and Llorente, 2015) and 4 subjects were later evaluated in 2018 (Padrell et al., 2020). The 10 chimpanzees evaluated in 2012 were assessed by 28 raters (75% women, 25% men), who knew the animals for at least 6 months. The 4 chimpanzees evaluated in 2018 were assessed by 15 raters (73.33% women, 26.67% men) who had been working with the animals for at least 4 months. All raters were highly familiar with the subjects, as they worked as researchers, volunteers or keepers and had daily contact with them. The chimpanzees from the Leipzig Zoo were assessed in 2019 by a total of 8 raters (25% women, 75% men), which had been working as keepers for 4–18 years (mean \pm SD = 12.8 \pm 5.8 years). However, not all keepers evaluated all chimpanzees, as not all of them worked with all the animals. Thus, each chimpanzee was rated by 6 keepers that were highly familiar with them.

When raters did not answer a question, missing data on the ratings was substituted by a neutral score of 4 (Costa and McCrae, 2008; Weiss et al., 2009). Following the methodology of previous studies (Úbeda and Llorente, 2015; Weiss et al., 2009), we assessed inter-rater reliability by calculating two intraclass correlation coefficients (ICC) (Shrout and Fleiss, 1979): ICC (3,1), which indicates the reliability of the scores for individual single raters, and ICC (3, k), which indicates the reliabilities of scores based on the mean of the total number of raters. To do so, we used the function ICC from the package “psych” version 2.0.8 in R

(Revelle, 2020).

2.4. Personality structure

To identify the personality traits or domains we conducted data reduction with two different tools, Principal Components Analysis (PCA) and exploratory factor analysis using a Robust Unweighted Least Squares (RULS) as a method for factor extraction (Ferrando and Lorenzo-Seva, 2017). On the one hand, PCA is a widely used method in current personality research (i.e., Šlipogor et al., 2022; Talbot et al., 2021). On the other hand, regularized exploratory factor analyses such as RULS are commonly applied to extract factors in small samples studies (Jung, 2013; Jung et al., 2020). In both analyses we set an orthogonal normalised Equamax rotation (Lorenzo-Seva and Ferrando, 2019), which generates uncorrelated factors. This rotation needs a previous orthogonal Weighted Equamax rotation, implemented with the Clever Start method, to select the position of the factor axes based on the most stable correlation values in the sample correlation matrix (Browne, 2001; Lorenzo-Seva, 1999). The analysis was based on polychoric correlations (a method adequate to Likert-scale ordinal data with asymmetric or with excess of kurtosis data) to achieve factor simplicity and determine factorial structure and goodness of fit (Lorenzo-Seva and Ferrando, 2019; Muthen and Kaplan, 1992). Correction for robust Chi square was calculated with LOSEFER empirical correction (Lorenzo-Seva and Ferrando, 2022). Following Hair et al. (2010) and Úbeda and Llorente (2015), factor loadings of the rotated loading matrix were considered as salient when they were equal or higher than 0.5. We combined three procedures for determining the number of dimensions. First, the inspection of the scree plot (i.e., factors with eigenvalues above the 95th quantile); second, eigenvalues above 1; and third, the optimal implementation of Parallel analysis based on minimum rank factor analysis (Timmerman and Lorenzo-Seva, 2011) obtaining random correlation matrices with permutation of the raw data (Buja and Eyuboglu, 1992). Finally, we assessed a robust goodness of fit using the Root Mean Square Error of Approximation (RMSEA). RMSEA values below 0.05 are considered excellent fit, while values greater than 0.08 would indicate poor fit (Lloret-Segura et al., 2014). We conducted all the analyses using JASP (version 0.17.2.1; JASP Team, 2023) and FACTOR 12.04.01 softwares (Lorenzo-Seva and Ferrando, 2013).

3. Results

3.1. Inter-rater reliabilities

Considering the 37 chimpanzees, the ICCs for the single (3, 1) and average (3, k) ratings showed substantial agreement between raters, with no unreliable coefficients equal to or less than zero to remove from the analysis. The mean ICC (3, 1) was 0.32 (SD = 0.08; range = 0.21 – 0.47) and the mean ICC (3, k) was 0.95 (SD = 0.02; range = 0.93 – 0.98). The interrater reliabilities for each item are presented in [Table 2](#).

3.2. Personality structure

Parallel analyses identified two factors (Timmerman and Lorenzo-Seva, 2011) to retain, whereas the scree plot and eigenvalues above 1 identified three factors ([Table 3](#)), as also suggested by the PCA and the RULS. The three factors accounted for 67.76% of the variance, based on eigenvalues above 1. According to the PCA and the RULS, the value of the Kaiser-Meyer-Olkin (KMO) test was 0.802 (good) [CI 0.744, 0.822] and Bartlett’s Test of Sphericity was significant ($B=2812.2$; $df=66$, $p < 0.001$), thus indicating the adequacy of the polychoric correlation matrix. Based on the normed MSA (Measure of Sampling Adequacy) all the items obtained values above 0.5, suggesting that they correlated with other items and indicating its adequacy in representing the underlying constructs. Thus, all the items were retained in the factor analysis (Lorenzo-Seva and Ferrando, 2021) ([Table 4](#)). RMSEA fit was

Table 2

Intraclass correlation coefficients (ICCs) for the 12 items of the questionnaire. ICC (3, 1) indicates the reliability of the scores for a single rater, and ICC (3, k) indicates the reliabilities of scores based on the mean of the total number of raters.

	ICC (3,1)	ICC (3,K)
Social	0.27	0.95
Active	0.47	0.98
Dominant	0.42	0.97
Spontaneous	0.31	0.96
Anxious	0.32	0.96
Bad-tempered	0.25	0.94
Fearful	0.32	0.96
Sad	0.26	0.94
Aggressive	0.40	0.97
Impulsive	0.33	0.96
Cruel	0.23	0.93
Creative	0.21	0.93
Mean ± SD	0.32 ± 0.08	0.95 ± 0.02

Note: The table shows the positive pole of each pair of adjectives (e.g., the item “social”, is the positive pole of the pair (1) “antisocial - (7) ”social”).

Table 3

Explained variance based on eigenvalues.

Variable	Eigenvalue	Proportion of the variance	Cumulative proportion
1	4.108	0.342	0.342
2	2.961	0.247	0.589
3	1.062	0.089	0.678
4	0.808	0.067	
5	0.655	0.055	
6	0.541	0.045	
7	0.450	0.038	
8	0.413	0.034	
9	0.303	0.025	
10	0.275	0.023	
11	0.230	0.019	
12	0.195	0.016	

Table 4

Values of the normed Measure of Sampling Adequacy for the PEN items according to the PCA and the RULS.

Items	Normed MSA
Sad	0.865
Bad-tempered	0.839
Cruel	0.809
Aggressive	0.786
Fearful	0.730
Anxious	0.727
Impulsive	0.760
Dominant	0.792
Creative	0.893
Spontaneous	0.862
Active	0.776
Social	0.787

Note: The table shows the positive pole of each pair of adjectives (e.g., the item “social”, is the positive pole of the pair (1) “antisocial - (7) ”social”).

fair (0.071; [Bootstrap 95% CI 0.043, 0.050]) for the RULS and mediocre (0.089; [Bootstrap 95% CI 0.057, 0.062]) for the PCA.

The factors extracted by the PCA and the RULS did not differ appreciably, except for one item (“creative”) loading on factor 1 in the PCA, but not in the RULS (see Table 5). In the PCA, the items positively loading on factor 1 were “active”, “social”, “spontaneous” and “creative”, whereas the items “sad” and “bad-tempered” had negative loadings. In both the PCA and the RULS, the items with positive salient loadings on factor 2 included “aggressive”, “impulsive”, “anxious,” “cruel,” and “bad-tempered”. Finally, the third factor included two items

with salient loadings: “fearful” with a negative loading and “dominant” with a positive loading. “Bad-tempered” was the only item with salient loadings on more than one factor (factors 1 and 2) in the PCA and in the RULS, loading higher on factor 2 in both analyses. Table 5 also displays the communalities for each item in the PCA and the RULS (i.e., the proportion of variance in each item accounted for by the underlying factors). Overall, item communalities were above 0.5, suggesting a moderate to high degree of variance explained by the factors, except for the item “creative”.

Finally, to facilitate comparison with previous research on the PEN model in both chimpanzees and humans, Table 6 shows the personality structure obtained in this study and the one reported by Úbeda and Llorente (2015) for chimpanzees, as well as the distribution of the items within the higher-order traits as described by Eysenck and Eysenck (1991) in humans.

4. Discussion

In our study, the personality structures obtained using the two data reduction tools (PCA and RULS) were very similar to each other and highly comparable to the ones described by Úbeda and Llorente (2015) in the first attempt to adapt Eysenck’s PEN model to chimpanzees. As in their study, we obtained three factors, and very similar loadings of adjectives or items for each factor. In particular, the items loading on factors 1 and 2 were identical to those reported in the study by Ubeda and Llorente (2015) (labelled Extraversion and Neuropsychoticism, respectively), and the items loading on factor 3 (i.e., Dominance) differed only slightly in the more restrictive analyses. Therefore, our results provide further support for this three-factor solution and for the existence of a Dominance-related factor, also reported for chimpanzees in the Five Factor Model (King and Figueredo, 1997).

In terms of inter-observer reliability, intraclass correlation coefficients suggested that raters tended to agree in their judgments about personality items. The intraclass correlation coefficients for average ratings (3,k) were all above 0.9, which is indicative of excellent reliability (Koo and Li, 2016). Although the intraclass correlation coefficients for single ratings (3,1) were lower, they were similar to those reported in other studies assessing chimpanzee personality through questionnaires adapted from human models (King and Figueredo, 1997; Ortín et al., 2019; Úbeda and Llorente, 2015; Weiss et al., 2009). Furthermore, they are also in the range of intraclass correlations reported for human models (Costa and McCrae, 1992; McCrae and Costa, 1989; McCrae and Costa, 1987).

In this study, we performed an orthogonal rotation, which assumes that the factors are uncorrelated. Some authors argue that, oblique rotations, which allow factors to correlate, are the most advisable approach (Browne, 2001). In fact, moderate correlations (0.4–0.59) between personality factors have been reported in chimpanzees (King and Figueredo, 1997), barbary macaques (*Macaca sylvanus*; Konečná et al., 2012) and in humans (Borkenau and Ostendorf, 1990; Costa et al., 1991; Graziano and Ward, 1992; Zhang et al., 2022). Nonetheless, orthogonal rotations produce simpler structures, that are easier to interpret and more likely to be replicated in future studies (Kieffer, 1998).

The factors or traits obtained in our analyses are not only comparable with the ones reported in the previous study in chimpanzees (Úbeda and Llorente, 2015) but also with the human dimensions from the PEN model. For example, three of the four items included in factor 1 (Extraversion) according to the RULS (“active”, “social”, “spontaneous”) have also been attributed to Extraversion in humans (Eysenck and Eysenck, 1991; see Table 6. However, in both this and the former study in chimpanzees, the item “sad” loaded on Extraversion, whereas in humans, sadness is considered an aspect of Neuroticism (Eysenck and Eysenck, 1991). This would be in line with the study of King and Figueredo (1997), in which the item “depressed” also had a negative salient loading on Surgency (or Extraversion) and not on Emotionality (or

Table 5
Factor loadings of personality items for PCA and RULS and item communalities.

	Principal Component Analysis				Robust Unweighted Least Squares			
	Component 1	Component 2	Component 3	Item communalities	Factor 1	Factor 2	Factor 3	Item communalities
*Active	.826	.144	.258	.770	.838	.128	.219	.767
*Social	.774	-.012	.159	.639	.725	-.134	.128	.562
*Spontaneous	.713	.051	.405	.675	.675	.019	.373	.595
Sad	-.717	.307	-.244	.668	-.672	.313	-.228	.602
Creative	.557	-.149	-.053	.335	.393	-.182	.062	.192
Aggressive	-.141	.867	.216	.819	-.121	.877	.227	.836
Impulsive	.303	.729	.262	.692	.267	.637	.278	.555
Anxious	-.049	.742	-.450	.756	-.114	.636	-.310	.513
Cruel	-.362	.683	.126	.614	-.315	.629	.101	.505
Bad-tempered	-.553	.647	.018	.703	-.499	.626	.024	.641
Fearful	-.270	.017	-.835	.770	-.284	.028	-.811	.739
*Dominant	.142	.288	.766	.690	.206	.277	.591	.468

Note: The table shows the positive pole of each pair of adjectives (e.g., the item “social”, is the positive pole of the pair (1) “antisocial - (7) “social”). *Scores on these items were reversed before the factorial analyses following the procedure conducted by Úbeda and Llorente (2015).

