

Accepted Manuscript

Title: Post-mortem genetic analysis in juvenile cases of sudden cardiac death

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PII: S0379-0738(14)00410-1
DOI: <http://dx.doi.org/doi:10.1016/j.forsciint.2014.10.004>
Reference: FSI 7760

To appear in: *FSI*

Received date: 12-7-2014
Revised date: 18-9-2014
Accepted date: 4-10-2014

Please cite this article as: O. Campuzano, O. Sanchez-Molero, C. Allegue, M. Coll, I. Mademont-Soler, E. Selga, C. Ferrer-Costa, J. Mates, A. Iglesias, G. Sarquella-Brugada, S. Cesar, J. Brugada, J. Castellà, J. Medallo, R. Brugada, Post-mortem genetic analysis in juvenile cases of sudden cardiac death, *Forensic Science International* (2014), <http://dx.doi.org/10.1016/j.forsciint.2014.10.004>

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- 1 Highlights
- 2 Molecular autopsy should be implemented in forensic protocols
- 3 Nearly 40% of sudden death young cases carry a cardiac potentially pathogenic variant
- 4 It is crucial to undertake a careful genetic analysis in a clinical context
- 5 Genetic analyses help to identify relatives at risk of sudden death
- 6

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6 Post-mortem genetic analysis in juvenile cases of sudden cardiac death

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8 Short Title: Genetic analysis in a forensic juvenile cohort

9

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29 Conflict of Interest

30 Dr Ramon Brugada is consultant of Ferrer-inCode. The other authors declare no conflicts of
31 interest to disclose.

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34 Abstract

35 Background. The reason behind a sudden death of a young individual remains unknown in up to
36 50% of postmortem cases. Pathogenic mutations in genes encoding heart proteins are known to
37 cause sudden cardiac death. Objective. The aim of our study was to ascertain whether genetic
38 alterations could provide an explanation for sudden cardiac death in a juvenile cohort with no-
39 conclusive cause of death after comprehensive autopsy. Methods. Twenty-nine cases < 15 years
40 showing no-conclusive cause of death after a complete autopsy were studied. Genetic analysis of 7
41 main genes associated with sudden cardiac death was performed using Sanger technology in low
42 quality DNA cases, while in good quality cases the analysis of 55 genes associated with sudden
43 cardiac death was performed using Next Generation Sequencing technology. Results. Thirty-five
44 genetic variants were identified in 12 cases (41,37%). Ten genetic variants in genes encoding
45 cardiac ion channels were identified in 8 cases (27,58%). We also identified 9 cases (31,03%)
46 carrying 25 genetic variants in genes encoding structural cardiac proteins. Nine cases carried more
47 than one genetic variation, 5 of them combining structural and non-structural genes.
48 Conclusions. Our study supports the inclusion of molecular autopsy in forensic routine protocols
49 when no conclusive cause of death is identified. Around 40% of sudden cardiac death young cases
50 carry a genetic variant that could provide an explanation for the cause of death. Because relatives
51 could be at risk of sudden cardiac death, our data reinforce their need of clinical assessment and, if
52 indicated, of genetic analysis.

53

54 Keywords

55 Pediatric, Adolescent, Sudden Cardiac Death, Genetics, Next Generation Sequencing, Forensics

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62 Introduction

63 Sudden death in people younger than 15 years old is a rare event, with an incidence between 1-
64 5/100,000 individuals each year in developed countries (1). Despite this low prevalence, when a
65 death occurs in this juvenile population, it carries a tremendous impact in both the family and
66 community. Sudden death constitutes one of the most important unsolved challenges in the
67 practice of forensic pathology. Several studies have reported that most part of sudden deaths in the
68 young (< 40 years) are of cardiac origin (sudden cardiac death -SCD-), mainly caused by structural
69 heart abnormalities identifiable at autopsy (cardiomyopathies) (2). However, in 10%-35% of these
70 deaths, no structural alterations can be identified. In these cases a channelopathy, a genetic disease
71 of the cardiac ion channels, is suspected (3-5). Both groups of cardiac alterations are due to
72 inherited genetic defects, thus family members of the deceased individual are at risk of sudden
73 death (6). This fact carries important implications in diagnosis and counselling of relatives.
74 Though, the application of genetic testing in routine forensic investigation, to benefit diagnosis and
75 possible family prevention, remains still very limited (7).

76 Currently, numerous genes have been associated with SCD but most part in low frequency (8, 9).
77 However, in these last years, genetic research has focused on the identification of pathogenic
78 mutations in seven main genes (SCN5A, KCNQ1, KCNH2, KCNE1, KCNE2, KCNE3, and RyR2)
79 associated with channelopathies (like Brugada Syndrome-BrS-, Long QT Syndrome -LQTS-, Short
80 QT Syndrome -SQTS-, and Catecholaminergic Polymorphic Ventricular Tachycardia -CPVT-) and 7
81 main genes (MYBPC3, MYH7, PKP2, DSC2, DSP, DSC2, and LMNA) associated with
82 cardiomyopathies (like Hypertrophic Cardiomyopathy -HCM-, Arrhythmogenic Right Ventricular
83 Cardiomyopathy -ARVC-, and Dilated Cardiomyopathy -DCM-).

84 Genetic analysis of these genes can help in the identification of the cause of death, even using
85 mRNA (10), improving the evaluation of relatives at potential risk. Traditional Sanger sequencing
86 is expensive to undertake this extensive analysis. However new genetic technologies (Next
87 generation Sequencing -NGS-) has emerged as a cost-effective technology for broad genetic studies
88 (11-13). The ability to perform analysis of large amount of genes at once has been brought to the
89 clinical arena of several medical specialities, including cardiology. It is no secret though, that the

90 large amount of data generated is causing difficulties in clinical interpretation, especially when
91 dealing with genetic variants of unknown significance (GVUS) or genetic variants in less common
92 genes. In our study we analyzed a cohort of post-mortem cases, aged less than 15 years old, in order
93 to investigate the role of genetics in death causality.

94

95

96 Methods

97 Forensics

98 A complete autopsy examination was performed according to current international regulations
99 (14). Our inclusion criteria was: (a) age < 15 years (b) non-conclusive cause of death after complete
100 autopsy (c) no signs of congenital heart alterations, cardiac infarct or other macroscopic anomalies
101 (d) blood obtained < 48 hours after death. The study was approved by the ethics committee of our
102 Hospital, and follows the Helsinki II declaration.