Table 6
Comparison of the personality structure obtained in this study with the PEN model in humans (Eysenck and Eysenck, 1991) and with the previous study in chimpanzees (Úbeda and Llorente, 2015).

	Humans (Eysenck and Eysenck, 1991)	Chimpanzees (Úbeda and Llorente, 2015)	Chimpanzees (this study)
Active	Extraversion	Extraversion	Extraversion
Social	Extraversion	Extraversion	Extraversion
Spontaneous	Extraversion	Extraversion	Extraversion
Sad	Neuroticism	Extraversion	Extraversion
Creative	Psychoticism	Extraversion ^a	Extraversion ^a
Aggressive	Psychoticism	Neuropsychoticism	Neuropsychoticism
Impulsive	Psychoticism	Neuropsychoticism	Neuropsychoticism
Anxious	Neuroticism	Neuropsychoticism	Neuropsychoticism
Cruel	Psychoticism	Neuropsychoticism	Neuropsychoticism
Bad-tempered	Neuroticism	Neuropsychoticism	Extraversion/ Neuropsychoticism ^c
Fearful	Neuroticism	Dominance ^b	Fearless Dominance
Dominant	Extraversion	Dominance	Fearless Dominance

^aThe item “creative” yielded a salient loading on Extraversion in the PCA, but not in the more restrictive analyses (REFA in Úbeda and Llorente, 2015 and RULS in this study). ^bIn the study by Úbeda and Llorente (2015), the item “fearful” only yielded a salient loading on Dominance in the PCA, but not in the REFA. ^cIn the present study, the item “bad-tempered” loaded on both Extraversion and Neuropsychoticism in the PCA and in the RULS, but higher on Neuropsychoticism.

Neuroticism). Moreover, Extraversion in humans has been negatively correlated to sensitivity to negative stimuli (Park et al., 2014) and to depression (Grav et al., 2012; Yu and Hu, 2022).

When comparing the two analyses (PCA and RULS), the only difference in the results was the item “creative”, which loaded positively on factor 1 (Extraversion) in the PCA but not in the RULS. This is also in line with the results reported by Úbeda and Llorente (2015), in which “creative” did not load on Extraversion when using a more restrictive analysis (i.e., Regulatory Exploratory Factor Analyses, REFA). According to Eysenck, “creativity” was connected to Psychoticism, because highly psychotic individuals are overinclusive in their thinking (i.e., they have wide associative networks which allow divergent thinking and originality) (Eysenck, 1993; Eysenck, 1995). Later studies also support that manifesting psychotic traits (i.e., cold, unemphatic, aggressive and impulsive) is associated with creativity, and particularly with originality (Abraham et al., 2005; Acar and Runco, 2012; Fink et al., 2014; Fink et al., 2012). Nonetheless, in our analyses, “creative” did not load on Psychoticism and its inclusion within Extraversion was not supported by the more restrictive analyses. It is also worth noting that “creative” exhibited the lowest item communality, revealing that it explains a very small proportion of the variance of the underlying factor (Extraversion).

Overall, our findings suggest that, contrary to humans, the item “creative” is not clearly included in any of the higher-order traits in chimpanzees. However, it is also worth noting that creativity is hard to assess in non-human animals (Kaufman and O’Hearn, 2017), and/or on captive environments offering limited opportunities to exhibit innovative behaviours, except when cognitive enrichments like problem-solving tasks are provided (Cronin, 2017; Padrell et al., 2021). Thus, the interpretation of this item may have been challenging for the raters.

As in Úbeda and Llorente (2015), we identified a dimension that included both aspects of Neuroticism and aspects of Psychoticism from the human model (factor 2, see Table 6), which the authors labelled Neuropsychoticism. Considering that the items loading on this factor (“aggressive”, “impulsive”, “anxious”, “cruel” and “bad-tempered”) were identical to the ones reported in the former study, our results provide further evidence for this compound dimension in chimpanzees, and suggest that Neuroticism and Psychoticism may not be as distinct in this species as they are in humans. In the first study that compared non-human primates’ personality traits with Eysenck’s factors, Chomove and colleagues (1972) conducted factor analyses of coded behaviours in rhesus macaques obtaining the traits: Affiliative, Hostile and Fearful, which, according to the authors, were similar to Extraversion, Psychoticism, and Neuroticism found in humans. In our results, the items loading on factor 2 could also be related to hostility (and therefore to human Psychoticism), except for “anxious”. In humans, anxiety-related behaviours are clearly attributed to Neuroticism (Eysenck, 1991; Fullerton, 2006). Nonetheless, a link between anxiety and psychotic symptomatology (e.g., schizophrenia) has been reported by several authors (Deng et al., 2020; Hartley et al., 2013; Wigman et al., 2012).

Factor 3 differed from the one described by Úbeda and Llorente (2015) (labelled Dominance), but only in one of the data reduction methods. Particularly, according to the more restrictive analysis (REFA), in the former study factor 3 only included the item “dominant”, with a positive and very salient loading (0.97), whereas in the PCA it also included the item “fearful” with a negative loading (−0.68). By contrast, we obtained the same pattern of loadings with both data reduction methods (RULS and PCA), with “fearful” and “dominant” yielding salient loadings on factor 3. In particular, in the RULS we obtained a positive salient loading for “dominant” (0.591) and a negative salient loading for “fearful” (−0.811). Therefore, in our study, factor 3 could also be interpreted as a Dominance-related factor, but considering the high negative loading of “fearful”, it could also be identified as Boldness or Confidence. Thus, we decided to combine both elements and name factor 3 Fearless Dominance/Boldness (Crowe et al., 2021). The item “fearful” or “fearfulness” has a negative loading on Dominance across several nonhuman primates’ species (Adams et al., 2015; Eckardt et al., 2015; Konečná et al., 2008; Konečná et al., 2012; Manson and Perry,

2013; Morton et al., 2013; Weiss et al., 2011a; Weiss et al., 2015; Wilson et al., 2018), including chimpanzees (King and Figueredo, 1997; Weiss et al., 2009). Although fear in humans is mostly related to the Neuroticism dimension (Eysenck, 1967), in chimpanzees it also plays an important role in dominance-related interactions and relationships. In particular, power conflicts usually involve aggression by more dominant individuals (Noë et al., 1980) and, as a response, submissive animals may display fear through different behaviours (e.g., fleeing, retreating) and by displaying vocal or facial signals (e.g., fear grimace and “bare-teeth” display; Kim et al., 2022; Parr and Waller, 2006).

Finally, our findings support the hypothesis that the Dominance-related factor found in this study may not be directly comparable to any of the human traits described by the PEN model, as it contains items that in humans load on different traits (i.e., Neuroticism and Extraversion). The absence of a Dominance factor in humans may be a consequence of our species having evolved in small-scale egalitarian societies (Weiss, 2022), in contrast to the dominance hierarchies that characterize chimpanzees and other non-human primates, and that are mostly based on agonistic interactions (Bernstein, 1981; Walters and Seyfarth, 1987). Nonetheless, although humans do not have an identifiable Dominance factor, there have been some attempts to develop a dominance scale in our species. For instance, Benning et al., (2003, 2005) defined the trait Fearless Dominance/Boldness in humans using the Psychopathic Personality Inventory (Lilienfeld and Andrews, 1996). Fearless Dominance/Boldness has been identified as an element of psychopathy, describing individuals as resilient to stress and anxiety, social influencers and fearlessness (Crego and Widiger, 2016; Lilienfeld et al., 2016). Further, it is associated with social boldness, egoism, narcissism, and thrill-seeking (Benning et al., 2005) and, according to Weiss (2022), it resembles dominance factors described in chimpanzees, bonobos and orangutans. Thus, factor 3 in our analyses could also be comparable to Fearless Dominance/Boldness in humans (Lilienfeld et al., 2016).

Overall, this study provides further evidence of the possible use of Eysenck’s PEN model to describe chimpanzee personality. Eysenck’s three higher-order personality traits have been empirically validated in humans (Eysenck and Eysenck, 1994) and they are based on underlying biological mechanisms, including brain activity and hormones (Ergüneş, 2018; Eysenck, 1967; Eysenck, 1983, 1997), which may facilitate inter-species comparison. Another key advantage of using an adaptation of Eysenck’s model in non-human primates is that, in contrast to other rating tools, the questionnaire is short and therefore less time-consuming for raters. Furthermore, when the sample size is small, as in this study, fewer items are likely to increase statistical robustness and provide more stable and accurate estimates, because higher subject-to-item ratios are desirable in factorial analyses (Osborne and Costello, 2004). Nonetheless, the PEN model is not without limitations. First, compared to other human models of personality, such as the FFM, or its adaptation to non-human primates, the HPQ, the three factors proposed by Eysenck may not capture some features of non-human primates’ personality, such as Openness (to Experience). In addition, the only study that compared behavioural observations with personality ratings obtained with Eysenck’s adapted model in chimpanzees reported limited discriminant validity (Padrell et al., 2020). Thus, future research should focus on validating the suitability of the PEN model in chimpanzees and other non-human primates by comparing personality ratings with behavioural measures in different contexts, including spontaneous behaviour, but also behavioural responses under experimental conditions (Massen et al., 2013), which would provide a complementary approach.

5. Conclusions

This study provides further evidence of the potential use of Eysenck’s PEN model to assess personality in captive chimpanzees. First, we obtained good reliability between raters, demonstrating that human raters

can adequately evaluate the traits from the adapted 12-item questionnaire developed by Úbeda and Llorente (2015). Second, we showed that, using a larger sample, the personality structure and the pattern of loadings for each factor were highly similar to previous research. Overall, our results support the use of shorter questionnaires to evaluate primate personality, especially when assessing small samples, as it increases statistical robustness and accuracy. Furthermore, shorter questionnaires are particularly advantageous for animal keepers in zoos and sanctuaries, who usually have limited time to dedicate to research activities.

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CRedit authorship contribution statement

Maria Padrell: Conceptualization, Methodology, Formal analysis, Investigation, Resources, Data curation, Writing – original draft, Visualization, Funding acquisition. **Federica Amici:** Resources, Writing – review & editing, Supervision, Funding acquisition. **Yulán Úbeda:** Investigation, Data curation, Writing – review & editing. **Miquel Llorente:** Conceptualization, Methodology, Formal analysis, Resources, Data curation, Writing – review & editing, Supervision, Project administration, Funding acquisition.

Data Availability

Data will be made available on request.

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Ethics statement

All applicable international, national, and/or institutional guidelines for the care and use of animals were followed. All procedures involving animals were in accordance with the ethical standards of the institution at which the studies were conducted and with the Spanish Government RD 53/2013. In compliance with the General Data Protection Regulation (RGPD-UE 2016/679), raters were provided with an informed consent in which they were informed that their personal data and their responses to the questionnaires would be used anonymously. This project also received the ethical approval from the Ethics Committee of the Universitat de Girona (Project Code: CEBRU0020–2019).

Declarations of conflict of interest

none.

Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at [doi:10.1016/j.beproc.2023.104909](https://doi.org/10.1016/j.beproc.2023.104909).

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Supplementary Materials

Supplementary Material 1. English version of the personality questionnaire used in this study (as provided to the raetrs)

PERSONALITY QUESTIONNAIRE FOR CHIMPANZEES

INSTRUCTIONS:

- Please answer the questionnaire individually, without discussing it with other keepers, volunteers or researchers.

- Evaluate each personality trait by assigning a numerical value on a scale of 1 to 7, depending on whether the subject is better identified with one end of the scale or the other. Example for a subject considered “social”:

Social 1 2 3 4 5 **6** 7 Antisocial

1: Very social 2: Social 3: Slightly social 4: Neutral 5: Slightly antisocial
6: Antisocial 7: Very antisocial

- It is important to evaluate all the adjectives for all the subjects. Some traits might be difficult to assess, and some may be very similar. However, in order to obtain a complete personality profile of each individual, it is highly desirable that you evaluate all adjectives. Nevertheless, if you experience a great difficulty assessing a certain adjective, you can leave it blank.