103

104 DNA sample

105 Genomic DNA was extracted with Chemagic MSM I from post-mortem whole blood (Chemagic
106 human blood). DNA cases were checked in order to assure quality (Absorbance 260/280:260/230
107 should be a minimum 1,8:2,2 respectively), and quantify before processing to get the 3µg needed
108 for the NGS strategy. Spectrophotometric measurements are performed to assess quality ratios of
109 absorbance; DNA concentration is determined by fluorometry (Qubit, Life Technologies). DNA
110 integrity was assessed on a 0,8% agarose gel.

111 DNA quality/integrity divided our cohort of 29 cases in two groups. The first group included 18
112 cases with low DNA quality/integrity and analyzed using Sanger sequencing (SCN5A, KCNQ1,
113 KCNH2, KCNE1, KCNE2, KCNE3 and RyR2). The second group included 11 cases analyzed using
114 NGS technology (55 genes associated with SCD). Confirmation of variants identified in NGS
115 analysis was performed using Sanger sequencing. As an internal control, two cases included in the
116 second group were processed by both methods.

117

118 Sanger sequencing

119 The genetic study included direct sequencing of SCN5A (NM_198056), KCNQ1 (NM_000218),
120 KCNH2 (NM_000238), KCNE1 (NM_000219), KCNE2 (NM_172201), KCNE3 (NM_005472), and
121 RyR2 (NM_001035). The exons and exon-intron boundaries of each gene were amplified (Verities
122 PCR, Applied Biosystems, Austin, TX, USA), the PCR products were purified (Exosap-IT,
123 Affymetrix, Inc. USB® Products, Cleveland, OH, USA) and they were directly sequenced in both
124 directions (Big Dye Terminator v3.1 cycle sequencing kit and 3130XL Genetic Analyzer, both from
125 Applied Biosystems) with posterior SeqScape Software v2.5 (Life Technologies) analysis comparing
126 obtained results with the reference sequence from hg19. The identified variations were compared
127 with DNA sequences from 300 healthy Spanish individuals (individuals not related to any patient
128 and of the same ethnicity; 600 alleles), as control cases, and contrasted with Human Gene
129 Mutation Database -HGMD- (<http://www.hgmd.cf.ac.uk/ac/index.php>), HapMap
130 (<http://hapmap.ncbi.nlm.nih.gov/>), 1000 genomes project (<http://www.1000genomes.org/>), and
131 Exome Variant Server -EVS- (<http://evs.gs.washington.edu/EVS/>). Sequence variants were
132 described following the HGVS rules (<http://www.hgvs.org/>), and checked in Mutalyzer
133 (<https://mutalyzer.nl/>).

134

135 NGS sample preparation

136 The DNA was fragmented by Bioruptor (Diagenode). Library preparation was performed according
137 to the manufacturer's instructions (SureSelect XT Custom 0.5-2.9Mb library, Agilent Technologies,
138 Inc). After capture, the indexed library was sequenced in a six-sample pool cartridge. Sequencing
139 paired-end process was developed on MiSeq System (Illumina) using 2x150 bp reads length.

140

141 Custom Resequencing panel

142 We selected the most prevalent 55 genes involved in SCD-related pathologies, accordingly to
143 available scientific literature (8, 9). The genomic coordinates corresponding to these 55 genes
144 (Table 1) were designed using the tool eArray (Agilent Technologies, Inc.). All the isoforms
145 described at the UCSC browser were included in the design. The biotinylated cRNA probe solution

146 was manufactured by Agilent Technologies and provided as capture probes. The final size was
147 432,512kbp of encoding regions and 5'UTR boundaries. The coordinates of the sequence data is
148 based on NCBI build 37 (UCSC hg19).

149

150 Bioinformatics

151 The secondary bioinformatic analysis of the data obtained included a first step trimming of the
152 FAST-Q files with an in-house developed method. The trimmed reads are then mapped with GEM
153 II and output is joined and sorted and uniquely and properly mapped read pairs were selected.
154 Finally, variant call over the cleaned BAM file is performed with SAMtools v.1.19, GATK v2.7-4
155 together with an in house developed method to generate the first raw VCF files (see supplemental
156 material). Variants were annotated with dbSNP IDs, Exome Variant Server and the 1000 Genomes
157 browser, in-house database IDs and Ensembl information, if available.

158 Tertiary analysis was then performed. For each genetic variation identified, allelic frequency was
159 consulted in EVS and 1000 genomes database. In addition, HGMD was also consulted to identify
160 pathogenic mutations previously reported. In silico prediction of pathogenicity of novel genetic
161 variations was assessed in CONDEL software (CONsensus DELeteriousness scores of missense
162 SNVs) (<http://bg.upf.edu/condel/>), and PROVEAN (Protein Variation Effect Analyzer)
163 (<http://provean.jcvi.org/index.php>). Alignment of DNA sequences for different species was also
164 performed for these novel variations using Uniprot database (<http://www.uniprot.org/>).

165

166 Confirmation of variants identified by NGS

167 Non-common (Minor Allele Frequency –MAF- < 1%) genetic variants were confirmed by Sanger
168 method as mentioned before in “Sanger sequencing”.

169

170

171 Results

172 A total of 29 cases collected at Institut de Medicina Legal de Catalunya (IMLC), from April 2012
173 until June 2013, were included in our study. All cases included in our study were < 15 years old

174 (mean age 3.29 years old, with a wide range of death from 21 days to 14 years old) and complete
175 autopsy concluded an undetermined cause of death. Toxicological results were negative in all cases.
176 Macroscopic analysis did not showed any anomaly. Microscopic/histological analyses were also
177 negative in all cases except for two which showed a slight fibrosis and patchy myocarditis. Body
178 weight, body size, and heart weight was within appropriate limits for age (Table 2). Equally gender
179 ratio was observed (Figure 1 and Table 2). We identified the highest mortality in individuals under
180 one year of age (15 of the 29 cases -51.72%-), involving 5 males and 10 females (Figure 1 and Table
181 3). Also, the cases were classified by cause of death as: sudden death while sleeping -21 cases-,
182 sudden death during emotion, stress or exercise -5 cases-, and sudden death by drowning -3 cases-.
183 Death during sleeping was the most common scenario (21 of 29 cases -72.41%-), involving 8 males
184 and 13 females. (Figure 1; Table 2 and 3).