- Each item should be evaluated by focusing on the two opposite adjectives. If necessary, at the end of the document you will find explanatory definitions for all the adjectives used (with their antonyms in brackets), in order to facilitate the assessment.

- Traits involving social aspects can refer to how subjects behave with humans or with their conspecifics (other chimpanzees), and assessment of these traits should include both. Nevertheless, if the subject behaves differently with humans than with other chimpanzees, the evaluation should focus on its relationships with conspecifics.

NAME OF THE CHIMPANZEE:

Social	1 2 3 4 5 6 7	Antisocial
Active	1 2 3 4 5 6 7	Passive
Dominant	1 2 3 4 5 6 7	Submissive
Spontaneous	1 2 3 4 5 6 7	Not spontaneous
Calm	1 2 3 4 5 6 7	Anxious
Good-tempered	1 2 3 4 5 6 7	Bad-tempered
Brave	1 2 3 4 5 6 7	Fearful
Cheerful	1 2 3 4 5 6 7	Sad
Pacific	1 2 3 4 5 6 7	Aggressive
Cautious	1 2 3 4 5 6 7	Impulsive
Empathic	1 2 3 4 5 6 7	Cruel
Not creative	1 2 3 4 5 6 7	Creative

ADJECTIVES' DEFINITIONS:

Social: The subject enjoys interacting with others (≠Antisocial)

Active: Energetic, engaging in physical activity (≠Passive)

Dominant: The subject exercises power over the other individuals (≠Submissive)

Spontaneous: The subject has an open, natural and uninhibited behaviour (≠Not spontaneous)

Calm: The subject does not show tension or anger (≠Anxious)

Good-tempered: Naturally friendly and pleasant (≠Bad-tempered)

Brave: Determined, daring (≠Fearful)

Cheerful: The subject expresses joy and happiness (≠Sad)

Pacific: The subject does not start conflicts, nor participates in them (≠Aggressive)

Cautious: Forehanded, thoughtful (≠Impulsive)

Empathic: The subject shows concern for the states and needs of others (≠Cruel)

Creative: The subject is able to produce new ideas, solve and find answers to new problems (≠Not creative).

Chapter 4. General discussion, conclusions and future research directions



Photograph by Miquel Llorente

This thesis comprised two primary research questions, both related to the use of cognitive challenges by captive chimpanzees: one focused on investigating the effects of cognitive challenges on chimpanzee behavior and welfare, while the other aimed to assess how individual differences in personality might influence the outcomes of these activities. Specifically, Articles 1 and 2 explored the relationship between cognitive challenges, behavior and welfare in the context of enrichment, and Article 3 assessed the link between personality and cognitive performance in a non-invasive research context. Furthermore, Article 3 compared behavioral measures with personality traits obtained with questionnaires based on Eysenck's model. Finally, Article 4 provided further evidence supporting the use of this model in chimpanzees.

Our main hypotheses were that: (1) we would find individual differences in chimpanzees' interest and performance in cognitive tasks; (2) these differences would be predicted by sex, age and personality; (3) exposing chimpanzees to cognitively demanding activities would enhance their level of welfare, by increasing the frequency of species-typical behaviors while reducing the frequency of undesirable behaviors; and (4) Eysenck's model would prove to be an effective tool to describe chimpanzee personality.

Throughout the four studies of this thesis, we obtained evidence supporting the previous hypotheses. Nonetheless, we also found some unexpected results and faced several limitations. In this final section, we provide an overview of our main findings across the different studies, we discuss the limitations of our work, and we provide recommendations for future research.

4.1. Discussion

4.1.1. Factors affecting participation and performance in the cognitive challenges:

In this doctoral thesis, we studied three different cognitive challenges in a group of captive chimpanzees. Specifically, two of these challenges, the artificial termite-fishing task and the food maze were designed as tool-based enrichment activities and have been discussed in Articles 1 and 2, respectively. On the other hand, the third challenge was part of a cognitive research project, involving a series of problem-solving tasks (i.e., puzzle boxes), as detailed in Article 3. Throughout the triad of studies, we investigated the potential influence of individual factors like sex and age on subjects' participation in these cognitive tasks. For the puzzle boxes we also tested whether personality could predict differences in participation and success, to shed light on the link between specific personality traits and chimpanzees' problem-solving skills. Finally, for the two enrichment activities we assessed whether participation, and its effects on behavior, were consistently maintained across sessions. This longitudinal approach allowed us to understand the sustainability and effectiveness of these enrichment activities over time. By exploring the diversity of factors influencing chimpanzees' performance during cognitive challenges, this thesis aimed to provide new insights into chimpanzees' cognitive complexity, and to outline the importance of providing cognitively stimulating activities to ensure their welfare in captivity. Table 1 summarizes the findings of Articles 1, 2 and 3 regarding participation and success in the cognitive challenges.

Table 1

Summary of the main findings of Articles 1, 2 and 3 about participation and success in the cognitive challenges presented

		Artificial termite-fishing task (Article 1)	Food maze (Article 2)	Puzzle boxes (Article 3)
Sample size (N chimpanzees)		14	14	14
Chimpanzees interacting with the tasks at least once		10 (71.4%)	14 (100%)	14 (100%)
Participation ^a (mean±SD, range)		5.65±5.97%, (0.00-18.25%)	8.92±15.27%, (0.22-53.52%)	81±22% (35-100%)
Success ^b (%)		100%	14.28%	91%
Participation is predicted by...	Sex	No	Yes (♀ > ♂)	No
	Age	No	No	No
	Time of the day	Yes (morning > afternoon)	Yes (morning > afternoon)	-
	Personality	-	-	No
Success is predicted by...	Personality	-	-	Yes
	Decreased across sessions	No, it increased	Yes	-
Participation in the enrichment...	Predicted an increase in:	Tool use	Tool use Aggression-related behaviors Self-directed behaviors ^c	-
		Feeding Social proximity		-
	Predicted a decrease in:	Inactivity	Inactivity	-
		Predicted no variation in:	Abnormal behaviors Affiliation-related behaviors Aggression-related behaviors Self-directed behaviors	Abnormal behaviors Affiliation-related behaviors Social proximity

Note. ^a Participation in the artificial termite-fishing task and the food maze was estimated as the proportion of scans in which the chimpanzees interacted with the enrichment, while participation in the puzzle boxes was calculated as the proportion of trials in which subjects engaged in the task. ^b Success in the artificial termite-fishing task and the food maze represents the proportion of subjects who were successfully retrieved food from the enrichment, while success in the puzzle boxes was estimated as the proportion of successful trials across all tasks. ^c Self-directed behaviors increased only when the subject actively interacted with the device using tools (not just exploring it or being in contact to it).

Providing animals with the opportunity to make choices is considered one of the key elements to create a favorable captive environment (Whitham & Wielebnowski, 2013). In line with this, the two enrichment activities assessed in this thesis were provided in the chimpanzees' usual enclosures, allowing the animals to actively decide whether to engage with the tasks. In contrast, solving the puzzle boxes required temporarily isolating the chimpanzees from their social group in adjacent enclosures, where keepers encouraged their participation in the experimental sessions. Nonetheless, they could still choose not to enter the enclosures or not to interact with the devices. Despite that experimental isolation may potentially induce stress in non-human primates (Fagot & Paleressompouille, 2009), some studies involving cognitive tests in monkeys have demonstrated that voluntary participation and short periods of isolation do not negatively impact their welfare (Ruby & Buchanan-Smith, 2015; Whitehouse et al., 2013). In the puzzle boxes study, we did not assess welfare indicators during the experimental sessions and therefore we cannot make assumptions regarding whether the isolation or the task challenge were stressful for the chimpanzees. However, the higher rates of participation in the puzzle boxes suggest that chimpanzees were interested in the tasks and perceived them as positive stimuli. Similarly, all the individuals from our sample engaged in the food maze at least once, and 10 out of 14 chimpanzees interacted with the termite-fishing task. The high interest towards the cognitive challenges exhibited by the chimpanzees was not unexpected, considering their inherent curiosity towards novel objects (Paquette & Prescott, 1988) and their highly developed manipulative skills (Paquette & Prescott, 1988; Torigoe, 1985). Furthermore, previous research has shown that these animals find cognitive challenges rewarding, even in the absence of preferred food rewards (Brooks et al., 2021; Clark & Smith, 2013).

The proportion of chimpanzees in the group interacting with the tasks at least once was high for the three cognitive activities. Participation in the puzzle boxes was not directly

comparable with participation in the cognitive enrichment tasks, as they were measured differently (i.e., in the puzzle boxes it was measured as a proportion of sessions and, in the cognitive enrichment tasks, as a proportion of scans). Nonetheless, our results show that participation was very high for the puzzle boxes (mean = 81% of the sessions) and moderate for the two cognitive tasks, considering that chimpanzees spent, on average, between 5.65% (termite-fishing task) and 8.92% (food maze) of the scans interacting with the enrichment activities. Nonetheless, in all three cognitive activities there was important variation in participation across individuals, with some chimpanzees engaging more than others in the tasks (see individual values for participation in Supplementary Materials Table S3, Article 1; Supplementary Information Table S2, Article 2 and Supplemental Information Table S4A, Article 3). Additionally, in the two more cognitively demanding activities—the food maze and the puzzle boxes—we observed differences in subjects' ability to solve the tasks. In contrast, in the termite-fishing task, all subjects that engaged with the enrichment successfully obtained the food rewards. This supports previous research showing that, similar to their wild counterparts, chimpanzees are capable to manufacture tools by gathering materials from their environment and use them to successfully retrieve food rewards from tasks that simulate termite-fishing (Celli et al., 2003; Hopper et al., 2015; Llorente & Campi, 2014; Nash, 1982). Inter-individual variation in participation and performance has been previously reported in other studies assessing cognitive challenges in great apes (Clark et al., 2019; Clark & Smith, 2013; Tarou et al., 2004) and monkeys (Jacobson et al. 2019; Polgár et al. 2017). These differences have been attributed to multiple variables, including sex, age, cognitive skills and personality (Altschul et al., 2017; Celli et al., 2003; Clark & Smith, 2013; Herrelko et al., 2012; Hopper et al., 2014; Šlipogor et al., 2022). In the study assessing the food maze, we observed that females were much more likely to engage in the enrichment than males, and the only two individuals able to master the task were females. These results are consistent with previous

studies evaluating tool-based activities in captive chimpanzees, which have consistently reported that females exhibit higher interest and use tools more effectively than males (Brent & Eichberg, 1991; Herrelko et al., 2012; Yamanashi et al., 2016). Furthermore, this female-biased tool-use behavior has been consistently observed in wild chimpanzees (Boesch and Boesch 1981, 1990; Lonsdorf 2005; Lonsdorf et al. 2004; McGrew 1979; Pruetz et al. 2015), but also in wild and captive bonobos (Samuni et al. 2022; Boose et al. 2013; Gruber et al. 2010). Nonetheless, in the study assessing the artificial termite-fishing task, we found no sex differences in participation. This might be attributed to the food maze requiring more complex tool-use abilities than the termite-fishing task, thereby accentuating sex differences in the food maze. Additionally, research in captivity suggests that female chimpanzees have higher cognitive flexibility (Cantwell et al., 2022), which could also account for the observed higher success of females in our study compared to males.

In the puzzle boxes, the relationship between personality and performance was, in some cases, modulated by sex. For instance, higher Neuropsychoticism predicted higher success in females, but not in males. Sex differences in the relationship between personality and performance in experimental tasks have been rarely explored in chimpanzees (Hopper et al., 2014). However, assessing the modulating effect of sex in this species might be especially important, as sex differences in the expression of personality traits are known in chimpanzees and appear to be stronger than in other species, like humans and orangutans (King et al., 2008; Rawlings et al., 2020; Weiss & King, 2015). Finally, despite the importance of considering sex differences in the context of cognitive challenges in this species, the results of our studies should be interpreted with caution, due to the particularly small number of females in our sample (N=5). Likewise, the absence of a significant effect of age on participation in all the three cognitive challenges is likely attributable to the narrow age range of our sample.

Our statistical models also explored differences in the use of enrichment activities throughout the day. Since both the termite-fishing tasks and the food maze were loaded with food in the morning, before the chimpanzees entered their outdoor enclosures, a consistent trend emerged in both cases: participation was higher in the morning (between 10:30h and 14:00h) than in the afternoon (between 15:00h and 17:30h). Although participation declined through the day, chimpanzees still engaged with the enrichment activities in the afternoon, suggesting that some food rewards remained available throughout the day. This was particularly evident for the food maze, as extracting the rewards was more challenging than in the termite-fishing task, and therefore more rewards were accessible throughout the entire day. In addition to the availability of the rewards, the higher use of the enrichment in the morning may also be attributed to the chimpanzees' higher hunger during the early hours of the day. Prior to entering the outdoor enclosures in the morning, they were only provided with a light breakfast. Therefore, they were likely hungrier in the morning than in the afternoon, when they had already been fed twice (morning and midday).

In the puzzle boxes, we used the probability to stop interacting with the task during the experimental session as an indicator of lack of motivation. We found some interesting relationships between this variable and personality. For instance, higher Neuropsychoticism predicted higher probability of losing contact with the task. This was not surprising, considering that the puzzle boxes required patience and persistency, qualities that contrast the attributes that described this personality dimension (e.g., anxiety and impulsivity). In the studies assessing the artificial termite-fishing task and the food maze, motivation was not assessed as such (i.e., we did not record how many times subjects lost contact with the enrichment while interacting with it). Nonetheless, in our models we investigated whether participation changed across sessions, as a decrease in participation across sessions could reflect changes in chimpanzees' interest (i.e., the chimpanzees were no longer curious towards

the tasks) or motivation (i.e., the chimpanzees were unwilling to maintain the necessary effort to solve the tasks). In our studies, we observed an increase in participation across sessions in the artificial termite-fishing task, while participation in the food maze decreased.

Previous research has shown that non-human primates tend to lose interest in food-based enrichments and puzzle feeders after a few hours of exposure (Bloomstrand et al., 1986; Csatádi et al., 2008; Gilloux et al., 1992). Nonetheless, more complex devices are supposed to promote engagement for longer time periods (Clark, 2011; Taylor et al., 1994). Our results seem to contradict these findings, as for the more complex task, the food maze, we found a decrease in participation through time. We hypothesize that this could depend on the fact that most of the chimpanzees were unable to master the more complex task, and therefore, although they were curious during the first sessions, they experienced frustration and loss of motivation after repeatedly failing to extract the rewards (Toates, 1986). Conversely, despite being a less complex and not entirely novel task, participation in the artificial termite-fishing task increased across sessions, and so did tool use behavior. These findings suggest that, after years of not being exposed to this enrichment, the chimpanzees perceived the termite-fishing task as a rewarding challenge, and became more proficient at using tools to extract the foods.

A critical aspect when providing cognitive challenges to non-human animals is to achieve an appropriate level of challenge or cognitive stimulation. A task must offer sufficient stimulation to drive animals' motivation, while avoiding excessive difficulty that may lead to frustration (Meehan & Mench, 2007). The high proportion of success (91%) exhibited by chimpanzees in the puzzle boxes show that they made considerable effort to solve them, and that the level of task difficulty was suitable. Similarly, all the chimpanzees who interacted with the artificial termite-fishing task were able to successfully extract the honey from the tubes. In the food maze, however, the fact that only two individuals mastered the task may indicate that either the task was too complex for this particular group, or the study duration was too short.

Considering that wild non-human primates require extensive time to master tool-use activities like ant-dipping or nut-cracking (Boesch & Boesch-Achermann, 2000; Matsuzawa et al., 2001; Ottoni & Izar, 2008), it is possible that the chimpanzees in our study, by lacking previous experience with these devices, would have required additional time and practice to learn to effectively retrieve the food rewards from the maze.

Furthermore, all the chimpanzees in our study were naïve to the food maze task, so that social learning was not possible, at least at the beginning of the study period. Social learning plays a crucial role in the acquisition of tool-use activities in chimpanzees, both in the wild (Gruber et al., 2009; Hobaiter et al., 2014; Inoue-Nakamura & Matsuzawa, 1997) and in captivity (Nagell et al., 1993; Yamamoto et al., 2013). In line with this, wild chimpanzees provide greater opportunities for social learning to their conspecifics in populations where termite-fishing is a more complex task (Musgrave et al., 2020). Additionally, all the chimpanzees in our sample were adults, and previous research has shown that adult captive chimpanzees tend to exhibit behavioral conservatism when provided with opportunities to use tools (Needle et al., 2020). Some researchers have also suggested the existence of sensitive learning periods during which the acquisition of tool-use skills is optimal for chimpanzees (Biro et al., 2003; Needle et al., 2020). For instance, for nut-cracking, this optimal learning window is thought to occur between 3 and 7 years of age (Inoue-Nakamura & Matsuzawa, 1997), while the acquisition of termite-fishing skills begins at 1.5 years and can continue developing until 10-11 years (Musgrave & Lonsdorf, 2021). Although adult chimpanzees and other great apes can successfully innovate and individually learn to solve novel tool-use tasks (Motes-Rodrigo & Tennie, 2022), it is possible that the inclusion of younger chimpanzees in our study sample would have led to different findings.

Finally, differences in food preferences or food motivation among subjects may have had an influence on their participation in the cognitive tasks. Chimpanzees show individual

differences in their food preferences (Brosnan et al., 2008; Slocombe & Zuberbühler, 2006), but, in general, they tend to favor foods high in non-starch sugars (Remis, 2002), such as the rewards offered in this thesis (e.g., dried fruits, honey). Thus, we consider that the selected food items were appropriate to motivate the animals.

Overall, our findings on participation and performance in the cognitive challenges suggest that, when implementing these activities in captive non-human primates, individual differences may play an important role and should, therefore, be taken into consideration. First, individual differences other than subjects' cognitive abilities may explain part of the variation in performance in a cognitive research context. Second, when cognitive challenges are provided as enrichment activities, not all subjects may obtain the same welfare benefits (Coleman & Novak, 2017; Costa et al., 2018; Izzo et al., 2011).

4.1.2. Behavioral and welfare implications of cognitive challenges

To achieve optimal welfare, captive animals should be given the opportunity to engage in species-typical behaviors, addressing their “ethological needs” (Browning, 2019; Hughes & Duncan, 1988). Furthermore, they need to be provided with choices and rewarding challenges that elicit positive affective states, contributing to a life that is meaningful and enriching (Bernstein-Kurtycz, 2015; Mellor, 2016). Due to their behavioral, cognitive, and social complexity, ensuring optimal conditions and welfare-promoting environments to captive non-human primates is a particularly challenging endeavor (Talbot et al., 2023). In the wild, non-human primates inhabit complex environments where they constantly encounter challenges related to finding food, competing for resources, avoiding predators, and establishing social hierarchies (Nishida et al., 2010). Great apes, and chimpanzees specifically, are known for their remarkable cognitive skills, enabling them to solve complex problems and to exhibit a wide range of sophisticated behaviors, including tool use. Nonetheless, captive settings often fall

short in replicating the complexity of their natural environments. Therefore, environmental enrichment has become a key tool for improving animal welfare by providing opportunities for physical, affective, and cognitive stimulation (Fernández & Martin, 2021; Hoy et al., 2010).

Several authors have suggested that providing cognitively demanding tasks to captive great apes can be an effective way to promote species-typical behaviors and improve their welfare (Clark, 2011, 2017; Meehan & Mench, 2007). In line with this, extractive foraging devices requiring tool use have been commonly used as environmental enrichment for chimpanzees. Nonetheless, only a few studies have extensively explored this topic. For instance, studies assessing the welfare outcomes of devices that simulate ant- or termite-fishing have mainly focused on the effects of this tasks on solitary behaviors (Celli et al., 2003). However, given that these tasks are usually provided in a social setting, the influence they may have on social behaviors and group dynamics should also be considered. Furthermore, researchers usually compare the frequency of behaviors in the presence versus in the absence of the enrichment, but they rarely consider individual differences in participation and temporal variation (e.g., whether the effects of the enrichment are maintained over time).

In this thesis, we evaluated the behavioral and welfare impact of two cognitive enrichment activities requiring tool use in a group of captive chimpanzees: an artificial termite-fishing task and a double-sided food maze. Our statistical models assessed whether participation in the tasks, rather than the mere presence of the enrichment, would predict changes in chimpanzee behavior and whether these changes would remain consistent over time (i.e., across enrichment sessions). In both studies, we found similar results regarding the effects of enrichment activities on solitary behaviors. For instance, participation in the enrichment predicted an increase in tool use and a decrease in inactivity, while promoting foraging behavior. In their natural habitats, non-human primates dedicate a substantial proportion of time to foraging and feeding, accounting for approximately 18.8% to 60% of chimpanzee

activity budget (Boesch & Boesch-Achermann, 2000; Doran, 1997; Inoue & Shimada, 2020; Pruetz & McGrew, 2001; Yamanashi & Hayashi, 2011). Conversely, in captive environments, food resources are directly supplied to the animals and chimpanzees spend much less time foraging compared to their wild counterparts (Inoue & Shimada, 2020; Yamanashi & Hayashi, 2011). This is problematic, because the time that ought to be allocated to foraging may be dedicated to undesirable behaviors, such as inactivity or self-directed and abnormal behaviors. To address this issue, it is thus crucial to provide challenges to captive animals that encourage and stimulate their natural foraging behavior. Nonetheless, food-based enrichments usually consist of simple objects (e.g., boxes, pipes, tubes, balls) that do not require sophisticated cognitive skills to be solved, and result in limited engagement time (Dutton et al., 2018). In contrast, the termite-fishing task and the food maze required the chimpanzees to locate, modify, and use tools to extract food, thus providing a higher level of cognitive stimulation. This aligns with the definition of cognitive enrichment as stated by Buchanan-Smith and colleagues (2016), which emphasizes that cognitive enrichment should “engage animals’ evolved cognitive skills, rather than simply occupy them”.

Similarly to foraging, inactivity levels are typically higher in captive chimpanzees than in their wild counterparts, and therefore, a decrease in inactivity is generally considered a positive welfare outcome (Kurtycz et al., 2014; Neal Webb & Schapiro, 2023). Conversely, elevated levels of inactivity in captive animals are considered an indicator of compromised welfare (Fureix & Meagher, 2015). In line with these findings and with the outcomes of our studies, several authors have reported a reduction in inactivity when providing environmental enrichment to great apes (Baker, 2004; Baker & Aureli, 1997; Bloomsmith et al., 1991; Brent, 1992; Celli et al., 2003; Csátádi et al., 2008; Gilloux et al., 1992) and other primates (Baker et al., 2014; Wowk & Behie, 2023). It should be noted that a decrease in inactivity does not necessarily imply an increase in locomotion (i.e., walking, climbing, hanging) (Neal Webb &

Schapiro, 2023). This is because, instead of being inactive (i.e., resting), chimpanzees may display behaviors that do not necessarily imply physical movement between locations, like interacting with the enrichment. Thus, in our studies, the decrease in inactivity when participating in the two enrichment activities could be interpreted as an indicator of engagement or cognitive stimulation (Kurtycz et al., 2014; Poole, 1988).

Contrary to our predictions, participation in the enrichment activities did not predict a decrease in chimpanzees' abnormal behaviors. One possible explanation is that abnormal behaviors were relatively rare in our study sample, constituting only 1%-2.5% of the total scans. This prevalence contrast with the 2.9-7.6% of time spent engaging in abnormal behaviors, as reported in studies involving other captive chimpanzee colonies (Bradshaw et al., 2008). It is worth noting that our sampling methodology, employing instantaneous scan sampling every two minutes, may have led to an underestimation of the occurrence of abnormal behaviors, especially those with short durations (Altmann, 1974). Despite this potential limitation, it is essential to highlight that various studies have validated the reliability of instantaneous scan sampling as a method to monitor multiple animals and behaviors concurrently (Brereton et al., 2022; Martin & Bateson, 2007; Pullin et al., 2017). This suggests that the observed discrepancy in abnormal behaviors may be reflective of genuine patterns within our study population rather than an artifact of the sampling approach.