185 The cases with low DNA quality/integrity were analyzed using Sanger sequencing (18 cases). The
186 seven main SCD-related genes were analyzed (SCN5A, KCNQ1, KCNH2, KCNE1, KCNE2, KCNE3
187 and RyR2). The second group included 11 cases with high DNA quality/integrity which allowed the
188 genetic analysis using NGS technology (55 genes associated with SCD). Two cases were analyzed
189 using both methods in order to perform an internal control of protocols and analysis. Both
190 methods identified the same genetic variants (Table 4).

191 After genetic analysis, we did not identify any previously reported pathogenic genetic variant nor
192 novel/rare variant in 17 cases (16 analyzed by Sanger and 1 by NGS). Therefore, 12 cases (41.37%)
193 carried at least one rare/novel or previously reported genetic variant located in 18 different genes
194 (9 males -75%-). Out of these, 3 cases carried only one genetic variation, 3 cases carried two
195 genetic variations, 1 case carried 3 genetic variations, 2 cases carried 4 genetic variations, and 3
196 cases carried 5 genetic variants (Figure 2). Hence, a total of 35 genetic variants (10 genetic variants
197 in 8 genes encoding cardiac ion channel proteins -SCN5A, KCNQ1, KCNH2, RyR2, GPD1L,
198 CACNA1C, CACNB2 and ANK2- and 25 genetic variants located in 10 genes encoding structural
199 proteins -TTN, DSC2, DSP, MYBPC3, DMD, FBN1, MYH7, MYH6, TGFB3, and PKP2-) were
200 identified in these 12 cases (Figure 3 and Table 3). Of them, 27,58% of all cases carried at least one
201 genetic variation in any of the arrhythmogenic genes studied. In addition, 31,03% of all cases

202 carried at least one genetic variation in any of the structural genes analyzed in our NGS panel
203 (Figure 2). Regarding all 35 genetic variations identified, 31 were missense (88.57%) -14 novel-,
204 one already known nonsense variation -PKP2_p.R413STOP- (2.85%), one novel deletion causing
205 an in-frame deletion CACNB2_c.del47CGG> (2,85%), and two novel intronic variations
206 (MYH7_c.5157+4A>G and TGFB3_c.755-5T>C) (5.71%) (Figure 3 and Table 4).

207

208 Sanger sequencing (18 cases)

209 In low quality DNA cases we identified 3 genetic variants (KCNH2_p.R892C, SCN5A_p.E1685D,
210 SCN5A_p.E1685V) in 2 cases (Table 4). The KCNH2_p.R892C variant was previously reported
211 (rs201627778) with very low MAF (0.0116/0.0227/0.0154) and in silico prediction classified it as
212 damaging. Autopsy report described the cause of death being drowning. The two genetic variants
213 identified in SCN5A were novel and were both predicted to be deleterious. Curiously, both genetic
214 variants are in the same aminoacid, inducing a diverse combination of potential changes in the
215 protein sequence -GAG (E,Glu) > GTG (V,Val)/GAT (D,Asp)/GTT (V,Val)-.

216

217 NGS sequencing (11 cases)

218 We identified 32 genetic variants in 10 cases. Two cases carried only one genetic variation (20%), 2
219 cases carried two genetic variations (20%), 1 case carried 3 genetic variations (20%), 2 cases carried
220 4 genetic variations (10%), and 3 cases carried 5 genetic variants each (30%)(Figure 2). Of these 32
221 genetic variants, 25 were identified in structural genes (78.12%), and 7 variants were identified in
222 genes encoding for arrhythmogenic proteins (21.87%)(Figure 2). Sixteen of the 32 genetic variants
223 were previously reported and 15 were novel. Specifically, four variants were classified as pathogenic
224 in HGMD database and had been previously associated with cardiomyopathies (DSC2_p.L732V -
225 CM0910201, ARVC-, MYBPC3_p.R896H -CM992932, HCM-, DMD_p.A2395T -CM072994,
226 Muscular Dystrophy-, and PKP2_p.R413STOP -CM660431, ARVC-) (Table 4).

227 Specifically, the first case carried two genetic variants, one novel (TTN_p.G21091S) and other one
228 (DSC2_p.L732V) classified as pathogenic (CM0910201-ARVC-). Autopsy reported no histological
229 alterations and circumstance of death was sleeping. The second case carried a novel genetic

230 variation in GPD1L, predicted as potentially pathogenic. This gene is associated with BrS, causing
231 death usually at rest. He died while sleeping. The third case carried 3 genetic variations
232 (CACNA1C_p.R2021Q, DSP_p.A306T and MYBPC3_p.R896H). The latter was published as
233 pathogenic (CM992932) and associated with HCM. The other two variants remained of uncertain
234 significance after in silico prediction; one was located in an arrhythmogenic gene (CACNA1C) and
235 the other one in a desmosomal gene (DSP). He died while sleeping, without histological alterations.
236 The fourth case carried 5 genetic variations, two previously reported (DSP_p.M316V and
237 DMD_p.A2395T) and 3 novels (DSP_p.R105Q, CACNB2_c.del47CGG> and FBN1_p.P392R). One
238 of reported variations has been associated with Muscular Dystrophy (MD) (CM072994). All other
239 variations were predicted as potentially pathogenic. This case carried an in-frame deletion
240 (CACNB2_c.del47CGG>). The patient died due to drowning with no histological changes. The fifth
241 case carried two novel genetic variations in TTN protein, predicted both as potentially pathogenic
242 (TTN_p.R1859S and TTN_p.P29832T). However, no histological alterations were reported after
243 autopsy and situation of death was at rest. The sixth case carried four novel genetic variations
244 (RyR2_p.L73V, MYBPC3_p.G800R, PKP2_p.G5D and one intronic MYH7_c.5157+4A>G).
245 Autopsy reported death under emotional stress with no histological changes. The seventh case
246 carried 5 genetic variations (KCNQ1_p.G621S, MYH6_p.S1734L, TTN_p.E15868K,
247 TTN_p.M8580I and TTN_p.A5671S), only one novel (TTN_p.A5671S) and all predicted as neutral
248 except one missense variation in TTN (TTN_p.E15868K). No histological alterations were reported
249 and autopsy data reported that the patient died while resting. The eighth case analyzed by NGS
250 technology also carried 5 genetic variants (DSC2_p.V597F, CACNA1C_p.R1937C,
251 ANK2_p.P2383L, TGFB3_c.755-5T>C and DMD_p.Q1443R), predicted as uncertain significance
252 except one (CACNA1C_p.R1937C), predicted as damaging. Histological report showed no
253 alterations, and death occurred during stress. The ninth case carried only one genetic variant
254 (TTN_p.E25693D), predicted as unclear after in silico prediction. No histological alterations were
255 identified during autopsy and died at rest. The last case carried four genetic variants, three
256 classified uncertain after in silico prediction (MYH7_p.L1591Q, TTN_p.V31995A and
257 TTN_p.A20255P) and one nonsense variation (PKP2_p.R413STOP), previously reported

258 associated with ARVC (CM660431). This patient died during exercise and post-mortem histological
259 study identified myocarditis (Table 3 and 4; Figure 2 and 3).

260

261

262 Discussion

263 Our study identifies genetic alterations associated with SCD that provide a cause of death in a
264 juvenile post-mortem cohort. Our cohort showed a global gender ratio 1:1, in divergence with
265 published data about higher incidence of sudden death in male gender, mainly at young ages (15).
266 Specifically, in individuals younger than 1 year old, the number of females studied was higher (3:1).
267 This fact could be a spurious result due to reduced number of cases. Regarding the cause of death,
268 it has been previously reported that the majority of SCDs in the very young (0 to 5 years) did not
269 occur while doing sport or moderate to vigorous physical activity, but most occurred at home, while
270 sleeping (16-18). In addition, as the age increases (10–19 years) there is a higher likelihood of an
271 event to occur during physical activity or while doping sport (24%) (19). Our cohort is in harmony
272 with these studies, showing most part of deaths while sleeping at the early ages and during
273 emotion, stress and exercise after age 10.

274 Regarding genetic alterations, we identified 41,37% of cases carrying at least one pathogenic and/or
275 potentially pathogenic genetic variation that could be responsible of the death. This percentage is
276 higher than observed in other postmortem studies probably because we analyzed, for the first time,
277 arrhythmogenic and structural genes together, while previous reports focused on arrhythmogenic
278 genes only. Concerning arrhythmogenic genes, 27,58% of our cases carried at least one pathogenic
279 and/or potentially pathogenic genetic variation. These results are in concordance with previous
280 studies of similar cohorts (20). Regarding cases less than one year of age, we identified a plausible
281 genetic cause of death in 3 out of 15 cases (20%), two in arrhythmogenic genes, and one in a
282 structural gene, in agreement with previous reports (3, 21-24), which identified a pathogenic
283 variation associated with a cardiac channelopathy in 10%-15% of infants and nearly 20% of non-
284 infant cases. In contrast, other studies have reported low rates of genetic carriers but their cohorts
285 included cases in whom the cause of death was completely unknown (1, 5, 25-27).

286 Genetic screening using Sanger sequencing identified 3 genetic variants in 2 cases out of 18
287 (11.11%). The percentage of identified variants with this technology is similar to previous reports -
288 11% (28), 13.5% (3), 15% (22)-. To our knowledge only in one report the percentage was higher
289 (26%) (20). It may be due to a wider range of ages (1-69 years old) included in the cohort analyzed.
290 In contrast, in another report the percentage was lower (4%) (29) but the cohort analyzed included
291 just SIDS cases. Regarding our subgroup of SIDS, we identified 3/15 (20%) cases carrying a
292 potentially pathogenic variation. Our percentage is superior because Evans et al. only analyzed the
293 HCN2 and HCN4 genes. In some of our SIDS cases analyzed, different genetic variants were
294 identified in structural genes. It is already reported several cases of SIDS carrying genetic
295 variations in genes encoding structural proteins associated with HCM (30). As discussed in the
296 mentioned report, SIDS cases had a completely normal heart suggesting that HCM was so incipient
297 that it may not be diagnosed even during autopsy. Despite that it cannot be proven that these are
298 causative variations, because the autopsy showed a structurally normal heart, they could certainly
299 behave like modulating variants of the phenotype.

300 In cases analysed using NGS technology, a total of 10 cases carried at least one genetic variation
301 (90.9%). The higher percentage of genetic variations identified by NGS in comparison to Sanger is
302 essentially due to the major number of genes screened by NGS. Four cases carried one genetic
303 variation classified as pathogenic. All other genetic variations were predicted potentially
304 pathogenic or GVUS after *in silico* prediction. One of the current challenges in clinical
305 interpretation of genetic data is the definition of pathogenicity. To date, no clear description is
306 established, and most part of genetic variant remains as GVUS. We believe that several items
307 should be included in the definition of pathogenicity such as *in silico* prediction, *in vitro* and *in*
308 *vivo* studies, as mentioned recently (31). Without doubt, family segregation plays a key role in
309 defining causality. Unfortunately, sudden death families may be small, and there is important
310 variable expressivity in the phenotypes. It has been reported that young people carrying more than
311 one genetic variant potentially associated with any SCD-disease often manifest earlier onset or
312 more severe presentation of both channelopathies (32), and cardiomyopathies (33).

313 At our point of view, two interesting cases are included in our cohort. The first case showed patchy
314 inflammatory infiltrates concluding myocarditis, and carried different genetic variations associated
315 with ARVC or DCM. The role of inflammation in structural cardiac diseases has been largely
316 suggested (34, 35) but no concluding data has been published, so far. It could be that myocarditis
317 act as a trigger of a lethal arrhythmia previous to structural changes in a heart genetically
318 predisposed. However, we believe that further genetic studies should be performed, including both
319 clinical assessment and genetic analysis of family members. It occur the same in the second case
320 showing slight fibrosis but no genetic variation was identified. Despite no genetic alteration
321 identified, it is well known that structural cardiac diseases are progressive pathologies, and a
322 reduced fibrosis in a situation of emotion/stress could be a trigger of a lethal arrhythmia. Except
323 these two cases showing myocarditis and slight fibrosis, all cases included in our study showed no
324 histological changes and no previous clinical symptoms of disease. This fact agrees with incomplete
325 penetrance, the most dangerous hallmark of all SCD-diseases, often implying that sudden may be
326 the first manifestation of the pathology.