Several studies have explored the effects of tool-based enrichment devices and puzzle boxes on the frequency of abnormal and stereotypic behaviors in non-human primates, but the results were not unequivocal. Certain studies have documented a decrease in abnormal and stereotypic behaviors during or after exposure to enrichment (Brent & Eichberg, 1991; Maki et al., 1989; Yamanashi et al., 2016; Zaragoza et al., 2011), while others have reported no significant changes or even an increase (Camargo & Mendes, 2016; Gottlieb et al., 2011; Lutz & Novak, 2005; Rooney & Sleeman, 1998). Moreover, although abnormal behaviors have

traditionally been considered a reliable indicator of poor welfare, recent studies in non-human primates have raised questions about this association (Birkett & Newton-Fisher, 2011; Hopper et al., 2016; Jacobson et al., 2016). In fact, understanding the etiology of abnormal behaviors in chimpanzees and interpreting its relationship with welfare has proven to be a challenging issue (Bloomsmith et al., 2020). For instance, research has demonstrated that the occurrence of abnormal behaviors in captive chimpanzees is influenced by multiple factors, including sex, age, early rearing history, genetic predisposition, group size, or personality (Bloomsmith et al., 2020; Lutz & Coleman, 2022). It is also worth noting that chimpanzees show high inter-individual variation not only in the frequency and duration of abnormal behaviors but also in their specific behavioral repertoires. Some abnormal behaviors are common in certain individuals but absent in others (Goldsborough et al., 2023). In this thesis, we did not delve into investigating the diversity of abnormal behaviors within our chimpanzee sample, nor did we explore individual differences in the occurrence of these behaviors. Nonetheless, considering the life experiences of our chimpanzees, we can assume that multiple variables may have contributed to differences in the emergence of abnormal behaviors, also explaining why some of these behaviors may be difficult to eradicate. For example, chimpanzees that experienced separation from their mothers and spent years in impoverished environments, as observed in some individuals within our study sample, may persist in engaging in stereotypical or abnormal behaviors even years after their rescue (Lopresti-Goodman et al., 2012; Martin, 2023). Thus, it is plausible that some chimpanzees in our study sample adopted and maintained certain abnormal behaviors as adaptive coping mechanisms developed in response to the deprived conditions they encountered at different points of their lives (Lutz & Coleman, 2022). This insight underscores the long-lasting impact of early-life experiences on the behavioral repertoire of captive chimpanzees and the challenges associated with mitigating abnormal behaviors in such populations.

The enrichment presence was not linked to an increase in the rate of self-directed behaviors (i.e., rubs and scratches) in neither of the two tasks, suggesting that the mere presence of the enrichment did not induce stress. Additionally, self-directed behaviors increased as a function of participation in the food maze, but not in the termite-fishing task. This difference could be attributed to variations in the complexity and cognitive demands associated with each task. While the termite-fishing task presented an easier and less time-consuming challenge, already familiar to the chimpanzees, the food maze introduced a completely novel challenge and more demanding task, requiring fine motor skills, precise coordination, and advanced cognitive abilities such as planning and understanding of the physical properties of objects (Völter & Call, 2014). Similarly to our findings, several authors have reported an increase in self-directed behaviors when primates face novel or challenging situations (Clark & Smith, 2013; Elder & Menzel, 2001; Itakura, 1993; Leavens et al., 2004; Leavens et al., 2001; Yamanashi & Matsuzawa, 2010). Consequently, we can infer that the increase in self-directed behaviors during interactions with the food maze was not indicative of stress or anxiety but rather reflected emotional arousal in a challenging context (Baker & Aureli, 1997; Maestriperi et al., 1992), which might not be necessarily linked to negative emotions. Nonetheless, we cannot dismiss the possibility that some of the chimpanzees lacked the necessary cognitive skills to cope with the challenge, potentially leading to anxiety and, consequently, an increase in the rate of self-directed behaviors (Clark, 2017).

Overall, engaging in the cognitive enrichment tasks had no major effects on chimpanzee social behavior. The fact that affiliative behaviors remained unaffected by any of the enrichment activities could be considered as a positive outcome, suggesting that chimpanzees did not allocate more time to a solitary activity (i.e., participating in the enrichment) at the cost of diminishing positive social interactions. However, two behaviors changed as a function of participation: engaging in the artificial termite-fishing task increased proximity to conspecifics,

whereas interacting with the food maze increased aggression-related behaviors. We expected that participation would predict an increase in proximity in both tasks, as both could be used by more than one chimpanzee at the same time and chimpanzees might be curious about enrichments and gather around them. Furthermore, we predicted an increase in aggression-related behaviors as a result of competition over access to the devices and food rewards, as in other studies providing cognitive tasks in a social setting (Jacobson et al., 2019; Maki et al., 1989; Tarou et al., 2004). Nonetheless, there were significant differences between the two tasks that could explain the contrasting results for social proximity and aggression-related behaviors. For instance, the termite-fishing tasks had multiple holes, enabling two or more animals to engage in the enrichment simultaneously, whereas the food maze contained two independent mazes that could be used by maximum two animals. Thus, the termite-fishing task allowed for more animals to interact with the enrichment simultaneously, which could explain the increase in proximity as a function of participation. Furthermore, in the artificial termite-fishing task the chimpanzees could see each other while interacting with the task, whereas two animals simultaneously engaging in the food maze were at the opposite sides of the device, without seeing each other. This impossibility to see their conspecifics might have increased tension and potentially contributed to an increase in aggressive behavior for those engaging in the food maze. At the same time, this could explain why the termite-fishing task was frequently used by several animals at a time, while the food maze was mostly monopolized by one single chimpanzee.

Another possible explanation for the raise in aggression-related behaviors during the food maze is that retrieving food rewards in this task required more time and effort, as compared to the termite-fishing task, and indeed none of the males mastered the task. Wild male chimpanzees are known to be dominant to all females (Reynolds, 2005), often displaying higher rates of aggression towards them (Goodall, 1986; Muller & Mitani, 2005; Newton-

Fisher, 2006). Thus, it is possible that, in our study, the females who engaged with the food maze and retrieved the food were also more likely to receive aggression from the males. However, in captivity, females can sometimes dominate over males (Noë et al., 1980) and, in some contexts (i.e. during social integrations), males can display more submissive behaviors than females (Fultz et al., 2022). Additionally, wild female chimpanzees have also been reported to be aggressive towards males in the context of feeding competition (Muller & Mitani, 2005). Thus, although we did not investigate sex-differences in aggression-related behaviors, it is possible that both males and females were involved in these behaviors.

Finally, aggression-related behaviors in our behavioral catalogue included aggressive behaviors (e.g., physical aggression, charging displays), but also agonistic behaviors that did not involve physical aggression (e.g., displacements) and submissive behaviors (e.g., avoidance, bared-teeth, hand-to mouth). Submissive behaviors are a way to appease dominant individuals and can help reducing social tension and prevent aggression, and are therefore highly desirable in captive groups. Moreover, while excessive aggression is generally considered a negative welfare indicator in captive environments, agonistic interactions, including aggression, play a crucial role in the social lives of chimpanzees. Furthermore, it has been demonstrated that non-human primates frequently engage in friendly interactions with former opponents after a conflict involving physical aggression (de Waal, 2000). This further supports the hypothesis that aggression is an integral part of non-human primates' social life, serving as tool during competition and negotiation (de Waal, 1992, 2000). Although enrichment tasks in a social setting may enhance intragroup competition, this does not necessarily need to be negative, as this scenario is more similar to natural conditions and increases ecological validity (Cronin, 2017).

Our statistical models further assessed whether the behavioral effects of enrichment activities were maintained over time (i.e., across enrichment sessions), allowing us to further

investigate whether the frequency and duration of the enrichment was adequate. In general, we found that behavioral changes were maintained across sessions, suggesting that the enrichment activities were effective throughout our study period. Nonetheless, to ensure that a particular enrichment activity remains effective in the long-term, subjects' interest and behavior should be ideally monitored over longer time frames.

Overall, the results of the two studies assessing cognitive enrichment tasks (Articles 1 and 2) supported our third hypothesis that cognitive challenges contribute to improving chimpanzee welfare. In particular, these enrichment tasks (1) promoted the expression of species-typical behaviors such as foraging and tool-use, (2) reduced periods of inactivity, and (3) provided chimpanzees with the opportunity to engage in cognitively stimulating activities, creating learning opportunities that simulate aspects of their natural environment (Young et al., 2020).

4.1.3. Applying Eysenck's model to chimpanzees

In this thesis we employed a questionnaire based on Eysenck's Psychoticism-Extraversion-Neuroticism (PEN) model to assess chimpanzee personality in two captive settings: Fundació Mona (Girona, Spain) and the Leipzig Zoo (Leipzig, Germany). In Article 3, we compared the personality traits obtained from the 14 chimpanzees at Fundació Mona to behavioral measures obtained through observations of spontaneous behavior. Additionally, this chapter assessed the possible relationship between personality and performance in tasks that required problem-solving skills. Article 4 expanded our research goals by applying the same personality questionnaire to a broader sample of 23 chimpanzees housed at the Leipzig Zoo. In Article 4 we conducted factorial analysis on a total sample of 37 chimpanzees, including individuals from both research locations (Fundació Mona and the Leipzig Zoo). Considering chimpanzee phylogenetic closeness to humans, and building upon the promising results of

previous studies assessing this model in chimpanzees, our hypothesis was that Eysenck's model would prove as a reliable tool to assess personality in this species.

When employing human models for the evaluation of animal personality, two key indicators of their suitability are inter-rater reliability and validity. Inter-rater reliability refers to the level of agreement between raters and, in personality research, is commonly measured using intraclass correlation coefficients (Shrout and Fleiss, 1979). In this thesis, we achieved good results for inter-rater reliability, both when exclusively assessing the small sample of chimpanzees at Fundació Mona and when incorporating the chimpanzees at the Leipzig Zoo into the analysis.

Validity refers to the degree to which a measurement accurately captures the specific trait it aims to assess (Gosling, 2001). In personality research, the correlation between traits and behavioral observations is commonly considered a measure of validity (Freeman & Gosling, 2010). This assessment usually encompasses two essential aspects of validity: convergent validity (whether a trait correlates with conceptually related behaviors) and discriminant validity (whether a trait is not correlated with unrelated behaviors). In Article 3, we obtained several expected correlations between chimpanzee behavior and personality traits based on Eysenck's model, providing evidence of convergent validity. For instance, Extraversion exhibited positive correlations with the overall relative frequency of affiliative behaviors (including grooming, social play, sexual behavior and other affiliative behaviors), as well as independent positive correlations with grooming and social play. Furthermore, Dominance correlated with the relative frequency of agonistic dominant behavior and Neuropsychoticism correlated with the relative frequency of agonistic interactions (including agonistic dominance, agonistic submission and other agonistic behaviors). Nonetheless, some behaviors were associated with two traits (e.g., the relative frequency of agonistic dominance correlated with both Dominance and Extraversion), thus revealing limited discriminant validity

for the model. As extensively discussed in Article 3, these results were largely expected. Studies comparing trait rating and behavioral observations in primates have also reported limited discriminant validity (Pederson et al., 2005; Šlipogor et al., 2020). Furthermore, the relationship between traits and behaviors is not always straightforward, as some behaviors may be predicted by the combination of multiple traits (Capitanio, 2004). Finally, it is worth noting that the correlation between Dominance and Neuropsychoticism in Article 3 was close to significance, indicating a moderate association between the traits. Therefore, it was not surprising that some behaviors correlated with both traits. Moderate correlations (0.4-0.59) between personality factors have also been reported in various species, including chimpanzees (King and Figueredo, 1997), barbary macaques (*Macaca sylvanus*; Konečná et al. 2012) and humans (Borkenau and Ostendorf, 1990; Costa et al., 1991; Graziano and Ward, 1992; Zhang et al., 2022). Nonetheless, to ensure the independency of personality factors, we conducted a methodological adjustment in the factorial analysis in Article 4. Instead of the oblique rotation employed by Úbeda and Llorente (2019), which provided the factor structure used to compute personality scores in Article 3, we performed an orthogonal rotation in Article 4. This adjustment aimed for a more rigorous analysis, as orthogonal rotations assume that factors are uncorrelated and yield more straightforward structures that are more likely to be replicated (Kieffer, 1998). Despite this modification in the analysis, the personality structure we obtained in Article 4 was highly similar to the one previously reported by Úbeda and Llorente (2019). This confirmed the existence of three independent factors: Extraversion, Neuropsychoticism and Fearless Dominance. However, the issue of the limited discriminant validity of our model should not be dismissed, emphasizing the need for further research to confirm that these three traits can successfully predict behavioral outcomes in chimpanzees.