327

328 Limitations

329 Our study has limitations that should be mentioned. The first one is the small number of cases. We
330 believe that a larger cohort should be studied using both genetic technologies, referring to the same
331 and other ethnicities. However, the results obtained in our study are in concordance with previous
332 studies. The second limitation is the poor or absent clinical information of the cases available while
333 they were alive which could have helped elucidate the cause of death. In addition, and as
334 mentioned before, genetic and clinical analysis of relatives could be critical to elucidate the role of
335 GVUS identified in our study. Therefore, the genetic results should be cautiously interpreted before
336 translation into clinical practice. Third, a digenic/compound phenomenon occurs in most part of
337 cases, and we cannot discard association of genetic alterations as the cause of death. Fourth, cases
338 without genetic variation identified could carry a genetic defect in another gene not included in our
339 NGS custom-panel, or could be caused by copy number variations (CNV), already reported as
340 associated with arrhythmogenic syndromes leading to SCD, such as LQTS (36) and ARVC (37).

341 Finally, another limitation is the lack of in vitro studies of all GVUS in order to clarify their
342 potentially pathogenic role. Although several bioinformatic tools were used, in vitro analysis could
343 also help to elucidate the role of the GVUS in cardiac physiology.

344

345 Clinical Implications

346 It is crucial to undertake a careful genetic analysis in a clinical context, taking into account the
347 medical information, situation surrounding the death, and also family information and their
348 clinical investigation. The genetic data, while of limited value, especially in structural variations in
349 a normal heart, should become another piece of information to help risk stratify the patients and
350 family members, to adopt preventive and therapeutic strategies.

351

352

353 Conclusion

354 We have identified a potentially pathogenic genetic variation in 41% of SCD young cases (of which
355 nearly 30% in arrhythmogenic genes), supporting the implementation of the molecular autopsy in
356 forensic protocols. Despite present lack of knowledge in pathogenicity classification of ambiguous
357 genetic variants, identification of pathogenic or potentially pathogenic genetic variations in cases of
358 unexplained sudden death enables the undertaking of clinical assessment, genetic counselling and
359 preventive measures of relatives at risk, with the aim to prevent new cases of sudden death in their
360 families.

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469 Acknowledgement

470 This study has been funded by Societat Catalana de Cardiologia (SCC), Fundacion Eugenio Rodriguez
 471 Pascual, Academia de Ciències Mèdiques de Catalunya i Balears (ACMCB), and Fundació "Obra social La
 472 Caixa".

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483 Tables

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| DISEASE | GENES |
|--|--|
| Brugada Syndrome | CACNA1C, CACNB2, GPD1L, HCN4, SCN5A |
| Long QT Syndrome | ANK2, CACNA1C, CAV3, KCNE1, KCNE2, KCNH2, KCNJ2, KCNQ1, RYR2, SCN4B, SCN5A |
| Short QT Syndrome | CACNA1C, CACNB2, KCNH2, KCNJ2, KCNQ1 |
| Catecholaminergic Polymorphic Ventricular Tachycardia | CASQ2, KCNJ2, RYR2 |
| Hypertrophic Cardiomyopathy | ACTC1, ACTN2, CAV3, CSRP3, GLA, JPH2, LAMP2, LDB3, MYBPC3, MYH6, MYH7, MYL2, MYL3, MYOZ2, PDLIM3, PLN, PRKAG2, RYR2, TCAP, TNNC1, TNNI3, TNNT2, TPM1, TTN, VCL |
| Dilated Cardiomyopathy | ACTC1, ACTN2, CAV3, CRYAB, CSRP3, DES, DMD, DSC2, DSG2, DSP, EMD, LAMP2, LDB3, LMNA, MYBPC3, MYH6, MYH7, PKP2, PLN, SCN5A, SGCD, TAZ, TCAP, TNNC1, TNNI3, TNNT2, TPM1, TTN, VCL |
| Arrhythmogenic Right Ventricular Cardiomyopathy | DES, DSC2, DSG2, DSP, JUP, LMNA, PKP2, PLN, TGFB3, TTN |

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486 Table 1.- List of the 55 SCD-related genes included in our panel and its association with the disease.

487 Some genes are associated with more than one disease.

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| Case | Age | Gender | Situation of death | Histology | Toxicology | Body Weight (Kg) | Body Size (cm) | Heart Weight (gr) | Gene_Aminoacid | Gene Reference |
|------|------|--------|------------------------------|-----------|------------|------------------|----------------|-------------------|---|---|
| 1 | 47 d | female | Sleeping | negative | negative | 4.725 | 52 | 25 | - | - |
| 2 | 10 y | male | Drowning | negative | negative | 50 | 140 | 215 | KCNH2_p.R892C | NM_000238.3 |
| 3 | 1 m | female | Sleeping | negative | negative | 3.5 | 51 | 24 | - | - |
| 4 | 3 m | male | Sleeping | negative | negative | 4.8 | 53 | 25 | TTN_p.G21091S DSC2_p.L732V | NM_133378.4 NM_024422.3 |
| 5 | 8 m | female | Sleeping | negative | negative | 9 | 66.5 | 40 | - | - |
| 6 | 12 y | male | Sleeping | negative | negative | 51 | 160 | 264 | GPD1L_p.V337F | NM_015141.3 |
| 7 | 18 m | female | Sleeping | negative | negative | 12 | 78 | 54 | CACNA1C_p.R2021Q DSP_p.A306T MYBPC3_p.R896H | NM_199460.2 NM_004415.2 NM_000256.3 |
| 8 | 2 m | female | Sleeping | negative | negative | 4.8 | 54 | 36 | - | - |
| 9 | 3 y | male | Drowning | negative | negative | 15 | 97 | 61 | DSP_p.R105Q DSP_p.M316V CACNB2_c.del47CGG>_ DMD_p.A2395T FBN1_p.P392R | NM_004415.2 NM_004415.2 NM_201596.2 NM_004006.2 NM_000138.4 |
| 10 | 2 y | male | Drowning | negative | negative | 14 | 83 | 56.6 | - | - |
| 11 | 2 m | female | Sleeping | negative | negative | 6.5 | 58 | 33 | - | - |
| 12 | 1 m | female | Sleeping | negative | negative | 4 | 43 | 27 | SCN5A_p.E1685D SCN5A_p.E1685V | NM_001099404.1 NM_001099404.1 |
| 13 | 3 y | male | Sleeping | negative | negative | 16 | 96 | 84.4 | TTN_p.R1859S TTN_p.P29832T | |
| 14 | 12 y | male | Emotion, stress, exercise | negative | negative | 53 | 154 | 230 | RYR2_p.L73V MYBPC3_p.G800R PKP2_p.G5D MYH7_c.5157+4A>G | NM_001035 NM_000256.3 NM_004572.3 NM_000257.2 |
| 15 | 21 d | female | Sleeping | negative | negative | 4.1 | 50 | 24 | - | - |
| 16 | 11 m | male | Sleeping | negative | negative | 12,3 | 74 | 56 | KCNQ1_p.G621S MYH6_p.S1734L TTN_p.E15868K TTN_p.M8580I TTN_p.A5671S | NM_000218.2 NM_002471.3 NM_133378.4 NM_133378.4 NM_133378.4 |

| | | | | | | | | | | |
|----|------|--------|------------------------------|--------------------|----------|-----|------|------|---|---|
| 17 | 14 y | female | Emotion, stress, exercise | negative | negative | 55 | 160 | 230 | DSC2_p.V597F CACNA1C_p.R1937C ANK2_p.P2383L TGFB3_c.755-5T>C DMD_p.Q1443R | NM_024422.3 NM_199460.2 NM_001148.4 NM_003239.2 NM_004006.2 |
| 18 | 8 y | female | Sleeping | negative | negative | 48 | 120 | 195 | - | - |
| 19 | 11 y | male | Emotion, stress, exercise | negative | negative | 51 | 165 | 244 | - | - |
| 20 | 3 y | male | Sleeping | negative | negative | 13 | 96.5 | 85 | TTN_p.E25693D | NM_133378.4 |
| 21 | 1 m | male | Sleeping | negative | negative | 3.8 | 42 | 23 | - | - |
| 22 | 4 m | female | Sleeping | negative | negative | 7.4 | 60 | 35 | - | - |
| 23 | 10 y | male | Emotion, stress, exercise | myocarditis | negative | 35 | 138 | 247 | MYH7_p.L1591Q PKP2_p.R413STOP TTN_p.V31995A TTN_p.A20255P | NM_000257.2 NM_004572.3 NM_133378.4 NM_133378.4 |
| 24 | 56 d | female | Sleeping | negative | negative | 4.3 | 50 | 26 | - | - |
| 25 | 2 m | male | Sleeping | negative | negative | 5.1 | 58 | 39 | - | - |
| 26 | 2 m | female | Emotion, stress, exercise | Slight fibrosis | negative | 4.8 | 58 | 75.4 | - | - |
| 27 | 13 m | female | Sleeping | negative | negative | 11 | 75 | 60 | - | - |
| 28 | 41 d | male | Sleeping | negative | negative | 3.1 | 51 | 15 | - | - |
| 29 | 18 m | female | Sleeping | negative | negative | 7.8 | 79 | 73 | - | - |

Table 2.- Main autopsy data about cases and genetic variations identified. Y, years, M, months, D, days. ARVC, Arrhythmogenic Right Ventricular Cardiomyopathy. HCM, Hypertrophic Cardiomyopathy. MD, Muscular Dystrophy.

| Age | Cause of death | | | |
|---------|----------------|----------|---------------------------|------------|
| | Sleeping | Drowning | Emotion, stress, exercise | |
| 0 – 1 | 5:9 | 0:0 | 0:1 | 5:10 (15) |
| 2 – 5 | 2:3 | 2:0 | 0:0 | 4:3 (7) |
| 6 – 9 | 0:1 | 0:0 | 0:0 | 0:1 (1) |
| 10 - 14 | 1:0 | 1:0 | 3:1 | 5:1 (6) |
| | 8:13 (21) | 3:0 (3) | 3:2 (5) | 14:15 (29) |

Table 3.- Age represents range of ages in years. Relation Male:Female. Between parentheses represents the total. Fifteen cases showed less than 1 year of age old. Twenty-one cases died at rest/sleeping.

| Case | Technology | Gene/Aminoacid | dbSNP | MAF (%) | HGMD | PolyPhen2 | CONDEL | PROVEAN | Mutation Taster |
|------|------------|--|---|--|-----------------------------------|--|---|---|---|
| 1 | sanger | - | - | - | - | - | - | - | - |
| 2 | sanger | KCNH2_p.R892C | rs201627778 | 0.0116/0.0227/0.0154 | - | - | Deleterious | Deleterious | Disease causing |
| 3 | sanger | - | - | - | - | - | - | - | - |
| 4 | sanger/NGS | TTN_p.G21091S DSC2_p.L732V | Novel rs151024019 | - 0.1279/0.0681/0.1076 | - CM0910201 (ARVC) | Benign - | - Neutral | Deleterious Neutral | Disease causing Polymorphism |
| 5 | sanger | - | - | - | - | - | - | - | - |
| 6 | NGS | GPDIL_p.V337F | Novel | - | - | - | Deleterious | Deleterious | Disease causing |
| 7 | NGS | CACNA1C_p.R2021Q DSP_p.A306T MYBPC3_p.R896H | rs112414325 rs368193211 rs35078470 | 0,2183/0,0518/0,1652 0.0116/0.0/0.0077 0,4818/0,1511/0,3748 | - - CM992932 (HCM) | Benign - - | - Neutral Neutral | Neutral Neutral Neutral | Disease causing Disease causing Polymorphism |
| 8 | sanger | - | - | - | - | - | - | - | - |
| 9 | sanger/NGS | DSP_p.R105Q DSP_p.M316V CACNB2_c.del47CGG> DMD_p.A2395T FBN1_p.P392R | Novel rs201672777 Novel rs72466590 Novel | - 0.0116/0.0/0.0077 - 0,2229/0/0,142 - | - - - CM072994 (MD) - | - - - - - | Neutral Neutral - Neutral Neutral | Neutral Deleterious - Neutral Deleterious | Disease causing Disease causing - Polymorphism Disease causing |
| 10 | sanger | - | - | - | - | - | - | - | - |
| 11 | sanger | - | - | - | - | - | - | - | - |
| 12 | sanger | SCN5A_p.E1685D SCN5A_p.E1685V | Novel Novel | - - | - - | - - | Deleterious Deleterious | Deleterious Deleterious | Disease causing Disease causing |
| 13 | NGS | TTN_p.R1859S TTN_p.P29832T | Novel Novel | - - | - - | - - | - - | Deleterious Deleterious | Disease causing Polymorphism |
| 14 | NGS | RYR2_p.L73V MYBPC3_p.G800R PKP2_p.G5D MYH7_c.5157+4A>G | Novel Novel Novel Novel | - - - - | - - - - | Damaging Damaging - - | - - Damaging - | Neutral Deleterious Neutral - | Disease causing Disease causing Disease causing - |
| 15 | sanger | - | - | - | - | - | - | - | - |
| 16 | NGS | KCNQ1_p.G621S MYH6_p.S1734L TTN_p.E15868K TTN_p.M8580I TTN_p.A5671S | rs199472820 rs151324358 rs201510986 rs201728165 Novel | - 0.0116/0.0908/0.0384 0/0.0549/0.0169 0/0.1571/0.0497 - | - - - - - | - - Damaging Benign Benign | Neutral Neutral - - - | Neutral Neutral Neutral Neutral Neutral | Polymorphism Polymorphism Disease causing Polymorphism Polymorphism |