Validity also refers to the informativeness of a personality structure about a species (Weiss, 2017b). In this thesis, we assessed chimpanzees from two different captive

environments: a zoological institution and a rehabilitation and rescue center. Including chimpanzees from the Leipzig Zoo in the factorial analysis did not alter the personality structure obtained when only considering the chimpanzees at Fundació Mona. These findings indicate that the chimpanzees in our sample shared the same personality domains, and confirm previous research showing that human-based personality questionnaires can reveal similar personality structure in chimpanzees from different captive settings (King et al., 2005; Weiss et al., 2007). Additionally, our results align with previous research (Weiss et al., 2009), indicating that potential cultural differences between raters from different countries (Spain and Germany) did not affect the personality structure that emerged from the ratings.

Two of the traits obtained in our analysis, Extraversion and Dominance/Fearless Dominance, have been extensively documented in both captive and wild chimpanzees (Dutton, 2008; King & Figueredo, 1997; Weiss et al., 2009; Weiss et al., 2007; Weiss et al., 2017) and their descriptions and interpretations are straightforward. However, Neuropsychoticism, as identified in our factorial analysis, is a more intricate dimension. According to our results, Neuropsychoticism is a combination of Eysenck's traits Neuroticism and Psychoticism. Neuroticism has been described in chimpanzees (Dutton, 2008; King & Figueredo, 1997; Weiss et al., 2009; Weiss et al., 2017) and other non-human primates (Gosling, 2001), but it tends to exhibit lower inter-rater reliability as compared to other dimensions (see Weiss et al., 2017). This suggests that identifying and assessing this trait may be more challenging for human raters. Regarding Psychoticism, this dimension has seldom been explored in non-human primates. In a landmark study assessing Eysenck's model in Rhesus macaques, Chamove and colleagues (1972) identified the dimensions Hostility and Fearful, which resembled human Psychoticism and Neuroticism, respectively. Furthermore, using a questionnaire-based methodology, Lilienfeld and colleagues (1999) found a psychopathy construct in chimpanzees, with positive associations between this trait and behavioral measures of agonism, daring

behaviors, gentle teasing, displays, and temper tantrums. They also found a negative correlation between the psychopathic construct and repetitive movements (i.e., rocking, clasping) associated with anxiety. This would be in line with the notion that psychopathy in humans is usually associated with lack of anxiety (Cleckley, 1951). However, this would contradict our results, because, in our sample, being “aggressive”, “impulsive” and “cruel” (i.e., items that in humans load onto Psychoticism) fell into the same personality domain as “anxious” and “bad-tempered” (i.e., items that in humans load onto Neuroticism). Nonetheless, studies in humans have questioned the traditional believe that psychopathy is linked to low anxiety, revealing a complex relationship between these two traits (Derefinko, 2015; Hofmann et al., 2021; Kubak & Salekin, 2009; Sandvik et al., 2015; Schmitt & Newman, 1999).

In chimpanzees, the dimension Neuroticism has been positively associated with aggressiveness (Weiss et al., 2007). Furthermore, neurogenetic research in non-human primates has revealed that genetic diversity affecting reward sensitivity, impulsiveness and levels of anxiety can contribute to individual differences in aggressive behavior (Barr & Driscoll, 2014). Similarly, in humans, aggression and violence are likely to develop as a result of a generally disturbed emotional regulation, which can manifest as either abnormally high or low levels of anxiety (Neumann et al., 2010). Based on findings from both human and animal studies, it can thus be concluded that anxiety and aggression are interrelated and share common neural pathways, but the precise nature of their complex interplay remains a topic of ongoing investigation (Honest & Marin, 2006a; Neumann et al., 2010).

Another possible explanation for the interrelation between aggression and anxiety in non-human primates may provide additional arguments for the compound nature of Neuropsychoticism in our analysis. Several studies in non-human primates have shown that aggressive interactions trigger the expression of anxiety-related behaviors, such as self-scratching and other self-directed behaviors (Arnold & Aureli, 2007; Fraser et al., 2008;

Kutsukake & Castles, 2001; Maestriperi et al., 1992). Interestingly, this increase in anxiety-related behaviors is not only observed in the recipients of aggression, but also in those who initiate the conflict (i.e., the aggressors) (Aureli, 1997; Castles & Whiten, 1998; Romero et al., 2009; Schino et al., 2007). Thus, it is possible that chimpanzees rated as being more impulsive, aggressive and cruel were also perceived as being more anxious.

The concept of validity also implies that personality traits should predict meaningful life outcomes (Gosling et al., 2003a; Weiss, 2017b). This is a critical consideration in understanding the relevance of personality traits in non-human primates and their implications for various aspects of primate life. In alignment with this notion, numerous studies have established connections between personality and key aspects of primate life, including health and longevity (Altschul et al., 2018; Capitanio et al., 1999; Gottlieb et al., 2018; Jin et al., 2013; Robinson et al., 2018; Weiss et al., 2013), welfare (Costa et al., 2020; Fernández-Lázaro et al., 2019; Inoue-Murayama et al., 2018; Robinson & Weiss, 2023), social relationships (Massen & Koski, 2014; Verspeek & Staes, 2019; Weinstein & Capitanio, 2012), and cognitive performance (Altschul et al., 2016; Altschul et al., 2017; Herrelko et al., 2012; Hopper et al., 2014; Morton et al., 2013a; Šlipogor et al., 2022). In Article 3, the evaluation of the relationship between personality traits and chimpanzee performance in the puzzle boxes did not aim to specifically evaluate the validity of our personality assessment method. However, in line with the hypothesis that personality traits should predict real-world outcomes, our dimensions were linked with differences in performance measures. For instance, as expected, higher Neuropsychoticism predicted an increase in the probability of losing contact with the task. Chimpanzees scoring higher on this trait would be more aggressive, impulsive and anxious, traits that are not desirable in a testing situation and that would explain our findings.

Finally, from a practical point of view, the personality questionnaire employed in this thesis offers a distinct advantage: its brevity. One significant drawback of personality

questionnaires designed for non-human primates lies in the extensive item count, making the rating process time-consuming, especially in scenarios where a large number of animals need to be assessed. For instance, the widely used Hominoid Personality Questionnaire (HPQ) (Weiss, 2017a; Weiss et al., 2009) is composed of 54 adjectives, and the first questionnaire based on the Five Factor Model used to assess chimpanzee personality contained 43 adjectives. In contrast, the early adaptation of Eysenck's model for chimpanzees revealed its potential to effectively describe personality with a concise set of items (Úbeda & Llorente, 2015). In this thesis we used the same questionnaire developed by Úbeda and Llorente (2015), consisting of 12 items corresponding to Eysenck's primary scales, which are integrated into three higher-order factors. Some authors have raised concerns about the use of brief personality inventories in humans, suggesting potential compromises in precision and consistency (Chapman & Elliot, 2019; Weiss & Costa, 2014). However, other studies argue that short scales can be reliable and valid alternatives (Burisch, 1984, 1997; Føllesdal & Soto, 2022; Gosling et al., 2003b; Gouveia et al., 2021; Nunes et al., 2018; Romero et al., 2012). This perspective is supported by successful applications of shorter questionnaires in describing non-human primates' personality (Hopper & Cronin, 2018). For instance, in a recent study with captive chimpanzees, Murray and colleagues (2023) successfully applied the Ten Item Personality Inventory (TIPI; Gosling et al., 2003b), which includes 10 items to measure the five personality dimensions of the Five Factor Model. Furthermore, the authors found associations between chimpanzee facial expressions and four of the personality dimensions obtained with this model (Extraversion, Agreeableness, Conscientiousness and Emotional stability). While the length of a questionnaire might seem trivial to researchers, it holds critical significance in zoological institutions and other captive settings where caretakers, who often have limited time for research activities, serve as the primary raters. Consequently, the adoption of shorter questionnaires emerges as an appealing and time-efficient alternative in these practical contexts (Hopper & Cronin, 2018).

4.2. Limitations and recommendations for future research directions

The research outlined in this thesis has several limitations and constraints which warrant careful consideration. This section will address them and suggest prospective avenues for future research in the domains of cognitive enrichment (Articles 1 and 2), cognitive testing (Article 3), and the application of Eysenck's model to describe chimpanzee personality traits, thereby investigating potential links with cognitive performance (Articles 3 and 4). Finally, we will sum up the general limitations inherent of our study and provide broader recommendations for future research.

4.2.1. Cognitive enrichment studies

Our findings from both studies assessing cognitive enrichment activities (Articles 1 and 2) suggest that the relatively short study period and limited number of sessions did not allow us to adequately evaluate the long-term effectiveness of the enrichment interventions. Notably, in the termite-fishing task, participation increased across sessions, while in the food maze it decreased. Therefore, extending the study period would have allowed us to confirm that chimpanzee interest in the termite-fishing task remained high over time and that the frequency of administration (1-2 times per week) was appropriate. Conversely, prolonged exposure to the food maze might have resulted in enhanced proficiency among the chimpanzees, potentially leading to increased participation and a more uniform distribution of engagement across subjects. Thus, we recommend for future studies assessing enrichment activities—either novel or familiar—to consider monitoring subjects' interest and performance over more extended periods of time. Additionally, employing multiple data collection events, spaced over weeks, months, and even years, holds promise for yielding a more nuanced understanding of the enduring impact of such activities.

In both cognitive enrichment tasks, morning sessions consistently exhibited higher participation rates compared to the afternoon, suggesting a potential influence of diminishing food rewards as the day progressed. To maintain a consistent supply of food rewards throughout the day, a potential improvement for enrichment devices, particularly food mazes, could involve incorporating a timed dispenser mechanism. This innovation would enable the gradual dispensation of rewards, also preventing the risk of chimpanzees monopolizing the device during a single session. Consequently, such a modification would likely broaden participation across a diverse range of animals and promote engagement throughout the day.

Overall, the use of enrichment showed no significant effect on the occurrence of abnormal behaviors, and the influence on self-directed behaviors was inconsistent across tasks. These findings lend support to the hypothesis that abnormal behaviors might not serve as the most reliable indicators of welfare in captive chimpanzees (Birkett & Newton-Fisher, 2011; Bloomsmith et al., 2020; Hopper et al., 2016; Jacobson et al., 2016). Consequently, future studies should explore alternative behavioral indicators. Particularly, in the context of enrichment, a more appropriate approach would involve emphasizing positive behavioral indicators, such as the total time animals engage with the task or the impact of enrichment on desirable behaviors (e.g., locomotion, exploration, feeding). Furthermore, to comprehensively evaluate the welfare effects of the cognitive enrichment tasks, it would be advisable to categorize self-directed behaviors and analyze them independently, considering not only their type (rubs, scratches) but also incorporating other variables such as target (body, face) or laterality (right side, left side), as suggested by Laméris and colleagues (2022). In addition, future studies should consider other anxiety-related behaviors that could be monitored while animals are engaged with the tasks, such as excessive vigilance or fear-related facial expressions and vocalizations, as these might provide important measures of emotional well-being and psychological stress in captive environments (Coleman & Pierre, 2014; Lutz &

Baker, 2023). Finally, non-invasive techniques for assessing physiological indicators of anxiety in non-human primates, such as measuring cortisol levels from samples of hair, saliva or urine samples, offer promising avenues for investigation (Ash et al., 2018; Novak et al., 2013; Verspeek et al., 2021). There is evidence supporting that stress can impact the hypothalamic-pituitary-adrenocortical (HPA) axis in non-human primates, although the specific effects of environmental enrichment on HPA axis activity remain inadequately understood (Novak et al., 2013). Therefore, when evaluating novel cognitive enrichment or tasks, integrating these physiological indicators could provide a complementary approach to behavioral indicators in assessing anxiety levels.