| | | | | | | | | | |
|----|--------|------------------|-------------|----------------------|-----------------|----------|---------|-------------|-----------------|
| 17 | NGS | DSC2_p.V597F | rs143040393 | 0,0116/0,2497/0,0923 | - | - | Neutral | Deleterious | Polymorphism |
| | | CACNA1C_p.R1937C | rs185788586 | 0,1437/0,1257/0,1379 | - | Damaging | - | Neutral | Disease causing |
| | | ANK2_p.P2383L | rs35960628 | 0/0,0908/0,0308 | - | - | Neutral | Neutral | Polymorphism |
| | | TGFB3_c.755-5T>C | Novel | - | - | - | - | - | - |
| | | DMD_p.Q1443R | Novel | - | - | - | Neutral | Neutral | Disease causing |
| 18 | sanger | - | - | - | - | - | - | - | - |
| 19 | sanger | - | - | - | - | - | - | - | - |
| 20 | NGS | TTN_p.E25693D | Novel | - | - | Benign | - | Neutral | Disease causing |
| 21 | NGS | - | - | - | - | - | - | - | - |
| 22 | sanger | - | - | - | - | - | - | - | - |
| 23 | NGS | MYH7_p.L1591Q | rs61737004 | - | - | - | Neutral | Neutral | Disease causing |
| | | PKP2_p.R413STOP | rs372827156 | 0.0/0.0227/0.0077 | CM660431 (ARVC) | - | - | - | - |
| | | TTN_p.V31995A | rs555945684 | 0.0833/0.0/0.056 | - | Damaging | - | Deleterious | Disease causing |
| | | TTN_p.A20255P | rs72646880 | 0.315/0.0264/0.2242 | - | Damaging | - | Deleterious | Disease causing |
| 24 | sanger | - | - | - | - | - | - | - | - |
| 25 | sanger | - | - | - | - | - | - | - | - |
| 26 | sanger | - | - | - | - | - | - | - | - |
| 27 | sanger | - | - | - | - | - | - | - | - |
| 28 | sanger | - | - | - | - | - | - | - | - |
| 29 | sanger | - | - | - | - | - | - | - | - |

Table 4.- Genetic data of variations identified. MAF (Minor Allele Frequency) expressed as EA/AA/ALL respectively. EA (European-American)/AA (African-American)/ALL. Y, years, M, months, D, days. NGS, Next Generation Sequencing. ARVC, Arrhythmogenic Right Ventricular Cardiomyopathy. HCM, Hypertrophic Cardiomyopathy. MD, Muscular Dystrophy.

Figure legends

Figure 1.- Distribution by ages and cause of death. Black colour represents Male. Grey colour represents Female. A.- Number of cases by age. Range of ages is shown in years (0-1, 2-9, and 10-14). B.- Cause of death. Most part of our cases were females died sleeping during the first year of life.

Figure 2.- Genetic variation. Black colour represents Sanger sequencing. Grey colour represents NGS technology. A.- Identification of genetic variations in arrhythmogenic or structural genes. A total of 35 genetic variations were identified (3 cases using Sanger). Twenty-five genetic variations were identified in structural genes (all using NGS technology). Ten genetic variations were identified in arrhythmogenic genes (3 using Sanger and 7 using NGS). B.- Number of cases carrying from 1 to 5 genetic variations. Twelve cases carry a total of 35 genetic variations (2 cases using Sanger). Three cases were identified carrying 1 (one using Sanger and 2 using NGS), 2 (one using Sanger and 2 using NGS) and 5 genetic variations (all using NGS). Two cases carry 4 variants (NGS) and only one case carries 3 genetic variations (NGS).

Figure 3.- Distribution of rare genetic variations using NGS analysis. A.- Gene and number of genetic variations identified in arrhythmogenic genes. B.- Gene and number of genetic variations identified in structural genes.