The food maze assessed in this thesis featured a double-sided design, allowing two chimpanzees to simultaneously interact with two independent mazes. The primary rationale behind this design stemmed from financial constraints of the center. Nonetheless, the maze was purposely designed so that the inner structure (i.e., the wooden shelves) was completely removable, and therefore could be modified or replaced by other types of mazes or cognitive activities. This flexibility offers the opportunity to design activities wherein two chimpanzees can engage simultaneously with the same maze, facilitating, for instance, the investigation of cooperative and competitive behaviors. In our study, however, although the two mazes were independent, the device was often monopolized by a single individual, and the increased levels of aggression-related behaviors linked to participation suggest that the maze inadvertently encouraged competition. To gain a deeper understanding of this phenomenon, we recommend more precise monitoring of competitive behavior and aggressive interactions when introducing new enrichment activities. Nonetheless, our current findings strongly advocate for the provision of multiple devices strategically placed around the enclosures to reduce potential aggressive competition (Honest & Marin, 2006b).

Another limitation of our enrichment studies is the absence of exploration into the specific cognitive skills triggered by the enrichment activities, coupled with a lack of measurement for the level of cognitive stimulation induced. Although there is no consensus on how to evaluate the level of cognitive stimulation and thus the effectiveness of a particular cognitive enrichment, Meehan and Mench (2007) and Clark (2017, 2023) propose some innovative criteria. For example, Meehan and Mench (2007) introduced the concept of “flow”, which refers to “the positive emotional state of satisfaction and pleasure that an animal experiences when applying a high-level skill to master a high-level task” (Clark, 2017, p.58). “Flow” could be inferred, for instance, by measuring how easily an animal is “distracted” from a cognitive task (Clark, 2011). Furthermore, Špinka and Wemelsfelder (2011) proposed the term “competence” to describe the range of cognitive skills that an animal employs to address unfamiliar situations (i.e., exploration, problem-solving). Our enrichment activities implied exploration and problem-solving, but also searching, modifying and using tools from the environments. Additionally, the food maze required the application of fine motor skills, precise hand movements, and likely more advanced cognitive skills, such as planning and understanding of the physical properties of objects (Völter & Call, 2014). Despite this, the cognitive abilities required to solve the food maze were not systematically assessed in this thesis. However, future investigations could undertake this analysis by examining video-recorded sessions. Furthermore, as noted before, the maze allows the implementation of other tasks or activities that could tackle specific cognitive abilities. Finally, our data collection method (scan sampling) did not allow recording the total time subjects spent engaging with the enrichment tasks, nor perseverance (e.g., how long chimpanzees remained engaged with the tasks before giving up when they were unsuccessful). As suggested by Clark (2017), however, these types of measurements may provide crucial information on the benefits of being cognitively engaged for long periods of time.

Finally, the novel food maze created an opportunity to investigate the likelihood of social learning within our chimpanzee groups. While this aspect fell outside the primary scope of this thesis, the fact that the enrichment sessions were videotaped allows the potential assessment of social learning in the future.

4.2.2. Cognitive research study

In the study assessing puzzle boxes (Article 3), chimpanzees were tested in an adjacent enclosure and encouraged by the keepers to participate in the experimental sessions. This was a requirement of the original study (Riba, 2016) to prevent other group members to interfere and to evaluate each chimpanzee independently. Although subjects could decide whether to enter the adjacent enclosure and engage with the task, future studies should explore alternative experimental settings for a better assessment of subjects' interest. For instance, a more effective approach could involve allowing the animals to voluntarily depart from the group and access individual research areas, where others are not allowed to enter before the testing session concludes (Ruby & Buchanan-Smith, 2015). If possible, conducting cognitive experiments in a social setting should also be considered as an alternative to subjects' isolation. Although this approach introduces challenges, such as a potential increase in intragroup competition, it offers an environment more closely resembling natural conditions, thus increasing ecological validity (Cronin, 2017).

Several authors have outlined the potential advantages of conducting primate cognition research in socially-housed primates living in zoos, animal centers, and sanctuaries (Hopper, 2017; McEwen et al., 2022; Ross & Leinwand, 2020). There is general consensus among researchers regarding the benefits of non-invasive and voluntary cognitive challenges for the welfare of these animals (Cronin, 2017; Egelkamp & Ross, 2019; Macdonald & Ritvo, 2016). Additionally, studying primates in environments that closely emulate their natural habitats

offers a better understanding of their lives, yields more reliable outcomes, and minimizes potential adverse effects on their welfare (Lopresti-Goodman & Villatoro-Sorto, 2023). In our investigation with puzzle boxes, we provided chimpanzees with opportunities to engage in novel tasks and overcome challenges, which is crucial for captive primates and especially great apes (Clark, 2011, 2017). However, one significant limitation of our study lies in the omission of an assessment of the welfare impact of the puzzle boxes, as we did for the cognitive enrichment activities. This limitation was partly due to the limited visibility of the subjects in the video recordings of the experimental sessions, which did not allow behavioral coding. Nonetheless, considering the growing awareness among the general public regarding animal welfare, and the increasing demand for zoos and other captive settings to ensure the highest standards of animal welfare, it is imperative for researchers investigating animals' cognitive skills to assess the welfare implications of these activities (Cronin, 2017; Ross, 2010). This evaluation could be achieved, for instance, by monitoring positive and negative behavioral indicators of welfare during animal interactions with the tasks, as well as before and after the experimental sessions (Herrelko et al., 2012; Ruby & Buchanan-Smith, 2015; Whitehouse et al., 2013).

4.2.3. The use of Eysenck's model to describe chimpanzee personality and establish links with cognitive performance

Some of the limitations of Eysenck's model to describe chimpanzee personality are also common to the human model. For instance, when compared to other human models of personality, such as the Five Factor Model, or its adaptation to non-human primates, the Hominoid Personality Questionnaire, the three factors proposed by Eysenck may not comprehensively capture certain aspects of personality in non-human primates, such as Openness (to Experience). Furthermore, according to Eysenck (Eysenck et al., 1985), the

Agreeableness and Conscientiousness factors in the Five Factor Model are facets of the trait Psychoticism. Nonetheless, critics of Eysenck's model argue that Psychoticism shows low reliability and that, given its association with the two traits of the Five Factor Model, its interpretation as a unique and independent trait is questionable (Goldberg & Rosolack, 1994). It is also worth noting that Openness (to Experience) and Conscientiousness have been linked to cognitive performance in non-human primates (Altschul et al., 2017; Herrelko et al., 2012; Hopper et al., 2014; Morton et al., 2013a; Reamer et al., 2014) and to academic achievement and job performance in humans (Hurtz & Donovan, 2000; Mount et al., 1999; Nettle & Robins, 2007; Rrick & Mount, 1991; von Stumm et al., 2011). Therefore, in order to continue exploring these associations and gain a deeper understanding of the relationship between personality and performance, it would be advisable to consider personality models that encompass dimensions resembling Openness (to Experience) and Conscientiousness, as they are closely aligned with cognitive performance.

In this thesis, the link between chimpanzee personality and cognitive performance was assessed in a small sample of individuals housed at the same facility. Additionally, most of these animals had been exposed to traumatic experiences in their past, likely affecting both their personality (Ortín et al., 2019) and behavior (Crailsheim et al., 2020). The chimpanzees at the Leipzig Zoo allowed us to work with a larger sample size when assessing Eysenck's model as detailed in Article 4. Nonetheless, other personality questionnaires, such as the Hominid Personality Questionnaire, have been applied to substantially larger chimpanzee cohorts ($N > 500$), including animals from several facilities worldwide (Altschul et al., 2018), as well as large samples ($N < 100$) of wild chimpanzees (Weiss et al., 2017). Thus, to validate Eysenck's model in chimpanzees and assess the possible link between Eysenck's traits and cognitive performance, broader and more diverse samples need to be considered.

It is important to clarify that the objective of this thesis was not to study the association between chimpanzee personality and a specific cognitive skill. The puzzle boxes we employed were originally designed for a different research purpose and were not tailored for the current study. In the future, it would be crucial to identify which cognitive skills underly individual performance in a task. This preliminary step is essential to establish the consistency of performance across time and contexts, which is basic to understand the relationship between personality and cognition (Griffin et al., 2015). To achieve this, tasks should be purposefully developed and thoroughly planned in advance.

Regarding the correlations between the three personality traits identified in our factorial analyses and behavioral observations, our results revealed limited discriminant validity for Eysenck's model. This constraint may be partly attributed to the broad categories within our behavioral catalogue, which for instance did not distinguish between aggressive and non-aggressive dominant interactions. In the future, more detailed behavioral catalogues would be advisable to further investigate the validity of Eysenck's model in chimpanzees or other non-human primates. Furthermore, beyond assessing spontaneous behavior, it might be useful to use complementary approaches (e.g., behavioral observations in controlled testing environments) to test the validity of our model (Massen et al., 2013).

Finally, one controversial aspect of our personality questionnaire is the emergence of a dimension termed Neuropsychoticism in the factorial analysis, encompassing elements of both human Neuroticism and Psychoticism. This complicates interpretation and hinders the straightforward comparisons between chimpanzees and humans. To address this issue, further research is needed to explore Eysenck's model in other non-human primates, shedding light on whether analogous dimensions might be identified in other species.

4.2.4. General limitations and future research directions

A general limitation across all our studies was the small sample size. The use of small limited sample sizes is a frequent challenge in primate research conducted within zoos and other captive settings, potentially hindering the generalizability of results (Gartner & Weiss, 2018). Additionally, at Fundació Mona, our sample exhibited uneven sex distribution, with only few females. One alternative to overcome limitations like small sample sizes is to replicate studies across different facilities using standardized data collection methodologies (Garcia-Pelegrin et al., 2022; Rose et al., 2019). Software applications like ZooMonitor, for instance, facilitate this process by quickly enabling behavioral data collection with the same procedures (Ross et al., 2016; Wark et al., 2019; <https://zoomonitor.org>). Subsequently, data can be stored and exported into electronic formats, thereby simplifying subsequent analyses and promoting data sharing (van der Marel et al., 2022). In line with this, the data collection methodology and the software employed in this thesis could serve as a valuable resource for assessing similar cognitive enrichment devices in other facilities.

Recently, to address the challenges with small samples sizes and to better account for methodological and site-specific differences, a significant effort has been made by the ManyPrimates project. ManyPrimates has established a large-scale collaboration infrastructure in the field of primate cognition research, bringing together multiple research groups to produce reproducible and replicable results (ManyPrimates et al., 2019a; ManyPrimates et al., 2019b). These extensive collaborations among researchers and institutions, known as big team science (BTS), have gained increased popularity over the past decade (Coles et al., 2022). In the future, the fields of animal welfare and animal personality research might also benefit from this type of initiatives.

In this thesis, we found individual differences in both participation and performance in the cognitive enrichment activities and in the puzzle boxes. To understand this individual

variation, we considered subjects' characteristics such as sex or age. Furthermore, for the puzzle boxes, we explored the role of personality. Nonetheless, it is important to acknowledge that there are multiple other variables that we did not consider, which could have had a significant impact on chimpanzee participation and performance in the cognitive challenges. For instance, social hierarchy or rank was not factored in due to the limited number of dyadic agonistic interactions in our chimpanzee groups. However, previous research assessing enrichment in a social context showed that higher-ranking individuals usually have priority access to the enrichment devices (Celli et al., 2003). Thus, studies involving larger primate groups with well-established social hierarchies should take rank into consideration when designing and implementing enrichment activities in a social environment.

Other factors that may influence subjects' participation and performance in cognitive tasks include rearing history (Russell et al., 2011), early life experiences and exposure to humans (Tomasello & Call, 2004) or genetic predisposition (Hopkins et al., 2014; Hopkins & Sherwood, 2022). Additionally, a recent study by Forss and colleagues (2020) showed that chimpanzees' problem-solving skills were influenced by housing facility, captive care duration, and prior experiences with cognitive tasks. The available information about the life history of the chimpanzees at Fundació Mona is mostly incomplete and inaccurate. Nonetheless, several general variables should be considered in the future, including origin (wild, captive), years spent at the center, housing condition during infancy (e.g., social or isolated) and former use (pet or entertainment industry) (Crailsheim et al., 2020).