Figures

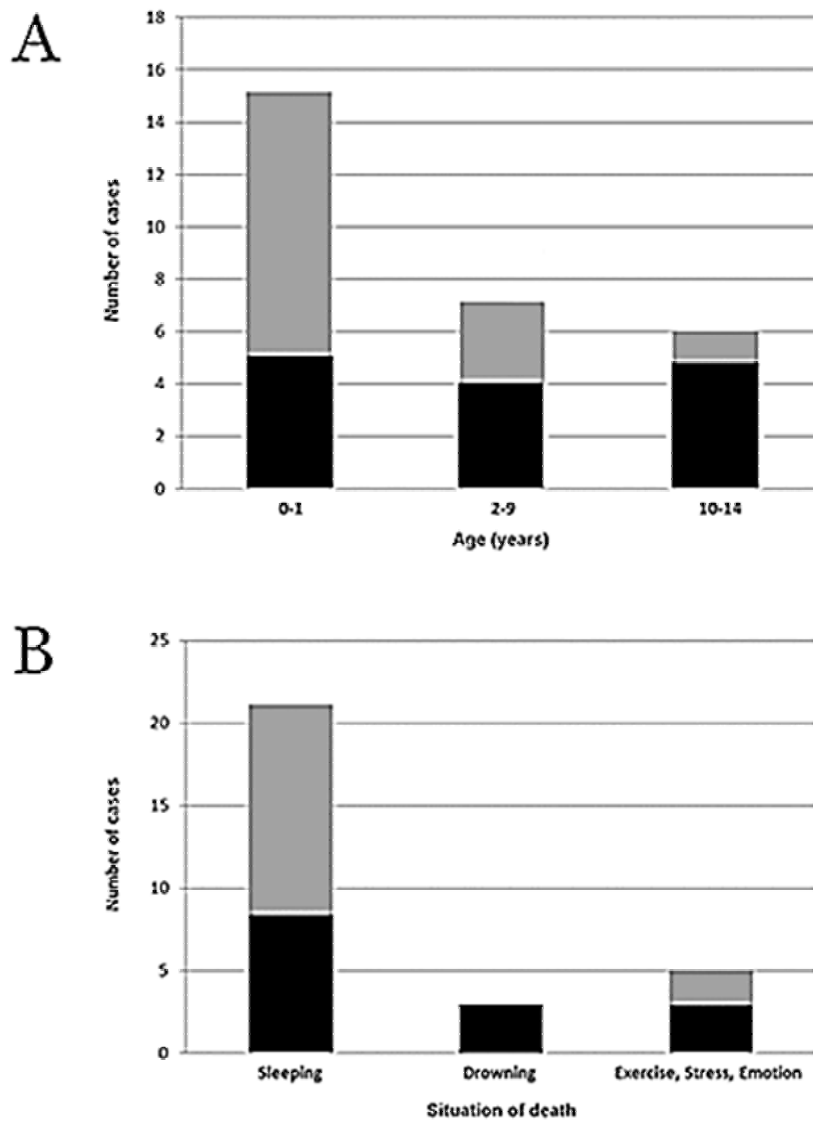


Figure 1.-

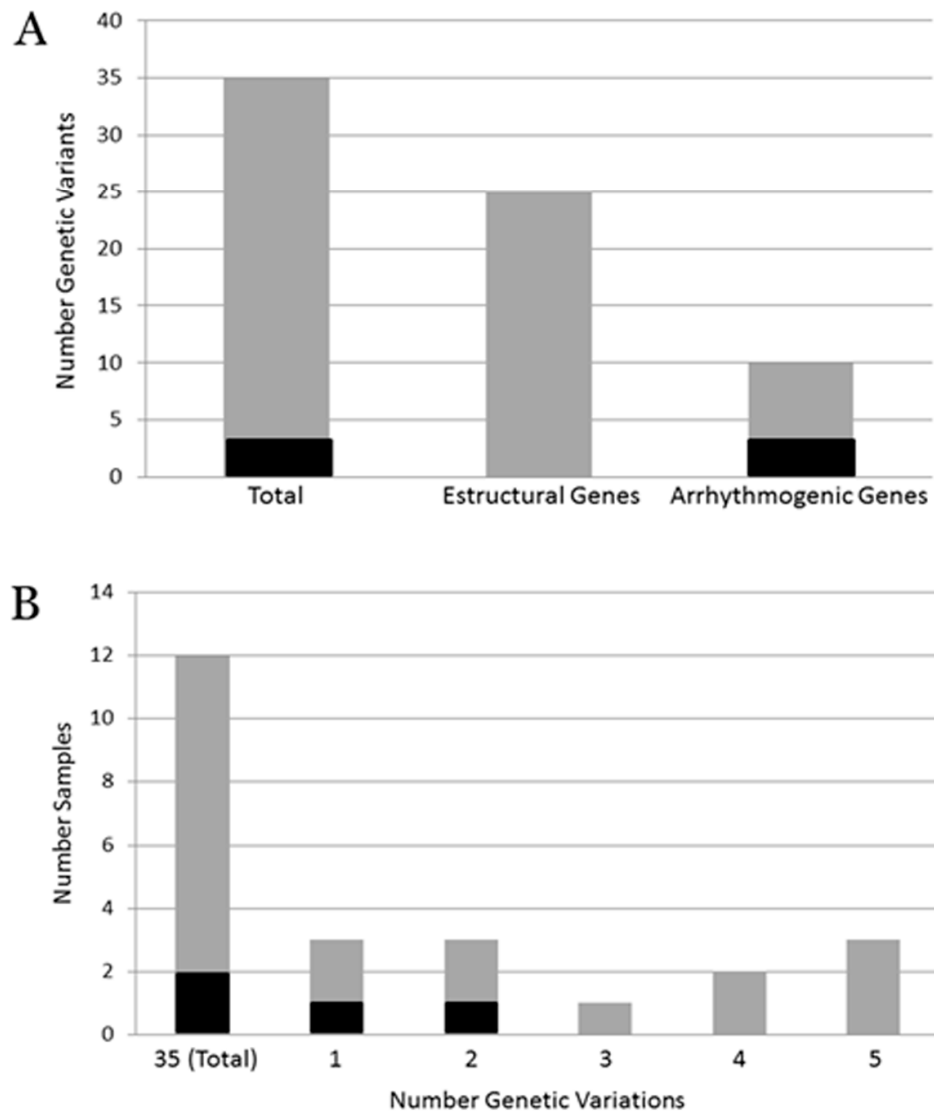


Figure 2.-

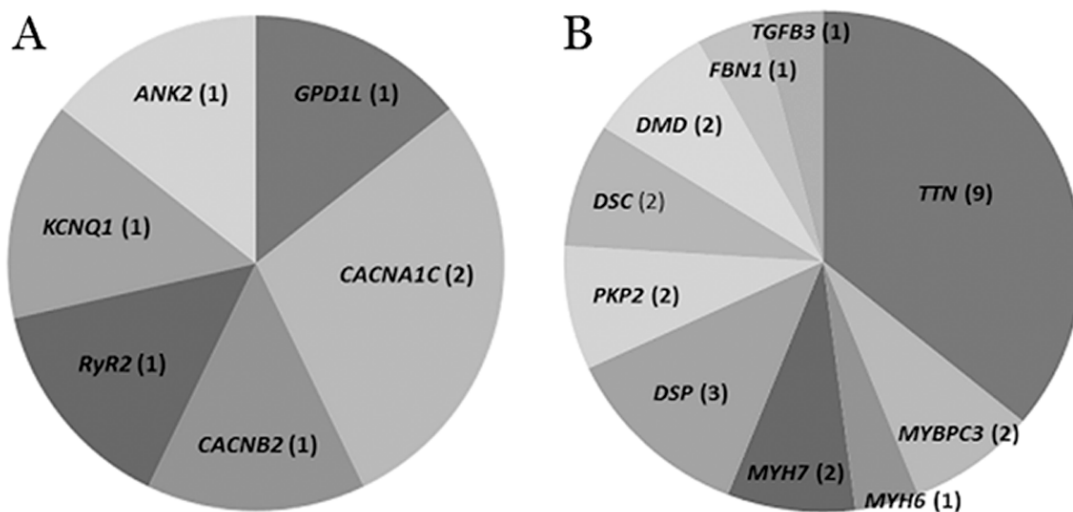


Figure 3.-