Finally, it should be acknowledged that this thesis explored the role of personality on subjects' interest and performance in cognitive tasks, but not in the cognitive enrichment activities. Originally, this was one of our objectives during the research stay at the Leipzig Zoo, where animals are exposed to similar cognitive enrichment devices than those provided at Fundació Mona. Additionally, the larger sample size at the Leipzig Zoo would have yielded

increased statistical power as compared to the sample from Fundació Mona. Although we collected behavioral data when animals engaged with cognitive enrichment devices at the Leipzig Zoo, this research remains unpublished due to time constraints. Nonetheless, we plan to continue investigating whether personality plays a role in how individuals interact and benefit from enrichment activities. Other researchers have already recognized that the effectiveness of an enrichment may also depend on animals' personalities (Franks et al., 2013; Gartner & Weiss, 2018). In addition, subjects' response to a particular enrichment could serve as a measure for assessing and quantifying aspects of their personality (Gartner & Powell, 2012; Massen et al., 2013). Crucially, acknowledging the potential influence of personality on the effectiveness of enrichment strategies may lead to a more individualized approach and, ultimately, to better welfare (Carere & Locurto, 2011; Gartner & Weiss, 2018).

4.3. Conclusions

In this section we will: (1) summarize the most relevant findings of this thesis, organizing them in three sections that mirror the structure of the discussion and the specific objectives of the thesis, (2) provide overall conclusions relative to the main hypotheses and (3) provide applied recommendations for chimpanzee captive management based on our findings.

4.3.1. Factors affecting participation and performance in the cognitive challenges

- The majority of the chimpanzees engaged with the three cognitive tasks (i.e., puzzle boxes, artificial termite-fishing task and food maze), thus suggesting that they were interested in these activities and that they perceived them as positive stimuli. Nonetheless, there was considerable individual variation in participation and performance, especially in the two more cognitively demanding tasks (i.e., food maze and puzzle boxes).

- There were no sex differences in participation in the artificial termite-fishing task, but females participated more and were more successful at retrieving rewards from the food maze. This could be attributed to the food maze requiring more complex tool-use abilities, supporting previous findings in captivity and in the wild suggesting that female chimpanzees use tools more often and more effectively than males.
- Age did not predict differences in participation across any of the cognitive challenges, likely due to the limited variability within our sample.
- In the puzzle boxes, the link between personality and performance was partially modulated by subjects' sex. However, these findings should be interpreted with caution due to the low number of females in our sample.
- In the artificial termite-fishing task, participation increased across sessions, while in the food maze, it decreased. The first finding indicates that chimpanzees' interest was sustained across sessions, and despite previous exposure to this task, they continued to find the artificial termite-fishing task rewarding. In contrast, the decrease in participation in the food maze likely depended on the complexity of this task, with the majority of chimpanzees struggling to master it. Consequently, these animals likely experienced increasing frustration and loss of motivation over time.
- The high proportion of success observed in both the puzzle boxes and the artificial termite-fishing task indicate that the cognitive activities offered an appropriate level of challenge. By contrast, the fact that only two individuals were able to master the food maze task suggests that this task was overly complex, or perhaps that chimpanzees required additional time to learn how to retrieve the rewards effectively.

4.3.2. Behavioral and welfare implications of cognitive challenges

The tool-based cognitive enrichment tasks assessed in this study constitute effective enrichment activities for captive chimpanzees for the following reasons:

- They offered cognitive stimulation and provided learning opportunities that simulate their natural environments where animals encounter challenging situations (e.g., locating and obtaining food) that often require complex behavioral and cognitive abilities, like exploration or problem solving.
- They had a positive impact on welfare, by promoting species-typical behaviors (e.g., tool use and foraging) and reducing undesirable behaviors (e.g., inactivity). Nonetheless, in contrast to our predictions, participation in the cognitive enrichment tasks did not predict a reduction in abnormal or self-directed behaviors.
- In general, their behavioral effects remained consistent across sessions, indicating their effectiveness throughout the study period. Nonetheless, to further investigate their long-term effectiveness, it would be advisable to evaluate these types of activities over extended durations.
- The absence of significant changes in abnormal behaviors might be attributed to their limited occurrence within our study sample. However, it is also plausible that, as suggested by other researchers, abnormal behaviors and other negative indicators do not reliably reflect the welfare of captive chimpanzees and other non-human primates.
- The presence of the cognitive enrichment tasks did not predict an increase in self-directed behaviors (i.e., rubs and scratches), and neither did interaction with the artificial termite-fishing tasks. However, these behaviors increased when chimpanzees actively interacted with the novel food maze. This suggests that the mere presence of the enrichment activities did not induce stress, and that self-directed behaviors tended to rise in challenging situations, likely as a result of higher emotional arousal.

- Overall, the cognitive enrichment tasks did not have a negative impact on chimpanzee social behavior. Interestingly, the termite-fishing task seemed to act as a “gathering point”, with social proximity increasing for individuals that participated in the task. Nonetheless, participation in the novel food maze was linked to an increase in aggression-related behaviors, possibly as a result of higher intragroup competition.

4.3.3. Applying Eysenck’s model to chimpanzees

- The 12-item questionnaire based on Eysenck’s model demonstrated good levels of inter-rater reliability when assessing chimpanzee personality. This suggests that the selected items were readily understood and interpreted by human evaluators.
- The correlations observed between personality traits derived from Eysenck’s model and behavioral observations provided some evidence for convergent validity but limited discriminant validity. These results align with previous research and support the hypothesis that the interplay between personality traits and distinct behaviors is complex and still poorly understood. Nonetheless, the low discriminant validity of our model suggests that results should be taken with caution, and that additional research is needed to validate these three traits in chimpanzees.
- After assessing a larger and more diverse sample of chimpanzees and making methodological adjustments to the factorial analysis, we obtained a three-factor structure that closely resembled the one initially reported in the first study assessing Eysenck’s model in chimpanzees.
- Two traits obtained in our analysis, Extraversion and Dominance/Fearless Dominance, have been thoroughly documented in both captive and wild chimpanzees, and are straightforward to describe and interpret. In contrast, the third trait, Neuropsychoticism, represents a more intricate dimension, as it includes items that in humans load both onto

Neuroticism (e.g., anxious, bad-tempered) and Psychoticism (e.g., impulsive, aggressive, cruel).

- Research conducted in both humans and other primates has reported an interrelation between anxiety and psychotic traits that offers a potential explanation for the composite nature of Neuropsychoticism in our analyses. Furthermore, chimpanzee aggressive interactions have been associated to the expression of anxiety-related behaviors.
- Consistently with the assumption that personality traits should predict real-world outcomes, the three traits based on Eysenck's model predicted differences in chimpanzee performance in cognitive tasks.
- A relevant advantage of the questionnaire employed in this thesis is its brevity in comparison to the typically lengthier questionnaires used in non-human primates. Therefore, it may be more appealing and less time-consuming for raters, particularly when they need to assess a large number of animals and are constrained by limited time for research activities.

4.3.4. Overall conclusions

In conclusion, regarding the main hypotheses of this thesis, our findings can be summarized as follows: (1) chimpanzees exhibit individual differences in their interest and performance in cognitive tasks, both in enrichment and research contexts; (2) this individual variation in interest and performance is linked to sex and personality; (3) cognitive challenges are effective enrichment activities for captive chimpanzees, offering opportunities for engaging in cognitively stimulating activities that simulate aspects of their natural habitats, all the while promoting species-typical behaviors (i.e., foraging and tool-use) and reducing some undesirable behaviors (i.e., inactivity); and (4) while Eysenck's model may represent an

alternative approach to assess personality in chimpanzees, additional research is needed to confirm its validity in this species.

4.3.5. Recommendations for professional animal care managers

Based on the findings of this thesis, presented below is a summary of recommendations for the care and management of captive chimpanzees. We trust that these suggestions may prove valuable for professionals involved in chimpanzee welfare.

Cognitive enrichment:

- Incorporating cognitively challenging activities as enrichment for captive chimpanzees can improve their welfare by promoting species-typical behaviors while increasing their sense of control over the environment (Badihi, 2006; Dawkins, 2003; Morgan & Tromborg, 2007; Sambrook & Buchanan-Smith, 1997; Whitham & Wielebnowski, 2013).
- For a comprehensive understanding of the enduring effects of enrichment activities, it is crucial to monitor subjects' interest, performance, and behavior for extended periods. This is especially important for evaluating new and challenging tasks that may take time for animals to learn.
- Abnormal behaviors and self-directed behaviors (rubs and scratches) might not serve as the most reliable indicators to assess welfare in the context of enrichment. We would recommend focusing on positive behavioral indicators, such as frequency or duration of device use, as well as on the increase of desirable behaviors (i.e., exploration or foraging). Additionally, we suggest assessing other potential negative behavioral indicators (i.e., vigilance, fear-related facial expressions and vocalizations) while also incorporating physiological measures (i.e., cortisol levels).

- Self-directed behaviors (rubs and scratches) are a sign of emotional arousal, but it is unclear whether this arousal can be attributed to positive emotions (i.e., excitement) or negative emotions (i.e., anxiety) experienced during the cognitive enrichment. To gain a deeper understanding of the nature of these behaviors in a challenging context, we suggest including additional variables in the study, such as differentiating between rough and gentle actions and considering the target and laterality (Laméris et al., 2022).
- When cognitive enrichment is provided in a social context, multiple devices should be strategically placed around the enclosures to facilitate engagement by all individuals and prevent potential aggression (Honest & Marin, 2006b). Furthermore, to ensure the availability of food rewards throughout the day, enrichment devices could be upgraded with a timed dispenser mechanism.
- Studies involving large primate groups with well-established social hierarchies should also take rank into consideration when designing and implementing cognitive challenges activities in a social environment, as higher-ranking individuals usually have priority of access to the enrichment devices (Celli et al., 2003).
- Software applications like ZooMonitor (Ross et al., 2016; Wark et al., 2019) or Boris (Friard & Gamba, 2016) are automated, efficient, and user-friendly data collection tools which provide valuable assistance for evaluating enrichment activities in captive environments.

Cognitive research:

- This thesis outlines the importance of considering personality and sex differences when assessing participation and performance in cognitive challenges. If possible, future studies should also assess the role of additional variables on performance during cognitive challenges, including housing facility, duration of captive care, prior

exposure to cognitive tasks, rearing history, early life experiences with humans, and genetic predisposition (Forss et al., 2020; Russell et al., 2011; Tomasello & Call, 2004; Hopkins et al., 2014; Hopkins & Sherwood, 2022).

- For a precise assessment of subjects' interest in a task, animals should have the freedom to choose to leave the group and participate, rather than being called or prompted. Additionally, to enhance ecological validity, researchers should consider conducting cognitive experiments in a social setting rather than isolating subjects (Cronin, 2017).
- Researchers studying animals' cognitive abilities must prioritize welfare assessment (Cronin, 2017; Ross, 2010). This can involve observing both positive and negative behaviors related to welfare before, during, and after experimental sessions (Herrelko et al., 2012; Ruby & Buchanan-Smith, 2015; Whitehouse et al., 2013).

Personality assessment

- Short personality questionnaires, such as the one employed in this thesis, can effectively evaluate chimpanzee personality without imposing excessive time demands on the raters (Hopper & Cronin, 2018).
- Recognizing individual differences in chimpanzee personality can shed light on multiple reactions and outcomes within testing and enrichment contexts, facilitating better-informed decisions regarding chimpanzee management (Carere & Locurto, 2011; Gartner & Weiss, 2018).
- To more accurately assess the validity of personality questionnaires, tailored behavioral catalogues are essential, alongside complementary approaches, such as behavioral observations in experimental contexts (Massen et al., 2013). Additionally, it will be crucial to include larger sample sizes and other primate species.

4.4. Final thought

The majority of chimpanzees living under human care spend their entire lives in captivity. Re-introducing them to their natural habitats is extremely challenging, even in rescue and rehabilitation centers in their countries of origin. Hence, it is our moral obligation to ensure optimal welfare conditions for these animals. To achieve this, it is essential not only to understand their ethological needs but also to acknowledge and account for their individual differences. This thesis represents a first modest contribution to this critical endeavor, emphasizing the necessity for further research to guarantee that chimpanzees and other non-human primates living in captivity are finally provided with the opportunity to live a life “worth living”.

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